



Ontario Weightlifting Association

Provincial Records

JUVENILE (15 & under) -- WOMEN

Records since January 1, 2011

Group	Category	Event	Name		YOB	Club	Weight (kg)	Date	Competition
WJUUVI	40 kg	Snatch	van Ulft	Aurora	2013	SBB	45	17-Dec-2022	JOC
WJUUVI	40 kg	Clean&Jerk	van Ulft	Aurora	2013	SBB	62	17-Dec-2022	JOC
WJUUVI	40 kg	Total	van Ulft	Aurora	2013	SBB	107	17-Dec-2022	JOC
WJUUVI	45 kg	Snatch	ROMANY	Kezia	2001	MW	46	21-Mar-2015	BJO
WJUUVI	45 kg	Clean&Jerk	ROMANY	Kezia	2001	MW	60	21-Mar-2015	BJO
WJUUVI	45 kg	Total	ROMANY	Kezia	2001	MW	106	21-Mar-2015	BJO
WJUUVI	49 kg	Snatch	VIRTUE	Maleeka	2004	UC	58	15-Jun-2019	YH
WJUUVI	49 kg	Clean&Jerk	ROMANY	Kezia	2001	MW	73	20-May-2016	CSC
WJUUVI	49 kg	Total	ROMANY	Kezia	2001	MW	127	05-Dec-2015	JOC
WJUUVI	55 kg	Snatch	ROMANY	Kezia	2001	MW	60	22-Oct-2016	HO
WJUUVI	55 kg	Clean&Jerk	ROMANY	Kezia	2001	MW	83	22-Oct-2016	HO
WJUUVI	55 kg	Total	ROMANY	Kezia	2001	MW	143	22-Oct-2016	HO
WJUUVI	59 kg	Snatch	SANTAVY	Alana	2003	SW	71	19-May-2018	CSC
WJUUVI	59 kg	Clean&Jerk	SANTAVY	Alana	2003	SW	88	24-Mar-2018	OC
WJUUVI	59 kg	Total	SANTAVY	Alana	2003	SW	156	19-May-2018	CSC
WJUUVI	64 kg	Snatch	SANTAVY	Alana	2003	SW	73	01-Dec-2018	JOC
WJUUVI	64 kg	Clean&Jerk	SANTAVY	Alana	2003	SW	91	01-Dec-2018	JOC
WJUUVI	64 kg	Total	SANTAVY	Alana	2003	SW	164	01-Dec-2018	JOC
WJUUVI	71 kg	Snatch	LUSIGNAN	Naomie	2005	KHPN	69	28-Feb-2020	OWG
WJUUVI	71 kg	Clean&Jerk	LUSIGNAN	Naomie	2005	KHPN	84	28-Feb-2020	OWG
WJUUVI	71 kg	Total	LUSIGNAN	Naomie	2005	KHPN	153	28-Feb-2020	OWG
WJUUVI	76 kg	Snatch					66		
WJUUVI	76 kg	Clean&Jerk	Cerna	Natalie	2006	TW	84	04-Dec-2021	JOC
WJUUVI	76 kg	Total	Cerna	Natalie	2006	TW	148	04-Dec-2021	JOC
WJUUVI	81 kg	Snatch					67		
WJUUVI	81 kg	Clean&Jerk	Grant	Naza	2006	KWC	81	04-Dec-2021	JOC
WJUUVI	81 kg	Total	Grant	Naza	2006	KWC	148	04-Dec-2021	JOC
WJUUVI	81+ kg	Snatch	MCGILLIS	Kelly	1996	SOW	70	03-Dec-2011	JOC
WJUUVI	81+ kg	Clean&Jerk	WALKER	Addison	2001	VBC	83	12-Aug-2016	OSG
WJUUVI	81+ kg	Total	MCGILLIS	Kelly	1996	SOW	152	03-Dec-2011	JOC



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Provincial Records

YOUTH (17 & under) -- WOMEN

Records since January 1, 2011

Group	Category	Event	Name		YOB	Club	Weight (kg)	Date	Competition
WYOUTH	40 kg	Snatch	van Ulft	Aurora	2013	SBB	45	17-Dec-2022	YOC
WYOUTH	40 kg	Clean&Jerk	van Ulft	Aurora	2013	SBB	62	17-Dec-2022	YOC
WYOUTH	40 kg	Total	van Ulft	Aurora	2013	SBB	107	17-Dec-2022	YOC
WYOUTH	45 kg	Snatch	SHEPPARD	Bronwynn	1997	NOR	44	15-Oct-2011	RHC
WYOUTH	45 kg	Clean&Jerk	SHEPPARD	Bronwynn	1997	NOR	58	15-Oct-2011	RHC
WYOUTH	45 kg	Total	SHEPPARD	Bronwynn	1997	NOR	102	15-Oct-2011	RHC
WYOUTH	49 kg	Snatch	LITTLEWOOD	Taylor	2000	TW	62	19-Aug-2017	S
WYOUTH	49 kg	Clean&Jerk	LITTLEWOOD	Taylor	2000	TW	75	25-Mar-2017	OC
WYOUTH	49 kg	Total	LITTLEWOOD	Taylor	2000	TW	135	25-Mar-2017	OC
WYOUTH	55 kg	Snatch	JEAN	Jessica	1996	TW	68	01-Jun-2013	TWC
WYOUTH	55 kg	Clean&Jerk	ROMANY	Kezia	2001	MW	84	25-Mar-2017	OC
WYOUTH	55 kg	Total	JEAN	Jessica	1996	TW	151	01-Jun-2013	TWC
WYOUTH	59 kg	Snatch	JEAN	Jessica	1996	TW	74	07-Dec-2013	JOC
WYOUTH	59 kg	Clean&Jerk	JEAN	Jessica	1996	TW	94	09-Nov-2013	OO
WYOUTH	59 kg	Total	JEAN	Jessica	1996	TW	164	09-Nov-2013	OO
WYOUTH	64 kg	Snatch	TRUPP	Megan	2000	TW	81	25-Nov-2017	JOC
WYOUTH	64 kg	Clean&Jerk	TRUPP	Megan	2000	TW	96	20-May-2017	CSC
WYOUTH	64 kg	Total	TRUPP	Megan	2000	TW	177	25-Nov-2017	JOC
WYOUTH	71 kg	Snatch	lusignan	Naomie	2005	TW	87	13-Aug-2022	SF
WYOUTH	71 kg	Clean&Jerk	lusignan	Naomie	2005	TW	106	12-Nov-2022	OC
WYOUTH	71 kg	Total	lusignan	Naomie	2005	TW	191	13-Aug-2022	SF
WYOUTH	76 kg	Snatch					74		
WYOUTH	76 kg	Clean&Jerk					94		
WYOUTH	76 kg	Total					167		
WYOUTH	81 kg	Snatch	Cerna	Natalie	2006	TW	82	17-Dec-2022	JOC
WYOUTH	81 kg	Clean&Jerk	Cerna	Natalie	2006	TW	103	17-Dec-2022	JOC
WYOUTH	81 kg	Total	Cerna	Natalie	2006	TW	185	17-Dec-2022	JOC
WYOUTH	81+ kg	Snatch	MCGILLIS	Kelly	1996	CWC	82	19-Jan-2013	CJC
WYOUTH	81+ kg	Clean&Jerk	MCGILLIS	Kelly	1996	SOW	102	24-Mar-2013	OC
WYOUTH	81+ kg	Total	MCGILLIS	Kelly	1996	SOW	182	24-Mar-2013	OC



Ontario Weightlifting Association

Provincial Records

JUNIOR (20 & under) -- WOMEN

Records since May 1, 1997

Records since May 2, 1997									
Group	Category	Event	Name		YOB	Club	Weight (kg)	Date	Competition
WJUNIOR	45 kg	Snatch					59		
WJUNIOR	45 kg	Clean&Jerk					79		
WJUNIOR	45 kg	Total					136		
WJUNIOR	49 kg	Snatch	LITTLEWOOD	Taylor	2000	TW	63	24-Mar-2018	OC
WJUNIOR	49 kg	Clean&Jerk	HUANG	Sandy	1996	SYN	84	03-Dec-2016	JOC
WJUNIOR	49 kg	Total	HUANG	Sandy	1996	SYN	145	03-Dec-2016	JOC
WJUNIOR	55 kg	Snatch	AUGUSTIN	Jessica	1996	TW	75	13-Aug-2016	S
WJUNIOR	55 kg	Clean&Jerk	AUGUSTIN	Jessica	1996	TW	91	13-Aug-2016	S
WJUNIOR	55 kg	Total	AUGUSTIN	Jessica	1996	TW	166	13-Aug-2016	S
WJUNIOR	59 kg	Snatch	MCGERRIGLE	Miel	1977	SSW	82.5	08-Nov-1997	
WJUNIOR	59 kg	Clean&Jerk	MCGERRIGLE	Miel	1977	SSW	105	06-Dec-1997	
WJUNIOR	59 kg	Total	MCGERRIGLE	Miel	1977	SSW	187.5	06-Dec-1997	
WJUNIOR	64 kg	Snatch	TRUPP	Megan	2000	TW	89	10-Aug-2019	S
WJUNIOR	64 kg	Clean&Jerk	TRUPP	Megan	2000	TW	104	10-Aug-2019	S
WJUNIOR	64 kg	Total	TRUPP	Megan	2000	TW	193	10-Aug-2019	S
WJUNIOR	71 kg	Snatch	LAYLOR	Maya	1995	LPS	91	28-Mar-2015	OC
WJUNIOR	71 kg	Clean&Jerk	LAYLOR	Maya	1995	LPS	115	04-Jul-2015	VVO
WJUNIOR	71 kg	Total	LAYLOR	Maya	1995	LPS	202	16-May-2015	CSC
WJUNIOR	76 kg	Snatch	LAYLOR	Maya	1995	LPS	92	05-Dec-2015	JOC
WJUNIOR	76 kg	Clean&Jerk	LAYLOR	Maya	1995	LPS	108	07-Feb-2015	WL
WJUNIOR	76 kg	Total	LAYLOR	Maya	1995	LPS	196	07-Feb-2015	WL
WJUNIOR	81 kg	Snatch					93		
WJUNIOR	81 kg	Clean&Jerk					109		
WJUNIOR	81 kg	Total					197		
WJUNIOR	87 kg	Snatch					94		
WJUNIOR	87 kg	Clean&Jerk					110		
WJUNIOR	87 kg	Total					198		
WJUNIOR	87+ kg	Snatch	WILLIAMS	Natalie	1986	Fury	98	07-Dec-2005	
WJUNIOR	87+ kg	Clean&Jerk	WILLIAMS	Natalie	1986	Fury	122	07-Dec-2005	
WJUNIOR	87+ kg	Total	WILLIAMS	Natalie	1986	Fury	220	07-Dec-2005	



Ontario Weightlifting Association

Provincial Records

SENIOR -- WOMEN

Records since November 1, 1998

Group	Category	Event	Name	YOB	Club	Weight (kg)	Date	Competition
WSENIOR	45 kg	Snatch				69		
WSENIOR	45 kg	Clean&Jerk				92		
WSENIOR	45 kg	Total				160		
WSENIOR	49 kg	Snatch	BRADDOCK Amanda	1989	SSW	78	19-Mar-2019	CSC
WSENIOR	49 kg	Clean&Jerk	BRADDOCK Amanda	1989	SSW	101	24-Mar-2018	OC
WSENIOR	49 kg	Total	BRADDOCK Amanda	1989	SSW	176	24-Mar-2018	OC
WSENIOR	55 kg	Snatch	BRADDOCK Amanda	1989	Rad	80	10-Aug-2019	S
WSENIOR	55 kg	Clean&Jerk	BRADDOCK Amanda	1989	Rad	98	29-Sep-2018	TBQWO
WSENIOR	55 kg	Total	BRADDOCK Amanda	1989	Rad	177	10-Aug-2019	S
WSENIOR	59 kg	Snatch	VAN DER MAREL Lacey	1987	CB	92	02-Apr-2016	OC
WSENIOR	59 kg	Clean&Jerk	MCGERRIGLE Miel	1977	SSW	110	25-Mar-2000	OC
WSENIOR	59 kg	Total	MCGERRIGLE Miel	1977	SSW	197.5	25-Mar-2000	OC
WSENIOR	64 kg	Snatch	RHODES Lacey	1987	CB	94	17-Dec-2016	BCC
WSENIOR	64 kg	Clean&Jerk	MCGERRIGLE Miel	1977	SSW	115	22-May-1999	ECC
WSENIOR	64 kg	Total	MCGERRIGLE Miel	1977	SSW	202.5	22-May-1999	ECC
WSENIOR	71 kg	Snatch	Trupp Megan	2000	TW	100	12-Nov-2022	OC
WSENIOR	71 kg	Clean&Jerk	LAYLOR Maya	1995	LPS	124	19-Mar-2019	CSC
WSENIOR	71 kg	Total	LAYLOR Maya	1995	LPS	223	19-Mar-2019	CSC
WSENIOR	76 kg	Snatch	LAYLOR Maya	1995	LPS	103	28-Aug-2021	S
WSENIOR	76 kg	Clean&Jerk	LAYLOR Maya	1995	LPS	130	03-Mar-2020	MS
WSENIOR	76 kg	Total	LAYLOR Maya	1995	LPS	233	28-Aug-2021	S
WSENIOR	81 kg	Snatch	LAYLOR Maya	1995	LPS	105	20-May-2022	CSC
WSENIOR	81 kg	Clean&Jerk	LAYLOR Maya	1995	LPS	132	20-May-2022	CSC
WSENIOR	81 kg	Total	LAYLOR Maya	1995	LPS	237	20-May-2022	CSC
WSENIOR	87 kg	Snatch				93		
WSENIOR	87 kg	Clean&Jerk	PRATT Cassandra	1990	TW	122	03-Feb-2018	WL
WSENIOR	87 kg	Total	PRATT Cassandra	1990	TW	211	03-Feb-2018	WL
WSENIOR	87+ kg	Snatch	WILLIAMS Natalie	1986	Fury	98	07-Dec-2005	
WSENIOR	87+ kg	Clean&Jerk	WILLIAMS Natalie	1986	Fury	122	07-Dec-2005	
WSENIOR	87+ kg	Total	WILLIAMS Natalie	1986	Fury	220	07-Dec-2005	



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Provincial Records

JUVENILE (15 & under) -- MEN

Records since December 1, 2009

Group	Category	Event	Name		YOB	Club	Weight (kg)	Date	Competition
MJUVI	46 kg	Snatch	BAZILSKY	Connor	2002	VBC	55	17-Sep-2016	TBQWO
MJUVI	46 kg	Clean&Jerk	BAZILSKY	Connor	2002	VBC	77	17-Sep-2016	TBQWO
MJUVI	46 kg	Total	BAZILSKY	Connor	2002	VBC	132	17-Sep-2016	TBQWO
MJUVI	49 kg	Snatch	BAZILSKY	Connor	2002	VBC	64	08-Apr-2017	SCH
MJUVI	49 kg	Clean&Jerk	BAZILSKY	Connor	2002	VBC	87	08-Apr-2017	SCH
MJUVI	49 kg	Total	BAZILSKY	Connor	2002	VBC	151	08-Apr-2017	SCH
MJUVI	55 kg	Snatch	ALEXANDROV	Nikolay	1999	VSW	87	18-Jan-2014	CJC
MJUVI	55 kg	Clean&Jerk	ALEXANDROV	Nikolay	1999	VSW	113	29-Mar-2014	OC
MJUVI	55 kg	Total	ALEXANDROV	Nikolay	1999	VSW	198	29-Mar-2014	OC
MJUVI	61 kg	Snatch	ALEXANDROV	Nikolay	1999	VSW	90	04-Oct-2014	RHC
MJUVI	61 kg	Clean&Jerk	ALEXANDROV	Nikolay	1999	VSW	125	04-Oct-2014	RHC
MJUVI	61 kg	Total	ALEXANDROV	Nikolay	1999	VSW	215	04-Oct-2014	RHC
MJUVI	67 kg	Snatch					93		
MJUVI	67 kg	Clean&Jerk					120		
MJUVI	67 kg	Total					213		
MJUVI	73 kg	Snatch	SANTAVY	Boady	1997	WAF	95	03-Nov-2012	OO
MJUVI	73 kg	Clean&Jerk	SANTAVY	Boady	1997	WAF	115	03-Nov-2012	OO
MJUVI	73 kg	Total	SANTAVY	Boady	1997	WAF	210	03-Nov-2012	OO
MJUVI	81 kg	Snatch	WATSON	Declan	2007	BBC	101	17-Dec-2022	JOC
MJUVI	81 kg	Clean&Jerk	WATSON	Declan	2007	BBC	126	17-Dec-2022	JOC
MJUVI	81 kg	Total	WATSON	Declan	2007	BBC	227	17-Dec-2022	JOC
MJUVI	89 kg	Snatch	WATSON	Declan	2007	GGW	97	04-Jun-2022	CJC
MJUVI	89 kg	Clean&Jerk	WATSON	Declan	2007	BBC	121	24-Sep-2022	BAC
MJUVI	89 kg	Total	WATSON	Declan	2007	BBC	217	24-Sep-2022	BAC
MJUVI	96 kg	Snatch	POZZOBON	Nick	1997	MAC	87	01-Dec-2012	JOC
MJUVI	96 kg	Clean&Jerk	WEALES	Brynn	2004	PTBO	106	07-Dec-2019	JOC
MJUVI	96 kg	Total	POZZOBON	Nick	1997	MAC	192	01-Dec-2012	JOC
MJUVI	96+ kg	Snatch	JAECK	Devon	1998	CWC	95	07-Dec-2013	JOC
MJUVI	96+ kg	Clean&Jerk	HUNTER	Ryan	1995	NOR	120	11-Dec-2010	JOC
MJUVI	96+ kg	Total	HUNTER	Ryan	1995	NOR	212	11-Dec-2010	JOC



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YOUTH (17 & under) -- MEN
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Group	Category	Event	Name		YOB	Club	Weight (kg)	Date	Competition
MYOUTH	49 kg	Snatch	ROSE	Aaron	1994	VV	61	03-Apr-2010	SCH
MYOUTH	49 kg	Clean&Jerk	BAZILSKY	Connor	2002	VBC	79	03-Dec-2016	JOC
MYOUTH	49 kg	Total	BAZILSKY	Connor	2002	VBC	139	03-Dec-2016	JOC
MYOUTH	55 kg	Snatch	ALEXANDROV	Nikolay	1999	VSW	87	18-Jan-2014	CJC
MYOUTH	55 kg	Clean&Jerk	ALEXANDROV	Nikolay	1999	VSW	113	29-Mar-2014	OC
MYOUTH	55 kg	Total	ALEXANDROV	Nikolay	1999	VSW	198	29-Mar-2014	OC
MYOUTH	61 kg	Snatch	VARBANOV	Nikolay	1999	VSW	107	03-Oct-2015	RHC
MYOUTH	61 kg	Clean&Jerk	VARBANOV	Nikolay	1999	VSW	135	03-Oct-2015	RHC
MYOUTH	61 kg	Total	VARBANOV	Nikolay	1999	VSW	242	03-Oct-2015	RHC
MYOUTH	67 kg	Snatch					115		
MYOUTH	67 kg	Clean&Jerk					145		
MYOUTH	67 kg	Total					259		
MYOUTH	73 kg	Snatch	VARBANOV	Nikolay	1999	VSW	123	05-Nov-2016	FC
MYOUTH	73 kg	Clean&Jerk	VARBANOV	Nikolay	1999	VSW	155	03-Dec-2016	JOC
MYOUTH	73 kg	Total	VARBANOV	Nikolay	1999	VSW	275	03-Dec-2016	JOC
MYOUTH	81 kg	Snatch	SANTAVY	Boady	1997	WAF	122	09-Nov-2013	OO
MYOUTH	81 kg	Clean&Jerk	SANTAVY	Boady	1997	WAF	147	09-Nov-2013	OO
MYOUTH	81 kg	Total	SANTAVY	Boady	1997	WAF	269	09-Nov-2013	OO
MYOUTH	89 kg	Snatch	SANTAVY	Boady	1997	WAF	140	13-Dec-2014	AO
MYOUTH	89 kg	Clean&Jerk	SANTAVY	Boady	1997	WAF	166	16-Aug-2014	BMO
MYOUTH	89 kg	Total	SANTAVY	Boady	1997	WAF	305	13-Dec-2014	AO
MYOUTH	96 kg	Snatch	SPENCER	Justin B.	1994	TW	121	05-Nov-2011	OO
MYOUTH	96 kg	Clean&Jerk	SPENCER	Justin B.	1994	TW	160	05-Nov-2011	OO
MYOUTH	96 kg	Total	SPENCER	Justin B.	1994	TW	281	05-Nov-2011	OO
MYOUTH	102 kg	Snatch					114		
MYOUTH	102 kg	Clean&Jerk					153		
MYOUTH	102 kg	Total					266		
MYOUTH	102+ kg	Snatch	MASON	Zack	2000	GB	106	25-Nov-2017	JOC
MYOUTH	102+ kg	Clean&Jerk	HUNTER	Ryan	1995	NOR	145	21-Jan-2012	CJC
MYOUTH	102+ kg	Total	HUNTER	Ryan	1995	NOR	250	21-Jan-2012	CJC



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Provincial Records

JUNIOR (20 & under) -- MEN

Records since June 1, 1993

Group	Category	Event	Name		YOB	Club	Weight (kg)	Date	Competition
MJUNIOR	55 kg	Snatch	ALEXANDROV	Nikolay	1999	VSW	87	18-Jan-2014	CJC
MJUNIOR	55 kg	Clean&Jerk	ALEXANDROV	Nikolay	1999	VSW	113	29-Mar-2014	OC
MJUNIOR	55 kg	Total	ALEXANDROV	Nikolay	1999	VSW	198	29-Mar-2014	OC
MJUNIOR	61 kg	Snatch	VARBANOV	Nikolay	1999	VSW	107	03-Oct-2015	RHC
MJUNIOR	61 kg	Clean&Jerk	VARBANOV	Nikolay	1999	VSW	135	03-Oct-2015	RHC
MJUNIOR	61 kg	Total	VARBANOV	Nikolay	1999	VSW	242	03-Oct-2015	RHC
MJUNIOR	67 kg	Snatch					121		
MJUNIOR	67 kg	Clean&Jerk					151		
MJUNIOR	67 kg	Total					269		
MJUNIOR	73 kg	Snatch	VARBANOV	Nikolay	1999	VSW	135	24-Mar-2018	OC
MJUNIOR	73 kg	Clean&Jerk	VARBANOV	Nikolay	1999	VSW	166	20-Jan-2018	CJC
MJUNIOR	73 kg	Total	VARBANOV	Nikolay	1999	VSW	296	20-Jan-2018	CJC
MJUNIOR	81 kg	Snatch	VARBANOV	Nikolay	1999	VSW	130	16-Dec-2017	QHO
MJUNIOR	81 kg	Clean&Jerk	VARBANOV	Nikolay	1999	VSW	160	16-Dec-2017	QHO
MJUNIOR	81 kg	Total	VARBANOV	Nikolay	1999	VSW	290	16-Dec-2017	QHO
MJUNIOR	89 kg	Snatch	SANTAVY	Boady	1997	SW	152	06-Jun-2016	PAC
MJUNIOR	89 kg	Clean&Jerk	SANTAVY	Boady	1997	WAF	180	16-Jan-2016	CJC
MJUNIOR	89 kg	Total	SANTAVY	Boady	1997	WAF	330	16-Jan-2016	CJC
MJUNIOR	96 kg	Snatch	SANTAVY	Boady	1997	SW	165	28-Nov-2017	WC
MJUNIOR	96 kg	Clean&Jerk	SANTAVY	Boady	1997	SW	201	28-Nov-2017	WC
MJUNIOR	96 kg	Total	SANTAVY	Boady	1997	SW	366	28-Nov-2017	WC
MJUNIOR	102 kg	Snatch					157		
MJUNIOR	102 kg	Clean&Jerk					189		
MJUNIOR	102 kg	Total					344		
MJUNIOR	109 kg	Snatch	SANDOR	Akos	1977	SSW	162.5	27-May-1997	
MJUNIOR	109 kg	Clean&Jerk	SANDOR	Akos	1977	SSW	195	13-Dec-1997	
MJUNIOR	109 kg	Total	SANDOR	Akos	1977	SSW	355	27-May-1997	
MJUNIOR	109+ kg	Snatch	SANDOR	Akos	1977	SSW	160	27-Sep-1997	
MJUNIOR	109+ kg	Clean&Jerk	SANDOR	Akos	1977	SSW	190	27-Sep-1997	
MJUNIOR	109+ kg	Total	SANDOR	Akos	1977	SSW	350	27-Sep-1997	



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SENIOR -- MEN

Records since May 1, 1993

Category	Event	Name		YOB	Club	Weight (kg)	Date	Competition
MSENIOR 55 kg	Snatch	BUI	Mark	1992	LPS	89	07-Nov-2015	FC
MSENIOR 55 kg	Clean&Jerk	ALEXANDROV	Nikolay	1999	VSW	113	29-Mar-2014	OC
MSENIOR 55 kg	Total	ALEXANDROV	Nikolay	1999	VSW	198	29-Mar-2014	OC
MSENIOR 61 kg	Snatch	LANGAN	Chad	1992	MC	109	04-Feb-2017	WL
MSENIOR 61 kg	Clean&Jerk	LANGAN	Chad	1992	MC	137	25-Mar-2017	OC
MSENIOR 61 kg	Total	LANGAN	Chad	1992	MC	244	22-Oct-2016	HO
MSENIOR 67 kg	Snatch					122		
MSENIOR 67 kg	Clean&Jerk					152		
MSENIOR 67 kg	Total					270		
MSENIOR 73 kg	Snatch	VARBANOV	Nikolay	1999	VSW	135	24-Mar-2018	OC
MSENIOR 73 kg	Clean&Jerk	VARBANOV	Nikolay	1999	VSW	166	20-Jan-2018	CJC
MSENIOR 73 kg	Total	VARBANOV	Nikolay	1999	VSW	296	20-Jan-2018	CJC
MSENIOR 81 kg	Snatch	LONGO	Frank	1984	BS	131	06-Nov-2021	OC
MSENIOR 81 kg	Clean&Jerk	LONGO	Frank	1984	BS	162	26-Mar-2022	WL
MSENIOR 81 kg	Total	LONGO	Frank	1984	BS	292	06-Nov-2021	OC
MSENIOR 89 kg	Snatch	SANTAVY	Boady	1997	SW	152	06-Jun-2016	PAC
MSENIOR 89 kg	Clean&Jerk	SANTAVY	Boady	1997	WAF	180	16-Jan-2016	CJC
MSENIOR 89 kg	Total	SANTAVY	Boady	1997	WAF	330	16-Jan-2016	CJC
MSENIOR 96 kg	Snatch	SANTAVY	Boady	1997	SW	181	18-Apr-2021	PAC
MSENIOR 96 kg	Clean&Jerk	SANTAVY	Boady	1997	SW	210	25-Sep-2019	WC
MSENIOR 96 kg	Total	SANTAVY	Boady	1997	SW	389	18-Apr-2021	PAC
MSENIOR 102 kg	Snatch	SANTAVY	Boady	1997	SW	168	06-Nov-2021	OC
MSENIOR 102 kg	Clean&Jerk	SANTAVY	Boady	1997	SW	198	06-Nov-2021	OC
MSENIOR 102 kg	Total	SANTAVY	Boady	1997	SW	366	06-Nov-2021	OC
MSENIOR 109 kg	Snatch	SANDOR	Akos	1977	SSW	170	14-Apr-2000	NACACI
MSENIOR 109 kg	Clean&Jerk	SANDOR	Akos	1977	SSW	207.5	14-Apr-2000	NACACI
MSENIOR 109 kg	Total	SANDOR	Akos	1977	SSW	377.5	14-Apr-2000	NACACI
MSENIOR 109+ kg	Snatch	SANDOR	Akos	1977	SSW	162.5	19-Aug-2000	CO
MSENIOR 109+ kg	Clean&Jerk	SANDOR	Akos	1977	SSW	200	19-Aug-2000	CO
MSENIOR 109+ kg	Total	SANDOR	Akos	1977	SSW	362.5	19-Aug-2000	CO



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Provincial Records

MASTERS (35+) -- WOMEN

Records since January 1, 2015

Age	Cat.	Event	Name	YOB	Club	Weight	Date	Competition
W35	49 kg	Snatch	ROGUEL Svetlana	1984	TW	39	23-Feb-2019	OM
W35	49 kg	Clean&Jerk	ROGUEL Svetlana	1984	TW	54	23-Feb-2019	OM
W35	49 kg	Total	ROGUEL Svetlana	1984	TW	93	23-Feb-2019	OM
W35	55 kg	Snatch	JEFFREY Joanne	1981	D	64	27-Apr-2019	CM
W35	55 kg	Clean&Jerk	DALLE Esther	1980	JL	90	28-Mar-2015	OC
W35	55 kg	Total	DALLE Esther	1980	JL	150	28-Mar-2015	OC
W35	59 kg	Snatch	NELSEN Whitney	1984	RX	67	24-Aug-2019	WM
W35	59 kg	Clean&Jerk	NELSEN Whitney	1984	RX	80	02-Nov-2019	OC
W35	59 kg	Total	NELSEN Whitney	1984	RX	147	02-Nov-2019	OC
W35	64 kg	Snatch	GOWANLOCK Stephanie	1984	ALP	84	02-Nov-2019	OC
W35	64 kg	Clean&Jerk	GOWANLOCK Stephanie	1984	ALP	105	26-Mar-2022	WL
W35	64 kg	Total	GOWANLOCK Stephanie	1984	ALP	188	02-Nov-2019	OC
W35	71 kg	Snatch	APOSTOLERIS Megan	1981	JL	75	24-Aug-2019	WM
W35	71 kg	Clean&Jerk	APOSTOLERIS Megan	1981	JL	96	24-Aug-2019	WM
W35	71 kg	Total	APOSTOLERIS Megan	1981	JL	171	24-Aug-2019	WM
W35	76 kg	Snatch	GRIFFIN Kathryn	1983	MB	68	03-Mar-2018	LCQ
W35	76 kg	Clean&Jerk	GRIFFIN Kathryn	1983	MB	85	03-Feb-2018	WL
W35	76 kg	Total	GRIFFIN Kathryn	1983	MB	150	03-Feb-2018	WL
W35	81 kg	Snatch	DE VEYRA Ernestine	1983	646	65	24-Aug-2019	WM
W35	81 kg	Clean&Jerk	DE VEYRA Ernestine	1983	646	85	22-Feb-2020	OM
W35	81 kg	Total	DE VEYRA Ernestine	1983	646	149	22-Feb-2020	OM
W35	87 kg	Snatch	CHIASSON Marcia	1981	GB	63	09-Jul-2016	646
W35	87 kg	Clean&Jerk	REYES Jessica	1980	TV	85	01-Jun-2019	TWC
W35	87 kg	Total	REYES Jessica	1980	TV	147	01-Jun-2019	TWC
W35	87+ kg	Snatch	Page Michelle	1987	BS	71	24-Sep-2022	BAC
W35	87+ kg	Clean&Jerk	Page Michelle	1987	BS	107	24-Sep-2022	BAC
W35	87+ kg	Total	Page Michelle	1987	BS	178	24-Sep-2022	BAC
W40	49 kg	Snatch	Jeffrey Joanne	1981	D	58	09-Jul-2022	CM
W40	49 kg	Clean&Jerk	AMUNDRUD Heather	1974	JL	74	15-Dec-2018	QHO
W40	49 kg	Total	Jeffrey Joanne	1981	D	128	09-Jul-2022	CM
W40	55 kg	Snatch	AMUNDRUD Heather	1974	JL	56	07-Feb-2015	WL
W40	55 kg	Clean&Jerk	AMUNDRUD Heather	1974	JL	78	27-Mar-2015	OC



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W40 55 kg	Total	AMUNDRUD	Heather	1974	JL	134	27-Mar-2015	OC
W40 59 kg	Snatch	MACKENZIE	Claire	1976	646	63	12-Jan-2019	VVO
W40 59 kg	Clean&Jerk	DUTRIZAC	Gwen	1975	GP	78	18-Aug-2018	S
W40 59 kg	Total	MACKENZIE	Claire	1976	646	133	12-Jan-2019	VVO
W40 64 kg	Snatch	HALLIGAN	Jillian	1975	SM	68	14-Dec-2019	MC
W40 64 kg	Clean&Jerk	HALLIGAN	Jillian	1975	SM	90	14-Dec-2019	MC
W40 64 kg	Total	HALLIGAN	Jillian	1975	SM	158	14-Dec-2019	MC
W40 71 kg	Snatch	APOSTOLERIS	Megan	1981	GWL	75	06-Nov-2021	OC
W40 71 kg	Clean&Jerk	APOSTOLERIS	Megan	1981	GWL	96	25-Sep-2021	BAC
W40 71 kg	Total	APOSTOLERIS	Megan	1981	GWL	170	25-Sep-2021	BAC
W40 76 kg	Snatch	McCORMACK	Erin	1979	TB	66	16-Nov-2019	CWO
W40 76 kg	Clean&Jerk	McCORMACK	Erin	1979	TB	87	16-Nov-2019	CWO
W40 76 kg	Total	McCORMACK	Erin	1979	TB	153	16-Nov-2019	CWO
W40 81 kg	Snatch	MARTENS	Eva	1979	BS	60	22-Feb-2020	OM
W40 81 kg	Clean&Jerk	MARTENS	Eva	1979	BS	72	24-Sep-2022	BAC
W40 81 kg	Total	MARTENS	Eva	1979	BS	132	24-Sep-2022	BAC
W40 87 kg	Snatch	STEWART	Judy	1973	MW	65	28-Oct-2017	HO
W40 87 kg	Clean&Jerk	STEWART	Judy	1973	MW	83	19-Aug-2017	S
W40 87 kg	Total	STEWART	Judy	1973	MW	145	28-Oct-2017	HO
W40 87+ kg	Snatch	HAHN	Frances	1976	GP	52	22-Feb-2020	OM
W40 87+ kg	Clean&Jerk	PAONESSA	Sandra	1976	646	76	03-Mar-2018	LCQ
W40 87+ kg	Total	PAONESSA	Sandra	1976	646	126	03-Mar-2018	LCQ
W45 49 kg	Snatch	AMUNDRUD	Heather	1974	JL	52	30-Mar-2019	OC
W45 49 kg	Clean&Jerk	AMUNDRUD	Heather	1974	JL	72	30-Mar-2019	OC
W45 49 kg	Total	AMUNDRUD	Heather	1974	JL	124	30-Mar-2019	OC
W45 55 kg	Snatch	FARRELL	Anita	1971	NB	54	25-Feb-2017	OM
W45 55 kg	Clean&Jerk	FARRELL	Anita	1971	NB	70	25-Feb-2017	OM
W45 55 kg	Total	FARRELL	Anita	1971	NB	124	25-Feb-2017	OM
W45 59 kg	Snatch	BARNETT	Kathryn	1971	1855	52	23-Feb-2019	OM
W45 59 kg	Clean&Jerk	BARNETT	Kathryn	1971	1855	67	23-Feb-2019	OM
W45 59 kg	Total	BARNETT	Kathryn	1971	1855	119	23-Feb-2019	OM
W45 64 kg	Snatch	HALLIGAN	Jillian	1975	SM	66	22-Feb-2020	OM
W45 64 kg	Clean&Jerk	HALLIGAN	Jillian	1975	SM	88	22-Feb-2020	OM
W45 64 kg	Total	HALLIGAN	Jillian	1975	SM	154	22-Feb-2020	OM
W45 71 kg	Snatch	DATEMA	Melanie	1974	BS	62	22-Feb-2020	OM
W45 71 kg	Clean&Jerk	DATEMA	Melanie	1974	BS	77	22-Feb-2020	OM



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W45	71 kg	Total	DATEMA	Melanie	1974	BS	139	22-Feb-2020	OM
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W45 76 kg	Snatch	ROSARIO-EARNSHAW	Linda	1969	PE	49	13-May-2017	CM
W45 76 kg	Clean&Jerk	ROSARIO-EARNSHAW	Linda	1969	PE	67	14-Oct-2017	RHC
W45 76 kg	Total	ROSARIO-EARNSHAW	Linda	1969	PE	115	13-May-2017	CM
W45 81 kg	Snatch	PIRRIE	Danielle	1974	CP	59	18-Dec-2021	MC
W45 81 kg	Clean&Jerk	PIRRIE	Danielle	1974	CP	77	22-Feb-2020	OM
W45 81 kg	Total	PIRRIE	Danielle	1974	CP	135	23-Apr-2022	OM
W45 87 kg	Snatch	REID	Sarah	1974	BH	56	09-Jul-2022	CM
W45 87 kg	Clean&Jerk	NOBLE	Tanya	1969	STSA	70	25-Feb-2017	OM
W45 87 kg	Total	PIRRIE	Danielle	1974	DW	123	09-Jul-2022	ML
W45 87+ kg	Snatch	Hahn	Frances	1976	GP	57	23-Oct-2021	RBM
W45 87+ kg	Clean&Jerk	Hahn	Frances	1976	GP	77	23-Oct-2021	RBM
W45 87+ kg	Total	Hahn	Frances	1976	GP	134	23-Oct-2021	RBM
W50 49 kg	Snatch	SCHRAFT	Heidi	1961	TB	28	21-Feb-2015	OM
W50 49 kg	Clean&Jerk	SCHRAFT	Heidi	1961	TB	33	21-Feb-2015	OM
W50 49 kg	Total	SCHRAFT	Heidi	1961	HW	61	21-Feb-2015	OM
W50 55 kg	Snatch	ZIRKLE	Molly	1967	TW	51	28-Aug-2021	S
W50 55 kg	Clean&Jerk	ZIRKLE	Molly	1967	TW	61	28-Aug-2021	S
W50 55 kg	Total	ZIRKLE	Molly	1967	TW	112	28-Aug-2021	S
W50 59 kg	Snatch	ZIRKLE	Molly	1967	TW	49	01-Jun-2019	TWC
W50 59 kg	Clean&Jerk	ZIRKLE	Molly	1967	TW	59	10-Aug-2019	S
W50 59 kg	Total	ZIRKLE	Molly	1967	TW	106	01-Jun-2019	TWC
W50 64 kg	Snatch	GUENETTE	Sylvie	1966	SWC	50	23-Feb-2019	OM
W50 64 kg	Clean&Jerk	GUENETTE	Sylvie	1966	705	67	16-Jun-2018	CM
W50 64 kg	Total	GUENETTE	Sylvie	1966	705	113	16-Jun-2018	CM
W50 71 kg	Snatch	Villagonzalo	Marife	1972	TW	54	23-Apr-2022	OM
W50 71 kg	Clean&Jerk	Villagonzalo	Marife	1972	TW	66	23-Apr-2022	OM
W50 71 kg	Total	Villagonzalo	Marife	1972	TW	120	23-Apr-2022	OM
W50 76 kg	Snatch	Villagonzalo	Marife	1972	BUR	54	13-Aug-2022	SF
W50 76 kg	Clean&Jerk	Villagonzalo	Marife	1972	BUR	73	13-Aug-2022	SF
W50 76 kg	Total	Villagonzalo	Marife	1972	BUR	127	13-Aug-2022	SF
W50 81 kg	Snatch	MORING	Joanne	1964	ABC	44	29-Sep-2018	TBQWO
W50 81 kg	Clean&Jerk	DONALDSON	Kelly	1968	D	62	13-Apr-2019	MM
W50 81 kg	Total	DONALDSON	Kelly	1968	D	105	13-Apr-2019	MM
W50 87 kg	Snatch	MORING	Joanne	1964	ABC	44	25-Apr-2015	CM
W50 87 kg	Clean&Jerk	MORING	Joanne	1964	ABC	64	25-Apr-2015	CM
W50 87 kg	Total	MORING	Joanne	1964	ABC	108	25-Apr-2015	CM



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W50 87+ kg	Snatch	MIKKOLA	Carla	1967	SWC	40	14-Oct-2017	RHC
W50 87+ kg	Clean&Jerk	MIKKOLA	Carla	1967	SWC	63	14-Oct-2017	RHC
W50 87+ kg	Total	MIKKOLA	Carla	1967	SWC	103	14-Oct-2017	RHC
W55 49 kg	Snatch	SCHRAFT	Heidi	1961	TB	28	23-Apr-2016	CM
W55 49 kg	Clean&Jerk	SCHRAFT	Heidi	1961	TB	35	08-Oct-2016	WM
W55 49 kg	Total	SCHRAFT	Heidi	1961	TB	63	08-Oct-2016	WM
W55 55 kg	Snatch	KIELTY	Paula	1964	BS	38	27-Apr-2019	CM
W55 55 kg	Clean&Jerk	KIELTY	Paula	1964	BS	51	27-Apr-2019	CM
W55 55 kg	Total	KIELTY	Paula	1964	BS	89	27-Apr-2019	CM
W55 59 kg	Snatch	Zirkle	Molly	1967	TW	49	12-Mar-2022	CM
W55 59 kg	Clean&Jerk	Zirkle	Molly	1967	TW	62	12-Mar-2022	CM
W55 59 kg	Total	Zirkle	Molly	1967	TW	111	12-Mar-2022	CM
W55 64 kg	Snatch	Guenette	Sylvie	1966	SWC	48	08-Oct-2022	RHC
W55 64 kg	Clean&Jerk	Guenette	Sylvie	1966	SWC	65	08-Oct-2022	RHC
W55 64 kg	Total	Guenette	Sylvie	1966	SWC	113	08-Oct-2022	RHC
W55 71 kg	Snatch	WATERFIELD	Madeleine	1964	EE	51	22-Feb-2020	OM
W55 71 kg	Clean&Jerk	WATERFIELD	Madeleine	1964	EE	65	22-Feb-2020	OM
W55 71 kg	Total	WATERFIELD	Madeleine	1964	EE	116	22-Feb-2020	OM
W55 76 kg	Snatch	MORING	Joanne	1964	ABC	41	23-Feb-2019	OM
W55 76 kg	Clean&Jerk	MORING	Joanne	1964	ABC	55	23-Feb-2019	OM
W55 76 kg	Total	MORING	Joanne	1964	ABC	96	23-Feb-2019	OM
W55 81 kg	Snatch	Waterfield	Madeleine	1964	EE	47	23-Apr-2022	OM
W55 81 kg	Clean&Jerk	Waterfield	Madeleine	1964	EE	61	23-Apr-2022	OM
W55 81 kg	Total	Waterfield	Madeleine	1964	EE	108	23-Apr-2022	OM
W55 87 kg	Snatch	Barber	Patricia	1965	D	40	08-Oct-2022	RHC
W55 87 kg	Clean&Jerk	Barber	Patricia	1965	D	57	08-Oct-2022	RHC
W55 87 kg	Total	Barber	Patricia	1965	D	97	08-Oct-2022	RHC
W60 49 kg	Snatch	HILL	Suzie	1954	GC	25	17-Sep-2016	TBQWO
W60 49 kg	Clean&Jerk	HILL	Suzie	1954	GC	36	17-Sep-2016	TBQWO
W60 49 kg	Total	HILL	Suzie	1954	GC	61	17-Sep-2016	TBQWO
W60 55 kg	Snatch	Tonus	Fern	1958	D	30	08-Oct-2022	RHC
W60 55 kg	Clean&Jerk	Tonus	Fern	1958	D	37	08-Oct-2022	RHC
W60 55 kg	Total	Tonus	Fern	1958	D	67	08-Oct-2022	RHC
W60 64 kg	Snatch	MILLER	Jill	1951	BMW	31	17-Oct-2015	HO
W60 64 kg	Clean&Jerk	MILLER	Jill	1951	BMW	42	17-Oct-2015	HO
W60 64 kg	Total	MILLER	Jill	1951	BMW	73	17-Oct-2015	HO



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W60 71 kg	Snatch	REGAN	Debbie	1955	RB	31	23-Apr-2016	CM
W60 71 kg	Clean&Jerk	REGAN	Debbie	1955	RB	44	16-Jun-2018	CM
W60 71 kg	Total	REGAN	Debbie	1955	RB	75	16-Jun-2018	CM
W60 76 kg	Snatch	REGAN	Debbie	1955	SWC	27	14-Oct-2017	RHC
W60 76 kg	Clean&Jerk	REGAN	Debbie	1955	SWC	39	14-Oct-2017	RHC
W60 76 kg	Total	REGAN	Debbie	1955	SWC	66	14-Oct-2017	RHC
W60 81kg	Snatch	DIDONATO	Elizabeth	1960	AB	30	22-Feb-2020	OM
W60 81kg	Clean&Jerk	DIDONATO	Elizabeth	1960	AB	43	22-Feb-2020	OM
W60 81kg	Total	DIDONATO	Elizabeth	1960	AB	73	22-Feb-2020	OM
W65 49 kg	Snatch	HILL	Suzie	1954	GC	24	23-Feb-2019	OM
W65 49 kg	Clean&Jerk	HILL	Suzie	1954	GC	35	27-Apr-2019	CM
W65 49 kg	Total	HILL	Suzie	1954	GC	59	27-Apr-2019	CM
W65 59 kg	Snatch	MILLER	Jill	1951	BMW	29	23-Feb-2019	OM
W65 59 kg	Clean&Jerk	MILLER	Jill	1951	BMW	39	08-Oct-2016	WM
W65 59 kg	Total	MILLER	Jill	1951	BMW	67	23-Feb-2019	OM
W65 64 kg	Snatch	MILLER	Jill	1951	BMW	30	15-Dec-2018	QHO
W65 64 kg	Clean&Jerk	MILLER	Jill	1951	BMW	43	17-Jun-2016	PAM
W65 64 kg	Total	MILLER	Jill	1951	BMW	72	17-Jun-2016	PAM
W65 71 kg	Snatch	LARSON	Dawn	1949	GB	25	21-Feb-2015	OM
W65 71 kg	Clean&Jerk	LARSON	Dawn	1949	GB	35	24-Feb-2018	OM
W65 71 kg	Total	LARSON	Dawn	1949	GB	60	24-Feb-2018	OM
W65 87 kg	Snatch	QUINN	Judy	1948	GC	35	07-Jun-2015	PAM
W65 87 kg	Clean&Jerk	WALT	Christine	1948	ABC	47	25-Apr-2015	CM
W65 87 kg	Total	QUINN	Judy	1948	GC	80	07-Jun-2015	PAM
W70 81 kg	Snatch	QUINN	Judy	1948	GC	28	23-Apr-2022	OM
W70 81 kg	Clean&Jerk	QUINN	Judy	1948	GC	38	23-Apr-2022	OM
W70 81 kg	Total	QUINN	Judy	1948	GC	66	23-Apr-2022	OM
W70+ 55 kg	Snatch	HELLENBART	Doris	1947	BX	26	27-Apr-2019	CM
W70+ 55 kg	Clean&Jerk	HELLENBART	Doris	1947	BX	33	27-Apr-2019	CM
W70+ 55 kg	Total	HELLENBART	Doris	1947	BX	59	27-Apr-2019	CM
W70+ 59 kg	Snatch	HELLENBART	Doris	1947	BX	28	24-Aug-2019	WM
W70+ 59 kg	Clean&Jerk	HELLENBART	Doris	1947	BX	36	24-Feb-2018	OM
W70+ 59 kg	Total	HELLENBART	Doris	1947	BX	63	24-Feb-2018	OM
W70+ 64 kg	Snatch	LARSON	Dawn	1949	GB	22	24-Aug-2019	WM
W70+ 64 kg	Snatch	LARSON	Dawn	1949	GB	32	24-Aug-2019	WM
W70+ 64 kg	Snatch	LARSON	Dawn	1949	GB	54	24-Aug-2019	WM



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W70+ 71 kg	Snatch	PELLETIER	Lorraine	1943	SWC	31	23-Apr-2016	CM
W70+ 71 kg	Clean&Jerk	PELLETIER	Lorraine	1943	SWC	42	23-Apr-2016	CM
W70+ 71 kg	Total	PELLETIER	Lorraine	1943	SWC	73	23-Apr-2016	CM
W70+ 76 kg	Snatch	QUINN	Judy	1948	GC	31	07-Jul-2018	BMO
W70+ 76 kg	Clean&Jerk	QUINN	Judy	1948	GC	42	24-Aug-2019	WM
W70+ 76 kg	Total	QUINN	Judy	1948	GC	73	24-Aug-2019	WM
W70+ 81 kg	Snatch	WALT	Christine	1949	ABC	31	27-Apr-2019	CM
W70+ 81 kg	Clean&Jerk	WALT	Christine	1949	ABC	44	27-Apr-2019	CM
W70+ 81 kg	Total	WALT	Christine	1949	ABC	75	27-Apr-2019	CM



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MASTERS (35+) -- MEN

Records since January 1, 2015

Age	Cat.	Event	Name	YOB	Club	Weight	Date	Competition
M35	55 kg	Snatch	FLORENTO John	1979	CB	80	24-Feb-2018	OM
M35	55 kg	Clean&Jerk	FLORENTO John	1979	CB	102	24-Mar-2018	OC
M35	55 kg	Total	FLORENTO John	1979	CB	182	24-Mar-2018	OC
M35	61 kg	Snatch	FLORENTO John	1979	CB	87	25-Mar-2017	OC
M35	61 kg	Clean&Jerk	FLORENTO John	1979	CB	110	25-Mar-2017	OC
M35	61 kg	Total	FLORENTO John	1979	CB	197	25-Mar-2017	OC
M35	67 kg	Snatch	FLORENTO John	1979	BS	85	17-Nov-2018	HO
M35	67 kg	Clean&Jerk	FLORENTO John	1979	BS	105	17-Nov-2018	HO
M35	67 kg	Total	FLORENTO John	1979	BS	190	17-Nov-2018	HO
M35	73 kg	Snatch	PILON Albert	1981	BH	111	22-Feb-2020	OM
M35	73 kg	Clean&Jerk	PILON Albert	1981	BH	131	22-Feb-2020	OM
M35	73 kg	Total	PILON Albert	1981	BH	242	22-Feb-2020	OM
M35	81 kg	Snatch	LONGO Frank	1984	BS	131	06-Nov-2021	OC
M35	81 kg	Clean&Jerk	LONGO Frank	1984	BS	162	26-Mar-2022	WL
M35	81 kg	Total	LONGO Frank	1984	BS	292	06-Nov-2021	OC
M35	89 kg	Snatch	WALLACE Kevin	1984	AW	114	22-Feb-2020	OM
M35	89 kg	Clean&Jerk	ALLAN Ryan	1980	OT	149	16-May-2015	CSC
M35	89 kg	Total	ALLAN Ryan	1980	OT	261	16-May-2015	CSC
M35	96 kg	Snatch	JOHNSON James	1981	646	115	21-Dec-2019	QHO
M35	96 kg	Clean&Jerk	ALLAN Ryan	1980	OT	146	20-Feb-2016	OM
M35	96 kg	Total	ALLAN Ryan	1980	OT	258	20-Feb-2016	OM
M35	102 kg	Snatch	SPENCER Justin	1981	TW	124	24-Aug-2019	WM
M35	102 kg	Clean&Jerk	SPENCER Justin	1981	TW	155	27-Apr-2019	CM
M35	102 kg	Total	SPENCER Justin	1981	TW	275	27-Apr-2019	CM
M35	109 kg	Snatch	SPENCER Justin	1981	TW	138	20-May-2017	CSC
M35	109 kg	Clean&Jerk	SPENCER Justin	1981	TW	165	03-Apr-2016	OC
M35	109 kg	Total	SPENCER Justin	1981	TW	306	20-May-2017	CSC
M35	109+ kg	Snatch	SANDOR Akos	1977	SSW	140	06-Feb-2016	WL
M35	109+ kg	Clean&Jerk	SANDOR Akos	1977	SSW	180	03-Apr-2016	OC
M35	109+ kg	Total	SANDOR Akos	1977	SSW	320	06-Feb-2016	OC
M40	61 kg	Snatch	FLORENTO John	1979	BS	86	01-Jan-2020	VVO
M40	61 kg	Clean&Jerk	FLORENTO John	1979	BS	106	02-Nov-2019	OC
M40	61 kg	Total	FLORENTO John	1979	BS	190	30-Mar-2019	OC



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M40 67 kg	Snatch	FLORENTO	John	1979	BS	84	22-Feb-2020	OM
M40 67 kg	Clean&Jerk	FLORENTO	John	1979	BS	105	27-Apr-2019	CM
M40 67 kg	Total	FLORENTO	John	1979	BS	187	27-Apr-2019	CM
M40 73 kg	Snatch	WALT	Cory	1972	ABC	72	23-Apr-2016	CM
M40 73 kg	Clean&Jerk	WALT	Cory	1972	ABC	87	23-Apr-2016	CM
M40 73 kg	Total	WALT	Cory	1972	ABC	159	23-Apr-2016	CM
M40 81 kg	Snatch	OGLETREE	Glenn	1976	NOR	97	24-Aug-2019	WM
M40 81 kg	Clean&Jerk	Stewart	David	1980	PTBO	121	23-Apr-2022	OM
M40 81 kg	Total	Stewart	David	1980	PTBO	214	23-Apr-2022	OM
M40 89 kg	Snatch	Campbell	Graeme	1982	AW	100	23-Apr-2022	OM
M40 89 kg	Clean&Jerk	Campbell	Graeme	1982	AW	130	23-Apr-2022	OM
M40 89 kg	Total	Campbell	Graeme	1982	AW	230	23-Apr-2022	OM
M40 96 kg	Snatch	SENIUK	Thomas	1973	646	110	19-Aug-2017	S
M40 96 kg	Clean&Jerk	GAULT	Thorin	1973	CWC	142	23-Apr-2016	CM
M40 96 kg	Total	GAULT	Thorin	1973	CWC	250	26-Sep-2015	TBQWO
M40 102 kg	Snatch	VANDEWEGHE	Craig	1976	BS	120	17-Nov-2018	HO
M40 102 kg	Clean&Jerk	VANDEWEGHE	Craig	1976	BS	155	17-Nov-2018	HO
M40 102 kg	Total	VANDEWEGHE	Craig	1976	BS	275	17-Nov-2018	HO
M40 109 kg	Snatch	VANDEWEGHE	Craig	1976	CB	120	25-Feb-2017	OM
M40 109 kg	Clean&Jerk	MILER	Mike	1978	AW	155	14-Dec-2019	MC
M40 109 kg	Total	SANDOR	Akos	1977	SSW	270	06-Jul-2019	BMO
M40 109+ kg	Snatch	SANDOR	Akos	1977	SSW	132	24-Aug-2019	WM
M40 109+ kg	Clean&Jerk	SANDOR	Akos	1977	SSW	163	24-Aug-2019	WM
M40 109+ kg	Total	SANDOR	Akos	1977	SSW	295	24-Aug-2019	WM
M45 67kg	Snatch	WALT	Cory	1972	ABC	65	22-Feb-2020	OM
M45 67kg	Clean&Jerk	WALT	Cory	1972	ABC	85	22-Feb-2020	OM
M45 67kg	Total	WALT	Cory	1972	ABC	150	22-Feb-2020	OM
M45 73 kg	Snatch	Gauthier	Jason	1974	BBC	86	24-Sep-2022	BAC
M45 73 kg	Clean&Jerk	ROBINSON	Larry	1970	GG	108	27-Apr-2019	CM
M45 73 kg	Total	Gauthier	Jason	1974	BBC	189	24-Sep-2022	BAC
M45 81 kg	Snatch	STOIANOV	Rumen	1971	TW	113	24-Aug-2019	WM
M45 81 kg	Clean&Jerk	STOIANOV	Rumen	1971	TW	135	24-Aug-2019	WM
M45 81 kg	Total	STOIANOV	Rumen	1971	TW	248	24-Aug-2019	WM
M45 89 kg	Snatch	SENIUK	Thomas	1973	SL	118	02-Nov-2019	OC
M45 89 kg	Clean&Jerk	SENIUK	Thomas	1973	SL	134	24-Aug-2019	WM
M45 89 kg	Total	SENIUK	Thomas	1973	SL	249	24-Aug-2019	WM



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M45	96 kg	Snatch	GAULT	Thorin	1973	CWC	110	09-Jul-2022	CM
M45	96 kg	Clean&Jerk	GAULT	Thorin	1973	CWC	135	22-Feb-2020	OM
M45	96 kg	Total	GAULT	Thorin	1973	CWC	242	22-Feb-2020	OM
M45	102 kg	Snatch	GAULT	Thorin	1973	CWC	109	15-Dec-2018	QHO
M45	102 kg	Clean&Jerk	GAULT	Thorin	1973	CWC	136	15-Dec-2018	QHO
M45	102 kg	Total	GAULT	Thorin	1973	CWC	245	15-Dec-2018	QHO
M45	109 kg	Snatch	SANTAVY	Dalas	1972	SW	120	25-Feb-2017	OM
M45	109 kg	Clean&Jerk	SANTAVY	Dalas	1972	SW	155	25-Feb-2017	OM
M45	109 kg	Total	SANTAVY	Dalas	1972	SW	275	25-Feb-2017	OM
M45	109+ kg	Snatch	WALT	Tony	1968	ABC	113	23-Apr-2016	CM
M45	109+ kg	Clean&Jerk	WALT	Tony	1968	ABC	140	23-Apr-2016	CM
M45	109+ kg	Total	WALT	Tony	1968	ABC	253	23-Apr-2016	CM
M50	55 kg	Snatch	TEMPELAAR	Martin	1961	NB	45	21-Feb-2015	OM
M50	55 kg	Clean&Jerk	TEMPELAAR	Martin	1961	NB	65	21-Feb-2015	OM
M50	55 kg	Total	TEMPELAAR	Martin	1961	NB	110	21-Feb-2015	OM
M50	67 kg	Snatch	WALT	Cory	1972	ABC	67	09-Jul-2022	CM
M50	67 kg	Clean&Jerk							
M50	67 kg	Total							
M50	81 kg	Snatch	DESSUREAULT	Dave	1969	MAC	87	23-Feb-2019	OM
M50	81 kg	Clean&Jerk	DESSUREAULT	Dave	1969	MAC	103	27-Apr-2019	CM
M50	81 kg	Total	DESSUREAULT	Dave	1969	MAC	188	27-Apr-2019	CM
M50	89 kg	Snatch	CRANE	Jamie	1967	TV	85	22-Feb-2020	OM
M50	89 kg	Clean&Jerk	CRANE	Jamie	1967	TV	110	27-Apr-2019	CM
M50	89 kg	Total	Dessureault	Dave	1967	MAC	193	23-Apr-2022	OM
M50	96 kg	Snatch	CABLE	Michael	1979	RB	85	22-Feb-2020	OM
M50	96 kg	Clean&Jerk	CABLE	Michael	1979	RB	104	22-Feb-2020	OM
M50	96 kg	Total	CABLE	Michael	1979	RB	189	22-Feb-2020	OM
M50	102 kg	Snatch	WALT	Martin	1968	SWC	96	22-Feb-2020	OM
M50	102 kg	Clean&Jerk	WALT	Martin	1968	SWC	116	02-Jun-2019	PAM
M50	102 kg	Total	WALT	Martin	1968	SWC	211	01-Jun-2019	PAM
M50	109 kg	Snatch	SANDERSON	Tim	1964	646	84	18-Nov-2017	CMO
M50	109 kg	Clean&Jerk	SANDERSON	Tim	1964	646	107	12-15-18	QHO
M50	109 kg	Total	SANDERSON	Tim	1964	646	188	18-Nov-2017	CMO
M50	109+ kg	Snatch	HERON	Jim	1965	NB	49	20-Feb-2016	OM
M50	109+ kg	Clean&Jerk	HERON	Jim	1965	NB	61	20-Feb-2016	OM
M50	109+ kg	Total	HERON	Jim	1965	NB	110	20-Feb-2016	OM



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M55	55 kg	Snatch	TEMPELAAR	Martin	1961	NB	51	25-Feb-2017	OM
M55	55 kg	Clean&Jerk	TEMPELAAR	Martin	1961	NB	68	25-Feb-2017	OM
M55	55 kg	Total	TEMPELAAR	Martin	1961	NB	119	25-Feb-2017	OM



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M55 61 kg	Snatch	TEMPELAAR	Martin	1961	NB	52	23-Apr-2016	CM
M55 61 kg	Clean&Jerk	TEMPELAAR	Martin	1961	NB	70	20-Feb-2016	OM
M55 61 kg	Total	TEMPELAAR	Martin	1961	NB	120	23-Apr-2016	CM
M55 67 kg	Snatch	MACDOWELL	Peter	1960	OW	50	27-Apr-2019	CM
M55 67 kg	Clean&Jerk	MACDOWELL	Peter	1960	OW	75	27-Apr-2019	CM
M55 67 kg	Total	MACDOWELL	Peter	1960	OW	125	27-Apr-2019	CM
M55 73 kg	Snatch	HROUPA	Stepan	1956	UTM	62	10-Aug-2015	MWC
M55 73 kg	Clean&Jerk	HROUPA	Stepan	1956	UTM	81	21-Feb-2015	OM
M55 73 kg	Total	HROUPA	Stepan	1956	UTM	142	21-Feb-2015	OM
M55 81 kg	Snatch	WEBB	Ian	1959	OT	90	25-Apr-2015	CM
M55 81 kg	Clean&Jerk	WEBB	Ian	1959	OT	111	07-Jun-2015	PAM
M55 81 kg	Total	WEBB	Ian	1959	OT	201	25-Feb-2017	OM
M55 89 kg	Snatch	CRANE	Jamie	1967	LB	90	09-Jul-2022	CM
M55 89 kg	Clean&Jerk	LAWSON	Ian	1959	LA	113	27-Apr-2019	CM
M55 89 kg	Total	CRANE	Jamie	1967	LB	199	09-Jul-2022	CM
M55 96 kg	Snatch	LAWSON	Ian	1960	LA	84	08-Oct-2016	WM
M55 96 kg	Clean&Jerk	LAWSON	Ian	1960	LA	107	08-Oct-2016	WM
M55 96 kg	Total	LAWSON	Ian	1960	LA	191	08-Oct-2016	WM
M55 109 kg	Snatch	SANDERSON	Tim	1964	646	82	24-Aug-2019	WM
M55 109 kg	Clean&Jerk	SANDERSON	Tim	1964	646	107	27-Apr-2019	CM
M55 109 kg	Total	SANDERSON	Tim	1964	646	185	22-Feb-2020	OM
M55 109+ kg	Snatch	MAZHAR	Ayman	1959	VV	80	25-Apr-2015	CM
M55 109+ kg	Clean&Jerk	MAZHAR	Ayman	1959	VV	107	23-Apr-2016	CM
M55 109+ kg	Total	MAZHAR	Ayman	1959	VV	186	25-Apr-2015	CM
M60 55 kg	Snatch	Tempelaar	Martin	1961	BBC	43	23-Oct-2021	RBM
M60 55 kg	Clean&Jerk	Tempelaar	Martin	1961	BBC	60	23-Oct-2021	RBM
M60 55 kg	Total	Tempelaar	Martin	1961	BBC	103	23-Oct-2021	RBM
M60 67 kg	Snatch	HROUPA	Stepan	1956	UTM	55	02-Jun-2019	PAM
M60 67 kg	Clean&Jerk	HROUPA	Stepan	1956	UTM	72	23-Feb-2019	OM
M60 67 kg	Total	HROUPA	Stepan	1956	UTM	127	02-Jun-2019	PAM
M60 73 kg	Snatch	GOMES	Mark	1951	DW	70	25-Apr-2015	CM
M60 73 kg	Clean&Jerk	GOMES	Mark	1951	DW	90	07-Jun-2015	PAM
M60 73 kg	Total	GOMES	Mark	1951	DW	159	25-Apr-2015	CM
M60 81 kg	Snatch	Smith	Christopher	1958	TW	91	23-Apr-2022	OM
M60 81 kg	Clean&Jerk	Smith	Christopher	1958	TW	87	23-Apr-2022	OM
M60 81 kg	Total	Smith	Christopher	1958	TW	148	23-Apr-2022	OM



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M60	89 kg	Snatch	CASE	John	1955	LA	81	02-Jun-2019	PAM
M60	89 kg	Clean&Jerk	CASE	John	1955	LA	98	27-Apr-2019	CM
M60	89 kg	Total	CASE	John	1955	LA	178	27-Apr-2019	CM
M60	96 kg	Snatch	CASE	John	1955	LA	91	20-Feb-2016	OM
M60	96 kg	Clean&Jerk	CASE	John	1955	LA	114	17-Jun-2016	PAM
M60	96 kg	Total	CASE	John	1955	LA	205	17-Jun-2016	PAM
M60	102 kg	Snatch	MAZHAR	Ayman	1959	VV	76	27-Apr-2019	CM
M60	102 kg	Clean&Jerk	MAZHAR	Ayman	1959	VV	100	23-Feb-2019	OM
M60	102 kg	Total	MAZHAR	Ayman	1959	VV	176	27-Apr-2019	CM
M60	109 kg	Snatch	CASE	John	1955	LA	78	10-Aug-2015	MWC
M60	109 kg	Clean&Jerk	CASE	John	1955	LA	100	10-Aug-2015	MWC
M60	109 kg	Total	CASE	John	1955	LA	178	10-Aug-2015	MWC
M60	109+ kg	Snatch	DESROCHES	David	1954	VESF	81	25-Apr-2015	CM
M60	109+ kg	Clean&Jerk	DESROCHES	David	1954	VESF	91	25-Apr-2015	CM
M60	109+ kg	Total	DESROCHES	David	1954	VESF	172	25-Apr-2015	CM
M65	55 kg	Snatch	SLENO	Nelson	1953	SWC	35	24-Feb-2018	OM
M65	55 kg	Clean&Jerk	SLENO	Nelson	1953	SWC	45	24-Feb-2018	OM
M65	55 kg	Total	SLENO	Nelson	1953	SWC	80	24-Feb-2018	OM
M65	61 kg	Snatch	SLENO	Nelson	1953	M	34	07-Jul-2018	BMO
M65	61 kg	Clean&Jerk	SLENO	Nelson	1953	M	43	07-Jul-2018	BMO
M65	61 kg	Total	SLENO	Nelson	1953	M	77	07-Jul-2018	BMO
M65	67 kg	Snatch	HROUPA	Stepan	1956	UTM	45	09-Jul-2022	CM
M65	67 kg	Clean&Jerk	HROUPA	Stepan	1956	UTM	47	09-Jul-2022	CM
M65	67 kg	Total	HROUPA	Stepan	1956	UTM	92	09-Jul-2022	CM
M65	73 kg	Snatch	GOMES	Mark	1951	AT	69	18-Nov-2017	CMO
M65	73 kg	Clean&Jerk	GOMES	Mark	1951	AT	86	23-Apr-2016	CM
M65	73 kg	Total	GOMES	Mark	1951	AT	154	23-Apr-2016	CM
M65	81 kg	Snatch	GOMES	Mark	1951	AT	61	24-Feb-2018	OM
M65	81 kg	Clean&Jerk	GOMES	Mark	1951	AT	80	20-Feb-2016	OM
M65	81 kg	Total	GOMES	Mark	1951	AT	140	20-Feb-2016	OM
M65	89 kg	Snatch	WALT	Bob	1949	ABC	65	25-Apr-2015	CM
M65	89 kg	Clean&Jerk	WALT	Bob	1949	ABC	85	25-Apr-2015	CM
M65	89 kg	Total	WALT	Bob	1949	ABC	150	25-Apr-2015	CM
M65	96 kg	Snatch	CASE	John	1955	LA	83	22-Feb-2020	OM
M65	96 kg	Clean&Jerk	CASE	John	1955	LA	96	22-Feb-2020	OM
M65	96 kg	Total	CASE	John	1955	LA	179	22-Feb-2020	OM



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M65	102 kg	Snatch	DOUGLAS	Iain	1949	GC	62	29-Sep-2018	TBQWO
M65	102 kg	Clean&Jerk	DOUGLAS	Iain	1949	GC	70	29-Sep-2018	TBQWO
M65	102 kg	Total	DOUGLAS	Iain	1949	GC	132	29-Sep-2018	TBQWO



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M65	109 kg	Snatch	DOUGLAS	Iain	1949	GC	69	20-Feb-2016	OM
M65	109 kg	Clean&Jerk	DOUGLAS	Iain	1949	GC	85	07-Jun-2015	PAM
M65	109 kg	Total	DOUGLAS	Iain	1949	GC	152	07-Jun-2015	PAM
M70	61 kg	Snatch	MILLER	Ken	1947	BMW	52	09-Jun-2017	PAM
M70	61 kg	Clean&Jerk	MILLER	Ken	1947	BMW	72	09-Jun-2017	PAM
M70	61 kg	Total	MILLER	Ken	1947	BMW	124	09-Jun-2017	PAM
M70	67 kg	Snatch	MILLER	Ken	1947	BMW	48	27-Apr-2019	CM
M70	67 kg	Clean&Jerk	MILLER	Ken	1947	BMW	65	02-Jun-2019	PAM
M70	67 kg	Total	MILLER	Ken	1947	BMW	113	02-Jun-2019	PAM
M70	73 kg	Snatch	Douglas	Iain	1949	MAC	48	24-Sep-2022	BAC
M70	73 kg	Clean&Jerk	Douglas	Iain	1949	MAC	72	24-Sep-2022	BAC
M70	73 kg	Total	Douglas	Iain	1949	MAC	120	24-Sep-2022	BAC
M70	81 kg	Snatch	YESSIE	Larry	1948	GG	45	22-Feb-2020	OM
M70	81 kg	Clean&Jerk	YESSIE	Larry	1948	GG	71	22-Feb-2020	OM
M70	81 kg	Total	YESSIE	Larry	1948	GG	116	22-Feb-2020	OM
M70	89 kg	Snatch	YESSIE	Larry	1948	GG	48	23-Feb-2019	OM
M70	89 kg	Clean&Jerk	YESSIE	Larry	1948	GG	70	23-Feb-2019	OM
M70	89 kg	Total	YESSIE	Larry	1948	GG	118	23-Feb-2019	OM
M70	96 kg	Snatch	WALT	Bob	1949	ABC	61	22-Feb-2020	OM
M70	96 kg	Clean&Jerk	WALT	Bob	1949	ABC	83	06-Jul-2019	BMO
M70	96 kg	Total	WALT	Bob	1949	ABC	138	06-Jul-2019	BMO
M70	102 kg	Snatch	DOUGLAS	Iain	1949	GC	62	22-Feb-2020	OM
M70	102 kg	Clean&Jerk	DOUGLAS	Iain	1949	GC	72	22-Feb-2020	OM
M70	102 kg	Total	DOUGLAS	Iain	1949	GC	138	22-Feb-2020	OM
M70	109 kg	Snatch	DOUGLAS	Iain	1949	MAC	48	24-Sep-2022	BAC
M70	109 kg	Clean&Jerk	DOUGLAS	Iain	1949	MAC	72	24-Sep-2022	BAC
M70	109 kg	Total	DOUGLAS	Iain	1949	MAC	120	24-Sep-2022	BAC
M75	96 kg	Snatch	THOMAS	Patrick	1943	SWC	40	29-Sep-2018	TBQWO
M75	96 kg	Clean&Jerk	THOMAS	Patrick	1943	SWC	53	27-Apr-2019	CM
M75	96 kg	Total	THOMAS	Patrick	1943	SWC	92	29-Sep-2018	TBQWO



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Additional Information

Clubs

646	646 Weightlifting
705	CrossFit 705
1855	CrossFit 1855
ABC	Apollo Barbell Club
AB	Alchemy Barbell
ALP	ALP Weightlifting
AT	Attollo
AW	Adamantium Weightlifting
BBC	Burlington Barbell Club
BMW	Blue Mountain Weightlifting
BH	Beach House
BS	Battlefield Strength
BUR	Burlington Barbell
BX	BodyX Weightlifting
CAC	Cobourg Athletic Club
C	County Barbell
CB	Creek Barbell Club
CP	CrossFit Pickering
CQ	CrossFit Queen Street
CT	CrossFit Toronto
CWC	Cornwall Weightlifting Club
D	Driven
DW	Durham Weightlifting
EE	East End Barbell
Elite	Elite
Fury	Fury
GB	Guelph Barbell Club
GC	Garden City
GG	Garage Gym
GP	Gawleys Performance Centre
GWL	Giant Weightlifting
HB	Hamilton Barbell
HC	Hawkestone CrossFit
HW	Hybrid Weightlifting
JL	JustLift
KHPN	Kanama High Performance North
KWC	Kapuskasing Weightlifting Club
KW	KW Weightlifting
LA	London Atlas Weightlifting
LB	Lift Barbell
LPS	LPS Weightlifting Club
LW	London Weightlifting
LYF	LYFTINGAR 1896
M	Maximus
MAC	Team MAC Lifting

Clubs

SYN	Synergy Weightlifting
T	Tadhana Weightlifting
Taktita	Taktita
TB	Thunder Bay
TV	The Vault Barbell
TW	Toronto Weightlifting Club
UC	United Counties Weightlifting Club
UTM	University of Toronto Mississauga
VBC	Victory Barbell Club
VESF	Valley East Snap Fitness
VSW	Varbanov School of Weightlifting
VV	Variety Village
WAF	We Are Fitness
WB	Windsor Barbell

Competition Abbreviations

646	646 Grand Prix
AO	American Open
ASF	Arnold Sports Festival
BAC	Burlington Autumn Classic
BCC	BC Provincial Championships
BJO	Bayside Junior Open
BMO	Blue Mountain Open
BSS	Barrie Summer Slam
BAC	Burlington Autumn Classic
CC	Club Challenge *JUVI ONLY
CG	Commonwealth Games
CJC	Canadian Junior Championships
CM	Canadian Masters
CMO	Canadian Masters Open
CO	Collingwood Open
CSC	Canadian Senior Championships
CUWE	College/University Weightlifting Extramural
CWO	Craig Williamson Open
ECC	Eastern Canadian Championships
FC	Fall Classic
HCC	Hybrid Club Competition/OWA Club Challenge
HO	Hybrid Open
JLO	JustLift Open
JFQ	JustLift Fall Qualifier
JOC	Junior Ontario Championships
JWC	Junior World Championships
K	Kanamalympics
LCQ	Last Chance Qualifier
MC	Mistletoe Challenge
MM	Midland Masters Open
MWC	Masters World Cup



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MB	Milton Barbell	ML	Megalift
MC	Maple City	OC	Ontario Championships
MVMT	MVMT Barbell	OM	Ontario Masters Open
MW	Markham Weightlifting	OO	Ontario Open
NB	North Burlington Weightlifting	OSG	Ontario Summer Games
NOR	Norsemen & Valkyries Weightlifting	PA	Pan Am Games
OBC	Outlaw Barbell Canada	PAC	Pan Am Championships
ON	Outlaw North	PAM	Pan Am Masters
OT	Orillia Trojans		
OW	Oakville Weightlifting	QHO	Quinte Holiday Open
PA	Power Academy	RHC	Ray Hamilton Classic/Open
PE	Physics Elite	SCH	Scholastics
PTBO	Crossfit PTBO	SF	Summerfest
Rad	Radix Barbell	SSO	Sabaria Summer Open
RB	Reaper Barbell	TBQWO	The Bay of Quinte Weightlifting Open
RC	Royal City Weightlifting	TQ	Turkey Qualifier
RE	Reva Barbell	TWC	Toronto Weightlifting Championships/Toronto Cup
RX	RX Weightlifting	UN	Universiade
Rouge	Rouge	VVO	Variety Village Open
SL	Six Lifts	WC	World Championships
SM	Steel Machine	WL	WinterLift
SOW		WM	World Masters
SSW	Sabaria Weightlifting	YH	Young Hercules
STSA	St. Thomas Strength Athletics	RBM	Richard Borden Memorial
SBB	Storm Breaker Barbell		
SV	Strengthville		
SW	Santavy Weightlifting		
SWC	Sudbury Weightlifting Club		