



ONTARIO WEIGHTLIFTING ASSOCIATION

Ontario Weightlifting Association
2025 Annual General Meeting

Meeting Details

Date and Time: **Saturday, September 13, 2025, 1:00 – 3:00 p.m. EST**

Location: Virtual and In-Person

In-Person Location: Quinte Sports and Wellness Centre, 265 Cannifton Rd, Belleville, ON K8N 0A2

Agenda

- 1. Call to Order & Welcome**
- 2. Establishment of Quorum & Proxies**
- 3. Approval of Agenda**
- 4. Approval of September 2024 AGM minutes**
Available online since Oct 27, 2024
- 5. Approval of updated bylaws**
[LINK](#)
- 6. Presentation and Approval of Reports**
 - [President](#)
 - [VP Operations](#)
 - [VP Technical](#)
 - [VP Administration](#)
 - [VP Finance](#)
 - [Financial statements \(2024/2025\)](#)
 - [Budget \(2025/2026\)](#)
- 7. Appointment of Auditors**
- 8. New Business**
 - No new motions added

9. Competition Bids

- 2026 Ontario Championships (Elite, SDC) – Variety Village, Scarborough by acclamation
- 2026 Youth/Junior Ontario Championships (Elite, SDC) – Landmark x JustLift, Ottawa
- 2026 WinterLift (Elite, SDC) – Variety Village, Scarborough
- 2026 Ontario Classic (Elite, SDC) – Burlington Barbell Club, Burlington
- 2026 Ontario Masters Championships (SDC) - Variety Village, Scarborough

10. Training Camps

- Senior + Junior Camp – Variety Village, Scarborough
- Master Camp – Burlington Barbell Club, Burlington

11. Competition Confirmation of Dates

- **Confirmed** - Variety Village Open (SDC) – Date TBD, Variety Village
- **Confirmed** - Ontario Masters Open (SDC) – Feb 21-22, 2026, St. Thomas Strength Athletics
- LxJ Winter Open (SDC) -
- **Confirmed** - Spring Open (SDC) – Date TBD, Variety Village
- Kitchener Open (SDC)
- Northern Open (SDC)
- **Confirmed** – Young Hercules – Date TBD, Variety Village
- **Confirmed** - Summerfest (SDC) - August 8, 2026, Toronto Weightlifting
- Ray Hamilton Classic (SDC)
- Hybrid Open (SDC)
- Richard Borden Memorial (SDC)

- **Confirmed** - Mistletoe Challenge (SDC) – December 12, 2026, Toronto Weightlifting
- Others

12. Nomination and Election of Executive Board positions

- **President:** 2-year term, Julia Ryan by acclamation
- **VP Technical:** 2-year term, Linda Rosario-Earnshaw by acclamation

13. Adjournment