

# Ontario Weightlifting Association Selection Policy for Provincial Teams

## Definitions

**Eligible Qualifying Competition (EQC)** – Any competition that is subject to doping control and listed on the OWA, WCH or IWF calendar. Unless competing for Team Canada, the qualification process for divisional championships must be met in Canada.

**Divisional Championships** – Current Championships by age division as defined by IWF (i.e., Senior Championships for Senior Athletes).

**New Team Ontario Athlete** – An athlete who did not compete at their previous divisional national championship.

**Previous Team Ontario Athlete** – An athlete who competed at their last divisional championship.

**WCH** – Weightlifting Canada Haltérophilie

**CCES** – Canadian Centre for Ethics in Sport

## Selection Policy for Ontario Senior Team

### ATHLETES

#### Eligibility

1. Achieve the Canadian Senior Championships qualifying standard at any **Eligible Qualifying Competition**.
2. Must compete in at least one **Eligible Qualifying Competitions** between September 1st and March 31<sup>st</sup>. One of these competitions may be a **Divisional Championship**.
3. Compete at the Ontario Senior Championships.
4. Qualifying period for Canadian Senior Championships will be determined by WCH.

#### Exceptions

##### **New Team Ontario Athlete**

All first time National Divisional Championships athletes must meet all requirements unless approved by a NCCP Competition Development Certified coach and the OWA.

##### **Previous Team Ontario Athlete**

- a) An athlete may receive an exemption if a requirement conflicts with training for an IWF-sanctioned competition.

- b) An athlete may receive an exemption if a requirement cannot be met due to an injury or medical reason, and the athlete and/or coach informs the OWA **prior to the commencement of the period in question**. A doctor's note must be provided, and the coach must update the OWA of the athlete's status as their condition heals.
- c) All other requests for exemptions will be received by the Board **prior to the commencement of the Ontario Championships** and reviewed on an individual basis. Athletes who are unable to compete in the Ontario Senior Championships for valid reasons must submit a [Request for Exemption Form](#).

**\*\*NOTE for athletes using an exception– Athletes using an exception must have competed 90 days before their divisional championships. Their name must be submitted to WCH and CCES for all applicable doping control procedures upon receiving any exception.**

**It is the responsibility of the athlete and/or coach to notify the OWA within the timelines stated above.**

**It is at the discretion of the OWA Executive Board to grant exceptions on an individual basis.**

**Upon review and approval, the cost of the medical note shall be borne by the OWA Executive Board. Supporting documentation must be submitted in order to be eligible for reimbursement.**

## **Selection Policy for Ontario Junior Team**

### **ATHLETES**

#### **Eligibility – A Team**

1. Be a Junior as defined by the IWF the year of the competition.
2. Meet the Minimum Threshold of Performance (MTP) as set out by the WCH.
3. Compete at at least one **Eligible Qualifying Competition** (beginning April 1st).
4. Be ranked within the top six junior males or top six junior females (subject to any changes to team size by the WCH) based on percentage of Junior marker for competitions within the qualifying period, with a maximum of two athletes per bodyweight category.

#### **Eligibility – B Team (Junior Developmental Team)**

1. Be a Junior as defined by the IWF the year of the competition.
2. Meet the Minimum Threshold of Performance (MTP) as set out by the WCH.
3. Compete at at least one **Eligible Qualifying Competition** (beginning April 1st).
4. After the selection of the A Team, up to the top two males and top two females (subject to any changes to team size by the CWFHC) will be selected based on the eligibility requirements above.

#### **Exceptions**

##### **New Team Ontario Athlete**

All first time National Divisional Championships athletes must meet all requirements unless approved by a NCCP Competition Development Certified coach and the OWA.

### **Previous Team Ontario Athlete**

- a) An athlete may receive an exemption if a requirement conflicts with training for an IWF-sanctioned competition.
- b) An athlete may receive an exemption if a requirement cannot be met due to an injury or medical reason, and the athlete and/or coach informs the OWA **prior to the commencement of the period in question**. A doctor's note must be provided, and the coach must update the OWA of the athlete's status as their condition heals.
- c) All other requests for exemptions will be received by the Board **prior to the commencement of the Ontario Championships** and reviewed on an individual basis. Athletes who are unable to compete in the Ontario Senior Championships for valid reasons must submit a [Request for Exemption Form](#).

**\*\*NOTE – All national divisional athletes must have competed 90 days before their divisional championships. Their name must be submitted to WCH and CCES for all applicable doping control procedures upon receiving any exception.**

**It is the responsibility of the athlete and/or coach to notify the OWA within the timelines stated above.**

**It is at the discretion of the OWA Executive Board to grant exceptions on an individual basis.**

**Upon review and approval, the cost of the medical note shall be borne by the OWA Executive Board. Supporting documentation must be submitted in order to be eligible for reimbursement.**

### **Financial Support**

Financial support for the Ontario Junior Team(s) will depend on funds and sponsorships available each season. In addition, the location of the Canadian Junior Championships will be taken into account each year in order to determine the financial feasibility of sending both an A team and B team that year.

## **Ontario Senior Team and Ontario Junior Team**

### **COACHES**

#### **Responsibilities**

- Attend specified event.
- In collaboration with the team manager and the Board of Directors, ensure organized travel arrangements for athletes, coaches and chaperones.
- Coach and support athlete through competition session.

#### **Eligibility**

1. Must be a current member of the Ontario Weightlifting Association.

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2. NCCP Competition Development Certified or above.
3. Must have a current Police Vulnerable Sector Reference Check.

### **Selection**

Coaches are selected based on athlete ranking. Coach of top ranked male and top ranked female are invited to be team coach. Should that coach not be available the next coach is contacted. Number of coaches varies based on budget and location.

## **MANAGERS**

### **Responsibilities**

- Consult with the Head Coach on specific duties before, during and after the trip.
- Contact team members and inform them of all travel and accommodation arrangements.
- Compile staff and athlete data.
- Ensure team entries have been submitted before deadline.
- Arrange transportation.
- Secure and distribute team uniforms.
- Schedule meetings and book facilities.
- Arrange for medical kit and ice on site.
- Record athlete performances and team score.
- Enforce all rules and regulations set by the Head Coaches.
- Finalize reports and financial statement with the Head Coaches.

### **Eligibility**

1. Must be a current member of the Ontario Weightlifting Association.
2. Have demonstrated a repeated commitment to the Ontario Weightlifting Association.
3. Have replied to the online call for Team Manager.
4. Must have a current Police Vulnerable Sector Reference Check.

### **Selection**

Managers will be selected by Board members based on experience.

## **Canadian Senior and Junior Championships**

### **TECHNICAL OFFICIALS**

### **Responsibilities**

- Attend specified event.
- Follow issued Technical Officials schedule.
- Diligently perform all required activities.

### **Eligibility**

1. Must be a current member of the Ontario Weightlifting Association.
2. Must be a Level 3 Technical Official, or a Level 3 Technical Official in training.
3. Must have a current Police Vulnerable Sector Reference Check.

### **Selection**

Officials are chosen by the elected Board. Preference is given to those officials that may provide more than one duty or extra has extra qualifications (i.e., chaperone, coach, first aid, CPR) or someone being adjudicated to a new level.

## **CHAPERONE**

### **Responsibilities**

- Chaperones are there to be a positive influence on the team and at no time are to discipline the athletes.
- Ensure that athletes are on time to any scheduled meetings with coaches.
- To drive if necessary.
- To realize that as competitions go, schedules may have to be changed.
- To account for athletes when they are at the hotel or anywhere outside of the competition area.

### **Eligibility**

1. Must be a current member of the Ontario Weightlifting Association.
2. Valid Driver's licence.
3. Be of moral good standing.
4. Must have a current Police Vulnerable Sector Reference Check.

### **Selection**

Chaperones are chosen by the elected Board. Preference is given to those officials that may provide more than one duty or extra has extra qualifications (i.e., chaperone, coach, first aid, CPR, coach).

### **Review and Approval**

This Policy was last reviewed and approved by the Board of Directors on October 19, 2022.

### **DOCUMENT HISTORY**

Adopted	October 30, 2016
Amended	April 9, 2017, March 11, 2018, April 8, 2018, October 21, 2019, December 16, 2020, October 19, 2022