



ONTARIO WEIGHTLIFTING ASSOCIATION

2024/2025 CC#4
Aug 8th - 10th
2025

TEAM	Points
LANDMARK X JUSTLIFT	280
CANAM BARBELL CLUB	275
646WL	257
GIANT WEIGHTLIFTING	215
PHOENIX	208
VICTORY BARBELL CLUB	99
UNITED COUNTIES WEIGHTLIFTING CLUB	28

Number of Clubs	7
Number of Athletes	68
Number of Juniors	19
Number of Seniors	29
Number of Masters	20
Number of Males	40
Number of Females	28

RESULTS BY ATHLETE

JUNIORS

MALE/FEMALE	SURNAME	FIRSTNAME	CAT	BWT	TEAM	YOB	1	2	3	BEST	1	2	3	BEST	TOTAL	LEVEL	RANK	POINTS
FEMALE	VAN ULFT	AURORA	48	43.75	CANAM BARBELL CLUB	2013	57	60	-63	60	79	-82	85	85	145	3	1	28
FEMALE	ROBINSON	MIKAYLIE	48	40.1	PHOENIX	2010	37	39	41X	39	45	49	51	51	90	3	2	25
FEMALE	ROBINSON-JACKSON	QUINLYN	48	43.2	PHOENIX	2010	22	24	26	26	36	38	40	40	66	3	3	23
FEMALE	DIMO	RENATA	53	48.55	LANDMARK X JUSTLIFT	2011	38	40	42	42	52	54	55	55	97	3	1	28
FEMALE	SYDORKO	CHARLOTTE	53	48.35	PHOENIX	2015	16	18	20	20	26	28	30	30	50	3	2	25
FEMALE	MURTY	KATE	63	61.35	LANDMARK X JUSTLIFT	2008	52	54	56	56	64	67	69	69	125	3	1	28
MALE	HYLAND	NOAH	60	57.4	PHOENIX	2009	33	35	37X	35	46	48	50	50	85	3	1	28
MALE	MANLEY	NICK	60	56.6	VICTORY BARBELL CLUB	2012	25	30	-35	30	35	40	-45	40	70	3	2	25
MALE	SINGER	MARCUS	60	51.45	GIANT WEIGHTLIFTING	2014	25	28	29	29	35	38	41	41	70	3	3	23
MALE	MILLER	REID	60	50.5	GIANT WEIGHTLIFTING	2013	21	24	-27	24	38	-41	-42	38	62	3	4	22
MALE	CUMMING	CALLUM	60	34.45	VICTORY BARBELL CLUB	2015	15	18	20	20	15	20	25	25	45	3	5	21
MALE	SCOTT	LAYNE	60	37.5	PHOENIX	2016	15	16X	16X	15	17	19	21X	19	34	3	6	20
MALE	SCOTT	EVAN	60	26.15	PHOENIX	2017	9	10X	11	11	13	15	16	16	27	3	7	19
MALE	THOMPSON	SAMUEL	60	42.55	PHOENIX	2016	9	10	11	11	13X	13	16	16	27	3	8	18
MALE	MANLEY	JACK	71	70.1	VICTORY BARBELL CLUB	2009	80	85	90	90	100	105	110	110	200	3	1	28
MALE	COUPERTHWAITE	MADDOX	71	70.9	646WL	2006	62	65	68	68	80	83	87	87	155	3	2	25
MALE	STEWART	REESE	71	65.75	GIANT WEIGHTLIFTING	2010	40	44	-47	44	54	57	-60	57	101	3	3	23
MALE	MACLACHLAN	WILLIAM	71	70.7	PHOENIX	2015	16	18	19	19	23	25	27X	25	44	3	4	22
MALE	MACLACHLAN	JOSHUA	88	82.75	PHOENIX	2007	69	73	76X	73	90	93	95	95	168	3	1	28

SENIORS

MALE/FEMALE	SURNAME	FIRSTNAME	CAT	BWT	TEAM	YOB	1	2	3	BEST	1	2	3	BEST	TOTAL	LEVEL	RANK	POINTS
FEMALE	BONNEVILLE	GABRIELLE	53	52.05	CANAM BARBELL CLUB	2003	-52	52	-55	52	60	63	66	66	118	4	1	28
FEMALE	BRUCE	ASHLEY	63	58.85	LANDMARK X JUSTLIFT	2000	-61	61	-65	61	76	79	-82	79	140	4	1	28
FEMALE	DADZIE	STEPHANIE	69	64.15	CANAM BARBELL CLUB	1997	60	65	70	70	81	86	91	91	161	4	1	28
FEMALE	ARORA	ANUSHKA	69	65.8	646WL	1994	35	X37	38	38	50	53	56	56	94	4	2	25
FEMALE	DE GRANDPRE	MARIE	77	74.95	LANDMARK X JUSTLIFT	2002	-65	-66	-66	-65	-	-	-	0	-	4		
FEMALE	ZHANG	LIXIN	86	80.65	CANAM BARBELL CLUB	1994	60	64	-67	64	75	-79	79	79	143	4	1	28
FEMALE	BELANGER	MYKA	86	78	VICTORY BARBELL CLUB	1998	47	50	53	53	67	70	72	72	125	4	2	25
FEMALE	LEBEL	LILI	86+	87.75	LANDMARK X JUSTLIFT	2003	56	58	61	61	68	71	-74	71	132	4	1	28

MALE	KUTTAİN	ANDREW	65	63.05	CANAM BARBELL CLUB	1994	65	70	75	75	-96	96	100	100	175	4	1	28
MALE	IMADA	THOMAS	71	70.9	646WL	2004	83	86	88	88	99	104	106	106	194	4	1	28
MALE	NEWMAN	MAXWELL	79	77.65	CANAM BARBELL CLUB	1999	86	91	-94	91	-120	-120	-120	-120	-	4		
MALE	WILLIAMS	CONNOR	79	78.45	LANDMARK X JUSTLIFT	1996	85	88	-91	88	-115	-118	-	-115	-	4		
MALE	HO	PHIL	79	78.15	CANAM BARBELL CLUB	1992	102	105	-109	105	118	123	128	128	233	4	1	28
MALE	ROUSTAZAD	RAMTIN	79	78.7	646WL	2004	X72	72	76	76	85	90	95	95	171	4	2	25
MALE	CHADHA	ANGAD	79	76.8	646WL	1995	50	54	X57	54	70	75	X78	75	129	4	3	23
MALE	MUNRO	NICOLAS	88	86.35	LANDMARK X JUSTLIFT	1998	120	125	-130	125	160	170	-175	170	295	4	1	28
MALE	COLLINS	KURTIS	88	86.35	LANDMARK X JUSTLIFT	1997	105	110	-113	110	135	140	-145	140	250	4	2	25
MALE	TRUONG	LONG	88	81.35	CANAM BARBELL CLUB	1994	104	108	112	112	125	130	-135	130	242	4	3	23
MALE	PARSONS	JESSIE	88	87.15	CANAM BARBELL CLUB	1997	105	-108	-108	105	125	-130	-132	125	230	4	4	22
MALE	SHAW	DONALD	88	79.85	CANAM BARBELL CLUB	1996	92	97	102	102	115	120	125	125	227	4	5	21
MALE	SWANN	COLIN	88	84.3	646WL	1998	81	88	93	93	120	125	131	131	224	4	6	20
MALE	INGRAM	TYLER	88	86.25	LANDMARK X JUSTLIFT	1993	92	95	98	98	115	119	123	123	221	4	7	19
MALE	MARION	SCOTT	88	87.2	GIANT WEIGHTLIFTING	1991	93	-96	-96	93	120	-	-	120	213	4	8	18
MALE	BOLTON	CHRISTOPHER	88	80.95	LANDMARK X JUSTLIFT	1992	77	-81	81	81	-105	-105	107	107	188	4	9	17
MALE	ANDERSON	RYAN	88	82.5	646WL	2001	70	74	X77	74	92	95	X97	95	169	4	10	16
MALE	BAKER	ANDREW	94	91.85	UNITED COUNTIES WEIGHTLIFTING CLUE	2003	-115	115	121	121	135	140	145	145	266	4	1	28
MALE	TURNSEK	JAY	94	90	646WL	2000	X80	80	83	83	125	130	137	137	220	4	2	25
MALE	NTIENJEM	AXEL-EITEL	110	108.15	CANAM BARBELL CLUB	2000	102	106	109	109	125	130	-135	130	239	4	1	28
MALE	CONTRINO	KEVIN	110	100.25	GIANT WEIGHTLIFTING	1992	87	90	-93	90	-110	-110	110	110	200	4	2	25

MASTERS

MALE/FEMALE	SURNAME	FIRSTNAME	CAT	BWT	TEAM	YOB	1	2	3	BEST	1	2	3	BEST	TOTAL	LEVEL	RANK	POINTS
FEMALE	AMUNDRUD	HEATHER	53	50.55	LANDMARK X JUSTLIFT	1974	41	44	-46	44	58	61	64	64	108	5	1	28
FEMALE	SALKEN	DOLORES	53	58.2	646WL	1973	36	38	X41	38	50	53	56	56	94	5	2	25
FEMALE	SINGER	DANA	63	61	GIANT WEIGHTLIFTING	1983	62	65	68	68	-81	-81	81	81	149	5	1	28
FEMALE	YU	SA	63	58.95	LANDMARK X JUSTLIFT	1980	35	-37	-37	35	50	-53	-53	50	85	5	2	25
FEMALE	NEMETH	AMANDA	69	68.35	CANAM BARBELL CLUB	1984	73	76	79	79	85	89	93	93	172	5	1	28
FEMALE	KORMAN	ASHLEY	69	68.3	646WL	1983	58	61	X64	61	75	78	X80	78	139	5	2	25
FEMALE	WASYLIW	LYNNE	69	64.45	CANAM BARBELL CLUB	1970	32	35	38	38	43	47	-50	47	85	5	3	23
FEMALE	CHAN	TIFFANY	69	69	646WL	1984	X45	X45	X45	0	60	X64	X64	60		5		
FEMALE	MCLAREN	ANIA	77	74.05	LANDMARK X JUSTLIFT	1977	61	-64	64	64	83	86	-88	86	150	5	1	28

FEMALE	JONES	SUE	77	72.35	LANDMARK X JUSTLIFT	1972	-58	-58	58	58	78	81	83	83	141	5	2	25
FEMALE	QUAILE	CHRISTINA	86	82.45	LANDMARK X JUSTLIFT	1980	55	-58	58	58	70	73	75	75	133	5	1	28
FEMALE	PROCUNIER	VICTORIA	86+	91.4	646WL	1981	38	41	44	44	55	60	64	64	108	5	1	28
FEMALE	JABAKHANJI	DUHA	86+	98.45	LANDMARK X JUSTLIFT	1980	42	44	-46	44	52	55	57	57	101	5	2	25
FEMALE	ALGER-MACCOLL	RILEIGH	86+	119	GIANT WEIGHTLIFTING	1986	30	34	-39	34	50	54	57	57	91	5	3	23
MALE	PARKIN	DEREK	79	77.05	CANAM BARBELL CLUB	1977	86	91	95	95	107	111	114	114	209	5	1	28
MALE	ZAGHARI	AMIN	88	86.65	LANDMARK X JUSTLIFT	1989	70	-75	77	77	100	105	110	110	187	5	1	28
MALE	MONTGOMERY	TYSON	88	85.1	GIANT WEIGHTLIFTING	1989	57	61	64	64	84	90	93	93	157	5	2	25
MALE	WEIDEMANN	PAUL	94	91.45	LANDMARK X JUSTLIFT	1985	67	71	75	75	-85	85	90	90	165	5	1	28
MALE	SANDERSON	TIM	110	110	646WL	1964	75	X78	78	78	95	98	101	101	179	5	1	28
MALE	MILLER	MICHAEL	110+	111.4	GIANT WEIGHTLIFTING	1978	110	115	120	120	140	145	150	150	270	5	1	28

RESULTS BY CLUB 646 WEIGHTLIFTING

MALE/FEMALE	SURNAME	FIRSTNAME	CAT	BWT	TEAM	YOB	1	2	3	BEST	1	2	3	BEST	TOTAL	LEVEL	RANK	POINTS
MALE	IMADA	THOMAS	71	70.9	646WL	2004	83	86	88	88	99	104	106	106	194	4	1	28
FEMALE	PROCUNIER	VICTORIA	86+	91.4	646WL	1981	38	41	44	44	55	60	64	64	108	5	1	28
MALE	SANDERSON	TIM	110	110	646WL	1964	75	X78	78	78	95	98	101	101	179	5	1	28
MALE	COUPERTHWAITE	MADDOX	71	70.9	646WL	2006	62	65	68	68	80	83	87	87	155	3	2	25
FEMALE	ARORA	ANUSHKA	69	65.8	646WL	1994	35	X37	38	38	50	53	56	56	94	4	2	25
MALE	ROUSTAZAD	RAMTIN	79	78.7	646WL	2004	X72	72	76	76	85	90	95	95	171	4	2	25
MALE	TURNSEK	JAY	94	90	646WL	2000	X80	80	83	83	125	130	137	137	220	4	2	25
FEMALE	SALKEN	DOLORES	53	58.2	646WL	1973	36	38	X41	38	50	53	56	56	94	5	2	25
FEMALE	KORMAN	ASHLEY	69	68.3	646WL	1983	58	61	X64	61	75	78	X80	78	139	5	2	25
MALE	CHADHA	ANGAD	79	76.8	646WL	1995	50	54	X57	54	70	75	X78	75	129	4	3	23
MALE	SWANN	COLIN	88	84.3	646WL	1998	81	88	93	93	120	125	131	131	224	4	6	20
MALE	ANDERSON	RYAN	88	82.5	646WL	2001	70	74	X77	74	92	95	X97	95	169	4	10	
FEMALE	CHAN	TIFFANY	69	69	646WL	1984	X45	X45	X45	0	60	X64	X64	60		5		

646 WEIGHTLIFTING POINTS:257

CANAM BARBELL CLUB

MALE/FEMALE	SURNAME	FIRSTNAME	CAT	BWT	TEAM	YOB	1	2	3	BEST	1	2	3	BEST	TOTAL	LEVEL	RANK	POINTS
FEMALE	VAN ULFT	AURORA	48	43.75	CANAM BARBELL CLUB	2013	57	60	-63	60	79	-82	85	85	145	3	1	28
FEMALE	BONNEVILLE	GABRIELLE	53	52.05	CANAM BARBELL CLUB	2003	-52	52	-55	52	60	63	66	66	118	4	1	28
FEMALE	DADZIE	STEPHANIE	69	64.15	CANAM BARBELL CLUB	1997	60	65	70	70	81	86	91	91	161	4	1	28
FEMALE	ZHANG	LIXIN	86	80.65	CANAM BARBELL CLUB	1994	60	64	-67	64	75	-79	79	79	143	4	1	28
MALE	KUTTAİN	ANDREW	65	63.05	CANAM BARBELL CLUB	1994	65	70	75	75	-96	96	100	100	175	4	1	28
MALE	HO	PHIL	79	78.15	CANAM BARBELL CLUB	1992	102	105	-109	105	118	123	128	128	233	4	1	28
MALE	NTIENJEM	AXEL-EITEL	110	108.15	CANAM BARBELL CLUB	2000	102	106	109	109	125	130	-135	130	239	4	1	28
FEMALE	NEMETH	AMANDA	69	68.35	CANAM BARBELL CLUB	1984	73	76	79	79	85	89	93	93	172	5	1	28
MALE	PARKIN	DEREK	79	77.05	CANAM BARBELL CLUB	1977	86	91	95	95	107	111	114	114	209	5	1	28
MALE	TRUONG	LONG	88	81.35	CANAM BARBELL CLUB	1994	104	108	112	112	125	130	-135	130	242	4	3	23
FEMALE	WASYLIW	LYNNE	69	64.45	CANAM BARBELL CLUB	1970	32	35	38	38	43	47	-50	47	85	5	3	23
MALE	PARSONS	JESSIE	88	87.15	CANAM BARBELL CLUB	1997	105	-108	-108	105	125	-130	-132	125	230	4	4	22
MALE	SHAW	DONALD	88	79.85	CANAM BARBELL CLUB	1996	92	97	102	102	115	120	125	125	227	4	5	21
MALE	NEWMAN	MAXWELL	79	77.65	CANAM BARBELL CLUB	1999	86	91	-94	91	-120	-120	-120	-120	-	4		

CANAM BARBELL CLUB POINTS:275

GIANT WEIGHTLIFTING

MALE/FEMALE	SURNAME	FIRSTNAME	CAT	BWT	TEAM	YOB	1	2	3	BEST	1	2	3	BEST	TOTAL	LEVEL	RANK	POINTS
FEMALE	SINGER	DANA	63	61	GIANT WEIGHTLIFTING	1983	62	65	68	68	-81	-81	81	81	149	5	1	28
MALE	MILLER	MICHAEL	110+	111.4	GIANT WEIGHTLIFTING	1978	110	115	120	120	140	145	150	150	270	5	1	28
MALE	CONTRINO	KEVIN	110	100.25	GIANT WEIGHTLIFTING	1992	87	90	-93	90	-110	-110	110	110	200	4	2	25
MALE	MONTGOMERY	TYSON	88	85.1	GIANT WEIGHTLIFTING	1989	57	61	64	64	84	90	93	93	157	5	2	25
MALE	SINGER	MARCUS	60	51.45	GIANT WEIGHTLIFTING	2014	25	28	29	29	35	38	41	41	70	3	3	23
MALE	STEWART	REESE	71	65.75	GIANT WEIGHTLIFTING	2010	40	44	-47	44	54	57	-60	57	101	3	3	23
FEMALE	ALGER-MACCOLL	RILEIGH	86+	119	GIANT WEIGHTLIFTING	1986	30	34	-39	34	50	54	57	57	91	5	3	23
MALE	MILLER	REID	60	50.5	GIANT WEIGHTLIFTING	2013	21	24	-27	24	38	-41	-42	38	62	3	4	22
MALE	MARION	SCOTT	88	87.2	GIANT WEIGHTLIFTING	1991	93	-96	-96	93	120	-	-	120	213	4	8	18

GIANT WEIGHTLIFTING POINTS:215

LANDMARK X JUSTLIFT

MALE/FEMALE	SURNAME	FIRSTNAME	CAT	BWT	TEAM	YOB	1	2	3	BEST	1	2	3	BEST	TOTAL	LEVEL	RANK	POINTS
FEMALE	DIMO	RENATA	53	48.55	LANDMARK X JUSTLIFT	2011	38	40	42	42	52	54	55	55	97	3	1	28
FEMALE	MURTY	KATE	63	61.35	LANDMARK X JUSTLIFT	2008	52	54	56	56	64	67	69	69	125	3	1	28
FEMALE	BRUCE	ASHLEY	63	58.85	LANDMARK X JUSTLIFT	2000	-61	61	-65	61	76	79	-82	79	140	4	1	28
FEMALE	LEBEL	LILI	86+	87.75	LANDMARK X JUSTLIFT	2003	56	58	61	61	68	71	-74	71	132	4	1	28
MALE	MUNRO	NICOLAS	88	86.35	LANDMARK X JUSTLIFT	1998	120	125	-130	125	160	170	-175	170	295	4	1	28
FEMALE	AMUNDRUD	HEATHER	53	50.55	LANDMARK X JUSTLIFT	1974	41	44	-46	44	58	61	64	64	108	5	1	28
FEMALE	MCLAREN	ANIA	77	74.05	LANDMARK X JUSTLIFT	1977	61	-64	64	64	83	86	-88	86	150	5	1	28
FEMALE	QUAILE	CHRISTINA	86	82.45	LANDMARK X JUSTLIFT	1980	55	-58	58	58	70	73	75	75	133	5	1	28
MALE	ZAGHARI	AMIN	88	86.65	LANDMARK X JUSTLIFT	1989	70	-75	77	77	100	105	110	110	187	5	1	28
MALE	WEIDEMANN	PAUL	94	91.45	LANDMARK X JUSTLIFT	1985	67	71	75	75	-85	85	90	90	165	5	1	28
MALE	COLLINS	KURTIS	88	86.35	LANDMARK X JUSTLIFT	1997	105	110	-113	110	135	140	-145	140	250	4	2	25
FEMALE	YU	SA	63	58.95	LANDMARK X JUSTLIFT	1980	35	-37	-37	35	50	-53	-53	50	85	5	2	25
FEMALE	JONES	SUE	77	72.35	LANDMARK X JUSTLIFT	1972	-58	-58	58	58	78	81	83	83	141	5	2	25
FEMALE	JABAKHANJI	DUHA	86+	98.45	LANDMARK X JUSTLIFT	1980	42	44	-46	44	52	55	57	57	101	5	2	25
MALE	INGRAM	TYLER	88	86.25	LANDMARK X JUSTLIFT	1993	92	95	98	98	115	119	123	123	221	4	7	19
MALE	BOLTON	CHRISTOPHER	88	80.95	LANDMARK X JUSTLIFT	1992	77	-81	81	81	-105	-105	107	107	188	4	9	17
FEMALE	DE GRANDPRE	MARIE	77	74.95	LANDMARK X JUSTLIFT	2002	-65	-66	-66	-65	-	-	-	0	-	4		
MALE	WILLIAMS	CONNOR	79	78.45	LANDMARK X JUSTLIFT	1996	85	88	-91	88	-115	-118	-	-115	-	4		

LANDMARK X JUSTLIFT POINTS:280

PHOENIX																		
MALE/FEMALE	SURNAME	FIRSTNAME	CAT	BWT	TEAM	YOB	1	2	3	BEST	1	2	3	BEST	TOTAL	LEVEL	RANK	POINTS
MALE	HYLAND	NOAH	60	57.4	PHOENIX	2009	33	35	37X	35	46	48	50	50	85	3	1	28
MALE	MACLACHLAN	JOSHUA	88	82.75	PHOENIX	2007	69	73	76X	73	90	93	95	95	168	3	1	28
FEMALE	ROBINSON	MIKAYLIE	48	40.1	PHOENIX	2010	37	39	41X	39	45	49	51	51	90	3	2	25
FEMALE	SYDORKO	CHARLOTTE	53	48.35	PHOENIX	2015	16	18	20	20	26	28	30	30	50	3	2	25
FEMALE	ROBINSON-JACKSON	QUINLYN	48	43.2	PHOENIX	2010	22	24	26	26	36	38	40	40	66	3	3	23
MALE	MACLACHLAN	WILLIAM	71	70.7	PHOENIX	2015	16	18	19	19	23	25	27X	25	44	3	4	22
MALE	SCOTT	LAYNE	60	37.5	PHOENIX	2016	15	16X	16X	15	17	19	21X	19	34	3	6	20
MALE	SCOTT	EVAN	60	26.15	PHOENIX	2017	9	10X	11	11	13	15	16	16	27	3	7	19
MALE	THOMPSON	SAMUEL	60	42.55	PHOENIX	2016	9	10	11	11	13X	13	16	16	27	3	8	18

PHOENIX POINTS:208

UNITED COUNTIES WEIGHTLIFTING CLUB																		
MALE/FEMALE	SURNAME	FIRSTNAME	CAT	BWT	TEAM	YOB	1	2	3	BEST	1	2	3	BEST	TOTAL	LEVEL	RANK	POINTS
MALE	BAKER	ANDREW	94	91.85	UNITED COUNTIES WEIGHTLIFTING CLUB	2003	115	115	121	121	135	140	145	145	266	4	1	28

UNITED COUNTIES WEIGHTLIFTING CLUB POINTS:28

VICTORY BARBELL CLUB																		
MALE/FEMALE	SURNAME	FIRSTNAME	CAT	BWT	TEAM	YOB	1	2	3	BEST	1	2	3	BEST	TOTAL	LEVEL	RANK	POINTS
MALE	MANLEY	JACK	71	70.1	VICTORY BARBELL CLUB	2009	80	85	90	90	100	105	110	110	200	3	1	28
MALE	MANLEY	NICK	60	56.6	VICTORY BARBELL CLUB	2012	25	30	35	30	35	40	45	40	70	3	2	25
FEMALE	BELANGER	MYKA	86	78	VICTORY BARBELL CLUB	1998	47	50	53	53	67	70	72	72	125	4	2	25
MALE	CUMMING	CALLUM	60	34.45	VICTORY BARBELL CLUB	2015	15	18	20	20	15	20	25	25	45	3	5	21

VICTORY BARBELL CLUB POINTS:99