



VICE PRESIDENT TECHNICAL| LINDA ROSARIO-EARNSHAW

2024-2025 ANNUAL REPORT

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PREAMBLE

Over the past year, the Ontario Weightlifting Association (OWA) has been active with numerous competitions, sustained by the dedicated efforts and volunteerism of its technical officials. Kudos to all of the OWA technical officials that have participated in the past season.

MAIN GOAL-TRAINING AND PROMOTION OF OWA TECHNICAL OFFICIAL

Level 4 – Provincial (OWA)

A total of 5 individuals were promoted to Level 4 over the past year.

Level 3 – National (WCH)

Three candidates that were evaluated at the Ontario Sr. Championships in late 2024 and were promoted to Level 3.

Level 2 – International (IWF)

There were no requests to sit for Level 2.

Level 1 – International (IWF)

There were no guaranteed eligible candidates for Level 1.

OVERVIEW

Last season eight dedicated OWA officials have been promoted. Congratulations to all who have worked so hard to achieve these promotions.

Significant efforts have been made to promote and announce TO online courses and recruitment at competitions whenever possible. Posts on the OWA social media accounts and in the OWA newsletters have played a crucial role in highlighting the value of Technical Officials.

Clubs interested in hosting OWA competitions are encouraged to maintain a sufficient number of qualified technical officials within their membership to effectively facilitate weightlifting events.

The OWA has managed to stay within budget with the TO Travel Subsidy for 2024-2025 with any extra funds going to upgrading Competition computers and gear.

The OWA continues to hold online technical meetings the night before competitions, which serve as useful information sessions for the attending officials.

Several updates to the TCRR were implemented as directed by the IWF. The OWA Board was regularly informed of these changes, and technical officials received necessary updates before meets to ensure they remained current.

LOOKING TOWARDS 2025/2026

Future Directions and Goals

1. Encourage and support the training and promotion of officials at all levels.

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2. Encourage clubs to recruit members to become officials.
 3. Monitor travel budget.
 4. Update the OWA executive board and officials with new rules and regulations from WCH and IWF.
 5. Plan, schedule, and prepare tests for Level 3 officials at the Ontario Sr. Championships.
 6. Support the OWA Board and act as a positive role model, liaison, and representative within the OWA, WCH, and IWF.

CONCLUSION

The 2024-2025 season was remarkable, and our OWA technical officials were instrumental in ensuring the success of our local and national meets. The OWA extends their heartfelt appreciation to all the Ontario technical officials who graciously dedicated their time and expertise this year. As VP Technical, I look forward to continuing our collaborative efforts and proudly representing the OWA in the coming season.