



Name : **2023 Canadian Senior Weightlifting Championships**

Site : 3701 Danforth Ave, Scarborough

Date : 2023-05-19

City : Toronto

Organizer : OWA, Variety Village Weightlifting Club

Technical Meeting: 5/18/23 7:00 PM
Variety Village

Opening Ceremonies 5/19/23 12:00 PM
Variety Village

Start List

Lot	Last Name	First Name	Team	Born	Cat.	Entry Total
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Group M1			Weigh-in Time: 2023-05-19 11:00		Start Time: 2023-05-19 13:00	
1	20	LANOUE	Antonin	Québec	2005	M 55 205
2	129	SIMARD	Youri	Québec	2001	M 61 260
3	31	ROSE	Jean-Frédéric	Québec	1999	M 67 236
4	33	CRUZ	Jet	Ontario	1994	M 67 234
5	75	SHARAF ELDIN	Feras	Ontario	2003	M 67 257
6	89	XU	Cheng	Ontario	1990	M 67 228
7	120	COUTURE	Benjamin	Québec	2004	M 67 227
8	3	CACHIA	Damien	Alberta	1994	M 73 242
9	6	TAYLOR	Kody	Ontario	1991	M 73 242
10	77	HOOPER	Nicholas	British Columbia	2002	M 73 239

Group F1			Weigh-in Time: 2023-05-19 13:00		Start Time: 2023-05-19 15:00	
1	29	KAMINSKI	Hannah	Québec	1994	F 49 162
2	49	BRADDOCK	Amanda	Ontario	1989	F 49 172
3	108	ISMAGUILOVA	Alina	British Columbia	1994	F 49 152
4	137	LACROIX	Geneviève	Québec	1995	F 49 138
5	146	YOUNG	Anne-Marie	Saskatchewan	1986	F 49 142
6	35	JOHNSON	Haylee	Alberta	1998	F 55 183
7	56	GALLANT	Josée	Nova Scotia	1992	F 55 190
8	85	ANDRAS	Maria-Elena	Québec	2006	F 55 162
9	92	HARVEY	Rose	Québec	1995	F 55 185
10	102	MOLNAR	Leila	Québec	1992	F 55 152
11	122	GENDRON	Marie-Pier	Québec	2000	F 55 168
12	148	SERGENESE	Abigail	Ontario	1994	F 55 150

Group M2				Weigh-in Time: 2023-05-19 15:15		Start Time: 2023-05-19 17:15	
1	14	LIAO	Yi-Hsuan Andy	British Columbia	1993	M 73	264
2	19	DUROCHER	Louis	Québec	2004	M 73	272
3	64	NAVARRO	Deion	Alberta	1993	M 73	256
4	68	NARDI	John	Ontario	2000	M 73	244
5	71	CHUI	Jonathan	Alberta	1998	M 73	261
6	84	LEE	Jiwon	Ontario	1994	M 73	245
7	96	JOLICOEUR	Étienne	Québec	2006	M 73	248
8	98	RACHIDI	Ismail	Québec	1998	M 73	250
9	100	DARSIGNY	Matt	Québec	2001	M 73	290
10	109	WHITEMAN	James	Nova Scotia	1994	M 73	274
11	128	VACHON	Nicolas	Québec	1996	M 73	294
12	149	DARSIGNY	Shad	Québec	2003	M 73	303

Group F2				Weigh-in Time: 2023-05-20 07:00		Start Time: 2023-05-20 09:00	
1	10	KAPSA	Valérie	Québec	2000	F 59	163
2	13	BARRETTE	Cynthia	Québec	1997	F 59	168
3	15	SHEPARD	Kayla	British Columbia	1998	F 59	189
4	24	LUER	Grace	Nova Scotia	2001	F 59	163
5	34	SIMONEAU	Charlotte	Québec	2005	F 59	190
6	44	CAMERON	Georgia	British Columbia	2001	F 59	169
7	55	MCGREGOR	Taylor	New Brunswick	1994	F 59	162
8	66	BESPALOVA	Polina	Alberta	2000	F 59	188
9	82	TASHEREAU	Ann-Sophie	Québec	2002	F 59	177
10	131	WRIGHT	Katrina	Ontario	1995	F 59	162
11	150	GULA	Hannah	Ontario	1998	F 59	180
12	159	ATHANS	Zoe	British Columbia	1994	F 59	176

Group M3				Weigh-in Time: 2023-05-20 09:15		Start Time: 2023-05-20 11:15	
1	18	BEAUMONT	Keenan	Ontario	1994	M 81	260
2	23	ABIAN	Kristian	British Columbia	1994	M 81	263
3	43	STEEVES	Cody	New Brunswick	1995	M 81	263
4	51	SITU	Tony	British Columbia	1998	M 81	261
5	79	HUOT	Maxime	Québec	1986	M 81	260
6	88	GUERTIN	Samuel	Québec	2000	M 81	319
7	91	PATAULT	Quentin	Ontario	1992	M 81	285
8	112	MELEMENIS	Chris	Alberta	1989	M 81	259
9	114	QUACH	Eric	Ontario	1993	M 81	270
10	121	MUNRO	Nicolas	Ontario	1998	M 81	280
11	124	LONGO	Frank	Ontario	1984	M 81	272

12	136	VOWLES	Devin	British Columbia	1998	M 81	257
13	153	GERCHIKOV	Maxim	Alberta	1988	M 81	255

Group F3				Weigh-in Time: 2023-05-20 11:30		Start Time: 2023-05-20 13:30	
1	22	BOURQUE	Ly-Anne	Québec	1997	F 64	182
2	48	SIEMENS	Rachel	British Columbia	1989	F 64	192
3	50	WEINKAUF	Chelsea	British Columbia	1995	F 64	168
4	60	KNOWLTON	Monica	Ontario	1998	F 64	196
5	70	CHARRON	Maude	Québec	1993	F 64	225
6	83	DARSIGNY	Tali	Québec	1998	F 64	191
7	94	YIP	Francise	Alberta	1994	F 64	182
8	99	YANGUI	Nadia	Alberta	1992	F 64	198
9	104	LIN	Melissa	British Columbia	2002	F 64	194
10	133	BILODEAU	Roxanne	Québec	2000	F 64	173
11	69	KOMPA	Hallie	British Columbia	2001	F 71	168

Group M4				Weigh-in Time: 2023-05-20 13:15		Start Time: 2023-05-20 15:15	
1	21	TAM	Jordan	Ontario	1994	M 89	265
2	27	SATHER	Brett	Saskatchewan	2000	M 89	262
3	53	KWOK	Owen	British Columbia	2000	M 89	254
4	54	WENTZELL	Jordan	Nova Scotia	1995	M 89	270
5	57	MEIER	Joel	British Columbia	1998	M 89	265
6	63	FERGUSON	Alexander	British Columbia	1991	M 89	270
7	116	NASH	Jack	Saskatchewan	1998	M 89	264
8	117	MOSHER	Anthony	Nova Scotia	2000	M 89	259
9	125	MACKAY	Bryan	Nova Scotia	1988	M 89	259

Group F4				Weigh-in Time: 2023-05-20 15:00		Start Time: 2023-05-20 17:00	
1	30	HARDING	Kennedy	Ontario	1995	F 71	189
2	41	MCMONAGLE	Gina	Alberta	2000	F 71	190
3	52	RICHARD	Mélodie	Québec	1993	F 71	178
4	58	KO	Sharon	British Columbia	1984	F 71	173
5	81	ABUSOW	Danielle	Ontario	1994	F 71	176
6	86	BHABRA	Amreesa	British Columbia	2001	F 71	184
7	90	LAMARRE	Andreann	Québec	1996	F 71	192
8	105	MARASHI	Maryam	Ontario	1996	F 71	181
9	107	APOSTOLERIS	Megan	Nova Scotia	1981	F 71	180
10	141	SCOLLARD	Cailin	Alberta	1997	F 71	174
11	152	GOH	Cassandra	British Columbia	1995	F 71	188
12	158	SANTAVY	Alana	Ontario	2003	F 71	189

Group M5				Weigh-in Time: 2023-05-20 17:00		Start Time: 2023-05-20 19:00	
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1	2	DAGENAIS	Gabriel	Québec	1997	M 89	328
2	46	GRAVEL	Étienne	Québec	1999	M 89	293
3	59	URQUHART	Colin	Alberta	1994	M 89	276
4	73	BELLEMARRE	Alex	Québec	1998	M 89	358
5	78	GRAVEL	Charles	Québec	1999	M 89	273
6	80	BOISCLAIR	Jérôme	Québec	1991	M 89	270
7	138	DION	Lenny	Québec	1990	M 89	288
8	147	JOHN HUNTER	Wyatt	British Columbia	1999	M 89	312

Group F5	Weigh-in Time: 2023-05-21 07:00				Start Time: 2023-05-21 09:00		
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1	17	TRUPP	Megan	Ontario	2000	F 71	216
2	87	KOHLMAN	Shandler	Alberta	1995	F 71	196
3	97	WALL	Thea	Nova Scotia	1995	F 71	192
4	111	LUSIGNAN	Naomie	Ontario	2005	F 71	194
5	127	FRANKLIN	Jessica	Ontario	1992	F 71	205
6	37	BILLEN	Jeenat	British Columbia	2001	F 76	178
7	67	STEVENS-PAQUETTE	Ambroise	Ontario	2004	F 76	174
8	115	THOMPSON	Amanda	Nova Scotia	1989	F 76	177
9	132	PHAN	Sandy	British Columbia	1998	F 76	179
10	155	BEAUDOIN	Rose	Québec	2006	F 76	177

Group M6	Weigh-in Time: 2023-05-21 08:45				Start Time: 2023-05-21 10:45		
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1	8	MELNYK	Kalin	Alberta	1905	M 96	290
2	47	BARDIER	Maxime	Québec	1997	M 96	300
3	61	LEBRUN	Maxime	Québec	1995	M 96	305
4	72	LUCK	Mitchell	British Columbia	1996	M 96	276
5	74	CASA	Gilles	Québec	1997	M 96	276
6	93	SEVERO	Jaxon	Alberta	2005	M 96	292
7	101	PRETTY	Andrew	Alberta	1992	M 96	315
8	103	LUSIGNAN	Xavier	Ontario	2003	M 96	336
9	139	SANTAVY	Boady	Ontario	1997	M 96	325
10	142	DUBUC	Jocelyn	Québec	1996	M 96	292
11	42	MOORMAN	Spencer	Ontario	1991	M 102	337
12	65	BESSETTE	Pierre-Alexandre	Québec	1999	M 102	337
13	118	MACDONALD	Liam	Ontario	1996	M 102	278
14	130	SANTAVY	Noah	Ontario	1998	M 102	341
15	143	CATHCART-MCKINNON	Aaron	Alberta	1997	M 102	312
16	145	DONOVAN	Dale	Saskatchewan	1991	M 102	308

Group F6	Weigh-in Time: 2023-05-21 11:15				Start Time: 2023-05-21 13:15		
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1	16	PAINCHAUD	Laura	Québec	1994	F 76	182
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2	26	CHUTE	Emily	Ontario	2000	F 76	186
3	32	CARRUTHERS	Laura	Saskatchewan	2000	F 76	182
4	45	KUSCHMIERZ	Laura	Alberta	1992	F 76	182
5	134	GOUPIL	Catherine	Québec	2004	F 76	180
6	156	BEDWARD	Shania	Ontario	1996	F 76	229
7	9	FARRELL	Cara	British Columbia	1991	F 81	180
8	11	CERNA	Natalie	Ontario	2006	F 81	185
9	39	SALVAIL	Fanny	Québec	1994	F 81	180
10	62	DUMAS	Rosalie	Québec	1992	F 81	235
11	106	NGARLEM	Kristel	Québec	1995	F 81	231
12	140	MILLS	katie	Ontario	2003	F 81	178

Group F7

Weigh-in Time: 2023-05-21 13:15

Start Time: 2023-05-21 15:15

1	1	MCDADE	Angela	Saskatchewan	1991	F 87	191
2	5	WILLING	Tasha	British Columbia	1998	F 87	203
3	7	LAYLOR	Maya	Ontario	1995	F 87	238
4	12	RYAN	Julia	Ontario	1990	F 87	203
5	25	DEMONT	Isobel	Nova Scotia	1995	F 87	179
6	38	DANIS	Skyller	Ontario	1997	F 87	181
7	95	GRANT	Naza	Ontario	2006	F 87	180
8	160	MESSIER	Andréanne	Québec	1999	F 87	222
9	76	BILLEN	Angel	British Columbia	2007	F >87	209
10	144	MICHAUD	Anaïs	Québec	2001	F >87	198
11	157	FRIESEN	Emma	Québec	2002	F >87	245

Group M7

Weigh-in Time: 2023-05-21 15:15

Start Time: 2023-05-21 17:15

1	28	GRIEVE	Thomas	British Columbia	1995	M 109	290
2	36	WEN	Stephen	Ontario	1996	M 109	280
3	113	SARRAZIN	Jonathan	Québec	1995	M 109	330
4	119	KOO	Nicholas	Ontario	1993	M 109	281
5	123	MEIDL	Ryan	Alberta	1987	M 109	320
6	135	BOILEAU	Patrick	Ontario	1994	M 109	316
7	154	POSYLUZNY	Joshua	Alberta	1993	M 109	292
8	4	VON MUEHLDOERFER	Max	Alberta	2003	M >109	328
9	110	BARON-MORASSE	Robin	Québec	1996	M >109	310
10	126	MARTIN	Hugo	Québec	1998	M >109	327
11	151	EVERETT	Quinn	Nova Scotia	1992	M >109	356