**2022 YTD SENIOR Ranking**
**Jan 1, 2022 to Dec 1, 2022**
**SDC ONLY**
**Ranked by Marker**
**Mike Miller for OWA**

| RANK | SURNAME | FIRST NAME | BWT | TEAM | YOB | CAT | TOTAL | MARKER | CONTEST | Date |
|---|---|---|---|---|---|---|---|---|---|---|
| 1 | LAYLOR | Maya | 78 | ON | 1995 | 81 | 237 | 0.933070866 | 2022 Canadian Senior Championships | 5/21/2022 |
| 2 | BEDWARD | Shania | 73.7 | Toronto Weightlifting | 1996 | 76 | 223 | 0.884920635 | 2022 Ontario Championships | 11/12/2022 |
| 3 | TRUPP | Megan | 70.3 | Toronto Weightlifting | 2000 | 71 | 216 | 0.87804878 | 2022 Ontario Championships | 11/12/2022 |
| 4 | FRANKLIN | Jessica | 70.8 | Toronto Weightlifting | 1992 | 71 | 205 | 0.833333333 | 2022 Ontario Championships | 11/12/2022 |
| 5 | KNOWLTON | Monica | 58.7 | Alchemy Barbell | 1998 | 59 | 185 | 0.807860262 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 6 | BRADDOCK | Amanda | 53.6 | ON | 1989 | 55 | 172 | 0.807511737 | 2022 Canadian Invitational | 2/26/2022 |
| 7 | GOWANLOCK | Stephanie | 63.7 | ON | 1984 | 64 | 187 | 0.779166667 | 2022 Canadian Senior Championships | 5/21/2022 |
| 8 | LUSIGNAN | Naomie | 69.1 | Toronto Weightlifting | 2005 | 71 | 191 | 0.776422764 | 2022 Summber Fest | 8/13/2022 |
| 9 | GULA | Hannah | 57.8 | ON | 1998 | 59 | 177 | 0.772925764 | 2022 Canadian Invitational | 2/26/2022 |
| 10 | HARDING | Kennedy | 70.4 | LPS Weightlifting | 1995 | 71 | 189 | 0.768292683 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 11 | RYAN | Julia | 82.9 | JustLift | 1990 | 87 | 195 | 0.764705882 | 2022 Ontario Championships | 11/12/2022 |
| 12 | JOHNSON | Samuella Jo | 70.1 | Rx Weightlifting | 1995 | 71 | 188 | 0.764227642 | 2022 Winterlift | 3/26/2022 |
| 13 | YIP | Francise | 63.6 | ON | 1994 | 64 | 179 | 0.745833333 | 2022 Canadian Senior Championships | 5/21/2022 |
| 14 | SANTAVY | Alana | 69.4 | ON | 2003 | 71 | 183 | 0.743902439 | 2022 Canadian Senior Championships | 5/21/2022 |
| 15 | MAXWELL | Jaclyn | 58.9 | ON | 1991 | 59 | 168 | 0.733624454 | 2022 Canadian Senior Championships | 5/21/2022 |
| 16 | MARASHI | Maryam | 71 | Canuck Barbell | 1996 | 71 | 177 | 0.719512195 | 2022 Summber Fest | 8/13/2022 |
| 17 | CHUTE | Emily | 75.6 | Fury Weightlifting Club | 2000 | 76 | 180 | 0.714285714 | 2022 MEGALIFT | 8/10/2022 |
| 18 | JEAN AUGUSTINE | Jessica | 53.5 | Toronto Weightlifting | 1996 | 55 | 151 | 0.708920188 | 2022 Ontario Championships | 11/12/2022 |
| 19 | WRIGHT | Katrina | 58.3 | Godspeed | 1995 | 59 | 162 | 0.707423581 | 2022 Ontario Championships | 11/12/2022 |
| 20 | ABUSOW | Danielle | 68.7 | 1855 Barbell Club | 1994 | 71 | 174 | 0.707317073 | 2022 Lift Summer Open | 8/20/2022 |
| 21 | SERGENESE | Abigail | 53.8 | United Counties Weightlifting Club | 1994 | 55 | 150 | 0.704225352 | 2022 Ontario Championships | 11/12/2022 |
| 22 | DANIS | Skyller | 85.5 | Varbanov School of Weightlifting | 1997 | 87 | 178 | 0.698039216 | 2022 Ontario Championships | 11/12/2022 |
| 23 | EVANS | Bronwyn | 58.8 | Sabaria Weightlifting Club | 1996 | 59 | 157 | 0.68558952 | 2022 Richard Borden Memorial | 10/22/2022 |
| 24 | MCCARDLE | Lindsay | 63.3 | JustLift | 1983 | 64 | 164 | 0.683333333 | 2022 Ontario Masters | 4/23/2022 |
| 25 | DIAZ | Larissa | 48.4 | LPS Weightlifting | 1993 | 49 | 134 | 0.680203046 | 2022 Ontario Championships | 11/12/2022 |
| 26 | GRANT | Naza | 85.5 | Kapuskasing Weightlifting Club | 2006 | 87 | 171 | 0.670588235 | 2022 Ray Hamilton Open | 10/8/2022 |
| 27 | CERNA | Natalie | 77.5 | Toronto Weightlifting | 2006 | 81 | 168 | 0.661417323 | 2022 Summber Fest | 8/13/2022 |
| 28 | MILLS | Katie | 77.7 | Power Academy | 2003 | 81 | 168 | 0.661417323 | 2022 Richard Borden Memorial | 10/22/2022 |
| 29 | ARBOUR | Laura | 92.3 | CrossFit PTBO Weightlifting Club | 1992 | 87+ | 179 | 0.650909091 | 2022 Ontario Masters | 4/23/2022 |
| 30 | JEFFREY | Joanne | 48.7 | ON | 1981 | 49 | 128 | 0.649746193 | 2022 Canadian Masters Championships | 7/9/2022 |
| 31 | PAGE | Michelle | 96.5 | Battlefield Strength | 1987 | 87+ | 178 | 0.647272727 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 32 | KOZOREZOVA | Nancy | 75.9 | JustLift | 1994 | 76 | 163 | 0.646825397 | 2022 Ontario Championships | 11/12/2022 |
| 33 | MCINNIS | Laura | 69.3 | LIFT Barbell Club | 1994 | 71 | 159 | 0.646341463 | 2022 Ontario Championships | 11/12/2022 |
| 34 | FAGAN | Steph | 73.5 | Power Academy | 1990 | 76 | 162 | 0.642857143 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 35 | MACLEAN | Samantha | 79.2 | Team MAC Weightlifting | 1990 | 81 | 163 | 0.641732283 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 36 | WINGER | Jennifer | 63 | Radix Barbell | 1993 | 64 | 151 | 0.629166667 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 37 | VAN ULFT | Aurora | 32.5 | Storm Breaker Barbell | 2013 | 45 | 104 | 0.626506024 | 2022 Ray Hamilton Open | 10/8/2022 |
| 38 | DELL | Whitney | 58.2 | Rx Weightlifting | 1984 | 59 | 143 | 0.624454148 | 2022 Ontario Masters | 4/23/2022 |
| 39 | BARTZ | Charity | 61.8 | ON | 1978 | 64 | 148 | 0.616666667 | 2022 Canadian Masters Championships | 7/9/2022 |
| 40 | WALLACE | Alexandria | 79.7 | Norsemen and Valkyries | 1995 | 81 | 156 | 0.614173228 | 2022 Winterlift | 3/26/2022 |
| 41 | LAVECHIA | Krystal | 53.9 | ON | 1983 | 55 | 130 | 0.610328638 | 2022 Canadian Masters Championships | 7/9/2022 |
| 42 | ROBINSON | Marlowe | 54.6 | Garage Gym Weightlifting | 2005 | 55 | 130 | 0.610328638 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 43 | LEE | Nichole | 67.65 | Power Academy | 1981 | 71 | 150 | 0.609756098 | 2022 North American Open Series 1 | 3/6/2022 |
| 44 | HALLIGAN | Jillian | 63.5 | ON | 1975 | 64 | 146 | 0.608333333 | 2022 Canadian Masters Championships | 7/9/2022 |
| 45 | PHILP | Megan | 80.37 | Canada | 1995 | 81 | 153 | 0.602362205 | 2022 North American Open Series 2 | 9/16/2022 |
| 46 | WEDGE | Kaylee | 61.6 | Kapuskasing Weightlifting Club | 1994 | 64 | 144 | 0.6 | 2022 Ray Hamilton Open | 10/8/2022 |
| 47 | KI | Virginia | 67.9 | Toronto Weightlifting | 1983 | 71 | 147 | 0.597560976 | 2022 March Madness | 3/12/2022 |
| 48 | PARSONS | Chloe | 57.6 | Adamantium Weightlifting | 2006 | 59 | 135 | 0.589519651 | 2022 Lift Summer Open | 8/20/2022 |
| 49 | KARAGOUNIS | Cassandra | 69.6 | Variety Village Weightlifting Club | 2007 | 71 | 144 | 0.585365854 | 2022 Lift Summer Open | 8/20/2022 |
| 50 | CARLUCCI | Cassandra | 80.7 | 646 Weightlifting Club | 1995 | 81 | 148 | 0.582677165 | 2022 MEGALIFT | 8/10/2022 |
| 51 | KORMAN | Ashley | 66.2 | 646 Weightlifting Club | 1983 | 71 | 143 | 0.581300813 | 2022 Lift Summer Open | 8/20/2022 |
| 52 | REYES | Jessica | 86.6 | ON | 1980 | 87 | 148 | 0.580392157 | 2022 Canadian Masters Championships | 7/9/2022 |
| 53 | VERWEY | Jess | 62.85 | ON | 1990 | 64 | 139 | 0.579166667 | 2022 Canadian Masters Championships | 7/9/2022 |
| 54 | PARSONS | Kristin | 63.9 | Adamantium Weightlifting | 1980 | 64 | 137 | 0.570833333 | 2022 Lift Summer Open | 8/20/2022 |
| 55 | KOZLOVICH | Katelin | 54.2 | Kapuskasing Weightlifting Club | 1999 | 55 | 120 | 0.563380282 | 2022 Ray Hamilton Open | 10/8/2022 |
| 56 | WEATHERUP | Dominique | 58.2 | CrossFit PTBO Weightlifting Club | 2006 | 59 | 129 | 0.563318777 | 2022 Ontario Championships | 11/12/2022 |
| 57 | HERBERT | Martene | 69.35 | ON | 1982 | 71 | 138 | 0.56097561 | 2022 Canadian Masters Championships | 7/9/2022 |
| 58 | VAN MOORSEL | Erin | 55.5 | Adamantium Weightlifting | 1979 | 59 | 128 | 0.558951965 | 2022 Ontario Masters | 4/23/2022 |
| 59 | HOLDSWORTH | Danielle | 70.5 | Power Academy | 1979 | 71 | 135 | 0.548780488 | 2022 Ontario Masters | 4/23/2022 |
| 60 | RIORDAN | Hannah | 74.7 | Atlas Barbell Club | 1991 | 76 | 138 | 0.547619048 | 2022 Summber Fest | 8/13/2022 |
| 61 | ST. PETER | Jelisa | 115.3 | Adamantium Weightlifting | 1989 | 87+ | 149 | 0.541818182 | 2022 Ontario Masters | 4/23/2022 |
| 62 | THIESSEN | Burgandy | 60.8 | Maximus Barbell Club | 1997 | 64 | 130 | 0.541666667 | 2022 Variety Village Open | 3/19/2022 |
| 63 | BUS | Holly | 65.5 | Maximus Barbell Club | 1996 | 71 | 133 | 0.540650407 | 2022 Winterlift | 3/26/2022 |
| 64 | COX | Belinda | 54.7 | LIFT Barbell Club | 1979 | 55 | 115 | 0.539906103 | 2022 Richard Borden Memorial | 10/22/2022 |
| 65 | KRSTIC | Natalia | 63.7 | Half Moon Weightlifting Club | 1998 | 64 | 128 | 0.533333333 | 2022 Winterlift | 3/26/2022 |
| 66 | PIRRIE | Danielle | 79.9 | Durham Strength and Conditioning | 1974 | 81 | 135 | 0.531496063 | 2022 Ontario Masters | 4/23/2022 |
| 67 | DAR | Momina | 62.9 | JustLift | 1995 | 64 | 127 | 0.529166667 | 2022 MEGALIFT | 8/10/2022 |
| 68 | ROBERTSON | Jordan | 63.8 | Burlington Barbell Club | 1982 | 64 | 127 | 0.529166667 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 69 | SOHM | Kali | 58.8 | Vision Weightlifting Club | 1991 | 59 | 120 | 0.524017467 | 2022 Ray Hamilton Open | 10/8/2022 |
| 70 | KNUDSEN | Laura | 71.6 | JustLift | 1982 | 76 | 131 | 0.51984127 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 71 | MARTENS | Eva | 77.1 | Battlefield Strength | 1979 | 81 | 132 | 0.519685039 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 72 | BROWN | Alison | 69.8 | LIFT Barbell Club | 1982 | 71 | 127 | 0.516260163 | 2022 Richard Borden Memorial | 10/22/2022 |
| 73 | MCMILLAN | Kaitlan | 58.3 | Guest | 1998 | 59 | 118 | 0.515283843 | 2022 Scholastics | 4/23/2022 |

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| 74 | DONALDSON | Natasha | 82.9 | Power Academy | 1993 | 87 | 131 | 0.51372549 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 75 | CHABBERT | Patty | 72.6 | Vision Weightlifting Club | 1981 | 76 | 129 | 0.511904762 | 2022 Ray Hamilton Open | 10/8/2022 |
| 76 | VILLAGONZALO | Marife | 72 | Toronto Weightlifting | 1972 | 76 | 127 | 0.503968254 | 2022 Summber Fest | 8/13/2022 |
| 77 | DITSCHUN | Ellen | 91.9 | LBC - LIFT Barbell Club | 1988 | 87+ | 138 | 0.501818182 | 2022 Winterlift | 3/26/2022 |
| 78 | BERUBE | Melanie | 73.3 | Kapuskasing Weightlifting Club | 1999 | 76 | 126 | 0.5 | 2022 March Madness | 3/12/2022 |
| 79 | DATEMA | Melanie | 64 | Battlefield Strength | 1974 | 64 | 120 | 0.5 | 2022 Ontario Masters | 4/23/2022 |
| 80 | WIJAYA | Saret | 77 | Power Academy | 1981 | 81 | 127 | 0.5 | 2022 Richard Borden Memorial | 10/22/2022 |
| 81 | CHOUINOR | Ruthie | 85.7 | Norsemen and Valkyries | 2005 | 87 | 126 | 0.494117647 | 2022 Ray Hamilton Open | 10/8/2022 |
| 82 | HAYES | Kara | 78.4 | Power Academy | 1997 | 81 | 125 | 0.492125984 | 2022 Lift Summer Open | 8/20/2022 |
| 83 | FAROOQ | Shahana | 63 | 646 Weightlifting Club | 1992 | 64 | 118 | 0.491666667 | 2022 MEGALIFT | 8/10/2022 |
| 84 | MCGRATH | Amy | 66.65 | ON | 1986 | 71 | 120 | 0.487804878 | 2022 Canadian Masters Championships | 7/9/2022 |
| 85 | SMART | Nicole | 85.7 | LBC | 1992 | 87 | 124 | 0.48627451 | 2022 MEGALIFT | 8/10/2022 |
| 86 | ZIRKLE | Molly | 56.5 | Toronto Weightlifting | 1967 | 59 | 111 | 0.484716157 | 2022 March Madness | 3/12/2022 |
| 87 | TYRER | Madalyn | 43.8 | Victory Barbell Club | 2010 | 45 | 80 | 0.481927711 | 2022 Ray Hamilton Open | 10/8/2022 |
| 88 | NIKITOVIC | Natasa | 69.1 | Radix Barbell | 1995 | 71 | 118 | 0.479674797 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 89 | MCGRATH | Casey | 60.1 | Godspeed | 1986 | 64 | 114 | 0.475 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 90 | CHOUINOR | Ruth | 85.8 | Chippewa SS | 2005 | 87 | 121 | 0.474509804 | 2022 Scholastics | 4/23/2022 |
| 91 | REID | Sarah | 82.95 | ON | 1974 | 87 | 121 | 0.474509804 | 2022 Canadian Masters Championships | 7/9/2022 |
| 92 | MUNRO | Trista | 75.1 | Sudbury Weightlifting Club | 1983 | 76 | 119 | 0.472222222 | 2022 Ray Hamilton Open | 10/8/2022 |
| 93 | CONDON | Sarah | 69.7 | ON | 1983 | 71 | 116 | 0.471544715 | 2022 Canadian Masters Championships | 7/9/2022 |
| 94 | OTTENS | Leona | 66.3 | LIFT Barbell Club | 1989 | 71 | 116 | 0.471544715 | 2022 MEGALIFT | 8/10/2022 |
| 95 | GUENETTE | Sylvie | 63.3 | Sudbury Weightlifting Club | 1966 | 64 | 113 | 0.470833333 | 2022 Ray Hamilton Open | 10/8/2022 |
| 96 | ROGAN | Shoshanna | 82.9 | Garage Gym Weightlifting | 2007 | 87 | 118 | 0.462745098 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 97 | LE | Marie | 67.9 | Power Academy | 2001 | 71 | 113 | 0.459349593 | 2022 MEGALIFT | 8/10/2022 |
| 98 | BRASSEUR | Soveigh | 71.5 | Power Academy | 2001 | 76 | 113 | 0.448412698 | 2022 MEGALIFT | 8/10/2022 |
| 99 | CARLYLE | Katie | 83.7 | Power Academy | 1997 | 87 | 114 | 0.447058824 | 2022 Lift Summer Open | 8/20/2022 |
| 100 | QUAILE | Christina | 79 | JustLift | 1980 | 81 | 113 | 0.44488189 | 2022 Lift Summer Open | 8/20/2022 |
| 101 | PILON | Chanelle | 68.9 | Unviersite de Hearst | 2000 | 71 | 108 | 0.43902439 | 2022 Scholastics | 4/23/2022 |
| 102 | BARAZZUOL | Carol | 74.3 | Burlington Barbell Club | 1970 | 76 | 110 | 0.436507937 | 2022 Ontario Masters | 4/23/2022 |
| 103 | MAXWELL | Samantha | 116 | ON | 1982 | 87+ | 120 | 0.436363636 | 2022 Canadian Masters Championships | 7/9/2022 |
| 104 | KHALID | Rumaina | 54.2 | Half Moon Weightlifting Club | 1998 | 55 | 92 | 0.431924883 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 105 | JONES | Robyn | 61.8 | CrossFit 705 | 1994 | 64 | 103 | 0.429166667 | 2022 Ray Hamilton Open | 10/8/2022 |
| 106 | SAMBELL | Elysha | 64.7 | St. Thomas Strength Athletics (STSA) | 1992 | 71 | 105 | 0.426829268 | 2022 Ontario Masters | 4/23/2022 |
| 107 | WATERFIELD | Madeleine | 77 | East End Barbell Club | 1964 | 81 | 108 | 0.42519685 | 2022 Ontario Masters | 4/23/2022 |
| 108 | PILKEY | Jane | 79.8 | Garage Gym Weightlifting | 1984 | 81 | 108 | 0.42519685 | 2022 Ontario Masters | 4/23/2022 |
| 109 | LONGVAL | Frederike | 51.3 | Kapuskasing Weightlifting Club | 2000 | 55 | 90 | 0.422535211 | 2022 Ray Hamilton Open | 10/8/2022 |
| 110 | MARKS | Tanya | 63.5 | Power Academy | 1980 | 64 | 101 | 0.420833333 | 2022 Richard Borden Memorial | 10/22/2022 |
| 111 | CHAMPAGNE | Abigail | 96.9 | ESC Algonquin | 2006 | 87+ | 114 | 0.414545455 | 2022 Scholastics | 4/23/2022 |
| 112 | ZHANG | Sherry | 52.4 | Iron Athletics | 2006 | 55 | 88 | 0.41314554 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 113 | LEE | Bronwynn | 101.7 | Guest | 1989 | 87+ | 113 | 0.410909091 | 2022 Scholastics | 4/23/2022 |
| 114 | MAY | Jahala | 52.6 | Maximus Barbell Club | 2011 | 55 | 87 | 0.408450704 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 115 | CHENG | Ruth | 55.7 | CrossFit PTBO Weightlifting Club | 1987 | 59 | 93 | 0.406113537 | 2022 Ontario Masters | 4/23/2022 |
| 116 | TOWN | Brittany | 78.4 | Toronto Weightlifting | 1993 | 81 | 101 | 0.397637795 | 2022 Ontario Championships | 11/12/2022 |
| 117 | ZHOU | Abigail | 45.9 | Iron Athletics | 2006 | 49 | 77 | 0.390862944 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 118 | BURK | Liisa | 80.4 | Sudbury Weightlifting Club | 1967 | 81 | 99 | 0.38976378 | 2022 Summber Fest | 8/13/2022 |
| 119 | CATTERSON | Victoria | 58.5 | RX Weightlifting | 1981 | 59 | 89 | 0.388646288 | 2022 Summber Fest | 8/13/2022 |
| 120 | CALDWELL | Laura | 58.5 | Driven Barbell Club | 1987 | 59 | 89 | 0.388646288 | 2022 Ray Hamilton Open | 10/8/2022 |
| 121 | GINDLI | Jessica | 68.7 | Varbanov School of Weightlifting | 1999 | 71 | 95 | 0.386178862 | 2022 Variety Village Open | 3/19/2022 |
| 122 | SKOBEL | Eve | 69.8 | Burlington Barbell Club | 1972 | 71 | 94 | 0.382113821 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 123 | POPP | Olivia | 65.1 | Norsemen and Valkyries | 2005 | 71 | 94 | 0.382113821 | 2022 Ray Hamilton Open | 10/8/2022 |
| 124 | BARBER | Patricia | 84.7 | Driven Barbell Club | 1965 | 87 | 97 | 0.380392157 | 2022 Ray Hamilton Open | 10/8/2022 |
| 125 | MITCHELL | Keri | 58.3 | Goodlife Barbell | 1978 | 59 | 87 | 0.379912664 | 2022 Richard Borden Memorial | 10/22/2022 |
| 126 | CHAMPAGNE | Kali | 54.5 | ESC Algonquin | 2008 | 55 | 80 | 0.375586854 | 2022 Scholastics | 4/23/2022 |
| 127 | TREVISAN | Sendy | 63.3 | Norsemen and Valkyries | 1993 | 64 | 90 | 0.375 | 2022 Ray Hamilton Open | 10/8/2022 |
| 128 | FAGAN | Jessica | 75 | GoodLife Barbell | 1987 | 76 | 93 | 0.369047619 | 2022 Richard Borden Memorial | 10/22/2022 |
| 129 | MCMULLIN | Kassidy | 63.8 | Power Academy | 1998 | 64 | 87 | 0.3625 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 130 | MOORE | Anna | 56.3 | Norsemen and Valkyries | 2008 | 59 | 83 | 0.362445415 | 2022 Ray Hamilton Open | 10/8/2022 |
| 131 | FITZSIMMONS | Kristen | 58.2 | Adamantium Weightlifting | 1977 | 59 | 82 | 0.358078603 | 2022 Ontario Masters | 4/23/2022 |
| 132 | BLACKHURST | Alison | 57.2 | Driven Barbell Club | 1966 | 59 | 82 | 0.358078603 | 2022 Ray Hamilton Open | 10/8/2022 |
| 133 | VILLAGONZALO | Mercedes | 42.3 | Toronto Weightlifting | 2009 | 45 | 58 | 0.34939759 | 2022 Summber Fest | 8/13/2022 |
| 134 | RICHARD | Laurence | 59.9 | Kapuskasing Weightlifting Club | 1996 | 64 | 83 | 0.345833333 | 2022 Ray Hamilton Open | 10/8/2022 |
| 135 | MARTINDALE | Kayla | 62.3 | Ontario | 2005 | 64 | 81 | 0.3375 | 2022 Canadian Junior Championships | 6/4/2022 |
| 136 | HALL | Erica | 69.3 | Power Academy | 1971 | 71 | 83 | 0.337398374 | 2022 Lift Summer Open | 8/20/2022 |
| 137 | SYKES | Olivia | 66.7 | Kanama High Performance North | 2004 | 71 | 83 | 0.337398374 | 2022 Ray Hamilton Open | 10/8/2022 |
| 138 | O'NEILL | Sara | 74.5 | Power Academy | 1974 | 76 | 85 | 0.337301587 | 2022 Ontario Masters | 4/23/2022 |
| 139 | MACLEAN | Calista | 52.2 | Team MAC Weightlifting | 2009 | 55 | 71 | 0.333333333 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 140 | MCQUOID | Jennifer | 58.4 | Power Academy | 1992 | 59 | 76 | 0.331877729 | 2022 Ontario Masters | 4/23/2022 |
| 141 | VAN LUVEN | McKenna | 42.9 | Victory Barbell Club | 2010 | 45 | 55 | 0.331325301 | 2022 Ray Hamilton Open | 10/8/2022 |
| 142 | HILL | Lucy | 54.2 | Cornwall Weightlifting Club | 1997 | 55 | 70 | 0.328638498 | 2022 Ontario Championships | 11/12/2022 |
| 143 | GALLEY | Sue | 80.1 | Adamantium Weightlifting | 1977 | 81 | 83 | 0.326771654 | 2022 Ontario Masters | 4/23/2022 |
| 144 | MCGIRL | Rosetta | 63.8 | Kanama High Performance North | 1974 | 64 | 76 | 0.316666667 | 2022 Summber Fest | 8/13/2022 |
| 145 | HARIPERSAD | Samantha | 79.3 | Optimal Performance | 1996 | 81 | 80 | 0.31496063 | 2022 Lift Summer Open | 8/20/2022 |
| 146 | TONUS | Fern | 54.3 | Driven Barbell Club | 1958 | 55 | 67 | 0.314553991 | 2022 Ray Hamilton Open | 10/8/2022 |
| 147 | MANNING | Alison | 74.8 | Godspeed | 1970 | 76 | 79 | 0.313492063 | 2022 MEGALIFT | 8/10/2022 |
| 148 | MACLEAN | Karsin | 33.4 | Team MAC Weightlifting | 2013 | 45 | 50 | 0.301204819 | 2022 Variety Village Open | 3/19/2022 |
| 149 | ASIM | Kezi | 88.3 | GoodLife Barbell | 1980 | 87+ | 81 | 0.294545455 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 150 | ZHAO | Amie | 54.29 | Ontario | 2004 | 55 | 62 | 0.291079812 | 2022 Canadian Junior Championships | 6/4/2022 |
| 151 | CHAPMAN | Annalise | 48.8 | LIFT Barbell Club | 2009 | 49 | 57 | 0.289340102 | 2022 MEGALIFT | 8/10/2022 |
| 152 | LANDER | Karen | 62.6 | Rx Weightlifting | 1954 | 64 | 67 | 0.279166667 | 2022 Ontario Masters | 4/23/2022 |
| 153 | VANDERBURGH | Aislin | 92.2 | Godspeed | 1992 | 87+ | 74 | 0.269090909 | 2022 MEGALIFT | 8/10/2022 |
| 154 | SHARMAN | Molly | 45.99 | Ontario | 2006 | 49 | 53 | 0.269035533 | 2022 Canadian Junior Championships | 6/4/2022 |
| 155 | MCKAY | Zoe | 43.4 | LIFT Barbell Club | 2010 | 45 | 44 | 0.265060241 | 2022 MEGALIFT | 8/10/2022 |

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|---|---|---|---|---|---|---|---|---|---|---|
| 156 | QUINN | Judy | 77.7 | Garden City Weightlifting | 1948 | 81 | 66 | 0.25984252 | 2022 Ontario Masters | 4/23/2022 |
| 157 | LANDAR | Karen | 63.2 | CrossFit PTBO Weightlifting Club | 1954 | 64 | 62 | 0.258333333 | 2022 Ontario Championships | 11/12/2022 |
| 158 | HELLENBART | Doris | 54.4 | BodyX Barbell Club | 1947 | 55 | 50 | 0.234741784 | 2022 Ontario Masters | 4/23/2022 |
| 159 | HARVEY | Heather | 67.8 | CrossFit PTBO Weightlifting Club | 1956 | 71 | 49 | 0.199186992 | 2022 Ontario Masters | 4/23/2022 |
| 160 | WALSH | Kassidy | 55.12 | Ontario | 2005 | 59 | 0 | 0 | 2022 Canadian Junior Championships | 6/4/2022 |
| | | | | | | | | | | |
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| | | | | | | | | | | |
| 1 | SANTAVY | Boady | 95.7 | ON | 1997 | 96 | 380 | 0.96692112 | 2022 Canadian Senior Championships | 5/21/2022 |
| 2 | SANTAVY | Noah | 84.2 | Santavy Weightlifting | 1998 | 96 | 345 | 0.877862595 | 2022 Ontario Championships | 11/12/2022 |
| 3 | LUSIGNAN | Xavier | 93.1 | Toronto Weightlifting | 2003 | 96 | 332 | 0.844783715 | 2022 Summber Fest | 8/13/2022 |
| 4 | MOORMAN | Spencer | 108.4 | CanAm Barbell Club | 1991 | 109 | 325 | 0.8125 | 2022 Ray Hamilton Open | 10/8/2022 |
| 5 | LONGO | FRANK | 80 | Battlefield Strength | 1984 | 81 | 290 | 0.798898072 | 2022 Winterlift | 3/26/2022 |
| 6 | BOILEAU | Patrick | 108.9 | CanAm Barbell Club | 1994 | 109 | 315 | 0.7875 | 2022 Ontario Championships | 11/12/2022 |
| 7 | PATAULT | Quentin | 80.56 | Canada | 1992 | 81 | 285 | 0.785123967 | 2022 North American Open Series 2 | 9/16/2022 |
| 8 | SHARAF ELDIN | Feras | 66.9 | Variety Village Weightlifting Club | 2003 | 67 | 251 | 0.774691358 | 2022 Ontario Championships | 11/12/2022 |
| 9 | MUNRO | Nicolas | 81 | JustLift | 1998 | 81 | 280 | 0.771349862 | 2022 Lift Summer Open | 8/20/2022 |
| 10 | IBANEZ-GUERRERO | Brayan | 79.31 | Canada | 2006 | 81 | 273 | 0.752066116 | 2022 North American Open Series 2 | 9/16/2022 |
| 11 | QUACH | Eric | 80.3 | Burlington Barbell Club | 1993 | 81 | 269 | 0.741046832 | 2022 Ontario Championships | 11/12/2022 |
| 12 | ROSS | Tyler | 86.9 | ON | 1997 | 89 | 272 | 0.735135135 | 2022 Canadian Invitational | 2/26/2022 |
| 13 | TAYLOR | Kody | 72.7 | ON | 1991 | 73 | 253 | 0.733333333 | 2022 Canadian Senior Championships | 5/21/2022 |
| 14 | CRUZ | Jet | 66.83 | Canada | 1994 | 67 | 234 | 0.722222222 | 2022 North American Open Series 2 | 9/16/2022 |
| 15 | BEAUMONT | Keenan | 80.5 | Sabaria Weightlifting Club | 1994 | 81 | 260 | 0.716253444 | 2022 Lift Summer Open | 8/20/2022 |
| 16 | TAM | Jordan | 88 | Varbanov School of Weightlifting | 1994 | 89 | 265 | 0.716216216 | 2022 Ontario Championships | 11/12/2022 |
| 17 | XU | Cheng | 66.9 | ON | 1990 | 67 | 232 | 0.716049383 | 2022 Canadian Senior Championships | 5/21/2022 |
| 18 | LEE | Jiwon | 72.5 | Burlington Barbell Club | 1994 | 73 | 245 | 0.710144928 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 19 | KOO | Nicholas | 108.3 | JustLift | 1993 | 109 | 281 | 0.7025 | 2022 Ontario Championships | 11/12/2022 |
| 20 | SCHWAIGER | Jon | 87.7 | Burlington Barbell Club | 1992 | 89 | 258 | 0.697297297 | 2022 Winterlift | 3/26/2022 |
| 21 | MACDONALD | Liam | 94.4 | Godspeed | 1996 | 96 | 270 | 0.687022901 | 2022 Ray Hamilton Open | 10/8/2022 |
| 22 | SMITH | Stephen | 86.8 | Toronto Weightlifting | 1999 | 89 | 251 | 0.678378378 | 2022 March Madness | 3/12/2022 |
| 23 | NARDI | John | 72.6 | LPS Weightlifting | 2000 | 73 | 234 | 0.67826087 | 2022 Richard Borden Memorial | 10/22/2022 |
| 24 | PUGLIESE | Peter | 79.3 | Power Academy | 1997 | 81 | 245 | 0.674931129 | 2022 MEGALIFT | 8/10/2022 |
| 25 | FABRICIO | Guilherme | 79.4 | Varbanov School of Weightlifting | 1993 | 81 | 245 | 0.674931129 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 26 | WEN | Stephen | 108.3 | 646 Weightlifting Club | 1996 | 109 | 268 | 0.67 | 2022 MEGALIFT | 8/10/2022 |
| 27 | DI DONATO | David | 95.3 | Hammer Strength and Performance | 1990 | 96 | 263 | 0.669211196 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 28 | BELANGER | Pierce | 92.4 | Sudbury Weightlifting Club | 1996 | 96 | 260 | 0.661577608 | 2022 Ray Hamilton Open | 10/8/2022 |
| 29 | COTTRELL | Benjamin | 96.7 | LBC - LIFT Barbell Club | 2004 | 102 | 260 | 0.656565657 | 2022 Winterlift | 3/26/2022 |
| 30 | MANCIC | Dimitrije | 95.4 | LIFT Barbell Club | 1998 | 96 | 258 | 0.65648855 | 2022 MEGALIFT | 8/10/2022 |
| 31 | LEVINE | Jackson | 96.4 | Toronto Weightlifting | 2000 | 102 | 258 | 0.651515152 | 2022 Ontario Championships | 11/12/2022 |
| 32 | COLLINS | Kurtis | 80.9 | JustLift | 1997 | 81 | 236 | 0.650137741 | 2022 Lift Summer Open | 8/20/2022 |
| 33 | ADAMS | Mark | 98 | JustLift | 1993 | 102 | 256 | 0.646464646 | 2022 Lift Summer Open | 8/20/2022 |
| 34 | VANDENBERG | Benjamin | 87.9 | Power Academy | 1992 | 89 | 238 | 0.643243243 | 2022 MEGALIFT | 8/10/2022 |
| 35 | BADRELDIN | Mohamedelamin | 114.3 | CanAm Barbell Club | 1989 | 109+ | 272 | 0.64 | 2022 Ontario Championships | 11/12/2022 |
| 36 | STEER | Samuel | 80.3 | Toronto Weightlifting | 2004 | 81 | 231 | 0.636363636 | 2022 Ontario Championships | 11/12/2022 |
| 37 | VANDEWEGHE | Craig | 108.2 | Battlefield Strength | 1976 | 109 | 254 | 0.635 | 2022 Ontario Masters | 4/23/2022 |
| 38 | MOSCUZZA | Matthew | 71.7 | LPS Weightlifting | 2003 | 73 | 219 | 0.634782609 | 2022 Ontario Championships | 11/12/2022 |
| 39 | WEST | Jerimiah | 65.6 | GoodLife Barbell | 1990 | 67 | 205 | 0.632716049 | 2022 Ontario Championships | 11/12/2022 |
| 40 | SPENCER | Justin | 107.5 | Guest | 1981 | 109 | 253 | 0.6325 | 2022 Scholastics | 4/23/2022 |
| 41 | JOHNSON | James | 97.9 | 646 Weightlifting Club | 1981 | 102 | 249 | 0.628787879 | 2022 Lift Summer Open | 8/20/2022 |
| 42 | MILLER | Michael | 111.4 | Giant Weightlifting | 1978 | 109+ | 265 | 0.623529412 | 2022 Ontario Masters | 4/23/2022 |
| 43 | FLORENTO | John | 60.4 | ON | 1979 | 61 | 186 | 0.622073579 | 2022 Canadian Masters Championships | 7/9/2022 |
| 44 | CAMPBELL | Graeme | 84.4 | Adamantium Weightlifting | 1982 | 89 | 230 | 0.621621622 | 2022 Ontario Masters | 4/23/2022 |
| 45 | MARANAN | Juan | 93.1 | Power Academy | 1995 | 96 | 243 | 0.618320611 | 2022 Lift Summer Open | 8/20/2022 |
| 46 | SANDHU | Mohan | 105.4 | Dosanjh Sports, Arts & Cultural Club | 1976 | 109 | 247 | 0.6175 | 2022 Ontario Masters | 4/23/2022 |
| 47 | CORDOVA | Santiago | 80.9 | LPS Weightlifting | 2001 | 81 | 222 | 0.611570248 | 2022 Ray Hamilton Open | 10/8/2022 |
| 48 | GAULT | Thorin | 94.2 | ON | 1973 | 96 | 240 | 0.610687023 | 2022 Canadian Masters Championships | 7/9/2022 |
| 49 | BOPARI | Jaskaran | 70 | Wilfred Laurier | 1996 | 73 | 210 | 0.608695652 | 2022 Scholastics | 4/23/2022 |
| 50 | SHEPPARD | Cole | 89 | Kanama High Performance North | 2001 | 89 | 225 | 0.608108108 | 2022 Ray Hamilton Open | 10/8/2022 |
| 51 | WILLIAMS | Randy | 87.3 | CanAm Barbell Club | 1991 | 89 | 224 | 0.605405405 | 2022 Lift Summer Open | 8/20/2022 |
| 52 | SHAW | Donald | 79.2 | CanAm Barbell Club | 1996 | 81 | 219 | 0.603305785 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 53 | LATIMER | Brent | 72.7 | Adamantium Weightlifting | 1983 | 73 | 208 | 0.602898551 | 2022 Ontario Masters | 4/23/2022 |
| 54 | BOPARAI | Jaskaran Singh | 71.9 | ALP Weightlifting | 1996 | 73 | 207 | 0.6 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 55 | STEWART | Dave | 80.1 | CrossFit PTBO Weightlifting Club | 1980 | 81 | 214 | 0.58953168 | 2022 Ontario Masters | 4/23/2022 |
| 56 | WATSON | Declan | 82.3 | Burlington Barbell Club | 2007 | 89 | 217 | 0.586486486 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 57 | SMILES | Andrew | 96.4 | Power Academy | 1995 | 102 | 229 | 0.578282828 | 2022 Winterlift | 3/26/2022 |
| 58 | FERSING | Jordan | 72.2 | Battlefield Strength | 1993 | 73 | 199 | 0.576811594 | 2022 Winterlift | 3/26/2022 |
| 59 | ALIZADEH | Arya | 84.7 | McMaster Weightlifting | 2001 | 89 | 213 | 0.575675676 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 60 | MASANGKAY | Adrian | 84.7 | LIFT Barbell Club | 1997 | 89 | 212 | 0.572972973 | 2022 Richard Borden Memorial | 10/22/2022 |
| 61 | FERKET | Eric | 100.3 | Power Academy | 1988 | 102 | 226 | 0.570707071 | 2022 MEGALIFT | 8/10/2022 |
| 62 | WU | Tianhao | 72.2 | 646 Weightlifting Club | 1992 | 73 | 196 | 0.568115942 | 2022 Lift Summer Open | 8/20/2022 |
| 63 | JEVTIC | Petar | 88.1 | Varbanov School of Weightlifting | 1999 | 89 | 210 | 0.567567568 | 2022 Variety Village Open | 3/19/2022 |
| 64 | FUNG | Justin | 79 | Varbanov School of Weightlifting | 1992 | 81 | 206 | 0.567493113 | 2022 Variety Village Open | 3/19/2022 |
| 65 | JOLLEY | Ashton | 73 | CrossFit PTBO Weightlifting Club | 2005 | 73 | 194 | 0.562318841 | 2022 Variety Village Open | 3/19/2022 |
| 66 | SHEPPARD | Kyle | 84.9 | Algonquin College | 1999 | 89 | 207 | 0.559459459 | 2022 Scholastics | 4/23/2022 |
| 67 | KAENTHONGRATH | Tyler | 65.1 | Power Academy | 1998 | 67 | 181 | 0.558641975 | 2022 Ontario Championships | 11/12/2022 |
| 68 | ROSATI | David | 80.3 | Battlefield Strength | 1985 | 81 | 202 | 0.556473829 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 69 | GOODMAN | Colin | 96 | Kanama High Performance North | 1994 | 96 | 218 | 0.554707379 | 2022 Ray Hamilton Open | 10/8/2022 |
| 70 | KROETSCH | Kaleb | 93.6 | Power Academy | 1996 | 96 | 216 | 0.549618321 | 2022 Lift Summer Open | 8/20/2022 |
| 71 | GAUTHIER | Jason | 72.3 | Burlington Barbell Club | 1974 | 73 | 189 | 0.547826087 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 72 | ABLITT | Bradley | 87.2 | Power Academy | 1986 | 89 | 202 | 0.545945946 | 2022 Richard Borden Memorial | 10/22/2022 |
| 73 | LAMARCHE | Griffin | 70.4 | Norsemen and Valkyries | 2006 | 73 | 187 | 0.542028986 | 2022 Ray Hamilton Open | 10/8/2022 |
| 74 | ABLITT | Brad | 85.9 | Power Academy | 1986 | 89 | 200 | 0.540540541 | 2022 MEGALIFT | 8/10/2022 |

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| 75 | CRANE | Jamie | 86.65 | ON | 1967 | 89 | 199 | 0.537837838 | 2022 Canadian Masters Championships | 7/9/2022 |
| 76 | MILLER | William | 107.3 | Giant Weightlifting | 1986 | 109 | 215 | 0.5375 | 2022 Ontario Masters | 4/23/2022 |
| 77 | CASE | Andrew | 69.7 | Power Academy | 1991 | 73 | 184 | 0.533333333 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 78 | ATKINS | Kenton | 68.1 | Norsemen and Valkyries | 1986 | 73 | 182 | 0.527536232 | 2022 Ray Hamilton Open | 10/8/2022 |
| 79 | CONDON | William | 87.85 | ON | 1984 | 89 | 195 | 0.527027027 | 2022 Canadian Masters Championships | 7/9/2022 |
| 80 | STEINHAUR | Jonathan | 72.7 | Toronto Weightlifting | 1996 | 73 | 181 | 0.524637681 | 2022 March Madness | 3/12/2022 |
| 81 | DESSUREAULT | Dave | 87.2 | Team MAC Weightlifting | 1969 | 89 | 193 | 0.521621622 | 2022 Ontario Masters | 4/23/2022 |
| 82 | LIBAWSKI | Brayden | 80.6 | Maximus Barbell Club | 1993 | 81 | 188 | 0.517906336 | 2022 Winterlift | 3/26/2022 |
| 83 | ZITA | Luigi | 99.9 | Varbanov School of Weightlifting | 1980 | 102 | 205 | 0.517676768 | 2022 Variety Village Open | 3/19/2022 |
| 84 | BANZON | Alfonso | 95.4 | 646 Weightlifting Club | 1991 | 96 | 201 | 0.511450382 | 2022 Lift Summer Open | 8/20/2022 |
| 85 | HARDING | Dave | 88.1 | Norsemen and Valkyries | 1974 | 89 | 189 | 0.510810811 | 2022 Ray Hamilton Open | 10/8/2022 |
| 86 | ORNOCH | Maciej | 92.2 | Goodlife Barbell | 1985 | 96 | 200 | 0.508905852 | 2022 Summber Fest | 8/13/2022 |
| 87 | IURILLO | Marino | 83.5 | Rx Weightlifting | 1977 | 89 | 188 | 0.508108108 | 2022 Ontario Masters | 4/23/2022 |
| 88 | HICKEY | Jordan | 71.3 | LBC - LIFT Barbell Club | 1999 | 73 | 175 | 0.507246377 | 2022 Winterlift | 3/26/2022 |
| 89 | LIN | Charles | 66.8 | Rx Weightlifting | 1986 | 67 | 163 | 0.50308642 | 2022 Ontario Masters | 4/23/2022 |
| 90 | ABIERA | John | 80.6 | Power Academy | 1998 | 81 | 180 | 0.495867769 | 2022 MEGALIFT | 8/10/2022 |
| 91 | CHIU | Justin | 77.7 | Driven Barbell Club | 1992 | 81 | 179 | 0.493112948 | 2022 Ray Hamilton Open | 10/8/2022 |
| 92 | BERRY | Connoll | 90.7 | LIFT Barbell Club | 2000 | 96 | 193 | 0.491094148 | 2022 MEGALIFT | 8/10/2022 |
| 93 | MA | Steven | 72.6 | Toronto Weightlifting | 2004 | 73 | 166 | 0.48115942 | 2022 Summber Fest | 8/13/2022 |
| 94 | MATTUCCI | Mitchell | 93.1 | Guest | 1993 | 96 | 189 | 0.480916031 | 2022 Scholastics | 4/23/2022 |
| 95 | DELGADO | Joshua | 62.1 | Optimal Performance | 1988 | 67 | 155 | 0.478395062 | 2022 Variety Village Open | 3/19/2022 |
| 96 | EDGSON | Asher | 63.7 | Variety Village Weightlifting Club | 2008 | 67 | 155 | 0.478395062 | 2022 Lift Summer Open | 8/20/2022 |
| 97 | DOTEY | Adam | 86.4 | Toronto Weightlifting | 1990 | 89 | 176 | 0.475675676 | 2022 March Madness | 3/12/2022 |
| 98 | ROTUNDO | Peter | 88.7 | 646 Weightlifting Club | 1992 | 89 | 176 | 0.475675676 | 2022 MEGALIFT | 8/10/2022 |
| 99 | BAKER | Andrew | 83 | United Counties Weightlifting Club | 2003 | 89 | 175 | 0.472972973 | 2022 Lift Summer Open | 8/20/2022 |
| 100 | KARAGOUNIS | Theo | 81.2 | Variety Village Weightlifting Club | 2006 | 89 | 173 | 0.467567568 | 2022 Lift Summer Open | 8/20/2022 |
| 101 | THIRUNAVUKKARASU | Pranavan | 121.8 | Toronto Weightlifting | 1995 | 109+ | 198 | 0.465882353 | 2022 Summber Fest | 8/13/2022 |
| 102 | MCQUOID | Aiden | 99.8 | Power Academy | 1986 | 102 | 184 | 0.464646465 | 2022 Ontario Masters | 4/23/2022 |
| 103 | CABLE | Michael | 94.8 | Half Moon Weightlifting Club | 1970 | 96 | 182 | 0.463104326 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 104 | ROBERTS | Keith | 90.3 | Power Academy | 1993 | 96 | 180 | 0.458015267 | 2022 Ontario Masters | 4/23/2022 |
| 105 | SINGH | Prabdeep | 74.5 | CanAm Barbell Club | 1999 | 81 | 164 | 0.451790634 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 106 | VAN HOUTVEN | Stephen | 94.1 | LIFT Barbell Club | 1993 | 96 | 177 | 0.450381679 | 2022 Richard Borden Memorial | 10/22/2022 |
| 107 | JONGKIND | Mike | 97.8 | DRJ weightlifting | 1985 | 102 | 178 | 0.449494949 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 108 | INNES | Andrew | 115 | Power Academy | 1990 | 109+ | 191 | 0.449411765 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 109 | SCHLUETING | Parker | 94 | St Joseph Scollard Hall | 2004 | 96 | 175 | 0.445292621 | 2022 Scholastics | 4/23/2022 |
| 110 | YUKE | Ethan | 94.7 | Victory Barbell Club | 2007 | 96 | 175 | 0.445292621 | 2022 Ray Hamilton Open | 10/8/2022 |
| 111 | MARACLE | Blake | 98.3 | Victory Barbell Club | 1999 | 102 | 175 | 0.441919192 | 2022 Variety Village Open | 3/19/2022 |
| 112 | KILLORAN | Brady | 78.5 | United Counties Weightlifting Club | 2006 | 81 | 160 | 0.44077135 | 2022 Lift Summer Open | 8/20/2022 |
| 113 | EVANYSHN | Ian | 77.2 | Optimal Performance | 1995 | 81 | 160 | 0.44077135 | 2022 Lift Summer Open | 8/20/2022 |
| 114 | GORMAN | Ken | 109.7 | ON | 1973 | 109+ | 185 | 0.435294118 | 2022 Canadian Masters Championships | 7/9/2022 |
| 115 | MOBIN | Ahmad | 72.7 | Toronto Weightlifting | 1987 | 73 | 150 | 0.434782609 | 2022 March Madness | 3/12/2022 |
| 116 | FISHER | Rowdy | 115 | Garage Gym Weightlifting | 2004 | 109+ | 182 | 0.428235294 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 117 | LABADIE | Colin | 88.3 | Power Academy | 1984 | 89 | 158 | 0.427027027 | 2022 Lift Summer Open | 8/20/2022 |
| 118 | MAHMOUD | Adil | 74.5 | Maximus Barbell Club | 1998 | 81 | 154 | 0.424242424 | 2022 Richard Borden Memorial | 10/22/2022 |
| 119 | CAPADAY | Ben | 84.1 | CanAm Barbell Club | 1990 | 89 | 156 | 0.421621622 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 120 | DAVID | Paolo | 71.6 | Iron Alliance Athletic Centre | 2002 | 73 | 144 | 0.417391304 | 2022 Ontario Championships | 11/12/2022 |
| 121 | SMITH | Christopher | 78.6 | Toronto Weightlifting | 1960 | 81 | 148 | 0.407713499 | 2022 Ontario Masters | 4/23/2022 |
| 122 | TRILLIA | Leon | 68.3 | LIFT Barbell Club | 2000 | 73 | 140 | 0.405797101 | 2022 MEGALIFT | 8/10/2022 |
| 123 | RANCOURT | Éric | 69.7 | Sudbury Weightlifting Club | 2002 | 73 | 138 | 0.4 | 2022 Ray Hamilton Open | 10/8/2022 |
| 124 | HOANG | Peter | 94.5 | Battlefield Strength | 1997 | 96 | 157 | 0.399491094 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 125 | POSSAMAI | Lucas | 46 | Toronto Weightlifting | 2008 | 56 | 108 | 0.396694215 | 2022 Summber Fest | 8/13/2022 |
| 126 | CYRE | Garry | 78.9 | Durham Strength and Conditioning | 1968 | 81 | 139 | 0.38292011 | 2022 Ontario Masters | 4/23/2022 |
| 127 | TEMPELAAR | Martin | 53.65 | ON | 1961 | 55 | 101 | 0.381132075 | 2022 Canadian Masters Championships | 7/9/2022 |
| 128 | RANISAU | Jonathan | 80 | Power Academy | 1994 | 81 | 135 | 0.371900826 | 2022 Lift Summer Open | 8/20/2022 |
| 129 | DESROCHES | David | 102.9 | Sudbury Weightlifting Club | 1954 | 109 | 148 | 0.37 | 2022 Ontario Masters | 4/23/2022 |
| 130 | BAZILSKY | Connor | 60.86 | Ontario | 2002 | 61 | 110 | 0.367892977 | 2022 Canadian Junior Championships | 6/4/2022 |
| 131 | METHEREL | Douglas | 93.2 | Garden City Weightlifting | 1966 | 96 | 143 | 0.363867684 | 2022 Ontario Masters | 4/23/2022 |
| 132 | WAQUE | Liam | 78.4 | Chippewa SS | 2005 | 81 | 130 | 0.358126722 | 2022 Scholastics | 4/23/2022 |
| 133 | LIZOAIN | Marc | 96.7 | Varbanov School of Weightlifting | 1985 | 102 | 140 | 0.353535354 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 134 | LIU | Xiaohu (Justin) | 87 | LIFT Barbell Club | 1986 | 89 | 130 | 0.351351351 | 2022 MEGALIFT | 8/10/2022 |
| 135 | LI | Jiangtian | 77.4 | Toronto Weightlifting | 1991 | 81 | 127 | 0.349862259 | 2022 March Madness | 3/12/2022 |
| 136 | ROTH | Anderson | 52.1 | Power Academy | 2007 | 55 | 90 | 0.339622642 | 2022 MEGALIFT | 8/10/2022 |
| 137 | LEWIS | Gary | 100.8 | ON | 1961 | 102 | 133 | 0.335858586 | 2022 Canadian Masters Championships | 7/9/2022 |
| 138 | WESTERGAARD | Nathaniel | 93.9 | Variety Village Weightlifting Club | 2007 | 96 | 131 | 0.333333333 | 2022 Lift Summer Open | 8/20/2022 |
| 139 | MACLACHLAN | Joshua | 71.2 | Garage Gym Weightlifting | 2007 | 73 | 115 | 0.333333333 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 140 | MAY | Graeme | 49.8 | Maximus Barbell Club | 2008 | 55 | 87 | 0.328301887 | 2022 Richard Borden Memorial | 10/22/2022 |
| 141 | BOEKHORST | Alex | 64.9 | Garage Gym Weightlifting | 2004 | 67 | 104 | 0.320987654 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 142 | MANLEY | Jack | 53.6 | Victory Barbell Club | 2009 | 55 | 85 | 0.320754717 | 2022 Ray Hamilton Open | 10/8/2022 |
| 143 | RAYMOND | Carson | 83.9 | Garage Gym Weightlifting | 2007 | 89 | 116 | 0.313513514 | 2022 Variety Village Open | 3/19/2022 |
| 144 | DOSANJH | Amarjit | 84.3 | Dosanjh Sports, Arts & Cultural Club | 1961 | 89 | 115 | 0.310810811 | 2022 Ontario Masters | 4/23/2022 |
| 145 | DOUGLAS | Iain | 100.9 | Team MAC Weightlifting | 1949 | 102 | 122 | 0.308080808 | 2022 Ontario Masters | 4/23/2022 |
| 146 | GUPTA | Victor | 76.8 | Varbanov School of Weightlifting | 1973 | 81 | 109 | 0.300275482 | 2022 Burlington Autumn Classic | 9/25/2022 |
| 147 | HROUPA | Stepan | 62.85 | ON | 1956 | 67 | 92 | 0.283950617 | 2022 Canadian Masters Championships | 7/9/2022 |
| 148 | MASON-WETHERILL | Noah | 88.8 | LIFT Barbell Club | 2007 | 89 | 105 | 0.283783784 | 2022 Richard Borden Memorial | 10/22/2022 |
| 149 | CHRETIEN | Roland | 100.7 | ON | 1959 | 102 | 112 | 0.282828283 | 2022 Canadian Masters Championships | 7/9/2022 |
| 150 | HIBBARD | Vern | 77.6 | ON | 1952 | 81 | 98 | 0.269972452 | 2022 Canadian Masters Championships | 7/9/2022 |
| 151 | MUNRO | Jayce | 48.3 | Sudbury Weightlifting Club | 2011 | 56 | 67 | 0.246097337 | 2022 Ray Hamilton Open | 10/8/2022 |
| 152 | PIGDEN | Ryker | 37.3 | Victory Barbell Club | 2009 | 56 | 64 | 0.235078053 | 2022 Ray Hamilton Open | 10/8/2022 |
| 153 | MANLEY | Nick | 45 | Victory Barbell Club | 2012 | 56 | 43 | 0.157943067 | 2022 Ray Hamilton Open | 10/8/2022 |
| 154 | IZUMI | Marcello | 87.7 | Sudbury Weightlifting Club | 1996 | 89 | 0 | 0 | 2022 Winterlift | 3/26/2022 |
| 155 | MARANAN | Juan Paolo | 93 | Power Academy | 1995 | 96 | 0 | 0 | 2022 Winterlift | 3/26/2022 |
| 156 | YOUNG | Ko | 73 | Guest | 1991 | 73 | 0 | 0 | 2022 Scholastics | 4/23/2022 |

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| 157 | WALT | Cory | 63.6 | ON | 1972 | 67 | 0 | 0 | 2022 Canadian Masters Championships | 7/9/2022 |