


To upgrade your existing Ontario Weightlifting Association membership,

1. Go to [Join/Renew – Individual Membership](#).
2. If you have several persons under your account, choose the person you want to upgrade the membership for.
3. You should see that the **Current** membership is flagged as “PURCHASED” and cannot be selected.
4. Select the membership category you wish to upgrade to (e.g., **Elite Athlete**). The price reflected is the cost of the upgrade based on your current membership category.

The available options below are calculated based on your age as of 2022/04/01

Athlete

<input type="checkbox"/> Adult General Athlete	PURCHASED	COLLAPSE	\$15.00 CAD
The General Athlete rate is for athlete members wishing to train and compete at any General Competition.			
Note: athletes may upgrade from General to Elite mid-season if qualification standards are met. Masters lifters should purchase a General Athlete membership unless competing at Ontario Elite Competitions.			
<input type="checkbox"/> Elite		COLLAPSE	\$30.00 CAD
The Elite Athlete rate is for athlete members wishing to train and compete at any Elite Competition, and who have met qualification standards where required. Note: refunds will not be issued if an athlete fails to make qualification standards once an Elite Athlete Membership is purchased.			



5. Click “NEXT” to continue and complete the process. You will be asked to sign additional waiver(s) (if applicable) and to pay for your membership at the cart page.