

**2023 YTD SENIOR Ranking**  
**Jan 1, 2023 to Dec 31, 2023**  
**SDC ONLY**  
**Ranked by Marker**  
**Mike Miller for OWA**

RANK	SURNAME	FIRST NAME	BWT	TEAM	YOB	CAT	TOTAL	MARKER	CONTEST	Date
1	BEDWARD	Shania	75.6	CanAM Barbell Club	1996	76	235	0.9437751	2023 Ontario Senior Championships	11/11/2023
2	LAYLOR	Maya	80.8	CANADA	1995	81	238	0.926070039	2023 Pan American Championships	3/25/2023
3	BRADDOCK	Amanda	48.6	Ontario	1989	49	174	0.920634921	2023 Canadian Senior Championships	5/19/2023
4	TRUPP	Megan	70.55	CANADA	2000	71	216	0.9	2023 Pan American Championships	3/25/2023
5	KNOWLTON	Monica	63	Ontario	1998	64	200	0.881057269	2023 Canadian Senior Championships	5/19/2023
6	GULA	Hannah	58.6	Ontario	1998	59	189	0.875	2023 Canadian Senior Championships	5/19/2023
7	LUSIGNAN	Naomie	70.44	Ontario	2005	71	201	0.8375	2023 Canadian Senior Championships	5/19/2023
8	FRANKLIN	Jessica	74	Toronto Weightlifting	1992	76	207	0.831325301	2023 Mistletoe	1/14/2023
9	WRIGHT	Katrina	59	Ontario	1995	59	175	0.810185185	2023 Canadian Senior Championships	5/19/2023
10	HARDING	Kennedy	70.7	Ontario	1995	71	194	0.808333333	2023 Canadian Senior Championships	5/19/2023
11	SANTAVY	Alana	67.6	Ontario	2003	71	192	0.8	2023 Canadian Senior Championships	5/19/2023
12	RYAN	Julia	85.3	Ontario	1990	87	206	0.777358491	2023 Canadian Senior Championships	5/19/2023
13	MARASHI	Maryam	70	Ontario	1996	71	184	0.766666667	2023 Canadian Senior Championships	5/19/2023
14	ABUSOW	Danielle	70.1	Ontario	1994	71	183	0.7625	2023 Canadian Senior Championships	5/19/2023
15	WERNER	Ashley	63.1	LPS	1987	64	172	0.757709251	2023 Mistletoe	12/16/2023
16	STEVENS-PAQUETTE	Ambroise	76	Sudbury Weightlifting Club	2004	76	188	0.75502008	2023 Ray Hamilton/Bob LeClair	10/21/2023
17	CHUTE	Emily	75.3	Fury Weightlifting Club	2000	76	186	0.746987952	2023 WINTERLIFT	2/4/2023
18	ROSS	Lexis	85.1	Burlington Barbell Club	1995	87	197	0.743396226	2023 Ontario Senior Championships	11/11/2023
19	CHONG	Melissa	70.3	Varbanov School of Weightlifting	1999	71	178	0.741666667	2023 Ontario Senior Championships	11/11/2023
20	GRANT	Naza	85.6	KapusKasing Weightlifting Club	2006	87	195	0.735849057	2023 Ontario Senior Championships	11/11/2023
21	FINDLAY	Taylor	58.1	Variety Village Weightlifting Club	1993	59	158	0.731481481	2023 Ontario Senior Championships	11/11/2023
22	DANIS	Skyler	75.45	Varbanov School of Weightlifting	1997	76	182	0.730923695	2023 RICHARD BORDEN MEMORIAL	10/14/2023
23	VAN ULFT	Aurora	35.6	CanAm Barbell Club	2013	45	128	0.727272727	2023 Junior/Youth Championships	12/9/2023
24	WEDGE	Kaylee	62.4	KapusKasing Weightlifting Club	1994	64	165	0.726872247	2023 Ontario Senior Championships	11/11/2023
25	EVANS	Bronwyn	58.7	Sabaria Weightlifting Club	1996	59	156	0.722222222	2023 Summer time Lift Off	6/17/2023
26	SERGESE	Abigail	55.7	United Counties Weightlifting Club	1994	59	154	0.712962963	2023 Ontario Senior Championships	11/11/2023
27	CERNA	Natalie	78.75	CANADA	2006	81	181	0.704280156	2023 Youth World Championships	3/25/2023
28	MILLS	Katie	77.9	Power Academy	2003	81	178	0.692607004	2023 WINTERLIFT	2/4/2023
29	KOZOREZOVA	Nancy	79.8	Landmark x JustLift	1994	81	177	0.688715953	2023 Ontario Senior Championships	11/11/2023
30	LAVOIE	Megan	78.7	TEAMLDN Weightlifting	1992	81	175	0.680933852	2023 Ontario Senior Championships	11/11/2023
31	BARTZ	Charity	58.2	Driven Barbell Club	1978	59	145	0.671296296	2023 Ontario Senior Championships	11/11/2023
32	MCINNIS	Laura	70.3	LIFT Barbell Club	1994	71	161	0.670833333	2023 WINTERLIFT	2/4/2023
33	CONTEDEUCA	Melissa	63.6	Landmark x JustLift	1986	64	151	0.665198238	2023 Ontario Classic	9/16/2023
34	ROBINSON	Marlowe	54.6	Garage Gym Weightlifting	2005	55	136	0.663414634	2023 Junior/Youth Championships	12/9/2023
35	BERUBE	Mel	74.5	KapusKasing Weightlifting Club	1999	76	165	0.662650602	2023 Ontario Senior Championships	11/11/2023
36	NEMETH	Amanda	70.2	CanAm Barbell Club	1984	71	158	0.658333333	2023 Ontario Senior Championships	11/11/2023
37	DI PIERRO	Connie	77.3	1855 Barbell Club	1981	81	169	0.657587549	2023 Ontario Masters Championships	4/22/2023
38	JEFFREY	Joanne	49	Ontario	1981	49	124	0.656084656	2023 Canadian Masters Championships	7/15/2023
39	PHILP	Megan	80.6	Kanama High Performance North	1995	81	168	0.653696498	2023 Summer Fest	8/12/2023
40	KOZLOVICH	Katelin	54.1	KapusKasing Weightlifting Club	1999	55	134	0.653658537	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
41	DELL	Whitney	57.9	Rx Weightlifting	1984	59	141	0.652777778	2023 Ontario Masters Championships	4/22/2023
42	DIGENIS	Hanna	62.6	Team MAC	1999	64	148	0.651982379	2023 Mistletoe	12/16/2023
43	LAVECHIA	Krystal	54.1	Driven Barbell Club	1983	55	133	0.648780488	2023 Ontario Senior Championships	11/11/2023
44	MACLEAN	Samantha	79.9	Team MAC Weightlifting	1990	81	166	0.645914397	2023 Ontario Senior Championships	11/11/2023
45	KIM	Joanne	54.3	Atlas Barbell Club	1996	55	132	0.643902439	2023 Summer Fest	8/12/2023
46	HALLIGAN	Jillian	63.6	The Steel Machine	1975	64	146	0.643171806	2023 Ontario Masters OPEN	2/25/2023
47	VAN MOORSEL	Erin	53.1	Adamantium Weightlifting	1979	55	131	0.63902439	2023 Ontario Masters Championships	4/22/2023
48	PARSONS	Chloe	57.4	ONT	2006	59	138	0.638888889	2023 Ontario Winter Games	2/10/2023
49	HERBERT	Martene	70.2	Ontario	1982	71	153	0.6375	2023 Canadian Masters Championships	7/15/2023
50	PARSONS	Kristin	63.8	Ontario	1980	64	143	0.629955947	2023 Canadian Masters Championships	7/15/2023
51	ALDERDICE	Taylor	85.25	North Shore Barbell	1997	87	165	0.622641509	2023 RICHARD BORDEN MEMORIAL	10/14/2023
52	WEATHERUP	dominique	57.9	ONT	2006	59	134	0.62037037	2023 Ontario Winter Games	2/10/2023
53	WARD	Jamie	58.9	LBC	2000	59	134	0.62037037	2023 Mistletoe	12/16/2023
54	PAGE	Michelle	98.8	Battlefield Strength	1987	87+	173	0.620071685	2023 RICHARD BORDEN MEMORIAL	10/14/2023
55	BRUCE	Ashley	53.9	Landmark x JustLift	2000	55	126	0.614634146	2023 Ontario Classic	9/16/2023
56	FAGAN	Steph	73.6	Integrity Barbell Collective	1990	76	153	0.614457831	2023 WINTERLIFT	2/4/2023
57	KI	Virginia	68.6	Toronto Weightlifting	1983	71	147	0.6125	2023 Ontario Masters Championships	4/22/2023
58	LEE	Nichole	71	Integrity Barbell Collective	1981	71	146	0.608333333	2023 Summer time Lift Off	6/17/2023
59	DE GRANDPRE	Marie	69.8	Landmark x JustLift	2002	71	146	0.608333333	2023 Ontario Classic	9/16/2023
60	DAR	Momina	62.7	JustLift	1995	64	138	0.607929515	2023 VARIETY VILLAGE OPEN	1/21/2023
61	MARTYN BELCHIOR	Caroline	85.7	Radix Barbell	2001	87	161	0.60754717	2023 Mistletoe	12/16/2023
62	WALLACE	Alexandria	80.2	Norsemen and Valkyries	1995	81	156	0.607003891	2023 Ray Hamilton/Bob LeClair	10/21/2023
63	VERWEY	Jess	63.1	CrossFit PTBO Weightlifting Club	1990	64	137	0.603524229	2023 Ontario Classic	3/15/2023
64	KARAGOUNIS	Cassandra	70.5	ONT	2007	71	144	0.6	2023 Ontario Winter Games	2/10/2023
65	COX	Belinda	55	Maximus Barbell Club	1979	55	123	0.6	2023 Summer time Lift Off	6/17/2023
66	BATTS	Cassandra	58.3	Lions Den Weightlifting	1989	59	129	0.597222222	2023 Mistletoe	12/16/2023
67	CHAN	Hellen	63.64	Variety Village Weightlifting Club	1996	64	135	0.594713656	2023 RICHARD BORDEN MEMORIAL	10/14/2023
68	CARLUCCI	Cassandra	80.3	646 Weightlifting Club	1995	81	151	0.587548638	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
69	MARTINDALE	Kayla	67.15	Ontario	2005	71	141	0.5875	2023 Canadian Junior Championships	6/3/2023
70	NIKITOVIC	Natasa	69.7	Sky Fitness Weightlifting	1995	71	141	0.5875	2023 Mistletoe	12/16/2023
71	RIORDAN	Hannah	75.2	Atlas Barbell Club	1991	76	146	0.586345382	2023 Mistletoe	12/16/2023
72	SUNN	Kelcie	54.8	Canuck Barbell	1987	55	120	0.585365854	2023 VARIETY VILLAGE OPEN	1/21/2023
73	DONATI	Katie	69.9	Burlington Barbell Club	2003	71	140	0.583333333	2023 Summer time Lift Off	6/17/2023
74	ZHANG	Sherry	53	Iron Athletics	2006	55	119	0.580487805	2023 Junior/Youth Championships	12/9/2023
75	HOLDSWORTH	Danielle	73.9	Power Academy	1979	76	142	0.570281124	2023 Ontario Masters OPEN	2/25/2023
76	TYRER	Madalyn	47.6	Victory Barbell Club	2010	49	107	0.566137566	2023 Junior/Youth Championships	12/9/2023
77	CULHAM-PUTNOKI	Gabrielle	61.3	Godspeed	1999	64	128	0.563876652	2023 WINTERLIFT	2/4/2023
78	VILLAGONZALO	Marife	70.4	Ontario	1972	71	135	0.5625	2023 Canadian Masters Championships	7/15/2023
79	JONES	Sue	74	Ontario	1972	76	140	0.562248996	2023 Canadian Masters Championships	7/15/2023
80	AMUNDRUD	Heather	48.2	Ontario	1974	49	106	0.560846561	2023 Canadian Masters Championships	7/15/2023
81	BASS	Emily	71.1	Adamantium Weightlifting	1993	76	139	0.558232932	2023 WINTERLIFT	2/4/2023
82	PILON	Chanelle	70.9	KapusKasing Weightlifting Club	2000	71	133	0.554166667	2023 Ray Hamilton/Bob LeClair	10/21/2023
83	WARNER	Pamela	47.7	Apollo Barbell Club	1979	49	104	0.55026455	2023 Ontario Masters OPEN	2/25/2023
84	DONALDSON	Natasha	84	Power Academy	1993	87	145	0.547169811	2023 Ontario Masters OPEN	2/25/2023

85	ROBERTSON	Jordan	63.8	Burlington Barbell Club	1982	64	124	0.546255507	2023 Ontario Masters Championships	4/22/2023
86	CARRASS	Hannah	71.2	Power Academy	2000	76	136	0.546184739	2023 Ontario Classic	9/16/2023
87	ALFORD	Ella	55	Battlefield Strength	2005	55	111	0.541463415	2023 Summer time Lift Off	6/17/2023
88	KNUDSEN	Laura	69.6	Power Academy	1982	71	129	0.5375	2023 Ontario Masters Championships	4/22/2023
89	BROWN	Alison	69.04	LBC	1982	71	129	0.5375	2023 RICHARD BORDEN MEMORIAL	10/14/2023
90	KUROGI	Emi	63.3	Goodlife Barbell	1992	64	122	0.537444934	2023 Mistletoe	12/16/2023
91	QUERO	Nikkie	54.9	Ontario	1988	55	110	0.536585366	2023 Canadian Masters Championships	7/15/2023
92	PIRRIE	Danielle	76	Durham Strength and Conditioning	1974	76	133	0.534136546	2023 Ontario Masters OPEN	2/25/2023
93	MARTENS	Eva	79.9	Ontario	1979	81	137	0.53307393	2023 Canadian Masters Championships	7/15/2023
94	ST PETER	Jelisa	114.8	Ontario	1989	87+	147	0.52688172	2023 Canadian Masters Championships	7/15/2023
95	MCULLIN	Kassidy	61.69	Power Academy	1998	64	119	0.524229075	2023 RICHARD BORDEN MEMORIAL	10/14/2023
96	BROOKS	Stephanie	75.7	LIFT Barbell Club	1990	76	130	0.522088353	2023 Ontario Masters OPEN	2/25/2023
97	THIESSEN	Burgandy	64.7	Maximus Barbell Club	1997	71	125	0.520833333	2022 Mistletoe	1/14/2023
98	MOORE	Anna	56.8	Norsemen and Valkyries	2008	59	112	0.518518519	2023 Junior/Youth Championships	12/9/2023
99	WIJAYA	Saret	79.5	Ontario	1981	81	133	0.517509728	2023 Canadian Masters Championships	7/15/2023
100	LONGVAL	Frederike	52.7	Kapuskasig Weightlifting Club	2000	55	105	0.512195122	2023 Ray Hamilton/Bob LeClair	10/21/2023
101	GUENETTE	Sylvie	63.9	Sudbury Weightlifting Club	1966	64	115	0.50660793	2023 Ontario Masters OPEN	2/25/2023
102	ZIRKLE	Molly	58.6	Toronto Weightlifting	1967	59	109	0.50462963	2022 Mistletoe	1/14/2023
103	BRASSEUR	Soveigh	74.4	Power Academy	2001	76	125	0.502008032	2023 RICHARD BORDEN MEMORIAL	10/14/2023
104	ST. PETER	Jelisa	116.9	Adamantium Weightlifting	1989	87+	140	0.501792115	2023 WINTERLIFT	2/4/2023
105	GUENETTE	Sylvie	63.4	Ontario	1966	64	113	0.497797357	2023 Canadian Masters Championships	7/15/2023
106	RICHARD	Laurence	62.6	Kapuskasig Weightlifting Club	1996	64	113	0.497797357	2023 Ray Hamilton/Bob LeClair	10/21/2023
107	MAY	Jahala	51.3	Maximus Barbell Club	2011	55	102	0.497560976	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
108	LE	Marie	67.4	Integrity Barbell Collective	2001	71	119	0.495833333	2023 WINTERLIFT	2/4/2023
109	KHALID	Rumaina	53.6	Half Moon Weightlifting Club	1998	55	101	0.492682927	2023 Ontario Classic	9/16/2023
110	AGRO	Daniella	48.6	Radix Barbell Club	2006	49	93	0.492063492	2023 Summer Fest	8/12/2023
111	CARLYLE	Katie	86.1	Power Academy	1997	87	129	0.486792453	2023 WINTERLIFT	2/4/2023
112	QUAILE	Christina	77.8	Ontario	1980	81	125	0.486381323	2023 Canadian Masters Championships	7/15/2023
113	PARKER	Margaux	57.5	646 Weightlifting Club	1995	59	105	0.486111111	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
114	GYARMATI	Brenda	58.6	Ontario	1971	59	105	0.486111111	2023 Canadian Masters Championships	7/15/2023
115	ROGAN	Shoshanna	91.45	Ontario	2007	87+	135	0.483870968	2023 Canadian Junior Championships	6/3/2023
116	DHALIWAL	Jasleen	83.8	Varbanov School of Weightlifting	1998	87	128	0.483018868	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
117	SMART	Nicole	90.96	LBC	1992	87+	134	0.480286738	2023 RICHARD BORDEN MEMORIAL	10/14/2023
118	CHAMPAGNE	Abby	101.9	Norsemen and Valkyries	2006	87+	134	0.480286738	2023 Ray Hamilton/Bob LeClair	10/21/2023
119	MCCRATH	Amy	63.5	CrossFit PTBO Weightlifting Club	1986	64	109	0.480176211	2023 Ontario Masters OPEN	2/25/2023
120	ELLIS	Eden	73	Kapuskasig Weightlifting Club	1999	76	119	0.477911647	2023 Ray Hamilton/Bob LeClair	10/21/2023
121	HAMMAR	Grace	93.69	Varbanov School of Weightlifting	1983	87+	133	0.476702509	2023 RICHARD BORDEN MEMORIAL	10/14/2023
122	PHIPPS	Amie	66.37	LBC	1985	71	114	0.475	2023 RICHARD BORDEN MEMORIAL	10/14/2023
123	NEIL	Madelyn	83.25	Battlefield Strength	2001	87	125	0.471698113	2023 RICHARD BORDEN MEMORIAL	10/14/2023
124	GOMES	Emily	56.5	646 Weightlifting Club	1991	59	101	0.467592593	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
125	FAROQQ	Shahana	66.3	646 Weightlifting Club	1992	71	112	0.466666667	2023 WINTERLIFT	2/4/2023
126	CONDON	Sarah	70.3	Ontario	1983	71	111	0.4625	2023 Canadian Masters Championships	7/15/2023
127	LEE	Bronwyn	103.9	Ontario	1989	87+	129	0.462365591	2023 Canadian Masters Championships	7/15/2023
128	SAMBELL	Elysha	63	St. Thomas Strength Athletics (STSA)	1992	64	104	0.45814978	2023 Ontario Masters OPEN	2/25/2023
129	CARTER	Sarah	61.3	Burlington Barbell Club	2005	64	104	0.45814978	2023 Summer time Lift Off	6/17/2023
130	BARAZUOL	Carol	75.1	Ontario	1970	76	113	0.453815261	2023 Canadian Masters Championships	7/15/2023
131	MITCHELL	Keri	61.2	Integrity Barbell Collective	1978	64	103	0.453744493	2023 Ontario Masters Championships	4/22/2023
132	WALLEN	Hope	58.6	Driven Barbell Club	1997	59	98	0.453703704	2023 Ontario Classic	9/16/2023
133	KIELTY	Paula	54.7	Ontario	1964	55	93	0.453658537	2023 Canadian Masters Championships	7/15/2023
134	VAN LUVEN	McKenna	47.9	Victory Barbell Club	2010	49	85	0.44973545	2023 Junior/Youth Championships	12/9/2023
135	MARKS	Tanya	63.9	Power Academy	1980	64	102	0.449339207	2023 Ontario Masters OPEN	2/25/2023
136	CUMMINGS	Jessica	52	Apollo Barbell Club	2005	55	92	0.448780488	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
137	PEART	Janice	103.2	Eastern Bloc Barbell Club	1986	87+	125	0.448028674	2023 Summer Fest	8/12/2023
138	REID	Sarah	85.7	Beach House Weightlifting Club	1974	87	117	0.441509434	2023 Ontario Masters Championships	4/22/2023
139	HUMBLE	Charlene	111.6	TEAMLDN	1977	87+	123	0.440860215	2023 Mistletoe	12/16/2023
140	CALDWELL	Laura	58.4	Driven Barbell Club	1987	59	95	0.439814815	2023 Ontario Masters Championships	4/22/2023
141	HA	Cherry (jihee)	58.07	Power Academy	1994	59	95	0.439814815	2023 RICHARD BORDEN MEMORIAL	10/14/2023
142	BASTIAAN	Helga	80	Apollo Barbell Club	1973	81	113	0.439688716	2023 Ontario Masters Championships	4/22/2023
143	RICHARD	Nathalie	75.59	Battlefield Strength	1973	76	108	0.43373494	2023 RICHARD BORDEN MEMORIAL	10/14/2023
144	STOVEL	Gillian	71	Ontario	1976	71	104	0.433333333	2023 Canadian Masters Championships	7/15/2023
145	AUDETTE	Alissa	93.7	Ontario	1979	87+	120	0.430107527	2023 Canadian Masters Championships	7/15/2023
146	FAGAN	Jessica	76	Integrity Barbell Collective	1987	76	107	0.429718876	2023 Ontario Masters Championships	4/22/2023
147	SCOTT	Alison	49.25	Power Academy	1975	55	88	0.429268293	2023 RICHARD BORDEN MEMORIAL	10/14/2023
148	SPENCER	Madalena	68.1	Kanama High Performance North	1991	71	103	0.429166667	2023 Summer Fest	8/12/2023
149	CHAMPAGNE	Judy	80.7	Battlefield Strength	1992	81	109	0.424124514	2023 Summer time Lift Off	6/17/2023
150	VILLAGONZALO	Mercedes	47.4	Toronto Weightlifting	2009	49	80	0.423280423	2023 Junior/Youth Championships	12/9/2023
151	CHAMPAGNE	Abigail	101.7	ONT	2006	87+	118	0.422939068	2023 Ontario Winter Games	2/10/2023
152	SKOBEL	Eve	70.4	Burlington Barbell Club	1972	71	101	0.420833333	2023 Ontario Masters Championships	4/22/2023
153	CHAMBERLAIN	Rhonda	64.6	Power Academy	1984	71	100	0.416666667	2023 Ontario Masters Championships	4/22/2023
154	BARBER	Patricia	81.4	Ontario	1965	87	110	0.41509434	2023 Canadian Masters Championships	7/15/2023
155	ETHIER	Danika	58.3	Kapuskasig Weightlifting Club	2000	59	89	0.412037037	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
156	FREIRE	Melissa	84.1	Ontario	1980	87	109	0.411320755	2023 Canadian Masters Championships	7/15/2023
157	WALLACE	Lyla	50.3	Adamantium Weightlifting	2009	55	84	0.409756098	2023 Junior/Youth Championships	12/9/2023
158	MAXWELL	Samantha	109.5	Ontario	1982	87+	114	0.408602151	2023 Canadian Masters Championships	7/15/2023
159	FLAGEOLE	Janick	84.4	Kapuskasig Weightlifting Club	1994	87	108	0.40754717	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
160	ALEXANDER	Angie	84.09	LBC	1979	87	108	0.40754717	2023 RICHARD BORDEN MEMORIAL	10/14/2023
161	PUZZUOLI	Emma	57.5	GUEST LIFTER	2010	59	87	0.402777778	2023 Junior/Youth Championships	12/9/2023
162	GUZEL	Derin	69	Power Academy	2006	71	95	0.395833333	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
163	UORENSYRJA	Liisa	75.7	Ontario	1967	76	97	0.389558233	2023 Canadian Masters Championships	7/15/2023
164	ROBINSON	Mikaylie	30.4	Garage Gym Weightlifting	2010	45	68	0.386363636	2023 Junior/Youth Championships	12/9/2023
165	BLACKHURST	Alison	54.5	Driven Barbell Club	1966	55	79	0.385365854	2023 Ontario Masters Championships	4/22/2023
166	DONALDSON	Kelly	85.3	Ontario	1968	87	102	0.384905666	2023 Canadian Masters Championships	7/15/2023
167	FITZSIMMONS	Kristen	62.4	Ontario	1977	64	85	0.374449339	2023 Canadian Masters Championships	7/15/2023
168	LEE	Madison	60.6	Garage Gym Weightlifting	2006	64	85	0.374449339	2023 Junior/Youth Championships	12/9/2023
169	FEIGE	Sophia	61.2	Adamantium Weightlifting	2009	64	84	0.370044053	2023 Junior/Youth Championships	12/9/2023
170	MACLEAN	Calista	54.3	ONT	2009	55	75	0.365853659	2023 Ontario Winter Games	2/10/2023
171	MCKAY	Zoe	52	LBC	2010	55	74	0.36097561	2023 Junior/Youth Championships	12/9/2023
172	LYU	Li	64	Optimal Performance	1991	64	81	0.356828194	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
173	HARIPERSAD	Samantha	77.5	Optimal Performance	1996	81	91	0.354085603	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
174	LAZADO	Eunillyne	56.1	646 Weightlifting Club	1995	59	76	0.351851852	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
175	TONUS	Fern	54.5	Ontario	1958	55	70	0.341463415	2023 Canadian Masters Championships	7/15/2023
176	STANKIEWICZ	Katrina	59.4	646 Weightlifting	1991	64	77	0.339207048	2023 VARIETY VILLAGE OPEN	1/21/2023
177	PTOLEMY-DALY	Marg	61.4	646 weightlifting	1971	64	77	0.339207048	2023 Mistletoe	12/16/2023

178	O'NEILL	Sara	78.9	Power Academy	1974	81	87	0.338521401	2023 Ontario Masters Championships	4/22/2023
179	PEARSON	Michelle	106.1	Driven Barbell Club	1973	87+	93	0.333333333	2023 Ontario Masters Championships	4/22/2023
180	WHITE	Mardell	63.34	Better Tomorrow Barbell Club	1976	64	75	0.330396476	2023 RICHARD BORDEN MEMORIAL	10/14/2023
181	MACLEAN	Karsin	42	Team MAC Weightlifting	2013	45	58	0.329545455	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
182	ALEXANDER	Ava	73.7	LBC	2009	76	81	0.325301205	2023 Junior/Youth Championships	12/9/2023
183	CHAPMAN	Annalise	49.4	ONT	2009	55	66	0.32195122	2023 Ontario Winter Games	2/10/2023
184	LEAH	Susan	83.2	Durham Strength and Conditioning	1971	87	85	0.320754717	2023 Ontario Masters Championships	4/22/2023
185	SINCLAIR	Paige	89	LBC	2008	87+	89	0.318996416	2023 Junior/Youth Championships	12/9/2023
186	MORING	Joanne	73.7	Ontario	1964	76	76	0.305220884	2023 Canadian Masters Championships	7/15/2023
187	MANNING	Alison	79.7	Godspeed	1970	81	78	0.303501946	2023 Ontario Masters Championships	4/22/2023
188	GIBSON	Miya	35.6	Toronto Weightlifting	2010	45	53	0.301136364	2023 Summer Fest	8/12/2023
189	PECH	Klana	96	Optimal Performance	2006	87+	84	0.301075269	2023 Junior/Youth Championships	12/9/2023
190	KOLESNICHENKO	Isabella	64.85	Norsemen and Valkyries	2008	71	72	0.3	2023 Ray Hamilton/Bob LeClair	10/21/2023
191	HAZELTON	Elisabeth	65.78	Durham Strength and Conditioning	1968	71	70	0.291666667	2023 RICHARD BORDEN MEMORIAL	10/14/2023
192	PERKIN	Isla	79.2	LBC	2010	81	74	0.287937743	2023 Junior/Youth Championships	12/9/2023
193	LANDER	Karen	62.6	Ontario	1954	64	65	0.286343612	2023 Canadian Masters Championships	7/15/2023
194	STAJCER	Leah	71.78	Pulse Barbell Club	1988	76	70	0.281124498	2023 RICHARD BORDEN MEMORIAL	10/14/2023
195	ARISS-LEITCH	Meaghan	78.1	Better Tomorrow Barbell Club	2006	81	69	0.26848249	2023 Junior/Youth Championships	12/9/2023
196	MARSHALL	Lindsay	82.6	Apollo Barbell Club	2002	87	70	0.264150943	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
197	BARNES	Tiffany	78	Driven Barbell Club	1987	81	65	0.252918288	2023 Ontario Masters Championships	4/22/2023
198	CARTWRIGHT	Mara	52.25	Norsemen and Valkyries	2013	55	48	0.234146341	2023 Ray Hamilton/Bob LeClair	10/21/2023
199	WALT	Christine	79.4	Apollo Barbell Club	1949	81	60	0.233463035	2023 Ontario Masters Championships	4/22/2023
200	HARVEY	Heather	62.3	Ontario	1956	64	52	0.22907489	2023 Canadian Masters Championships	7/15/2023
201	O'CONNELL	Caitlin	93.5	Driven Barbell Club	1981	87+	59	0.211469534	2023 Ontario Masters Championships	4/22/2023
202	OTTENS	Leona	69.5	LIFT Barbell Club	1989	71	0	0	2023 Ontario Masters OPEN	2/25/2023
203	KORMAN	Ashley	66.3	646 Weightlifting Club	1983	71	0	0	2023 RICHARD BORDEN MEMORIAL	10/14/2023
204	KANG	Charlene	69	Headwaters Strength and Conditioning	1988	71	0	0	2023 RICHARD BORDEN MEMORIAL	10/14/2023
205	STUART	Sophie	69.63	CanAm Barbell Club	2000	71	0	0	2023 RICHARD BORDEN MEMORIAL	10/14/2023
1	SANTAVY	Boady	89	Canada	1997	89	372	0.997319035	2023 Grand Prix II	12/4/2023
2	LUSIGNAN	Xavier	94.55	Canada	2003	96	347	0.898963731	2023 World Junior Championships	11/15/2023
3	SANTAVY	Noah	96.2	Ontario	1998	102	352	0.891414141	2023 Canadian Senior Championships	5/19/2023
4	SANTAVY	Bradyn	88.95	Canada	2003	89	325	0.871313673	2023 World Junior Championships	11/15/2023
5	IBANEZ-GUERRERO	Brayan	80.75	Canada	2006	81	306	0.861971831	2023 IWF Grand Prix	6/8/2023
6	MOORMAN	Spencer	101.3	CanAm Barbell Club	1991	102	337	0.851010101	2023 Ontario Classic	3/15/2023
7	LONGO	Frank	80.4	Ontario	1984	81	288	0.811267606	2023 Canadian Senior Championships	5/19/2023
8	SHARAF ELDIN	Feras	66.8	Ontario	2003	67	255	0.806962025	2023 Canadian Senior Championships	5/19/2023
9	MUNRO	Nicolas	88.3	Landmark x JustLift	1998	89	295	0.790884718	2023 Ontario Senior Championships	11/11/2023
10	BOILEAU	Patrick	108.9	CanAm Barbell Club	1994	109	316	0.778325123	2023 Ontario Classic	3/15/2023
11	PATAULT	Quentin	80.9	Ontario	1992	81	276	0.777464789	2023 Canadian Senior Championships	5/19/2023
12	QUACH	Eric	80.5	Ontario	1993	81	272	0.766197183	2023 Canadian Senior Championships	5/19/2023
13	CRUZ	Jet	66.8	Ontario	1994	67	236	0.746835443	2023 Canadian Senior Championships	5/19/2023
14	LEE	Jiwon	72.1	Burlington Barbell Club	1994	73	248	0.74251497	2023 Ontario Senior Championships	11/11/2023
15	TAMUROV	Dmytrii	84.8	LBC	2005	89	274	0.73458445	2023 Junior/Youth Championships	12/9/2023
16	NARDI	John	72.9	LPS Athletic	2000	73	244	0.730538922	2023 Ontario Classic	3/15/2023
17	TAYLOR	Kody	73	Ontario	1991	73	244	0.730538922	2023 Canadian Senior Championships	5/19/2023
18	TAM	Jordan	89	Varbanov School of Weightlifting	1994	89	272	0.72922252	2023 Ontario Senior Championships	11/11/2023
19	MACDONALD	Liam	99.5	Ontario	1996	102	287	0.724747475	2023 Canadian Senior Championships	5/19/2023
20	XU	Cheng	66.1	Ontario	1990	67	226	0.715189873	2023 Canadian Senior Championships	5/19/2023
21	BAKER	Logan	88.8	Norsemen and Valkyries	1993	89	265	0.710455764	2023 Summer Fest	8/12/2023
22	BEAUMONT	Keenan	80.9	Sabaria Weightlifting Club	1994	81	252	0.709859155	2023 Ontario Classic	3/15/2023
23	TRUONG	Long	80	1855 Barbell Club, CanAm Barbell Club	1994	81	251	0.707042254	2023 Ontario Senior Championships	11/11/2023
24	WEN	Stephen	108.2	Ontario	1996	109	286	0.704433498	2023 Canadian Senior Championships	5/19/2023
25	MOSCUZZA	Matthew	76.13	Ontario	2003	81	249	0.701408451	2023 Canadian Junior Championships	6/3/2023
26	PUGLIESE	Peter	79.2	Power Academy	1997	81	246	0.692957746	2023 Ontario Senior Championships	11/11/2023
27	SABAYLE	Khalil	79.3	Variety Village Weightlifting Club	1993	81	245	0.690140845	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
28	KOO	Nicholas	107.9	Ontario	1993	109	280	0.689655172	2023 Canadian Senior Championships	5/19/2023
29	D'ANGELO	Michael	95	Burlington Barbell Club	1991	96	265	0.686528497	2023 Ontario Classic	9/16/2023
30	JOHNSON	James	95.3	Ontario	1981	96	263	0.68134715	2023 Canadian Masters Championships	7/15/2023
31	SHEPPARD	Cole	96	Kanama High Performance North	2001	96	263	0.68134715	2023 Ray Hamilton/Bob LeClair	10/21/2023
32	SMITH	Ken	66.6	Driven Barbell Club	1982	67	215	0.680379747	2023 Ontario Senior Championships	11/11/2023
33	FRANKEL	Daniel	72.1	Burlington Barbell Club	1995	73	227	0.679640719	2023 Ontario Senior Championships	11/11/2023
34	SEHATZADEH	Darius	91	Radix Barbell	1992	96	261	0.676165803	2022 Mistletoe	1/14/2023
35	SRITHARAN	Janujan	80.6	Variety Village Weightlifting Club	1999	81	240	0.676056338	2023 Summer Fest	8/12/2023
36	FASULLO	Lucas	94.3	Burlington Barbell Club	1992	96	260	0.67357513	2023 Summer time Lift Off	6/17/2023
37	SMITH	Stephen	87.6	Toronto Weightlifting	1999	89	250	0.670241287	2022 Mistletoe	1/14/2023
38	LEVINE	Jackson	94.6	Toronto Weightlifting	2000	96	258	0.668393782	2023 WINTERLIFT	2/4/2023
39	VANDENBERG	Benjamin	87	Power Academy	1992	89	248	0.664879357	2023 WINTERLIFT	2/4/2023
40	BAKER	Andrew	87.1	United Counties Weightlifting Club	2003	89	247	0.662198391	2023 Ontario Senior Championships	11/11/2023
41	COLLINS	Kurtis	88.3	Landmark x JustLift	1997	89	247	0.662198391	2023 Ontario Senior Championships	11/11/2023
42	MARANAN	Juan	94.3	Power Academy	1995	96	255	0.660621762	2023 Ontario Senior Championships	11/11/2023
43	STEER	Samuel	83.5	Kanama High Performance North	2004	89	246	0.659517426	2023 Summer Fest	8/12/2023
44	WESTERMAN	Dayton	92.4	Lions Den Weightlifting	1997	96	254	0.658031088	2023 Mistletoe	12/16/2023
45	CHEONG	Justin	87.1	Kanama High Performance North, Toronto Weightlifting	1991	89	245	0.656836461	2023 Ontario Senior Championships	11/11/2023
46	BADRELDIN	Mohamedelamin	106.9	CanAm Barbell Club	1989	109	265	0.65270936	2023 Ontario Senior Championships	11/11/2023
47	TARULLI	Rob	78.2	Ontario	1987	81	230	0.647887324	2023 Canadian Masters Championships	7/15/2023
48	WATSON	Declan	80.6	Burlington Barbell Club	2007	81	229	0.645070423	2023 WINTERLIFT	2/4/2023
49	PHAN	Vincent	66.3	Power Academy	1990	67	203	0.642405063	2023 Summer Fest	8/12/2023
50	HO	Phil	80.59	CanAm Barbell Club	1992	81	228	0.642253521	2023 RICHARD BORDEN MEMORIAL	10/14/2023
51	ROSATI	David	80	Ontario	1985	81	226	0.636619718	2023 Canadian Masters Championships	7/15/2023
52	LAMARCHE	Griffin	78.4	Norsemen and Valkyries	2006	81	226	0.636619718	2023 Junior/Youth Championships	12/9/2023
53	WILLIAMS	Randy	88.2	CanAm Barbell Club	1991	89	237	0.63538874	2023 VARIETY VILLAGE OPEN	1/21/2023
54	CAMPBELL	Graeme	84.9	Ontario	1982	89	236	0.632707775	2023 Canadian Masters Championships	7/15/2023
55	AVILA	Michael	86.5	Zanshin Weightlifting	1998	89	236	0.632707775	2023 Mistletoe	12/16/2023
56	MANCIC	Dimitrije	99.3	LIFT Barbell Club	1998	102	250	0.631313131	2023 WINTERLIFT	2/4/2023
57	SHAW	Donald	79.9	CanAm Barbell Club	1996	81	224	0.630985915	2023 VARIETY VILLAGE OPEN	1/21/2023
58	PILON	Albert	72.6	Beach House Weightlifting Club	1981	73	210	0.628742515	2023 Ontario Masters Championships	4/22/2023
59	GONZALIA	Anner	79.45	Power Academy	1993	81	223	0.628169014	2023 RICHARD BORDEN MEMORIAL	10/14/2023
60	MCGILL	Kieran	92.8	Giant Weightlifting	1999	96	242	0.626943005	2023 Ontario Classic	9/16/2023
61	TOM	Brandon	65.8	Toronto Weightlifting	1992	67	198	0.626582278	2023 Summer Fest	8/12/2023
62	SAVVA	Allan	80.4	Variety Village Weightlifting Club	2001	81	222	0.625352113	2023 Ontario Classic	3/15/2023

63	PATON	Adam	87.41	Third Pull Weightlifting	1998	89	233	0.624664879	2023 RICHARD BORDEN MEMORIAL	10/14/2023
64	MCCOY	Colin	91.9	Burlington Barbell Club	1993	96	241	0.624352332	2023 Ontario Classic	3/15/2023
65	KAENTHONGRATH	Tyler	65.3	Power Academy	1998	67	197	0.623417722	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
66	MEDEIROS	Paul	86.6	Ontario	1983	89	231	0.619302949	2023 Canadian Masters Championships	7/15/2023
67	MACDONALD	Max	86.2	646 Weightlifting Club	1992	89	230	0.616621984	2023 Summer Fest	8/12/2023
68	GALST	Therin	95.2	Cornwall Weightlifting Club	1973	96	238	0.616580311	2023 Ontario Masters Championships	4/22/2023
69	VANDEWEGHE	Craig	104.8	Ontario	1976	109	250	0.615763547	2023 Canadian Masters Championships	7/15/2023
70	WALLACE	Kevin	88	Adamantium Weightlifting	1984	89	227	0.608579088	2023 Ontario Masters Championships	4/22/2023
71	FUNG	Justin	79.9	Varbanov School of Weightlifting	1992	81	215	0.605633803	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
72	FERKET	Eric	101.9	Power Academy	1988	102	239	0.603535354	2023 Ontario Masters Championships	4/22/2023
73	TING	Tommy	79.4	646 Weightlifting Club	1989	81	214	0.602816901	2023 Mistletoe	12/16/2023
74	FLORENTO	John	60.4	Burlington Barbell Club	1979	61	178	0.601351351	2023 Ontario Senior Championships	11/11/2023
75	LATIMER	Brent	71.4	Adamantium Weightlifting	1983	73	200	0.598802395	2023 Ontario Masters Championships	4/22/2023
76	MAISURADZE	Giorgi	119.4	Varbanov School of Weightlifting	2008	109+	255	0.598591549	2023 Junior/Youth Championships	12/9/2023
77	SPENCER	Justin H	103.9	Kanama High Performance North	1981	109	243	0.598522167	2023 Summer Fest	8/12/2023
78	OGLETREE	Glenn	78.8	Norsemen and Valkyries	1976	81	212	0.597183099	2023 Ray Hamilton/Bob LeClair	10/21/2023
79	LIBAWSKI	Brayden	81	Maximus Barbell Club	1993	81	211	0.594366197	2023 Summer time Lift Off	6/17/2023
80	EL JIHL	Malik	94.5	646 Weightlifting Club	1994	96	229	0.593264249	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
81	FERSING	Jordan	79.3	Battlefield Strength	1993	81	210	0.591549296	2023 WINTERLIFT	2/4/2023
82	VANWYNSBERGHE	Brad	99.49	Power Academy	1970	102	234	0.590990901	2023 RICHARD BORDEN MEMORIAL	10/14/2023
83	BOPARAI	Jaskaran	72.2	Burlington Barbell Club	1996	73	197	0.589820359	2023 Summer time Lift Off	6/17/2023
84	LARICCA	Leo	71.7	Landmark x JustLift	1994	73	197	0.589820359	2023 Ontario Classic	9/16/2023
85	SHEPPARD	Kyle	86	Kanama High Performance North	1999	89	220	0.589812332	2023 Ray Hamilton/Bob LeClair	10/21/2023
86	JEVTC	Petar	86.9	Varbanov School of Weightlifting	1999	89	219	0.587131367	2023 VARIETY VILLAGE OPEN	1/21/2023
87	VANDELOO	Neil	112	Vision High Performance Centre	1999	109+	250	0.58685446	2022 Mistletoe	1/14/2023
88	TUNG	Bernard	70.3	Power Academy	1998	73	195	0.583832335	2023 Ontario Classic	9/16/2023
89	TOLEDO	Cesar	66.4	Lions Den Weightlifting	1987	67	184	0.582278481	2023 Mistletoe	12/16/2023
90	MA	Steven	72.7	Ontario	2004	73	193	0.577844311	2023 Canadian Junior Championships	6/3/2023
91	CASE	Andrew	71.42	Power Academy	1991	73	193	0.577844311	2023 RICHARD BORDEN MEMORIAL	10/14/2023
92	ABLITT	Bradley	87.8	Power Academy	1986	89	215	0.576407507	2023 Ontario Masters Championships	4/22/2023
93	ENFIELD	Tim	86.5	Ontario	1983	89	215	0.576407507	2023 Canadian Masters Championships	7/15/2023
94	PANG	Benedict	70.9	646 Weightlifting	1995	73	191	0.571856287	2023 Mistletoe	12/16/2023
95	AHLAWAT	Ritesh	100.4	Giant Weightlifting	2000	102	226	0.570707071	2023 Summer Fest	8/12/2023
96	EDGSON	Asher	71.5	Variety Village Weightlifting Club	2008	73	190	0.568862275	2023 Junior/Youth Championships	12/9/2023
97	BRANDT	Martin	87.55	St. Thomas Strength Athletics (STSA)	1991	89	212	0.568364611	2023 RICHARD BORDEN MEMORIAL	10/14/2023
98	JEFFREY	Alex	66.1	Ontario	1981	67	177	0.560126582	2023 Canadian Masters Championships	7/15/2023
99	ATKINS	Kenton	68.1	Norsemen and Valkyries	1986	73	187	0.55988024	2023 Ray Hamilton/Bob LeClair	10/21/2023
100	CHANG	Warren	85.3	Lions Den Weightlifting	1983	89	206	0.55227882	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
101	GAUTHIER	Jason	79	Burlington Barbell Club	1974	81	196	0.552112676	2023 Ontario Masters Championships	4/22/2023
102	DOTY	Adam	87.8	Toronto Weightlifting	1990	89	205	0.549597855	2023 Mistletoe	12/16/2023
103	GODDMAN	Colin	95.1	Kanama High Performance North	1994	96	211	0.546632124	2023 Ray Hamilton/Bob LeClair	10/21/2023
104	ZHAI	Alex	86.9	CanAm Barbell Club	1996	89	203	0.544235925	2023 VARIETY VILLAGE OPEN	1/21/2023
105	TUDHOPE	William Thai	74.3	Adamantium Weightlifting	2000	81	192	0.54084507	2023 WINTERLIFT	2/4/2023
106	POSSAMAI	Lucas	54.9	Toronto Weightlifting	2008	55	147	0.53649635	2023 Junior/Youth Championships	12/9/2023
107	TOLLAS	Joe	83.6	North Shore Barbell, Battlefield Strength	1988	89	200	0.536193029	2023 Ontario Classic	9/16/2023
108	CHIU	Justin	79.7	Ontario	1992	81	190	0.535211268	2023 Canadian Masters Championships	7/15/2023
109	BARCLAY	Riley	144.5	Power Academy	2006	109+	228	0.535211268	2023 Junior/Youth Championships	12/9/2023
110	YUKE	Ethan	95.9	Victory Barbell Club	2007	96	206	0.533678756	2023 Junior/Youth Championships	12/9/2023
111	CONDON	William	93.7	Ontario	1984	96	204	0.528497409	2023 Canadian Masters Championships	7/15/2023
112	ALSEBAAI	Yahea	48.8	Variety Village Weightlifting Club	2010	55	144	0.525547445	2023 Junior/Youth Championships	12/9/2023
113	WESTCOTT	Eric	85.6	646 Weightlifting Club	1989	89	196	0.525469169	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
114	HOGG	Cameron	98	Burlington Barbell Club	1993	102	207	0.522727273	2023 WINTERLIFT	2/4/2023
115	SCHLUETING	Parker	88.2	Norsemen and Valkyries	2004	89	194	0.520107239	2023 Junior/Youth Championships	12/9/2023
116	BUGGINI FERREIRA	Lucas	116.9	Rx Weightlifting	1987	109+	220	0.516431925	2023 Ontario Masters Championships	4/22/2023
117	MARTELLA	Dante	81	Toronto Weightlifting	1990	81	183	0.515492958	2022 Mistletoe	1/14/2023
118	KARAGOUNIS	Theo	78.09	Ontario	2006	81	183	0.515492958	2023 Canadian Junior Championships	6/3/2023
119	CORRADI	David	70.3	646 Weightlifting	1996	73	172	0.51497006	2023 VARIETY VILLAGE OPEN	1/21/2023
120	HARDING	Dave	88.7	Norsemen and Valkyries	1974	89	192	0.514745308	2023 Ray Hamilton/Bob LeClair	10/21/2023
121	COX	Chris	125.3	Maximus Barbell Club	1979	109+	219	0.514084507	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
122	LEFEBVRE	Eric	88.5	Sudbury Weightlifting Club	1994	89	190	0.509383378	2023 Summer Fest	8/12/2023
123	ABIERA	John	84.1	Power Academy	1998	89	190	0.509383378	2023 Ontario Classic	9/16/2023
124	IBANEZ	Noah	101.1	Power Academy	2007	102	200	0.505050505	2023 Junior/Youth Championships	12/9/2023
125	PARSONS	Jessie	88	CanAm Barbell Club	1997	89	188	0.504021448	2023 VARIETY VILLAGE OPEN	1/21/2023
126	LY	Branden	70.5	Power Academy	1997	73	168	0.502994012	2023 Ontario Classic	9/16/2023
127	KILLORAN	Brady	87.61	Ontario	2006	89	186	0.498659517	2023 Canadian Junior Championships	6/3/2023
128	WILLIAMS	Xavier	102.9	Toronto Weightlifting	2004	109	200	0.492610837	2023 Summer Fest	8/12/2023
129	GORMAN	Ken	107.4	Apollo Barbell Club	1973	109	199	0.490147783	2023 Ontario Masters Championships	4/22/2023
130	FRANCHUK	Lucas	93.07	Iron Athletics	1992	96	185	0.479274611	2023 RICHARD BORDEN MEMORIAL	10/14/2023
131	DEGUERRE	Dylan	86.2	Dark Horse Weightlifting	1998	89	176	0.471849866	2023 Ontario Classic	3/15/2023
132	SHANKITI	Yazan	86.57	Varbanov School of Weightlifting	2001	89	176	0.471849866	2023 RICHARD BORDEN MEMORIAL	10/14/2023
133	LABADIE	Colin	86.68	Power Academy	1984	89	176	0.471849866	2023 RICHARD BORDEN MEMORIAL	10/14/2023
134	MAHMOUD	Adil	74.7	Maximus Barbell Club	1998	81	167	0.470422535	2023 Ontario Masters OPEN	2/25/2023
135	INNES	Andrew	115.3	Power Academy	1990	109+	200	0.469483568	2023 Ontario Masters OPEN	2/25/2023
136	CABLE	Michael	95.3	Burlington Barbell Club	1970	96	181	0.468911917	2023 Ontario Masters Championships	4/22/2023
137	WALT	Cory	66.4	Apollo Barbell Club	1972	67	147	0.465189873	2023 Ontario Masters Championships	4/22/2023
138	SYMONS	Dylan	88.23	Battlefield Strength	1994	89	172	0.461126005	2023 RICHARD BORDEN MEMORIAL	10/14/2023
139	FISHER	Rowdy	113.9	Garage Gym Weightlifting	2004	109+	195	0.457746479	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
140	BARKEY	Chris	79.6	Ontario	1982	81	162	0.456338028	2023 Canadian Masters Championships	7/15/2023
141	PINEAULT	James	90.2	St. Thomas Strength Athletics (STSA)	1966	96	176	0.455958549	2023 Ontario Masters OPEN	2/25/2023
142	DAVID	Paolo	70.4	Iron Alliance	2002	73	152	0.45508982	2023 VARIETY VILLAGE OPEN	1/21/2023
143	SANDERSON	Tim	108.2	Ontario	1964	109	184	0.45320197	2023 Canadian Masters Championships	7/15/2023
144	BURN	Richard	76.4	Optimal Performance	1989	81	160	0.450704225	2023 Mistletoe	12/16/2023
145	CABARLES	Rolf	78.1	Optimal Performance	1996	81	159	0.447887324	2023 Mistletoe	12/16/2023
146	GIANGRANDE	Charles	77.92	Iron Athletics	1993	81	158	0.445070423	2023 RICHARD BORDEN MEMORIAL	10/14/2023
147	FINBOW	Allan	107.9	Eastern Bloc Barbell Club	1986	109	180	0.443349754	2023 Summer Fest	8/12/2023
148	CAPADAY	Ben	85.9	CanAm Barbell Club	1990	89	165	0.442359249	2023 VARIETY VILLAGE OPEN	1/21/2023
149	NAPAO	Ryan	112.7	Ontario	1974	109+	188	0.441314554	2023 Canadian Masters Championships	7/15/2023
150	EVANYSHN	Ian	74.7	Optimal Performance	1995	81	156	0.43943662	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
151	THOMPSON	Stephen	95.81	Battlefield Strength	1984	96	169	0.437823834	2023 RICHARD BORDEN MEMORIAL	10/14/2023
152	MOULTON	Maxim	78.3	Sudbury Weightlifting Club	2003	81	155	0.436619718	2023 Ray Hamilton/Bob LeClair	10/21/2023
153	MCGUIRE	Kyle	92.9	Ontario	1981	96	168	0.435233161	2023 Canadian Masters Championships	7/15/2023
154	WALT	Martin	97	Sudbury Weightlifting Club	1968	102	170	0.429292929	2023 Ontario Masters OPEN	2/25/2023
155	VESIA	Vito	56.5	ONT	2008	61	127	0.429054054	2023 Ontario Winter Games	2/10/2023

156	HOANG	Peter	90.9	Battlefield Strength	1997	96	165	0.42746114	2023 Summer time Lift Off	6/17/2023
157	EADY	Ryan	72.2	Better Tomorrow Barbell Club	2006	73	142	0.425149701	2023 Junior/Youth Championships	12/9/2023
158	SMITH	Chris	79.2	Toronto Weightlifting	1960	81	150	0.422535211	2023 Ontario Masters Championships	4/22/2023
159	WESTERGAARD	Nathaniel	101.2	Variety Village Weightlifting Club	2007	102	167	0.421717172	2023 Junior/Youth Championships	12/9/2023
160	LIZOAIN	Marc	104.12	Varbanov School of Weightlifting	1985	109	171	0.421182266	2023 RICHARD BORDEN MEMORIAL	10/14/2023
161	MANLEY	Jack	54	Victory Barbell Club	2009	55	115	0.419708029	2023 Junior/Youth Championships	12/9/2023
162	METHEREL	Doug	93.7	Ontario	1966	96	162	0.419689119	2023 Canadian Masters Championships	7/15/2023
163	FOX	Ewan	68.7	Eastern Bloc Barbell Club	2009	73	140	0.419161677	2023 Junior/Youth Championships	12/9/2023
164	HAYWARD	Mark	70.7	646 Weightlifting Club	1985	73	139	0.416167665	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
165	OGLETREE	Jack	59.1	Norsemen and Valkyries	2008	61	123	0.415540541	2023 Ray Hamilton/Bob LeClair	10/21/2023
166	BETANCOURT ARCINIEGAS	Sergio Esteban	77.3	646 Weightlifting Club	1991	81	147	0.414084507	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
167	MCAULIFFE	Tim	87.6	Sudbury Weightlifting Club	1965	89	153	0.410187668	2023 Ontario Masters Championships	4/22/2023
168	MACLACHLAN	Joshua	69.5	Garage Gym Weightlifting	2007	73	135	0.404191617	2023 Junior/Youth Championships	12/9/2023
169	ROTH	Anderson	57.5	ONT	2007	61	119	0.402027027	2023 Ontario Winter Games	2/10/2023
170	COUPERTHWAITE	Maddox	66.1	646 Weightlifting Club	2006	67	127	0.401898734	2023 Junior/Youth Championships	12/9/2023
171	MILLER	Michael	124.1	Giant Weightlifting	1978	109+	170	0.399061033	2023 Ontario Masters Championships	4/22/2023
172	WILKE	Elijah	66.7	Adamantium Weightlifting	2009	67	126	0.398734177	2023 Junior/Youth Championships	12/9/2023
173	MAY	Graeme	64.1	Maximus Barbell Club	2008	67	125	0.39556962	2023 Junior/Youth Championships	12/9/2023
174	WHATTAM	Emmit	60.5	Victory Barbell Club	2009	61	117	0.39527027	2023 Junior/Youth Championships	12/9/2023
175	BESSELING	Cam	79.8	Burlington Barbell Club	1970	81	139	0.391549296	2023 Ontario Masters Championships	4/22/2023
176	CYRE	Garry	80.7	Durham Strength and Conditioning	1968	81	139	0.391549296	2023 Ontario Masters Championships	4/22/2023
177	LIU	Xiaohu (Justin)	90	LIFT Barbell Club	1986	96	149	0.386010363	2023 Ontario Classic	3/15/2023
178	BOEKHORST	Alex	71.1	Garage Gym Weightlifting	2004	73	127	0.380239521	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
179	COX	Tyler	66.4	Maximus Barbell Club	2011	67	118	0.373417722	2023 Junior/Youth Championships	12/9/2023
180	LEWIS	Gary	101.1	Ontario	1961	102	145	0.366161616	2023 Canadian Masters Championships	7/15/2023
181	MCCARTHY	Noah	58.2	Norsemen and Valkyries	2008	61	108	0.364864865	2023 Ray Hamilton/Bob LeClair	10/21/2023
182	PROCTOR	Ethan	86.9	Norsemen and Valkyries	2004	89	136	0.36461126	2023 Ray Hamilton/Bob LeClair	10/21/2023
183	LIANG	Zi-Xiao	78.5	Eastern Bloc Barbell Club	1985	81	127	0.357746479	2023 Summer Fest	8/12/2023
184	HERMAN	Teo	98.96	Durham Strength and Conditioning	1982	102	139	0.351010101	2023 RICHARD BORDEN MEMORIAL	10/14/2023
185	SAYEAU	Marcus	94.4	Apollo Barbell Club	2007	96	135	0.349740933	2023 Junior/Youth Championships	12/9/2023
186	LEE	Hayden	50.8	Garage Gym Weightlifting	2008	55	93	0.339416058	2023 Junior/Youth Championships	12/9/2023
187	MCKAY	Liam	88.4	LIFT Barbell Club	2006	89	126	0.337801609	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
188	WALT	Bob	88.9	Ontario	1949	89	126	0.337801609	2023 Canadian Masters Championships	7/15/2023
189	MASON-WETHERILL	Noah	91.8	LIFT Barbell Club	2007	96	130	0.336787565	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
190	PARE	Daniel	71.2	St. Thomas Strength Athletics	1961	73	112	0.335329341	2023 Mistletoe	12/16/2023
191	ALSEBAAI	Taha	60.4	Variety Village Weightlifting Club	2012	61	96	0.324324324	2023 Junior/Youth Championships	12/9/2023
192	GUPTA	Victor	76.1	Varbanov School of Weightlifting	1973	81	112	0.315492958	2023 Ontario Masters OPEN	2/25/2023
193	PIGDEN	Ryker	42.1	Victory Barbell Club	2009	55	86	0.313868613	2023 Junior/Youth Championships	12/9/2023
194	SOMPMI	Mark	87.1	Varbanov School of Weightlifting	1973	89	116	0.310991957	2023 Ontario Masters OPEN	2/25/2023
195	ABRAHAM	James	82.4	Ontario	1961	89	116	0.310991957	2023 Canadian Masters Championships	7/15/2023
196	MAHABIR Singh	Robert	57.5	Optimal Performance	1961	61	91	0.307432432	2023 Ontario Masters Championships	4/22/2023
197	WALLACE	Nowl	52.7	Adamantium Weightlifting	2008	55	84	0.306569343	2023 Junior/Youth Championships	12/9/2023
198	SANDERS	Bob	82.1	Ontario	1960	89	112	0.300268097	2023 Canadian Masters Championships	7/15/2023
199	MCNEILLIE	Hunter	68.7	Sudbury Weightlifting Club	2008	73	100	0.299401198	2023 Junior/Youth Championships	12/9/2023
200	FENWICK	Alex	54.6	Ontario	1952	55	81	0.295620438	2023 Canadian Masters Championships	7/15/2023
201	LANGE	Cayden	48.7	Landmark x JustLift	2011	55	78	0.284671533	2023 Junior/Youth Championships	12/9/2023
202	GOMES	Mark	72.1	Toronto Weightlifting	1951	73	95	0.284431138	2023 Ontario Masters OPEN	2/25/2023
203	DOUGLAS	Iain	101.7	Ontario	1949	102	112	0.282828283	2023 Canadian Masters Championships	7/15/2023
204	BRENNAN	Joseph	59.5	LBC	2011	61	79	0.266891892	2023 Junior/Youth Championships	12/9/2023
205	HIBBARD	Vern	79	Ontario	1952	81	94	0.264788732	2023 Canadian Masters Championships	7/15/2023
206	KOOLEN	Theo	102.15	Power Academy	2008	109	98	0.24137931	2023 RICHARD BORDEN MEMORIAL	10/14/2023
207	DOTY	Ethan	35.9	Toronto Weightlifting	2012	55	63	0.229927007	2023 Junior/Youth Championships	12/9/2023
208	MILLER	Matthew	45.8	Giant Weightlifting	2010	55	62	0.226277372	2023 Junior/Youth Championships	12/9/2023
209	GOODING	Christopher	93.3	Driven Barbell Club	1978	96	86	0.222797927	2023 Ontario Masters Championships	4/22/2023
210	MANLEY	Nick	47.2	Victory Barbell Club	2012	55	60	0.218978102	2023 Junior/Youth Championships	12/9/2023
211	EDGSON	Jace	59.9	Variety Village Weightlifting Club	2012	61	52	0.175675676	2023 VARIETY VILLAGE SPRING OPEN	4/29/2023
212	HAMELIN	Miles	59.2	Norsemen and Valkyries	2010	61	44	0.148648649	2023 Ray Hamilton/Bob LeClair	10/21/2023
213	OGLETREE	Kole	31.7	Norsemen and Valkyries	2013	55	37	0.135036496	2023 Ray Hamilton/Bob LeClair	10/21/2023
214	ORNOCH	Maciej	91.3	Goodlife Barbell	1985	96	0	0	2023 WINTERLIFT	2/4/2023
215	COLBOURNE	Cec	89.8	Driven Barbell Club	1951	96	0	0	2023 Ontario Masters Championships	4/22/2023
216	BOYD	Kevin	81	Headwaters Strength and Conditioning	1996	81	0	0	2023 RICHARD BORDEN MEMORIAL	10/14/2023