

Name : **LIFT Summer Open**  
 Site : LIFT Fitness and Performance  
 Date : 2022-08-20

City : Guelph, ON  
 Organizer : Trevor Cottrell

## Start List

Lot	Last Name	First Name		Born	Cat.	Entry Total
<b>Group F1</b> Weigh-in Time: 2022-08-20 08:00 Start Time: 2022-08-20 10:00						
1	41	May	Jahala	Maximus Barbell Club	2011-07-01	F 49 78
2	9	Chandonnet	Abigail	United Counties Weightlifting Club	1994-05-30	F 55 136
3	11	Parsons	Chloe	Adamantium Weightlifting	2006-12-09	F 59 129
4	13	Evans	Bronwyn	Sabaria Weightlifting Club	1996-01-29	F 59 148
5	16	Parsons	Kristin	Adamantium Weightlifting	1980-08-23	F 64 130
6	37	McCardle	Lindsay	JustLift	1983-05-03	F 64 164
7	39	Winger	Jennifer	Radix Barbell	1993-02-19	F 64 146
<b>Group M1</b> Weigh-in Time: 2022-08-20 09:45 Start Time: 2022-08-20 11:45						
1	12	May	Graeme	Maximus Barbell Club	2008-11-23	M 55 68
2	14	Edgson	Asher	Variety Village Weightlifting Club	2008-01-02	M 67 150
3	40	Sharaf Eldin	Feras	Variety Village Weightlifting Club	2003-08-25	M 67 241
4	32	Evanyshn	Ian	Optimal Performance	1995-03-19	M 73 158
5	42	Wu	Tianhao	646 Weightlifting Club	1992-12-09	M 73 225
6	19	Collins	Kurtis	JustLift	1997-10-07	M 81 239
7	20	Beaumont	Keenan	Sabaria Weightlifting Club	1994-02-20	M 81 248
8	29	Ranisau	Jonathan	Power Academy	1994-09-24	M 81 142
9	36	Shaw	Donald	CanAm Barbell Club	1996-05-24	M 81 207
10	38	Killoran	Brady	United Counties Weightlifting Club	2006-05-21	M 81 163
11	45	Munro	Nicolas	JustLift	1998-07-02	M 81 281
<b>Group F2</b> Weigh-in Time: 2022-08-20 11:30 Start Time: 2022-08-20 13:30						
1	7	Korman	Ashley	646 Weightlifting Club	1983-09-19	F 71 149
2	28	Hall	Erica	Power Academy	1971-09-02	F 71 85
3	31	Abusow	Danielle	1855 Barbell Club	1994-01-12	F 71 177
4	35	Karagounis	Cassandra	Variety Village Weightlifting Club	2007-09-21	F 71 135
5	18	Fagan	Steph	Power Academy	1990-11-29	F 76 -
6	25	Mills	Katie	Power Academy	2003-03-03	F 76 145
7	1	Quaile	Christina	JustLift	1980-04-17	F 81 111
8	8	Hayes	Kara	Power Academy	1997-06-10	F 81 123
9	17	Kozorezova	Nancy	JustLift	1994-06-20	F 81 130
10	23	Carlyle	Katie	Power Academy	1997-02-06	F 81 114
11	33	Haripersad	Samantha	Optimal Performance	1996-03-29	F 81 80
12	3	Ryan	Julia	JustLift	1990-01-10	F 87 180
13	6	Coulombe	Myriam	La Machine Rouge (QC)	1994-08-04	F 87 148
<b>Group M2</b> Weigh-in Time: 2022-08-20 14:00 Start Time: 2022-08-20 16:00						
1	10	Labadie	Colin	Power Academy	1984-04-14	M 89 161
2	15	Sritharan	Janujan	Variety Village Weightlifting	1999-07-27	M 89 225
3	21	Williams	Randy	CanAm Barbell Club	1991-02-11	M 89 235
4	22	Karagounis	Theo	Variety Village Weightlifting Club	2006-03-11	M 89 174
5	34	Baker	Andrew	United Counties Weightlifting Club	2003-05-15	M 89 155
6	4	Westergaard	Nathaniel	Variety Village Weightlifting Club	2007-07-13	M 96 133
7	5	Banzon	Alfonso	646 Weightlifting Club	1991-04-14	M 96 218
8	26	Johnson	James	646 Weightlifting Club	1981-01-12	M 96 250
9	30	Maranan	Juan	Power Academy	1995-04-22	M 96 220
10	44	Kroetsch	Kaleb	Power Academy	1996-09-27	M 96 227
11	43	Adams	Mark	JustLift	1993-06-28	M 102 230
12	2	Badreldin	Mohamedelamin	CanAm Barbell Club	1989-11-22	M 109 260
13	24	Koo	Nicholas	JustLift	1993-08-14	M 109 245