

Name : 2024 Ontario Senior Championships
 Site : Variety Village
 Date : 2024-11-08

City : Toronto, ON
 Organizer : Abdallah Alsebaai



Startlist V1

Please Note: If a weight category is divided across two sessions, lifters will not be permitted to switch sessions. Refunds will be granted upon request until Friday, November 1st.

Lot	Last Name	First Name	Team	Born	Cat.	Entry Total	
Session M1			Weigh-in Time: 2024-11-08 16:30	Start Time: 2024-11-08 18:30			
1	64	Alsebaai	Yahea	Variety Village Weightlifting Club	2010	M 55	180
2	9	Kaenthongrath	Tyler	Power Academy	1998	M 67	215
3	40	Li	Gerald	Headwaters Strength and Conditioning	1987	M 67	213
4	69	Smith	Ken	Driven Barbell Club	1982	M 67	203
5	14	Sharaf	Feras	Variety Village Weightlifting Club	2003	M 73	275
6	32	West	Jerimiah	Goodlife Barbell	1990	M 73	225
7	42	Cruz	Jet	LBC	1994	M 73	230
8	4	Watson	Declan	Burlington Barbell Club	2007	M 81	245
9	22	Ho	Phil	CanAm Barbell Club	1992	M 81	232
10	39	Shaw	Donald	CanAm Barbell Club	1996	M 81	229
11	49	Gonzalia	Anner	Power Academy	1993	M 81	233
12	50	Pugliese	Peter	Power Academy	1997	M 81	245
13	67	Ting	Tommy	646 Weightlifting Club	1989	M 81	228
14	68	Beaumont	Keenan	SABARIA WEIGHTLIFTING CLUB	1994	M 81	247
15	71	Sanchez	Santiago	Landmark x JustLift	2005	M 81	240
Session F1			Weigh-in Time: 2024-11-09 07:00	Start Time: 2024-11-09 09:00			
1	38	van Uft	Aurora	CanAm Barbell Club	2013	W 45	123
2	7	Diaz	Larissa	LPS Athletic	1993	W 49	120
3	16	Sergenev	Abigail	United Counties Weightlifting Club	1994	W 55	140
4	65	Braddock	Amanda	Eastern Bloc Barbell Club, Mind's Eye Weightlifting	1989	W 55	135
5	6	Bruce	Ashley	Landmark x JustLift	2000	W 59	141
6	12	Gula	Hannah	LPS Athletic	1998	W 59	186
7	17	Wright	Katrina	Landmark x JustLift	1995	W 59	184
8	27	Robinson	Marlowe	Garage Gym Weightlifting	2005	W 59	142
9	58	Ogasawara	Hana	CanAm Barbell Club	1997	W 59	146
10	59	Koh	Kayla	LPS Athletic	1991	W 59	145
11	26	Wedge	Kaylee	Kapuskasing Weightlifting Club	1994	W 64	168
Session M2			Weigh-in Time: 2024-11-09 09:00	Start Time: 2024-11-09 11:00			
1	19	Quach	Eric	Burlington Barbell Club, Power Academy	1993	M 81	273
2	41	Koberinski	Adam	Integrity Barbell Collective	1992	M 81	263
3	54	Nardi	John	LPS Athletic	2000	M 81	260
4	55	Moscuzza	Matthew	LPS Athletic	2003	M 81	270
5	5	Lemieux	Patrick	Cobourg Athletic Club	1991	M 89	270
6	28	Santos	Justin	Lions Den Weightlifting	1993	M 89	290
7	37	Collins	Kurtis	Landmark x JustLift	1997	M 89	247
8	46	Niedda	Andrea	646 Weightlifting Club	1997	M 89	271
9	53	Loke	Juan Yi (Johnny)	Lions Den Weightlifting	2000	M 89	240
10	56	Munro	Nicolas	Landmark x JustLift	1998	M 89	296
11	63	Tam	Jordan	Variety Village Weightlifting Club	1994	M 89	270
Session F2			Weigh-in Time: 2024-11-09 11:00	Start Time: 2024-11-09 13:00			
1	11	Chan	Hellen	Variety Village Weightlifting Club	1996	W 64	151
2	15	Dadzie	Stephanie	CanAm Barbell Club	1997	W 64	161
3	34	Featherstone	Emily	CanAm Barbell Club	1994	W 64	146
4	47	Lilly	Karrissa	Integrity Barbell Collective	2000	W 64	147
5	57	Knowlton	Monica	Burlington Barbell Club	1998	W 64	203
6	8	Bernardo	Samantha	Variety Village Weightlifting Club	2001	W 71	166
7	20	Conteduca	Melissa	Landmark x JustLift	1986	W 71	163
8	21	Stuart	Sophie	CanAm Barbell Club	2000	W 71	178
9	23	Kang	Charlene	Headwaters Strength and Conditioning	1988	W 71	154

10	25	McInnis	Laura	LBC	1994	W 71	170
11	36	Abusow	Danielle	Landmark x JustLift	1994	W 71	193
12	60	Nemeth	Amanda	CanAm Barbell Club	1984	W 71	164
13	66	Harding	Kennedy	LPS Athletic	1995	W 71	184

Session M3 Weigh-in Time: 2024-11-09 13:15 Start Time: 2024-11-09 15:15

1	3	Baker	Andrew	United Counties Weightlifting Club	2003	M 96	257
2	13	Tamurov	Dmytrii	LBC	2005	M 96	290
3	18	Paton	Adam	Third Pull Weightlifting	1998	M 96	255
4	43	Santavy	Noah	Santavy Weightlifting	1998	M 96	340
5	51	Levine	Jackson	Toronto Weightlifting	2000	M 96	254
6	52	Westerman	Dayton	Lions Den Weightlifting	1997	M 96	264
7	35	Badreldin	Mohamedelamin	CanAm Barbell Club	1989	M 102	270
8	48	Boileau	Patrick	Burlington Barbell Club	1994	M 109	300
9	1	Wen	Stephen	646 Weightlifting Club	1996	M >109	301

Session F3 Weigh-in Time: 2024-11-09 14:50 Start Time: 2024-11-09 16:50

1	2	Berube	Mel	Kapuskasing Weightlifting Club	1999	W 76	168
2	10	Wallace	Alexandria	Norsemen and Valkyries Weightlifting Club	1995	W 76	162
3	24	Marashi	Maryam	Canuck Barbell Club	1996	W 76	175
4	61	mills	katie	Power Academy	2003	W 76	195
5	62	Bedward	Shania	CanAm Barbell Club	1996	W 76	220
6	29	Chapman	Kathryn	LBC	2003	W 81	175
7	44	Alderdice	Taylor	North Shore Barbell	1997	W 81	170
8	31	Ryan	Julia	Landmark x JustLift	1990	W 87	192
9	45	Grant	Naza	Kapuskasing Weightlifting Club	2006	W 87	198
10	70	Crowe	Sydney	Lions Den Weightlifting	1996	W 87	171
11	30	Griffiths	Vanessa	CanAm Barbell Club	1992	W >87	185
12	33	Page	Michelle	Burlington Barbell Club	1987	W >87	187