

Name : 2025 Ontario Masters Championships

Site : 845 Harrington Ct #5

Date : 2025-04-18

City : Burlington, ON L7N 3P3

Organizer : Michael D'Angelo

Start List

Lot	Last Name	First Name	Team	Born	Cat.	Entry Total
Session M1			Weigh-in Time: 2025-04-18 11:00		Start Time: 2025-04-18 13:00	
M65 TO M50						
1	22	MAHABIRSINGH	Robert	Centennial Weightlifting Club	1/1/1961	M60 61 95
2	5	ALLAN	Bill	North Shore Barbell	1/1/1957	M65 67 95
3	27	PALMER	Rob	Half Moon Weightlifting Club	1/1/1960	M65 73 90
4	1	VLAHOS	George	OVL	1/1/1969	M55 81 135
5	13	GAUTHIER	Jason	Burlington Barbell Club	1/1/1974	M50 81 213
6	41	GOSSELIN	Danny	Norsemen and Valkyries	1/1/1972	M50 81 160
7	62	BESSELING	Cam	Burlington Barbell Club	1/1/1970	M55 81 145
8	97	SMITH	Chris	Toronto Weightlifting	1/1/1960	M65 81 150
9	74	HARDING	Dave	Norsemen and Valkyries	1/1/1974	M50 89 188
10	75	PUZZUOLI	Lino	Power Academy	1/1/1974	M50 89 145
11	19	CABLE	Michael	Burlington Barbell Club	1/1/1970	M55 96 160
12	53	VANWYNSBERGHE	Brad	Power Academy	1/1/1970	M55 102 239
13	65	SANDERSON	Tim	646 Weightlifting Club	1/1/1964	M60 109 181
Session F1			Weigh-in Time: 2025-04-18 13:10		Start Time: 2025-04-18 15:10	
f70 TO f55 + f50 45,49,55,59						
1	43	SCOTT	Alison	Power Academy	1/1/1975	W50 49 90
2	55	DAVIDSON	Marilyn Jean	Toronto Weightlifting	1/1/1953	W70 49 38
3	23	TAMAOKI	Tomoko	North Shore Barbell	1/1/1962	W60 55 61
4	49	POPLAWSKI	Tina	Driven Barbell Club	1/1/1956	W65 55 50
5	90	TONUS	Fern	Driven Barbell Club	1/1/1958	W65 55 71
6	37	ZIRKLE	Molly	Toronto Weightlifting	1/1/1967	W55 59 100
7	56	QUILTY	Maureen	Driven Barbell Club	1/1/1966	W55 59 90
8	79	ANDERSON	Jennifer	Toronto Weightlifting	1/1/1962	W60 59 65
9	91	SALKEN	Dolores	646 Weightlifting Club	1/1/1973	W50 59 101
10	18	LANDER	Karen	Landmark x JustLift	1/1/1954	W70 64 62
11	38	HARVEY	Heather	Crossfit PTBO Weightlifting Club	1/1/1956	W65 64 51
12	95	BARAZZUOL	Carol	Burlington Barbell Club	1/1/1970	W55 71 112
13	26	BELL	tom	Driven Barbell Club	1/1/1952	W70 76 -
14	66	BARBER	Patricia	Driven Barbell Club	1/1/1965	W60 87 115
15	72	DONALDSON	Kelly	Driven Barbell Club	1/1/1968	W55 87 108
Session M2			Weigh-in Time: 2025-04-18 15:40		Start Time: 2025-04-18 17:40	
M45 TO M40						
1	58	FLORENTO	John	Burlington Barbell Club	1/1/1979	M45 61 185
2	98	SMITH	Ken	Driven Barbell Club	1/1/1982	M40 67 200
3	57	LAMANES	Kevin	Battlefield Strength	1/1/1982	M40 73 225
4	96	LATIMER	Brent	Adamantium Weightlifting	1/1/1983	M40 73 199
5	60	MAJEED	Arshad	Power Academy	1/1/1982	M40 81 142

6	76	STEWART	Dave	Crossfit PTBO Weightlifting Club	1/1/1980	M45 81	190
7	85	LONGO	Frank	Burlington Barbell Club	1/1/1984	M40 81	270
8	42	CAMPBELL	Graeme	Adamantium Weightlifting	1/1/1982	M40 89	212
9	40	WEIDEMANN	Paul	Landmark x JustLift	1/1/1985	M40 96	140
10	6	SANDHU	Mohan	Dosanjh Sports, Arts & Cultural Club	1/1/1976	M45 109	330
11	11	JOHNSON	James	646 Weightlifting Club	1/1/1981	M40 109	260
12	67	CHASE	Travis	Power Academy	1/1/1981	M40 109	178
13	69	VANDEWEGHE	CRAIG	Burlington Barbell Club	1/1/1976	M45 109	237
14	71	MILLER	Michael	Giant Weightlifting	1/1/1978	M45 109+	250

Session F2

Weigh-in Time: 2025-04-19 07:00 Start Time: 2025-04-19 09:00

f50 64,71,76,81,87,87+ f45 45,49,55,59,64,71,76

1	14	BARTZ	Charity	Driven Barbell Club	1/1/1978	W45 59	144
2	4	PTOLEMY-DALY	Marg	646 Weightlifting Club	1/1/1971	W50 64	83
3	35	HALLIGAN	Jillian	The Steel Machine	1/1/1975	W50 64	146
4	48	FISHER	Bozena	North Shore Barbell	1/1/1977	W45 64	125
5	3	CORSINI	Lyssa	Burlington Barbell Club	1/1/1974	W50 71	133
6	7	HOLDSWORTH	Danielle	Power Academy	1/1/1979	W45 71	110
7	9	BEAUCHAMP	Michelle	Driven Barbell Club	1/1/1975	W50 71	100
8	39	VILLAGONZALO	MARIFE	Toronto Weightlifting	1/1/1972	W50 71	126
9	93	HALL	Erica	Power Academy	1/1/1971	W50 71	95
10	17	JONES	Sue	Landmark x JustLift	1/1/1972	W50 76	135
11	50	STUART	Kate	Landmark x JustLift	1/1/1980	W45 76	127
12	82	STOVEL	Gillian	Burlington Barbell Club	1/1/1976	W45 76	108
13	45	O'NEILL	Sara	Power Academy	1/1/1974	W50 81	84
14	94	RICHARD	Nathalie	Battlefield Strength	1/1/1973	W50 81	119
15	73	PEARSON	Michelle	Driven Barbell Club	1/1/1973	W50 87+	101

Session M3

Weigh-in Time: 2025-04-19 09:30 Start Time: 2025-04-19 11:30

M35 TO M30

1	99	EARLE	Dave	Power Academy	1/1/1987	M35 67	200
2	10	CHOI	Patrick	Integrity Barbell Collective	1/1/1990	M35 73	209
3	2	SWANN	Colin	646 Weightlifting Club	1/1/1988	M35 81	230
4	21	LEE	Jiwon	Burlington Barbell Club	1/1/1994	M30 81	240
5	64	TING	Tommy	646 Weightlifting Club	1/1/1989	M35 81	225
6	86	TARULLI	Rob	Power Academy	1/1/1987	M35 81	230
7	24	LAPORTE	Mike	Sudbury Weightlifting Club	1/1/1987	M35 89	250
8	25	TOLLES	Joe	North Shore Barbell	1/1/1988	M35 89	203
9	61	ABLITT	Bradley	Power Academy	1/1/1986	M35 89	190
10	87	ZAGHARI	Amin	Landmark x JustLift	1/1/1989	M35 89	177

Session F3

Weigh-in Time: 2025-04-19 11:20 Start Time: 2025-04-19 13:20

f45 81,87, 87+ + f40 45,49,55,59,64,71

1	92	JEFFREY	Joanne	Driven Barbell Club	1/1/1981	W40 49	125
2	59	ROBERTSON	Jordan	Burlington Barbell Club	1/1/1982	W40 64	115
3	12	HERBERT	Martene	Burlington Barbell Club	1/1/1982	W40 71	137
4	29	CHAN	Tiffany	646 Weightlifting Club	1/1/1984	W40 71	110
5	31	CHAMBERLAIN	Rhonda	Power Academy	1/1/1984	W40 71	103

6	33	BROWN	Alison	LBC	1/1/1982	W40 71	118
7	54	KI	Virginia	Toronto Weightlifting	1/1/1983	W40 71	130
8	68	PARRETT	Shannon	Burlington Barbell Club	1/1/1985	W40 71	124
9	78	SINGER	Dana	Giant Weightlifting	1/1/1983	W40 71	149
10	28	MCLAREN	Ania	Landmark x JustLift	1/1/1977	W45 81	149
11	8	MARTENS	Eva	Battlefield Strength	1/1/1979	W45 87	126
12	32	QUAILE	Christina	Landmark x JustLift	1/1/1980	W45 87	130
13	51	ALEXANDER	Angie	LBC	1/1/1979	W45 87	105
14	63	CAMPBELL	Mairi	Sudbury Weightlifting Club	1/1/1977	W45 87+	116
15	81	THORNE	Meg	Power Academy	1/1/1976	W45 87+	118
16	88	HUMBLE	Charlene	Strength Haven Barbell Club	1/1/1977	W45 87+	134

Session F4 Weigh-in Time: 2025-04-19 14:10 Start Time: 2025-04-19 16:10

f35 all + f40 76,81,87,87+

1	16	BRADDOCK	Amanda	Mind's Eye Weightlifting	1/1/1989	W35 55	150
2	15	COSMIDIS	Hilda	Mind's Eye Weightlifting	1/1/1986	W35 59	136
3	20	ANAND	Morgan	Power Academy	1/1/1989	W35 64	129
4	44	MCGRATH	Amy	Crossfit PTBO Weightlifting Club	1/1/1986	W35 64	110
5	70	RHODES	Lacey	Burlington Barbell Club	1/1/1987	W35 71	150
6	77	HUNT	Meghan	Power Academy	1/1/1990	W35 71	85
7	36	WATKINS	Katie	Variety Village Weightlifting Club	1/1/1984	W40 76	100
8	46	LOVETT	Candace	Toronto Weightlifting	1/1/1986	W35 76	120
9	47	CONDON	Sarah	Victory Barbell Club	1/1/1983	W40 76	100
10	52	PHIPPS	Amie	LBC	1/1/1985	W40 76	125
11	83	FRYIA	Lisa	Driven Barbell Club	1/1/1982	W40 76	142
12	30	LEE	Bronwyn	Sudbury Weightlifting Club	1/1/1989	W35 87+	139
13	34	BORSAS	Stefania	Variety Village Weightlifting Club	1/1/1982	W40 87+	90
14	80	MAXWELL	Samantha	Driven Barbell Club	1/1/1982	W40 87+	120
15	84	HAMMAR	Grace	Mind's Eye Weightlifting	1/1/1983	W40 87+	135
16	89	QUAICOE	Judith	Variety Village Weightlifting Club	1/1/1990	W35 87+	90