

To:
PSOs, Athletes, Coaches

Date:
September 1, 2022

RE: Updates and Information

A. AGM Reminder and Expression of Interest for Board Positions

A reminder of our AGM which will be held virtually on September 24, 2022. Expressions of interest for 2 Board positions can be made prior to September 14, 2022 at the following link.

<https://www.research.net/r/7B28JQL> . Meeting details and reports will be sent at least one week in advance of the meeting.

B. Annual collection of registration information

PSOs are asked to provide their membership numbers for the past year. The following information is required by September 15, 2022:

- Number of athlete registrations during the previous 12 months (September 1, 2021 - August 31, 2022) – Please note this is different from number of active members – the intent is to capture all individuals that have registered with the organization in the past year as some memberships are based on calendar year and others are based on a 12 month period.
- Number of Technical Official registrations during the previous 12 months
- Number of Coach Registrations during the previous 12 months
- Age and Gender breakdown for each

C. North American Open

A reminder that the North American Open is scheduled for Calgary, AB on September 15-18th. Information regarding the event is available on USAW website. This is an AAP qualification event.

HELP WANTED: We are looking for teams to assist with loading – each team representing a club will be entered to win a new Eleiko competition bar. Please send your information to cwalker@cwfhc.ca

D. Eligible Coaches for International Competitions

The board has recently clarified its position on eligible coaches for international competitions. For international events to which WCH is sending a team (e.g., IWF World Championships, Pan American Championships, and Major Games), only coaches whom WCH has appointed to Team Canada will coach Team Canada athletes at the competition. As before, selected coaches must be members in good standing of a member PSO. In cases where Team Canada coaches are not available due to reasons beyond their control, such as illness or flight cancellations, WCH may rely upon a mutual support agreement with USA Weightlifting or other national federations to provide coaching to Team Canada athletes. WCH will update the Coach Selection Policy to reflect this clarification.

E. PSO Meeting

WCH recognizes the need to actively work with the provinces to answer questions and keep them informed of new developments. Joe Landreville has assumed the role of Director PSO relations. He will be supported by Augie Westhaver. WCH is inviting one member from Each PSO to participate in the inaugural PSO meeting on Sunday September 11, 2022 at 6:30 Mountain time.

The purpose of this meeting is to explore opportunities to interact with the provinces more regularly and establish a regular schedule. We will canvas ideas on ways to improve sharing of information. We will also seek to understand what the PSOs would like to see for an agenda at the future meetings. Please provide the name and email of the person that will represent your PSO to dfriesen@cwfhc.ca and jlandreville@cwfhc.ca prior to September 10, 2022.

F. International Competition Information

Youth Pan American Championships

The 2022 Youth Pan American Championships will take place in Guatemala City from November 19 to 26. The Pan-American Weightlifting Federation has not yet released the competition regulation, and we expect the usual delays in receiving it. We are therefore releasing this preliminary memorandum to help you prepare in advance of any deadlines that may become imminent. This memo provides qualification information as well as some additional information to help you prepare.

Please note, given the age of the athletes seeking to attend this competition a chaperone/team lead will be required. Protection of our athletes is a top priority for WCH. This may result in additional fees being charged to athletes to cover the costs. Our national team budget is not able to cover the costs of these individuals. Similarly, the cost for insurance will be shared amongst the team. In situations where parents are attending WCH may seek they volunteer assistance to act as chaperone to the team.

Qualification Standards

To qualify, athletes must achieve the following totals in competition:

Women

Category	40	45	49	55	59	64	71	76	81	81+
Youth	96	114	133	142	152	160	161	164	166	171

Men

Category	49	55	61	67	73	81	89	96	102	102+
Youth	152	184	203	225	227	233	244	267	247	265

Qualification Period

The qualification period for this event, is February 5, 2022 – October 5, 2022.



weightliftingcanada.ca

dfriesen@cwfhc.ca

Expressions of Interest

Expressions of interest are due no later than September 15, 2022

Please provide the following link to athletes to express interest in this competition

<https://www.research.net/r/BSWV3PZ>

The following QR code can also be used



Whereabouts

All athletes who wish to participate must file Whereabouts for the period running from September 19, 2022 through to November 23, 2022 (inclusive) to be eligible for selection to Team Canada.

Athletes who file Whereabouts after September 19 will not be considered for selection. Athletes who are not yet registered in ADAMS should contact Nick Pilon at the CCES (npilon@cces.ca) to begin that process.

