



2023/2024 CC#2
November 24th-26th

TEAM	Points
Landmark x JustLift	277
CanAm Barbell Club	274
Garage Gym WeightLifting	224
Optimal Performance	121
1855 Barbell Club	81
Cornwall Weightlifting Club	69
Eastern Bloc Barbell Club	28
Number of Clubs	7
Number of Athletes	55
Number of Juniors	15
Number of Seniors	29
Number of Masters	11
Number of Males	33
Number of Females	22

RESULTS BY ATHLETE

MALE/FEMALE	Surname	FIRSTNAME	CAT	BWT	TEAM	Y o B	1	2	3	Best	1	2	3	Best	TOTAL	Level	Place	Points
Male	Lange	Cayden	M 49	47	Landmark x JustLift	2011	33	35	x36	35	43	x45	x47	43	78	3	1	28
Male	Lee	Hayden	M 55	50.6	GGW	2008	37	39	41	41	45	48	50	50	91	3	1	28
Male	MacLachlan	William	M 61	56.5	GGW	2017	6	7	8	8	8	9	10	10	18	3	1	28
Male	Boekhorst	Alex	M 67	66.3	GGW	2004	50	53	56	56	63	66	70	70	126	3	1	28
Male	MacLachlan	Joshua	M 73	71.1	GGW	2007	55	x58	58	58	68	72x	74	74	132	3	1	28
Male	Harrison	Will	M 81	74	CanAm Barbell Club	2004	57	62	x68	62	80	85	90	90	152	3	1	28
Male	Fisher	Rowdy	M >109	112.7	GGW	2004	83	87	90x	87	105	109	113	113	200	3	1	28
Female	Robinson	Mikaylie	F 35	29.9	GGW	2010	24	26	28	28	33	35	36	36	64	3	1	28
Female	Van Ulft	Aurora	F 40	35.3	CanAm Barbell Club	2013	47	49	x51	49	67	70	x73	70	119	3	1	28
Female	Robinson	Marlowe	F 59	55.6	GGW	2005	59	62	64x	62	69	72x	72x	69	131	3	1	28
Female	Mayo	Brooke	F 59	57.9	Landmark x JustLift	2009	38	40	42	42	50	53	58	58	100	3	2	25
Female	Bonneville	Gabrielle	F 64	60.1	CanAm Barbell Club	2003	43	46	48	48	50	52	54	54	102	3	1	28
Female	Lebel	Lili	F 81	80.8	Landmark x JustLift	2003	x57	57	59	59	62	66	x70	66	125	3	1	28
Female	Rogan	Shoshanna	F 87	84.3	GGW	2007	50	53	55x	53	59	61	63	63	116	3	1	28
Female	Kiana	Pech	F >87	98.9	Optimal Performance	2006	38	41	43x	41	45	47x	47	47	88	3	1	28
Male	Kuttain	Andrew	M 67	64	CanAm Barbell Club	1994	68	72	76	76	86	90	94	94	170	4	1	28
Male	LaRiccica	Leo	M 73	73	Landmark x JustLift	1994	85	89	x93	89	115	x119	120	120	209	4	1	28
Male	MacDonald	Jake	M 73	72	Cornwall Weightlifting Club	2000	41	43	45	45	50	53	x56	53	98	4	2	25
Male	Shaw	Donald	M 81	79.5	CanAm Barbell Club	1996	x91	91	x95	91	x120	120	125	125	216	4	1	28
Male	Newman	Maxwell	M 81	80	CanAm Barbell Club	1999	63	68	73	73	95	99	103	103	176	4	2	25
Male	Cabarles	Rolf	M 81	78.9	Optimal Performance	1996	67	70	73x	70	85	89	91	91	161	4	3	23
Male	Gittens	Zach	M 81	77.8	CanAm Barbell Club	1996	52	57	x62	57	80	85	90	90	147	4	4	22
Male	Burn	Richard	M 81	78.1	Optimal Performance	1989	61	65	69	69	77	82	88x	82	151	4	5	21
Male	Mubashar	Hassan	M 81	73.4	Optimal Performance	2002	35	40	45x	40	45	50	55x	50	90	4	6	20
Male	Ingram	Tyler	M 89	87.5	Landmark x JustLift	1993	91	96	101	101	112	117	123	123	224	4	1	28
Male	Tran	Jessy	M 89	86.1	CanAm Barbell Club	1993	85	x90	90	90	x115	x115	115	115	205	4	2	25
Male	Schlarb	James	M 89	84.7	CanAm Barbell Club	1989	80	85	x90	85	105	x110	110	110	195	4	3	23
Male	Capaday	Ben	M 89	85	CanAm Barbell Club	1990	60	61	67	67	95	x100	x100	95	162	4	4	22
Male	Heagle	Matthew	M 89	85	Cornwall Weightlifting Club	1997	46	48	52	52	66	70	x74	70	122	4	5	21
Male	Cooke-Hughes	Alexander	M 96	92.4	Eastern Bloc Barbell Club	1999	100	105	110	110	135	140	x146	140	250	4	1	28
Male	Woelfle	Tyler	M 96	91.8	CanAm Barbell Club	1994	92	97	101	101	110	117	122	122	223	4	2	25
Male	Parsons	Jessie	M 96	90.3	CanAm Barbell Club	1997	90	x92	x93	90	112	115	118	118	208	4	3	23
Male	Marion	Scott	M 96	89.7	Landmark x JustLift	1991	x76	76	81	81	107	112	117	117	198	4	4	22
Male	Lemaire	Sebastien	M 102	100.2	CanAm Barbell Club	2000	100	105	110	110	124	130	135	135	245	4	1	28
Male	Roberts	Trevor	M 102	99.9	CanAm Barbell Club	1992	100	105	110	110	120	125	x130	125	235	4	2	25
Male	Zuppel	Shayne	M 102	100	Cornwall Weightlifting Club	1994	86	x90	x92	86	103	110	115	115	201	4	3	23
Male	Brisebois	Chad	M 102	101.9	CanAm Barbell Club	1990	x70	70	75	75	105	110	x120	110	185	4	4	22
Female	Warnock	Yi	F 64	62.8	1855 Barbell Club	1992	x34	34	37	37	43	x46	x46	43	80	4	1	28
Female	Zaiane	Amelia Ariana	F 64	60.5	CanAm Barbell Club	2001	30	33	x36	33	38	41	44	44	77	4	2	25
Female	Stuart	Sophie	F 71	69.6	CanAm Barbell Club	2000	x63	63	x67	63	88	91	95	95	158	4	1	28
Female	Verwey	Jess	F 71	68.3	Landmark x JustLift	1990	56	59	62	62	74	x77	77	77	139	4	2	25
Female	Quinn	Jasmine	F 71	68.6	CanAm Barbell Club	1997	46	49	52	52	60	x63	x63	60	112	4	3	23
Female	de Grandpre	Marie	F 76	72.3	Landmark x JustLift	2002	64	67	70	70	84	87	x90	87	157	4	1	28
Female	Clarke	Stephanie	F >87	87.6	Landmark x Justlift	1990	41	44	x46	44	51	54	56	56	100	4	1	28
Male	Mahabirsingh	Robert	M 61	57.3	Optimal Performance	1961	35	38	41	41	52	55	57x	55	96	5	1	28
Male	Parkin	Derek	M 81	77	1855 Barbell Club	1977	75	80	85	85	98	103	x108	103	188	5	1	28
Male	Marjanovic	Ivan	M 89	84.4	CanAm Barbell Club	1982	90	95	100	100	100	105	x110	105	205	5	1	28
Male	Radulovic	Damjan	M 89	85	CanAm Barbell Club	1985	x65	x65	65	65	85	90	95	95	160	5	2	25
Female	Amundrud	Heather	F 49	48.8	Landmark x JustLift	1974	42	44	45	45	61	63	65	65	110	5	1	28
Female	Nemeth	Amanda	F 71	68.1	CanAm Barbell Club	1984	x67	71	74	74	77	82	86	86	160	5	1	28
Female	Stuart	Kate	F 71	70.7	1855 Barbell Club	1980	45	48	51	51	56	59	62	62	113	5	2	25
Female	Wasyliw	Lynne	F 71	69.2	CanAm Barbell Club	1970	35	x38	x39	35	47	x50	x50	47	82	5	3	23
Female	Lander	Karen	F 71	64.8	Landmark x JustLift	1954	24	26	x27	26	34	35	37	37	63	5	4	22
Female	Jones	Sue	F 76	74.7	Landmark x JustLift	1972	57	60	x63	60	77	80	x82	80	140	5	1	28
Female	Quaile	Christina	F 81	76.6	Landmark x JustLift	1980	55	58	61	61	66	x69	x69	66	127	5	1	28

RESULTS BY CLUB

MALE/FEMALE	Surname	FIRSTNAME	CAT	BWT	TEAM	Y o B	1	2	3	Best	1	2	3	Best	TOTAL	Level	Points	
Female	Warnock	Yi	F 64	62.8	1855 Barbell Club	1992	x34	34	37	37	43	x46	x46	43	80	4	1	28
Male	Parkin	Derek	M 81	77	1855 Barbell Club	1977	75	80	85	85	98	103	x108	103	188	5	1	28
Female	Stuart	Kate	F 71	70.7	1855 Barbell Club	1980	45	48	51	51	56	59	62	62	113	5	1	25
1855 Barbell Club Total																		
Female	Van Ulft	Aurora	F 40	35.3	CanAm Barbell Club	2013	47	49	x51	49	67	70	x73	70	119	3	1	28
Female	Bonneville	Gabrielle	F 64	60.1	CanAm Barbell Club	2003	43	46	48	48	50	52	54	54	102	3	1	28
Male	Kuttain	Andrew	M 67	64	CanAm Barbell Club	1994	68	72	76	76	86	90	94	94	170	4	1	28
Male	Shaw	Donald	M 81	79.5	CanAm Barbell Club	1996	x91	91	x95	91	x120	120	125	125	216	4	1	28
Male	Lemaire	Sebastien	M 102	100.2	CanAm Barbell Club	2000	100	105	110	110	124	130	135	135	245	4	1	28
Female	Stuart	Sophie	F 71	69.6	CanAm Barbell Club	2000	x63	63	x67	63	88	91	95	95	158	4	1	28
Male	Marjanovic	Ivan	M 89	84.4	CanAm Barbell Club	1982	90	95	100	100	100	105	x110	105	205	5	1	28
Female	Nemeth	Amanda	F 71	68.1	CanAm Barbell Club	1984	x67	71	74	74	77	82	86	86	160	5	1	28
Male	Newman	Maxwell	M 81	80	CanAm Barbell Club	1999	63	68	73	73	95	99	103	103	176	4	2	25
Male	Tran	Jessy	M 89	86.1	CanAm Barbell Club	1993	85	x90	90	90	x115	x115	115	115	205	4	2	25
Male	Woelfle	Tyler	M 96	91.8	CanAm Barbell Club	1994	92	97	101	101	110	117	122	122	223	4		
Male	Roberts	Trevor	M 102	99.9	CanAm Barbell Club	1992	100	105	110	110	120	125	x130	125	235	4		
Female	Zaiane	Amelia Ariana	F 64	60.5	CanAm Barbell Club	2001	30	33	x36	33	38	41	44	44	77	4		
Male	Radulovic	Damjan	M 89	85	CanAm Barbell Club	1985	x65	x65	65	65	85	90	95	95	160	5		
Female	Wasyliw	Lynne	F 71	69.2	CanAm Barbell Club	1970	35	x38	x39	35	47	x50	x50	47	82	5		
Male	Harrison	Will	M 81	74	CanAm Barbell Club	2004	57	62	x68	62	80	85	90	90	152	3		
Male	Schlarb	James	M 89	84.7	CanAm Barbell Club	1989	80	85	x90	85	105	x110	110	110	195	4		
Male	Parsons	Jessie	M 96	90.3	CanAm Barbell Club	1997	90	x92	x93	90	112	115	118	118	208	4		
Female	Quinn	Jasmine	F 71	68.6	CanAm Barbell Club	1997	46	49	52	52	60	x63	x63	60	112	4		
Male	Gittens	Zach	M 81	77.8	CanAm Barbell Club	1996	52	57	x62	57	80	85	90	90	147	4		
Male	Capaday	Ben	M 89	85	CanAm Barbell Club	1990	60	61	67	67	95	x100	x100	95	162	4		
Male	Brisebois	Chad	M 102	101.9	CanAm Barbell Club	1990	x70	70	75	75	103	110	x120	110	185	4		
CanAm Barbell Club Total																		
Male	MacDonald	Jake	M 73	72	Cornwall Weightlifting Club	2000	41	43	45	45	50	53	x56	53	98	4	2	25
Male	Heagle	Matthew	M 89	85	Cornwall Weightlifting Club	1997	46	48	52	52	66	70	x74	70	122	4	5	21
Male	Zuppel	Shayne	M 102	100	Cornwall Weightlifting Club	1994	86	x90	x92	86	103	110	115	115	201	4	3	23
Cornwall Weightlifting Club Total																		
Male	Cooke-Hughes	Alexander	M 96	92.4	Eastern Bloc Barbell Club	1999	100	105	110	110	135	140	x146	140	250	4	1	28
Eastern Bloc Barbell Club Total																		
Male	Lee	Hayden	M 55	50.6	GGW	2008	37	39	41	41	45	48	50	50	91	3	1	28
Male	MacLachlan	William	M 61	56.5	GGW	2017	6	7	8	8	8	9	10	10	18	3	1	28
Male	Boekhorst	Alex	M 67	66.3	GGW	2004	50	53	56	56	63	66	70	70	126	3	1	28
Male	MacLachlan	Joshua	M 73	71.1	GGW	2007	55	58x	58	58	68	72x	74	74	132	3	1	28
Male	Fisher	Rowdy	M >109	112.7	GGW	2004	83	87	90x	87	105	109	113	113	200	3	1	28
Female	Robinson	Mikaylie	F 35	29.9	GGW	2010	24	26	28	28	33	35	36	36	64	3	1	28
Female	Robinson	Marlowe	F 59	55.6	GGW	2005	59	62	64x	62	69	72x	72x	69	131	3	1	28
Female	Rogan	Shoshanna	F 87	84.3	GGW	2007	50	53	55x	53	59	61	63	63	116	3	1	28
GGW Total																		
Male	Lange	Cayden	M 49	47	Landmark x JustLift	2011	33	35	x36	35	43	x45	x47	43	78	3	1	28
Female	Lebel	Lili	F 81	80.8	Landmark x JustLift	2003	x57	57	59	59	62	66	x70	66	125	3	1	28
Male	LaRiccica	Leo	M 73	73	Landmark x JustLift	1994	85	89	x93	89	115	x119	120	120	209	4	1	28
Male	Ingram	Tyler	M 89	87.5	Landmark x JustLift	1993	91	96	101	101	112	117	123	123	224	4	1	28
Female	de Grandpre	Marie	F 76	72.3	Landmark x JustLift	2002	64	67	70	70	84	87	x90	87	157	4	1	28
Female	Amundrud	Heather	F 49	48.8	Landmark x JustLift	1974	42	44	45	45	61	63	65	65	110	5	1	28
Female	Jones	Sue	F 76	74.7	Landmark x JustLift	1972	57	60	x63	60	77	80	x82	80	140	5	1	28
Female	Quaile	Christina	F 81	76.6	Landmark x JustLift	1980	55	58	61	61	66	x69	x69	66	127	5	1	28
Female	Clarke	Stephanie	F >87	87.6	Landmark x JustLift	1990	41	44	x46	44	51	54	56	56	100	4	1	28
Female	Mayo	Brooke	F 59	57.9	Landmark x JustLift	2009	38	40	42	42	50	53	58	58	100	3	2	25
Female	Verwey	Jess	F 71	68.3	Landmark x JustLift	1990	56	59	62	62	74	x77	77	77	139	4		
Female	Lander	Karen	F 71	64.8	Landmark x JustLift	1954	24	26	x27	26	34	35	37	37	63	5		
Male	Marion	Scott	M 96	89.7	Landmark x JustLift	1991	x76	76	81	81	107	112	117	117	198	4		
Landmark x JustLift Total																		
Female	Kiana	Pech	F >87	98.9	Optimal Performance	2006	38	41	43x	41	45	47x	47	47	88	3	1	28
Male	Mahabir Singh	Robert	M 61	57.3	Optimal Performance	1961	35	38	41	41	52	55	57x	55	96	5	1	28
Male	Cabarles	Rolf	M 81	78.9	Optimal Performance	1996	67	70	73x	70	85	89	91	91	161	4	3	23
Male	Burn	Richard	M 81	78.1	Optimal Performance	1989	61	65	69	69	77	82	85x	82	151	4	4	22
Male	Mubashar	Hassan	M 81	73.4	Optimal Performance	2002	35	40	45x	40	45	50	55x	50	90	4	6	20
Optimal Performance Total																		
121																		