



2020 IWF JUNIOR WORLD CHAMPIONSHIPS
14-21 March 2020, Bucharest, Romania



REGULATIONS

1. DATES AND PLACE

14-21 March 2020, Bucharest, Romania

2. COMPETITION AND TRAINING VENUE

RIN Grand Hotel, 7 D Vitan Barzesti Street, Bucharest 4 RO042121, Romania
The venue will be available for training from 10-21 March 2020.

3. ACCOMMODATION

RIN Grand Hotel, 7 D Vitan Barzesti Street, Bucharest 4 RO042121, Romania
Tel: (+40)311 061 111
Fax: (+40)311 061 121
Website: <https://grand.rinhotels.ro>

Participants must accept accommodation to stay at the following hotels offered by the Organizing Committee. A minimum stay of 4 (four) nights is required for all participants.

Please noted: Check-in time: 14.00 Check-out time: 12.00

All incidentals will be turned off all guest rooms including in-room movies, long distance telephone charges, room service, resort fees, and other such amenities. Participants must pay for incidentals at the Front Desk at their own expense.

*No cooking devices will be permitted in any areas of the hotels. Any use of cooking device will result in quest being locked out of their hotel room.

4. FINANCIAL CONDITIONS

Participation Fee (with full board)

Single room: 175 USD per person/ per night
Double room: 150 USD per person/ per night

Entry fee

Athlete: 250 USD per person (incl. 50 USD IWF Special AD Fee)
Delegates & Team Officials: 200 USD per person

5. PAYMENT

- The **TOTAL payments** must send on **25 February 2020** to the account of Romanian Weightlifting Federation (RWF) by wire transfer, please ask your bank and consider the time it takes to process the transfer in order for the payment to arrive by the deadline date.

- Hotel "No-Show" charges: If one or more delegation participants do not arrive on the date specified on the Team Accommodation Form, and have not informed the Organizing Committee 10(ten) days before the arrival, the delegation must pay to the



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Organizing Committee, previously to the accreditation, the charge of "No-Show" per person. This charge required by the hotel for keeping the room available for each night and meals ordered. The charge is equal to the Participation Fee per person/per day. If one or more participants are delayed one or more days, the delegation **must pay all the days specified in the Team Accommodation Form sent.**

- We kindly ask that you send, 12 (twelve) days before your arrival, the bank document that accredits the funds transfer to frh@frhaltere.ro in order to validate your payment with our bank.

Beneficiary: **ROMANIAN WEIGHTLIFTING FEDERATION**

Address: **16, Vasile Conta Street, Bucharest 020954, Romania**

Name of Bank: **BANCA COMERCIALA ROMANA – SUCURSALA UNIC**

Address of Bank: **27-33 Nicolae Balcescu Boulevard, Bucharest District 1, Romania**

IBAN: **RO58 RNCB 0285 0441 6504 0003**

Swift code: **RNCB RO BU**

All payments must be made in **US dollars** currency and any bank charges for transfers or other transactions are the responsibility of the Member Federation. No accommodations or accreditations will be offered to any delegation member until funds have been received in full to the Romanian Weightlifting Federation bank account.

No accommodation is guaranteed until full payment is received.

- After the submission of the Final Entries on **14 February 2020**, should you require any additional hotel rooms, the OC will use their best efforts to accommodate your additional team members in the same hotel, however, this cannot be guaranteed. Cancellations will not be accepted after **28 February 2020** and no refunds will be given.

6. ENTRY DEADLINES AND PRE-COMPETITION PROCEDURES

Entries should be registered through the IWF Online Entry System:

<http://www.iwf.net/e-entry>

If you have any questions, please contact:

- Ms. Angelique Mottet (Entries), angelique.mottet@iwfnet.net
- Mr. Zoltan Veres (Technical issues), zoltan.veres@iwfnet.net



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PRELIMINARY ENTRIES - OBLIGATORY!

The Preliminaries Entries must be uploaded into the IWF Online Entry System by no later than **14 December 2019**.

- Member Federation must submit the Preliminary Entry (Long List) of a maximum number of athletes:

TWENTY (20) MEN and TWENTY (20) WOMEN

**THIS MEANS THAT THE MEMBER FEDERATION CANNOT
ADD / CHANGE ATHLETES AFTER 14 December 2019.**

- At the same time for administrative purposes the Member Federation must declare the estimated number of athletes and Team officials who will actually participate in the 2020 IWF JWC.

FINAL ENTRIES

The Final List of Athletes must be confirmed in the IWF Online Entry System by no later than **14 FEBRUARY 2020**.

- Member Federation must select the final list of athletes from the Preliminary Entry (previously submitted by 14 December 2019).

Max. **TWELVE (10+2 RESERVE) MEN and TWELVE (10+2 RESERVE) WOMEN**

**THE FINAL LIST OF ATHLETES CAN BE SELECTED ONLY FROM THOSE
INCLUDED IN THE PRELIMINARY ENTRY.**

The following documents must to be returned by 14 February 2020 (by email):

- Team Accommodation Form
- Transportation Form
- Visa Application Form
- Media Accreditation Form
- Copies of all Passports (picture page)
- Electronic Passport Photos (3cm x 4cm, with white background)

All forms must be sent to the following email address by the designated deadline:

frh@frhaltere.ro



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For Media:

All media participants must be approved in advance. Please submit the Media Accreditation Form to the following:

adrienn.szasz@iwfnet.net and frh@frhaltere.ro

All media requests are due by 14 February 2020

7. VISAS

Visa entry to Romania could be obtained from the Romania Embassy in the respective countries by presenting the Official Invitation for the said Championships. If there is any help needed, please contact the Organizing Committee.

8. ACCREDITATION

The Accreditation will take place at **RIN Grand Hotel**.

9. ANTHEM

Each Member Federation should bring two (2) national flags sized 120x180cm and the national anthem on CD/USB drive. This must be submitted upon arrival/accreditation to Organizing Committee (OC).

10. TRANSPORTATION

The Organizing Committee (OC) will provide shuttle bus or van transportation service from Henri Coanda International Airport (OTP) to **RIN Grand Hotel**.

Participants must provide their full and accurate flight schedule by **14 February 2020**.

- a) Transportation forms shall state which airline, flight number and times each delegate will be arriving and departing on. Any change in travel schedule must be communicated on time.
- b) Onsite transportation changes or new requests are not guaranteed to be accommodated.

11. COMPETITION REGULATION

The 2020 IWF Junior World Championships will follow the IWF Technical and Competition Rules and Regulations (TCRR).

12. TERMS AND CONDITIONS OF PARTICIPATION

Accredited Participants – athletes, team officials, technical officials (ITO), media, guests, etc. must:

- Acknowledge and fully comply with IWF Constitution and By-Laws, TCRR, Anti-Doping Policy (ADP)
- Abide by all reasonable directions given by the IWF, the Organizing Committee (OC), TOs
- Should accept any prize or award given by IWF and /or OC/sponsors, and will attend all special award ceremonies where prizes or awards are presented



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- Should attend Press Conference upon request of IWF/OC
- Should not participate in, support, or promote illegal betting
- Should be responsible for all property they bring into the Event – the IWF and/ or OC shall have no responsibility in any loss or damage of this property
- Should irrevocable release IWF & OC from liability for any loss, injury, or damage that they may suffer in relation to their participation in the Event
- Should guarantee that they participate in the Event with the permission of their parent(s) or guardian(s) in case they are minors
- Should acknowledge that by not following the above mentioned terms and conditions, sanctions may be imposed
- Agree that entry is subject to payment of all fees inclusive of entry, anti-doping, accommodation, food and transportation payment prior to use of any OC or IWF facility, or for airport transfers
- Should acknowledge that no accommodation or arrangement is guaranteed until full payment is received in advance
- All participating Federations should undertake full moral and financial responsibility of their registered/accredited delegates with regard to their health and wellness, and in the case of accidents or damages not attributable to the OC.

13. ELIGIBILITY

Participating athletes must be between 15 to 20 years of age (born between 2000 and 2005).

With reference to Article 5.6.5 of the IWF Anti-Doping Policy, an Athlete who is not listed on the IWF's Registered Testing Pool but wishes to participate in an IWF Event shall provide accurate and complete whereabouts information as set out at Annex I of the International Standard for Testing and Investigations for a period of **at least three months** prior to the IWF Event in question (IWF Junior World Championships). An Athlete who does not comply with this provision is not eligible to compete at the IWF Event.

Athletes who wish to compete at the IWF Junior World Championships shall submit their whereabouts information for the period outlined above at the latest **on 14 December 2019.**

In case you and/or your Athletes encounter any difficulties related to whereabouts submission, please report it IMMEDIATELY at iwf@ita.sport

14. ILIFTCLEAN E-LEARNING ONLINE ANTI-DOPING EDUCATION PLATFORM

The IWF requests all Athletes participating in the 2020 IWF Junior World Championships held in Bucharest, ROU to successfully complete the iLiftCLEAN E-learning Course before the Event.

To successfully complete the iLiftCLEAN course, your Athletes need to take the final test at the end of the course and obtain a final score of at least 80%. The course is



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available in English, French, Spanish, Russian, Arabic and Japanese language. It takes approximately 30 minutes to complete.

The IWF Anti-Doping E-learning platform can be reached on the following website:

<https://iliftclean.com>

Here are the steps to follow for your Athletes:

Step 1: Register;

Step 2: Create an account on the platform for yourself;

Step 3: Confirm your account by clicking on the link received by e-mail from the website;

Step 4: Sign in with your username and password;

Step 5: Watch the Anti-Doping videos and complete the test after;

Step 6: Receive your Certificate;

Step 7: Show your Certificate to the IWF by sending it to www.education@iwfnet.net

For the avoidance of doubt, your Athletes will not be limited in the number of attempts to successfully complete the course.

Please note that the Anti-Doping test could be only taken after going through the Videos of the Platform.

Certificates will be valid for one year after the day of completion.

Your Athletes' compliance with this obligation will be monitored by the IWF directly through the iLiftCLEAN platform.

Please do not hesitate to contact us by email education@iwfnet.net if your Athletes need any assistance to complete the iLiftCLEAN course.

Athletes who are unable to complete the test will have the opportunity to do it at the Event.

15. EVENT CATEGORIES

MEN: 55kg, 61kg, 67kg, 73kg, 81kg, 89kg, 96kg, 102kg, 109kg, +109kg

WOMEN: 45kg, 49kg, 55kg, 59kg, 64kg, 71kg, 76kg, 81kg, 87kg, +87kg

16. AWARDS

Gold, silver, and bronze medals will be awarded in the Snatch, the Clean & Jerk, and the Total in each bodyweight category.

Team trophies will be awarded to the best six teams respectively for both Men's and Women's competitions in accordance with IWF Team Classification.

The World Weightlifting Magazine Editorial Board shall select and award the Best Lifters of the event.

17. DOPING CONTROL

Doping Control will be conducted in accordance with the IWF Anti-Doping Policy.



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18. BARBELL

ELEIKO barbells will be used during the competition and training.

19. INSURANCE

According to IWF Regulations, all participants must be under coverage for travel and accident/injury by their respective Federations before their departure from their hometown.

20. TEMPERATURE

The average Bucharest, Romania temperature during the Championships will be approximately between 6-12 degrees on Celsius. Electricity in Romania is 230V European Standard.

The Organizing Committee contact details:

ROMANIAN WEIGHTLIFTING FEDERATION

16, Vasile Conta Street, Bucharest 020954, Romania

Tel: +40213171964

Tel/Fax: +40213171965

E mail: frh@frhaltere.ro



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Preliminary Timetable

09.03.2020	Arrival			
10.03.2020	10:00	IWF Committee Meetings		
11.03.2020	10:00	IWF Executive Board Meeting		
12.03.2020	10:00	IWF Executive Board Meeting		
	18:00	Verification of the Final Entries		
	20:00	Technical Official's Meeting		
13.03.2020	09:00	Registration for IWF Congress		
	10:00	IWF Congress		
	17:00	Opening Ceremony		
14.03.2020	10:00	Women	45+49	B
	12:00	Men	55	B
	14:00	Women	45	A
	16:00	Men	55	A
	18:00	Women	49	A
15.03.2020	10:00	Men	61	B
	12:00	Women	55	B
	14:00	Men	67	B
	16:00	Men	61	A
	18:00	Women	55	A
	20:00	Men	67	A
16.03.2020	10:00	Women	59	B
	12:00	Men	73	B
	14:00	Women	64	B
	16:00	Women	59	A
	18:00	Men	73	A
	20:00	Women	64	A
17.03.2020	10:00	Men	81	B
	12:00	Women	71	B
	14:00	Men	89	B
	16:00	Men	81	A
	18:00	Women	71	A
	20:00	Men	89	A
18.03.2020	12:00	Women	76	B
	14:00	Men	96	B



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	16:00	Women	76	A
	18:00	Men	96	A
19.03.2020	12:00	Women	81	B
	14:00	Men	102	B
	16:00	Women	81	A
	18:00	Men	102	A
20.03.2020	12:00	Women	87	B
	14:00	Men	109	B
	16:00	Women	87	A
	18:00	Men	109	A
21.03.2020	10:00	Women	+87	B
	12:00	Men	+109	B
	14:00	Women	+87	A
	16:00	Men	+109	A
<i>**Please note: Time schedule subject to be changed after the verification of final entries**</i>				
22.03.2020	Departure			