

Ontario Weightlifting Association Training Subsidy Policy

To be eligible for a Canadian Championships Training Subsidy, an athlete must meet the following criteria:

1. Meet the marker thresholds outlined below for an athlete's respective weight class at the Canadian Senior Championships.

If the above criteria are met, then the athlete is then eligible to receive a **Training Subsidy***.

The Performance Training Subsidy is based on the WCH Marker achieved at the Canadian Championships, expressed as the percentage of the current WCH Senior Marker on for the respective gender and bodyweight category.

The Marker will not be rounded up or down but truncated to 3 decimals. For example, a calculated Marker of 84.999572615 will be truncated to 84.999.

The Performance Bonus amounts will be based on the chart below.

Athletes' Marker	Performance Bonus
Over 85.000%	\$500
78.000% to 84.999%	\$250

Examples:

- A. The athlete achieves a Total of 310 kg at the Canadian Championships in the 96kg category. The WCH Marker is 393.000; therefore, the calculated Marker achieved is 78.880%. The athlete would receive a \$250 Performance Bonus.
- B. The athlete achieves a Total of 335 kg at the Canadian Championships in the 96kg category. The WCH Marker is 393.000; therefore, the calculated Marker achieved is 85.241%. The athlete would receive a \$500 Performance Bonus.
- C. The athlete achieves a Total of 306 kg at the Canadian Championships in the 96kg category. The athlete's achieved marker is 77.862%. The athlete would receive \$0 Training Subsidy.

For reference: [National Championships Minimum Threshold of Performance](#)

** Amounts subject to funds available each season and will be reviewed annually*

Review and Approval

This Policy was last reviewed and approved by the Board of Directors on September 29, 2022.

DOCUMENT HISTORY

Amended 2016, 2019, August 15, 2021, September 29, 2022