



# ONTARIO WEIGHTLIFTING ASSOCIATION

**Ontario Weightlifting Association  
2025 Annual General Meeting**

## **Meeting Details**

Date and Time: **Saturday, September 13, 2025, 1:00 – 3:00 p.m. EST**

Location: Virtual and In-Person

In-Person Location: Quinte Sports and Wellness Centre, 265 Cannifton Rd, Belleville,  
ON K8N 0A2

## **Agenda**

- 1. Call to Order & Welcome**
- 2. Establishment of Quorum & Proxies**
- 3. Approval of Agenda**
- 4. Approval of September 2024 AGM minutes**  
Available online since Oct 27, 2024
- 5. Approval of updated bylaws**
- 6. Presentation and Approval of Reports**
  - President
  - VP Operations
  - VP Technical
  - VP Administration
  - VP Finance (Report of Auditors)
    - Financial statements (2024/2025)
    - Budget (2025/2026)
- 7. Appointment of Auditors**
- 8. New Business**
  - No new motions added
- 9. Competition Bids**
  - Ontario Championships (Elite, SDC)

- Youth/Junior Ontario Championships (Elite, SDC)
- WinterLift (Elite, SDC)
- Ontario Classic (Elite, SDC)
- Ontario Masters Championships (SDC)

#### **10. Training Camps**

- Senior + Junior Camp
- Master Camp

#### **11. Competition Confirmation of Dates**

- Variety Village Open (SDC)
- Ontario Masters Open (SDC) -
- LxJ Winter Open (SDC) -
- Spring Open (SDC) -
- Kitchener Open (SDC)
- Northern Open (SDC)
- Toronto Cup (SDC)
- Summertime LiftOff (SDC)
- Summerfest (SDC)
- Ray Hamilton Classic (SDC)
- Hybrid Open (SDC)
- Richard Borden Memorial (SDC)
- Mistletoe Challenge (SDC)
- Others

#### **12. Nomination and Election of Executive Board positions**

- **President:** 2-year term
- **VP Technical:** 2-year term

#### **13. Adjournment**