



Feb 15, 2024

Dear PSOs, Athletes, and Coaches:

Re: 2024 IWF World Youth Championships – Lima

On behalf of WCH, we are pleased to provide you with this memorandum concerning the 2024 IWF World Youth Championships taking place in Lima, Peru from May 22-26, 2024 (the "Competition"). The IWF competition regulations can be found here: https://iwf.sport/wp-content/uploads/downloads/2024/01/2024-IWF-WYC_Lima-PER_Regulations_FINAL.pdf This memo provides important information to help you prepare for the Competition.

1. QUALIFICATION STANDARDS

The IWF World Youth Championships count as an International Elite event under the WCH Qualification Standards, as set out below. The team is limited to those athletes who submit their expressions of interest by deadline and meet the Qualification Standard for their respective weight categories. WCH can enter no more than 2 athletes in any given weight category, and all athletes must be up to date with their ADAMS Whereabouts submissions. WCH will announce the Final Team Selection on **April 1, 2024**.

Women

	40	45	49	55	59	64	71	76	81	+81
Total	115	127	137	148	156	164	173	180	186	191

Men

	49	55	61	67	73	81	89	96	102	+102
Total	181	198	214	228	241	256	268	278	286	293

The standards are from the 2023-2024 marker system in effect from July 1, 2023.

2. QUALIFICATION EVENTS

WCH approved the following events to serve as qualifiers for the 2024 IWF World Youth Championships based on the recommendation of the High-Performance Committee:

- a. 2023 Ontario Youth and Junior Provincial Championships (December)
- b. 2024 Provincial Championships (Jan – March)

- c. 2024 Quebec Classique (March 23)
- d. 2024 Atlantic Cup (March 23)

3. EXPRESSIONS OF INTEREST

Participation in this event as an athlete is restricted to those athletes who submit their expression of interest by 4pm on February 22, 2024 and pay the \$100 non-refundable administration fee prior to the deadline.

Coaches who are interested in participating in this event are encouraged to submit an expression of interest as soon as possible, but in no event later than **February 22, 2024**. To be eligible to participate in this event, coaches must meet the requirements of the WCH Screening Policy by completing a background check and submitting it to WCH.

4. CONFIRMATION OF PARTICIPATION

If you are withdrawing from the Competition, whether as an athlete, coach, or support personnel, please notify the High-Performance Manager (mread@cwfhc.ca) as soon as possible so that we can finalize the team by **April 15, 2024** deadline for Final Payment to the Local Organizing Committee (LOC).

5. WHEREABOUTS

Article 5.5.16 of the IWF Anti-Doping Rules and Regulations requires that all athletes who wish to participate file Whereabouts for the entire 3-month period prior to the start of the competition (i.e., **February 22, 2024**) through to the final date of the competition (inclusive) to be eligible for selection to Team Canada. Athletes who have not filed Whereabouts by the deadline set by the IWF may not be eligible to participate.

6. PAYMENT OF FEES

Registration, accommodation (minimum 4 nights), anti-doping, and visa fees for athletes and team support personnel must be paid by e-transfer to treasurer@cwfhc.ca no later than **April 15, 2024**.

When paying by e-transfer in Canadian dollars, the exchange rate will be provided on the invoice and based on the date the money is being transferred to the Local Organizing Committee.

7. FUNDING FOR COACHES AND ATHLETES: to be determined after confirmation of Sport Canada funding for 2024/25

- (a) **Athletes:** To be determined.
- (b) **Coaches:** Selection of funded coaches for Team Canada will take place in accordance with the WCH Coach Selection Policy.
- (c) **Team Leader: Funding TBD** The Team Leader is expected to arrive with or before the first group of athletes and coaches and remain with the team until the last Team Member leaves the Competition. Selection of a Team Leader will be in accordance with the WCH Team Leader Selection Policy.

8. TRAVEL TO Lima, Peru

- (a) **Arrival and Transfer:** Participants must book their flights from Canada to Jorge Chavez International Airport (GDL). The Competition Organizing Committee will provide transportation from GDL to the designated hotel.
***Athletes, coaches, and team leader are encouraged to travel together whenever possible. WCH strongly encourages participants to book their travel through our travel partner ATPI by contacting Ema Ionescu (Ema.Ionescu@atpi.com).**

Team travel arrangements must be finalized no later than April 15, 2024.

- (b) **Passport:** Your passport expiry date must be no less than 6 months from the final date of your stay in Peru. If your passport expires on or before **November 26, 2024**, we recommend you apply for a new passport immediately. Participants who arrive with passports expiring on or before **November 26 2024** may be denied entry into the country.
- (c) **Insurance: The IWF requires** Weightlifting Canada to purchase sport accident insurance covering all sport injury risk for members of Team Canada at the Competition. WCH will therefore apply a surcharge of \$40 / person to offset that expense. All participants are responsible for obtaining their own travel medical (non-sport accident) for this event. Your provincial health care plan is unlikely to cover most or any medical expenses you incur while in Peru.

9. ANTI-DOPING

- (a) **IWF Policy.** The Competition is subject to the IWF Anti-Doping Policy, a copy of which is available for download on the IWF website: www.iwf.net

Under Section 7.4 of the IWF Anti-Doping Policy, all athletes participating in continental championship events must be registered in ADAMS and have submitted their Whereabouts for the full **90-day period** prior to the start of the Competition through the end of the Competition. Athletes who file their Whereabouts late may be considered ineligible to compete by the IWF. If you have any questions about filing Whereabouts, please contact Mr. Joe Landreville (jlandreville@cwfhc.ca).

- (b) **Athletes**

All athletes and team support personnel are required to complete the **WADA ADeL Online Course for Athletes** before the Competition. This course replaces the previous IWF ILiftClean platform that some team members are familiar with.

The course can be found at the following link: <https://adel.wada-ama.org/>

As was the case with the previous IWF ILiftClean platform, Athletes and team support personnel (coaches, team leaders, doctors, etc.) shall register at the site, watch the videos, and successfully complete the quiz at the end to receive the certificate.

If you have any problem with the registration process, please contact WADA at adel@wada-ama.org and the IWF at education@iwfnet.net.

10. RESPECT IN SPORT CERTIFICATION

In compliance with new Sport Canada regulations, all coaches, team support personnel, *and athletes* are required to complete Respect in Sport or equivalent certification prior to

the Competition. If you have previously completed this training, you do not need to complete it again. The cost of the course is approximately \$35.

11. CONDUCT & SAFETY

(a) All athletes, coaches, team leader(s), and other support personnel are required to adhere to the WCH Code of Conduct and related policies at all times.

(b) As noted above, the safety and security situation in Peru is variable, and as in all countries it is subject to change no matter what part of the country you are in. Just as you need to be aware of your surroundings and personal safety when out and about in your home country, you need to exercise discretion and act responsibly in Lima. We strongly recommend that you familiarize yourself with the security situation and local customs before the Competition and follow team guidelines at all times.

12. TEAM CANADA AGREEMENT

WCH requires all Team Members to sign an WCH Team Canada Agreement and the consent form for the Office of the Sport Integrity Commissioner as a condition of participation in the event. WCH will notify prospective team members who have not yet executed these documents when they are ready.

13. READINESS TO COMPETE

Once an athlete has been named and has accepted a spot on Team Canada, they must demonstrate their readiness to compete 4 weeks prior to the competition. Athletes will be required to send videos (with proof of date) of the snatch and clean and jerk demonstrating they are able to make at least 90% of their qualifying total for the competition. Should an athlete fail to meet this criterion, they will be removed from the team and any costs borne by WCH with respect to competition fees, will be the responsibility of the athlete to repay. Please send videos to the High-performance Manager (mread@cwfhc.ca) between April 15-30, 2024.

<https://weightliftingcanada.ca/wp-content/uploads/2023/02/Selection-Procedures-2023-V1.1-9-Feb-2023.pdf>