



Ontario Weightlifting Association

Provincial Records

JUVENILE (15 & under) -- WOMEN

Records since January 1, 2011

Group	Category	Event	Name	YOB	Club	Weight (kg)	Date	Competition	
WJUVI	40 kg	Snatch	van Ulft	Aurora	2013	CAN	53	05-Oct-2024	RHC
WJUVI	40 kg	Clean&Jerk	van Ulft	Aurora	2013	CAN	76	09-Dec-2023	JOC
WJUVI	40 kg	Total	van Ulft	Aurora	2013	CAN	128	09-Dec-2023	JOC
WJUVI	45 kg	Snatch	van Ulft	Aurora	2013	CAN	53	09-Nov-2024	OC
WJUVI	45 kg	Clean&Jerk	van Ulft	Aurora	2013	CAN	70	09-Nov-2024	OC
WJUVI	45 kg	Total	van Ulft	Aurora	2013	CAN	123	09-Nov-2024	OC
WJUVI	49 kg	Snatch	VIRTUE	Maleeka	2004	UC	58	15-Jun-2019	YH
WJUVI	49 kg	Clean&Jerk	ROMANY	Kezia	2001	MW	73	20-May-2016	CSC
WJUVI	49 kg	Total	ROMANY	Kezia	2001	MW	127	05-Dec-2015	JOC
WJUVI	55 kg	Snatch	ROMANY	Kezia	2001	MW	60	22-Oct-2016	HO
WJUVI	55 kg	Clean&Jerk	ROMANY	Kezia	2001	MW	83	22-Oct-2016	HO
WJUVI	55 kg	Total	ROMANY	Kezia	2001	MW	143	22-Oct-2016	HO
WJUVI	59 kg	Snatch	SANTAVY	Alana	2003	SW	71	19-May-2018	CSC
WJUVI	59 kg	Clean&Jerk	SANTAVY	Alana	2003	SW	88	24-Mar-2018	OC
WJUVI	59 kg	Total	SANTAVY	Alana	2003	SW	156	19-May-2018	CSC
WJUVI	64 kg	Snatch	SANTAVY	Alana	2003	SW	73	01-Dec-2018	JOC
WJUVI	64 kg	Clean&Jerk	SANTAVY	Alana	2003	SW	91	01-Dec-2018	JOC
WJUVI	64 kg	Total	SANTAVY	Alana	2003	SW	164	01-Dec-2018	JOC
WJUVI	71 kg	Snatch	LUSIGNAN	Naomie	2005	KHPN	69	28-Feb-2020	OWG
WJUVI	71 kg	Clean&Jerk	LUSIGNAN	Naomie	2005	KHPN	84	28-Feb-2020	OWG
WJUVI	71 kg	Total	LUSIGNAN	Naomie	2005	KHPN	153	28-Feb-2020	OWG
WJUVI	76 kg	Snatch				66			
WJUVI	76 kg	Clean&Jerk	Cerna	Natalie	2006	TW	84	04-Dec-2021	JOC
WJUVI	76 kg	Total	Cerna	Natalie	2006	TW	148	04-Dec-2021	JOC
WJUVI	81 kg	Snatch				67			
WJUVI	81 kg	Clean&Jerk	Grant	Naza	2006	KWC	81	04-Dec-2021	JOC
WJUVI	81 kg	Total	Grant	Naza	2006	KWC	148	04-Dec-2021	JOC
WJUVI	81+ kg	Snatch	MCGILLIS	Kelly	1996	SOW	70	03-Dec-2011	JOC
WJUVI	81+ kg	Clean&Jerk	WALKER	Addison	2001	VBC	83	12-Aug-2016	OSG
WJUVI	81+ kg	Total	MCGILLIS	Kelly	1996	SOW	152	03-Dec-2011	JOC



Ontario Weightlifting Association

Provincial Records

YOUTH (17 & under) -- WOMEN

Records since January 1, 2011

Group	Category	Event	Name	YOB	Club	Weight (kg)	Date	Competition	
WYOUTH	40 kg	Snatch	van Ulft	Aurora	2013	CAN	53	05-Oct-2024	RHC
WYOUTH	40 kg	Clean&Jerk	van Ulft	Aurora	2013	CAN	76	09-Dec-2023	JOC
WYOUTH	40 kg	Total	van Ulft	Aurora	2013	CAN	128	09-Dec-2023	JOC
WYOUTH	45 kg	Snatch	van Ulft	Aurora	2013	CAN	53	09-Nov-2024	OC
WYOUTH	45 kg	Clean&Jerk	van Ulft	Aurora	2013	CAN	70	09-Nov-2024	OC
WYOUTH	45 kg	Total	van Ulft	Aurora	2013	CAN	123	09-Nov-2024	OC
WYOUTH	49 kg	Snatch	LITTLEWOOD	Taylor	2000	TW	62	19-Aug-2017	S
WYOUTH	49 kg	Clean&Jerk	LITTLEWOOD	Taylor	2000	TW	75	25-Mar-2017	OC
WYOUTH	49 kg	Total	LITTLEWOOD	Taylor	2000	TW	135	25-Mar-2017	OC
WYOUTH	55 kg	Snatch	JEAN	Jessica	1996	TW	68	01-Jun-2013	TWC
WYOUTH	55 kg	Clean&Jerk	ROMANY	Kezia	2001	MW	84	25-Mar-2017	OC
WYOUTH	55 kg	Total	JEAN	Jessica	1996	TW	151	01-Jun-2013	TWC
WYOUTH	59 kg	Snatch	JEAN	Jessica	1996	TW	74	07-Dec-2013	JOC
WYOUTH	59 kg	Clean&Jerk	JEAN	Jessica	1996	TW	94	09-Nov-2013	OO
WYOUTH	59 kg	Total	JEAN	Jessica	1996	TW	164	09-Nov-2013	OO
WYOUTH	64 kg	Snatch	TRUPP	Megan	2000	TW	81	25-Nov-2017	JOC
WYOUTH	64 kg	Clean&Jerk	TRUPP	Megan	2000	TW	96	20-May-2017	CSC
WYOUTH	64 kg	Total	TRUPP	Megan	2000	TW	177	25-Nov-2017	JOC
WYOUTH	71 kg	Snatch	lusignan	Naomie	2005	TW	87	13-Aug-2022	SF
WYOUTH	71 kg	Clean&Jerk	lusignan	Naomie	2005	TW	106	12-Nov-2022	OC
WYOUTH	71 kg	Total	lusignan	Naomie	2005	TW	191	13-Aug-2022	SF
WYOUTH	76 kg	Snatch					74		
WYOUTH	76 kg	Clean&Jerk					94		
WYOUTH	76 kg	Total					167		
WYOUTH	81 kg	Snatch	Cerna	Natalie	2006	TW	83	19-May-2023	CSC
WYOUTH	81 kg	Clean&Jerk	Cerna	Natalie	2006	TW	103	17-Dec-2022	JOC
WYOUTH	81 kg	Total	Cerna	Natalie	2006	TW	185	17-Dec-2022	JOC
WYOUTH	81+ kg	Snatch	GRANT	Naza	2006	KWC	87	11-Nov-2023	OC
WYOUTH	81+ kg	Clean&Jerk	GRANT	Naza	2006	KWC	108	11-Nov-2023	OC
WYOUTH	81+ kg	Total	GRANT	Naza	2006	KWC	195	11-Nov-2023	OC



Ontario Weightlifting Association

Provincial Records

JUNIOR (20 & under) -- WOMEN

Records since May 1, 1997

Group	Category	Event	Name	YOB	Club	Weight (kg)	Date	Competition	
WJUNIOR	45 kg	Snatch				59			
WJUNIOR	45 kg	Clean&Jerk				79			
WJUNIOR	45 kg	Total				136			
WJUNIOR	49 kg	Snatch	LITTLEWOOD	Taylor	2000	TW	63	24-Mar-2018	OC
WJUNIOR	49 kg	Clean&Jerk	HUANG	Sandy	1996	SYN	84	03-Dec-2016	JOC
WJUNIOR	49 kg	Total	HUANG	Sandy	1996	SYN	145	03-Dec-2016	JOC
WJUNIOR	55 kg	Snatch	AUGUSTIN	Jessica	1996	TW	75	13-Aug-2016	S
WJUNIOR	55 kg	Clean&Jerk	AUGUSTIN	Jessica	1996	TW	91	13-Aug-2016	S
WJUNIOR	55 kg	Total	AUGUSTIN	Jessica	1996	TW	166	13-Aug-2016	S
WJUNIOR	59 kg	Snatch	MCGERRIGLE	Miel	1977	SSW	82.5	08-Nov-1997	
WJUNIOR	59 kg	Clean&Jerk	MCGERRIGLE	Miel	1977	SSW	105	06-Dec-1997	
WJUNIOR	59 kg	Total	MCGERRIGLE	Miel	1977	SSW	187.5	06-Dec-1997	
WJUNIOR	64 kg	Snatch	TRUPP	Megan	2000	TW	89	10-Aug-2019	S
WJUNIOR	64 kg	Clean&Jerk	TRUPP	Megan	2000	TW	104	10-Aug-2019	S
WJUNIOR	64 kg	Total	TRUPP	Megan	2000	TW	193	10-Aug-2019	S
WJUNIOR	71 kg	Snatch	Lusignan	Naomie	2005	TW	92	03-Jun-2023	CJC
WJUNIOR	71 kg	Clean&Jerk	LAYLOR	Maya	1995	LPS	115	04-Jul-2015	VVO
WJUNIOR	71 kg	Total	LAYLOR	Maya	1995	LPS	202	16-May-2015	CSC
WJUNIOR	76 kg	Snatch	LAYLOR	Maya	1995	LPS	92	05-Dec-2015	JOC
WJUNIOR	76 kg	Clean&Jerk	LAYLOR	Maya	1995	LPS	108	07-Feb-2015	WL
WJUNIOR	76 kg	Total	LAYLOR	Maya	1995	LPS	196	07-Feb-2015	WL
WJUNIOR	81 kg	Snatch				93			
WJUNIOR	81 kg	Clean&Jerk				109			
WJUNIOR	81 kg	Total				197			
WJUNIOR	87 kg	Snatch				94			
WJUNIOR	87 kg	Clean&Jerk				110			
WJUNIOR	87 kg	Total				198			
WJUNIOR	87+ kg	Snatch	WILLIAMS	Natalie	1986	Fury	98	07-Dec-2005	
WJUNIOR	87+ kg	Clean&Jerk	WILLIAMS	Natalie	1986	Fury	122	07-Dec-2005	
WJUNIOR	87+ kg	Total	WILLIAMS	Natalie	1986	Fury	220	07-Dec-2005	



Ontario Weightlifting Association

Provincial Records

SENIOR -- WOMEN

Records since November 1, 1998

Group	Category	Event	Name	YOB	Club	Weight (kg)	Date	Competition	
WSENIOR	45 kg	Snatch				67			
WSENIOR	45 kg	Clean&Jerk				75			
WSENIOR	45 kg	Total				142			
WSENIOR	49 kg	Snatch	BRADDOCK	Amanda	1989	SSW	78	19-Mar-2019	CSC
WSENIOR	49 kg	Clean&Jerk	BRADDOCK	Amanda	1989	SSW	101	24-Mar-2018	OC
WSENIOR	49 kg	Total	BRADDOCK	Amanda	1989	SSW	176	24-Mar-2018	OC
WSENIOR	55 kg	Snatch	BRADDOCK	Amanda	1989	Rad	80	10-Aug-2019	S
WSENIOR	55 kg	Clean&Jerk	BRADDOCK	Amanda	1989	Rad	98	29-Sep-2018	TBQWO
WSENIOR	55 kg	Total	BRADDOCK	Amanda	1989	Rad	177	10-Aug-2019	S
WSENIOR	59 kg	Snatch	VAN DER MAREL	Lacey	1987	CB	92	02-Apr-2016	OC
WSENIOR	59 kg	Clean&Jerk	MCGERRIGLE	Miel	1977	SSW	110	25-Mar-2000	OC
WSENIOR	59 kg	Total	MCGERRIGLE	Miel	1977	SSW	197.5	25-Mar-2000	OC
WSENIOR	64 kg	Snatch	RHODES	Lacey	1987	CB	94	17-Dec-2016	BCC
WSENIOR	64 kg	Clean&Jerk	Knowlton	Monica	1998	BBC	116	31-Aug-2024	SF
WSENIOR	64 kg	Total	Knowlton	Monica	1998	BBC	203	31-Aug-2024	SF
WSENIOR	71 kg	Snatch	Trupp	Megan	2000	TW	100	12-Nov-2022	OC
WSENIOR	71 kg	Clean&Jerk	LAYLOR	Maya	1995	LPS	124	19-Mar-2019	CSC
WSENIOR	71 kg	Total	LAYLOR	Maya	1995	LPS	223	19-Mar-2019	CSC
WSENIOR	76 kg	Snatch	LAYLOR	Maya	1995	LPS	103	28-Aug-2021	S
WSENIOR	76 kg	Clean&Jerk	BEDWARD	Shania	1996	CAN	133	17-Sept-2024	CC
WSENIOR	76 kg	Total	BEDWARD	Shania	1996	CAN	236	17-Sept-2024	CC
WSENIOR	81 kg	Snatch	LAYLOR	Maya	1995	LPS	107	25-Mar-2023	PAC
WSENIOR	81 kg	Clean&Jerk	LAYLOR	Maya	1995	LPS	135	21-Oct-2023	PA
WSENIOR	81 kg	Total	LAYLOR	Maya	1995	LPS	238	25-Mar-2023	PAC
WSENIOR	87 kg	Snatch	LAYLOR	Maya	1995	LPS	103	19-May-2023	CSC
WSENIOR	87 kg	Clean&Jerk	LAYLOR	Maya	1995	LPS	136	19-May-2023	CSC
WSENIOR	87 kg	Total	LAYLOR	Maya	1995	LPS	239	19-May-2023	CSC
WSENIOR	87+ kg	Snatch	WILLIAMS	Natalie	1986	Fury	98	07-Dec-2005	
WSENIOR	87+ kg	Clean&Jerk	WILLIAMS	Natalie	1986	Fury	122	07-Dec-2005	
WSENIOR	87+ kg	Total	WILLIAMS	Natalie	1986	Fury	220	07-Dec-2005	



Ontario Weightlifting Association

Provincial Records

JUVENILE (15 & under) -- MEN
Records since December 1, 2009

Group	Category	Event	Name		YOB	Club	Weight (kg)	Date	Competition
MJUVI	46 kg	Snatch	BAZILSKY	Connor	2002	VBC	55	17-Sep-2016	TBQWO
MJUVI	46 kg	Clean&Jerk	BAZILSKY	Connor	2002	VBC	77	17-Sep-2016	TBQWO
MJUVI	46 kg	Total	BAZILSKY	Connor	2002	VBC	132	17-Sep-2016	TBQWO
MJUVI	49 kg	Snatch	Alsebaai	Yahea	2010	VV	77	24-Aug-2024	YH
MJUVI	49 kg	Clean&Jerk	Alsebaai	Yahea	2002	VV	92	24-Aug-2024	YH
MJUVI	49 kg	Total	Alsebaai	Yahea	2010	VV	169	24-Aug-2024	YH
MJUVI	55 kg	Snatch	ALEXANDROV	Nikolay	1999	VSW	87	18-Jan-2014	CJC
MJUVI	55 kg	Clean&Jerk	ALEXANDROV	Nikolay	1999	VSW	113	29-Mar-2014	OC
MJUVI	55 kg	Total	ALEXANDROV	Nikolay	1999	VSW	198	29-Mar-2014	OC
MJUVI	61 kg	Snatch	ALEXANDROV	Nikolay	1999	VSW	90	04-Oct-2014	RHC
MJUVI	61 kg	Clean&Jerk	ALEXANDROV	Nikolay	1999	VSW	125	04-Oct-2014	RHC
MJUVI	61 kg	Total	ALEXANDROV	Nikolay	1999	VSW	215	04-Oct-2014	RHC
MJUVI	67 kg	Snatch					93		
MJUVI	67 kg	Clean&Jerk					120		
MJUVI	67 kg	Total					213		
MJUVI	73 kg	Snatch	SANTAVY	Boady	1997	WAF	95	03-Nov-2012	OO
MJUVI	73 kg	Clean&Jerk	SANTAVY	Boady	1997	WAF	115	03-Nov-2012	OO
MJUVI	73 kg	Total	SANTAVY	Boady	1997	WAF	210	03-Nov-2012	OO
MJUVI	81 kg	Snatch	WATSON	Declan	2007	BBC	101	17-Dec-2022	JOC
MJUVI	81 kg	Clean&Jerk	WATSON	Declan	2007	BBC	126	17-Dec-2022	JOC
MJUVI	81 kg	Total	WATSON	Declan	2007	BBC	227	17-Dec-2022	JOC
MJUVI	89 kg	Snatch	WATSON	Declan	2007	GGW	97	04-Jun-2022	CJC
MJUVI	89 kg	Clean&Jerk	WATSON	Declan	2007	BBC	121	24-Sep-2022	BAC
MJUVI	89 kg	Total	WATSON	Declan	2007	BBC	217	24-Sep-2022	BAC
MJUVI	96 kg	Snatch	POZZOBON	Nick	1997	MAC	87	01-Dec-2012	JOC
MJUVI	96 kg	Clean&Jerk	WEALES	Brynn	2004	PTBO	106	07-Dec-2019	JOC
MJUVI	96 kg	Total	POZZOBON	Nick	1997	MAC	192	01-Dec-2012	JOC
MJUVI	96+ kg	Snatch	Maisuradze	Giorgi	2008	VSW	115	09-Dec-2023	JOC
MJUVI	96+ kg	Clean&Jerk	Maisuradze	Giorgi	2008	VSW	140	09-Dec-2023	JOC
MJUVI	96+ kg	Total	Maisuradze	Giorgi	2008	VSW	255	09-Dec-2023	JOC



Ontario Weightlifting Association

Provincial Records

YOUTH (17 & under) -- MEN
Records since December 1, 2009

Group	Category	Event	Name		YOB	Club	Weight (kg)	Date	Competition
MYOUTH	49 kg	Snatch	Alsebaai	Yahea	2010	VV	77	24-Aug-2024	YH
MYOUTH	49 kg	Clean&Jerk	Alsebaai	Yahea	2002	VV	92	24-Aug-2024	YH
MYOUTH	49 kg	Total	Alsebaai	Yahea	2010	VV	169	24-Aug-2024	YH
MYOUTH	55 kg	Snatch	ALEXANDROV	Nikolay	1999	VSW	87	18-Jan-2014	CJC
MYOUTH	55 kg	Clean&Jerk	ALEXANDROV	Nikolay	1999	VSW	113	29-Mar-2014	OC
MYOUTH	55 kg	Total	ALEXANDROV	Nikolay	1999	VSW	198	29-Mar-2014	OC
MYOUTH	61 kg	Snatch	VARBANOV	Nikolay	1999	VSW	107	03-Oct-2015	RHC
MYOUTH	61 kg	Clean&Jerk	VARBANOV	Nikolay	1999	VSW	135	03-Oct-2015	RHC
MYOUTH	61 kg	Total	VARBANOV	Nikolay	1999	VSW	242	03-Oct-2015	RHC
MYOUTH	67 kg	Snatch					115		
MYOUTH	67 kg	Clean&Jerk					145		
MYOUTH	67 kg	Total					259		
MYOUTH	73 kg	Snatch	VARBANOV	Nikolay	1999	VSW	123	05-Nov-2016	FC
MYOUTH	73 kg	Clean&Jerk	VARBANOV	Nikolay	1999	VSW	155	03-Dec-2016	JOC
MYOUTH	73 kg	Total	VARBANOV	Nikolay	1999	VSW	275	03-Dec-2016	JOC
MYOUTH	81 kg	Snatch	SANTAVY	Boady	1997	WAF	122	09-Nov-2013	OO
MYOUTH	81 kg	Clean&Jerk	SANTAVY	Boady	1997	WAF	147	09-Nov-2013	OO
MYOUTH	81 kg	Total	SANTAVY	Boady	1997	WAF	269	09-Nov-2013	OO
MYOUTH	89 kg	Snatch	SANTAVY	Boady	1997	WAF	140	13-Dec-2014	AO
MYOUTH	89 kg	Clean&Jerk	SANTAVY	Boady	1997	WAF	166	16-Aug-2014	BMO
MYOUTH	89 kg	Total	SANTAVY	Boady	1997	WAF	305	13-Dec-2014	AO
MYOUTH	96 kg	Snatch	SPENCER	Justin B.	1994	TW	121	05-Nov-2011	OO
MYOUTH	96 kg	Clean&Jerk	SPENCER	Justin B.	1994	TW	160	05-Nov-2011	OO
MYOUTH	96 kg	Total	SPENCER	Justin B.	1994	TW	281	05-Nov-2011	OO
MYOUTH	102 kg	Snatch					114		
MYOUTH	102 kg	Clean&Jerk					153		
MYOUTH	102 kg	Total					266		
MYOUTH	102+ kg	Snatch	Maisuradze	Giorgi	2008	VSW	115	09-Dec-2023	JOC
MYOUTH	102+ kg	Clean&Jerk	HUNTER	Ryan	1995	NOR	145	21-Jan-2012	CJC
MYOUTH	102+ kg	Total	Maisuradze	Giorgi	2008	VSW	255	09-Dec-2023	JOC



Ontario Weightlifting Association

Provincial Records

JUNIOR (20 & under) -- MEN

Records since June 1, 1993

Group	Category	Event	Name		YOB	Club	Weight (kg)	Date	Competition
MJUNIOR	55 kg	Snatch	ALEXANDROV	Nikolay	1999	VSW	87	18-Jan-2014	CJC
MJUNIOR	55 kg	Clean&Jerk	ALEXANDROV	Nikolay	1999	VSW	113	29-Mar-2014	OC
MJUNIOR	55 kg	Total	ALEXANDROV	Nikolay	1999	VSW	198	29-Mar-2014	OC
MJUNIOR	61 kg	Snatch	VARBANOV	Nikolay	1999	VSW	107	03-Oct-2015	RHC
MJUNIOR	61 kg	Clean&Jerk	VARBANOV	Nikolay	1999	VSW	135	03-Oct-2015	RHC
MJUNIOR	61 kg	Total	VARBANOV	Nikolay	1999	VSW	242	03-Oct-2015	RHC
MJUNIOR	67 kg	Snatch					121		
MJUNIOR	67 kg	Clean&Jerk					150		
MJUNIOR	67 kg	Total					269		
MJUNIOR	73 kg	Snatch	VARBANOV	Nikolay	1999	VSW	135	24-Mar-2018	OC
MJUNIOR	73 kg	Clean&Jerk	VARBANOV	Nikolay	1999	VSW	166	20-Jan-2018	CJC
MJUNIOR	73 kg	Total	VARBANOV	Nikolay	1999	VSW	296	20-Jan-2018	CJC
MJUNIOR	81 kg	Snatch	VARBANOV	Nikolay	1999	VSW	130	16-Dec-2017	QHO
MJUNIOR	81 kg	Clean&Jerk	VARBANOV	Nikolay	1999	VSW	160	16-Dec-2017	QHO
MJUNIOR	81 kg	Total	VARBANOV	Nikolay	1999	VSW	290	16-Dec-2017	QHO
MJUNIOR	89 kg	Snatch	SANTAVY	Boady	1997	SW	152	06-Jun-2016	PAC
MJUNIOR	89 kg	Clean&Jerk	SANTAVY	Bradyn	2003	SW	184	12-Aug-2023	SF
MJUNIOR	89 kg	Total	SANTAVY	Boady	1997	WAF	330	16-Jan-2016	CJC
MJUNIOR	96 kg	Snatch	SANTAVY	Boady	1997	SW	165	28-Nov-2017	WC
MJUNIOR	96 kg	Clean&Jerk	SANTAVY	Boady	1997	SW	201	28-Nov-2017	WC
MJUNIOR	96 kg	Total	SANTAVY	Boady	1997	SW	366	28-Nov-2017	WC
MJUNIOR	102 kg	Snatch	LUSIGNAN	Xavier	2003	TW	150	04-Jun-2023	CJC
MJUNIOR	102 kg	Clean&Jerk	LUSIGNAN	Xavier	2003	TW	185	04-Jun-2023	CJC
MJUNIOR	102 kg	Total	LUSIGNAN	Xavier	2003	TW	335	04-Jun-2023	CJC
MJUNIOR	109 kg	Snatch	SANDOR	Akos	1977	SSW	162.5	27-May-1997	
MJUNIOR	109 kg	Clean&Jerk	LUSIGNAN	Xavier	2003	TW	196	09-Dec-2023	JOE
MJUNIOR	109 kg	Total	SANDOR	Akos	1977	SSW	355	27-May-1997	
MJUNIOR	109+ kg	Snatch	SANDOR	Akos	1977	SSW	160	27-Sep-1997	
MJUNIOR	109+ kg	Clean&Jerk	SANDOR	Akos	1977	SSW	190	27-Sep-1997	
MJUNIOR	109+ kg	Total	SANDOR	Akos	1977	SSW	350	27-Sep-1997	



Ontario Weightlifting Association

Provincial Records

SENIOR -- MEN

Records since May 1, 1993

Category	Event	Name	YOB	Club	Weight (kg)	Date	Competition
MSENIOR 55 kg	Snatch	BUI Mark	1992	LPS	89	07-Nov-2015	FC
MSENIOR 55 kg	Clean&Jerk	ALEXANDROV Nikolay	1999	VSW	113	29-Mar-2014	OC
MSENIOR 55 kg	Total	ALEXANDROV Nikolay	1999	VSW	198	29-Mar-2014	OC
MSENIOR 61 kg	Snatch	LANGAN Chad	1992	MC	109	04-Feb-2017	WL
MSENIOR 61 kg	Clean&Jerk	LANGAN Chad	1992	MC	137	25-Mar-2017	OC
MSENIOR 61 kg	Total	LANGAN Chad	1992	MC	244	22-Oct-2016	HO
MSENIOR 67 kg	Snatch				122		
MSENIOR 67 kg	Clean&Jerk				152		
MSENIOR 67 kg	Total				270		
MSENIOR 73 kg	Snatch	VARBANOV Nikolay	1999	VSW	135	24-Mar-2018	OC
MSENIOR 73 kg	Clean&Jerk	VARBANOV Nikolay	1999	VSW	166	20-Jan-2018	CJC
MSENIOR 73 kg	Total	VARBANOV Nikolay	1999	VSW	296	20-Jan-2018	CJC
MSENIOR 81 kg	Snatch	LONGO Frank	1984	BS	131	06-Nov-2021	OC
MSENIOR 81 kg	Clean&Jerk	LONGO Frank	1984	BS	162	26-Mar-2022	WL
MSENIOR 81 kg	Total	LONGO Frank	1984	BS	292	06-Nov-2021	OC
MSENIOR 89 kg	Snatch	SANTAVY Boady	1997	SW	165	12-Aug-2023	SF
MSENIOR 89 kg	Clean&Jerk	SANTAVY Boady	1997	WAF	187	12-Aug-2023	SF
MSENIOR 89 kg	Total	SANTAVY Boady	1997	WAF	352	12-Aug-2023	SF
MSENIOR 96 kg	Snatch	SANTAVY Boady	1997	SW	181	18-Apr-2021	PAC
MSENIOR 96 kg	Clean&Jerk	SANTAVY Boady	1997	SW	210	25-Sep-2019	WC
MSENIOR 96 kg	Total	SANTAVY Boady	1997	SW	389	18-Apr-2021	PAC
MSENIOR 102 kg	Snatch	SANTAVY Boady	1997	SW	168	06-Nov-2021	OC
MSENIOR 102 kg	Clean&Jerk	SANTAVY Boady	1997	SW	198	06-Nov-2021	OC
MSENIOR 102 kg	Total	SANTAVY Boady	1997	SW	366	06-Nov-2021	OC
MSENIOR 109 kg	Snatch	SANDOR Akos	1977	SSW	170	14-Apr-2000	NACACI
MSENIOR 109 kg	Clean&Jerk	SANDOR Akos	1977	SSW	207.5	14-Apr-2000	NACACI
MSENIOR 109 kg	Total	SANDOR Akos	1977	SSW	377.5	14-Apr-2000	NACACI
MSENIOR 109+ kg	Snatch	SANDOR Akos	1977	SSW	162.5	19-Aug-2000	CO
MSENIOR 109+ kg	Clean&Jerk	SANDOR Akos	1977	SSW	200	19-Aug-2000	CO
MSENIOR 109+ kg	Total	SANDOR Akos	1977	SSW	362.5	19-Aug-2000	CO



Ontario Weightlifting Association

Provincial Records

MASTERS (35+) -- WOMEN
Records since January 1, 2015

Age	Cat.	Event	Name	YOB	Club	Weight	Date	Competition
W35	49 kg	Snatch	ROGUEL Svetlana	1984	TW	39	23-Feb-2019	OM
W35	49 kg	Clean&Jerk	ROGUEL Svetlana	1984	TW	54	23-Feb-2019	OM
W35	49 kg	Total	ROGUEL Svetlana	1984	TW	93	23-Feb-2019	OM
W35	55 kg	Snatch	BRADDOCK Amanda	1989	EBB	68	09-Nov-2024	OC
W35	55 kg	Clean&Jerk	DALLE Esther	1980	JL	90	28-Mar-2015	OC
W35	55 kg	Total	BRADDOCK Amanda	1989	EBB	155	09-Nov-2024	OC
W35	59 kg	Snatch	NELSEN Whitney	1984	RX	67	24-Aug-2019	WM
W35	59 kg	Clean&Jerk	NELSEN Whitney	1984	RX	80	02-Nov-2019	OC
W35	59 kg	Total	NELSEN Whitney	1984	RX	147	02-Nov-2019	OC
W35	64 kg	Snatch	GOWANLOCK Stephanie	1984	ALP	84	02-Nov-2019	OC
W35	64 kg	Clean&Jerk	GOWANLOCK Stephanie	1984	ALP	105	26-Mar-2022	WL
W35	64 kg	Total	GOWANLOCK Stephanie	1984	ALP	188	02-Nov-2019	OC
W35	71 kg	Snatch	Kang Charlene	1988	JL	76	14-Oct-2023	RBM
W35	71 kg	Clean&Jerk	APOSTOLERIS Megan	1981	JL	96	24-Aug-2019	WM
W35	71 kg	Total	APOSTOLERIS Megan	1981	JL	171	24-Aug-2019	WM
W35	76 kg	Snatch	Kostenko Maryna	1986	PA	77	27-Sep-2024	OFC
W35	76 kg	Clean&Jerk	Kostenko Maryna	1986	PA	85	27-Sep-2024	OFC
W35	76 kg	Total	Kostenko Maryna	1986	PA	162	27-Sep-2024	OFC
W35	81 kg	Snatch	Kostenko Maryna	1986	PA	71	20-Apr-2024	OMC
W35	81 kg	Clean&Jerk	DE VEYRA Ernestine	1983	646	85	22-Feb-2020	OM
W35	81 kg	Total	Kostenko Maryna	1986	PA	152	20-Apr-2024	OMC
W35	87 kg	Snatch	CHIASSON Marcia	1981	GB	63	09-Jul-2016	646
W35	87 kg	Clean&Jerk	REYES Jessica	1980	TV	85	01-Jun-2019	TWC
W35	87 kg	Total	REYES Jessica	1980	TV	147	01-Jun-2019	TWC
W35	87+ kg	Snatch	Page Michelle	1987	BS	82	09-Nov-2024	OC
W35	87+ kg	Clean&Jerk	Page Michelle	1987	BS	122	09-Nov-2024	OC
W35	87+ kg	Total	Page Michelle	1987	BS	204	09-Nov-2024	OC
W40	49 kg	Snatch	Jeffrey Joanne	1981	D	59	15-Jul-2023	CM
W40	49 kg	Clean&Jerk	AMUNDRUD Heather	1974	JL	74	15-Dec-2018	QHO
W40	49 kg	Total	Jeffrey Joanne	1981	D	128	09-Jul-2022	CM
W40	55 kg	Snatch	Lavechia Krystal	1983	D	59	25-Feb-2023	OM
W40	55 kg	Clean&Jerk	AMUNDRUD Heather	1974	JL	78	27-Mar-2015	OC
W40	55 kg	Total	Lavechia Krystal	1983	D	135	20-Apr-2024	OMC



Ontario Weightlifting Association

Provincial Records

W40 59 kg	Snatch	MACKENZIE	Claire	1976	646	63	12-Jan-2019	VVO
W40 59 kg	Clean&Jerk	DUTRIZAC	Gwen	1975	GP	78	18-Aug-2018	S
W40 59 kg	Total	Van Moorsel	Erin	1979	AW	138	15-Jul-2023	CM
W40 64 kg	Snatch	HALLIGAN	Jillian	1975	SM	68	14-Dec-2019	MC
W40 64 kg	Clean&Jerk	HALLIGAN	Jillian	1975	SM	90	14-Dec-2019	MC
W40 64 kg	Total	HALLIGAN	Jillian	1975	SM	158	14-Dec-2019	MC
W40 71 kg	Snatch	Nemeth	Amanda	1984	CAN	80	09-Nov-2024	OC
W40 71 kg	Clean&Jerk	APOSTOLERIS	Megan	1981	GWL	96	25-Sep-2021	BAC
W40 71 kg	Total	APOSTOLERIS	Megan	1981	GWL	170	25-Sep-2021	BAC
W40 76 kg	Snatch	Di Pierro	Connie	1981	1855	71	11-Nov-2023	OC
W40 76 kg	Clean&Jerk	Di Pierro	Connie	1981	1855	93	15-Jul-2023	CM
W40 76 kg	Total	Di Pierro	Connie	1981	1855	162	15-Jul-2023	CM
W40 81 kg	Snatch	Di Pierro	Connie	1981	BS	74	22-Apr-2023	OMC
W40 81 kg	Clean&Jerk	Di Pierro	Connie	1981	BS	95	22-Apr-2023	OMC
W40 81 kg	Total	Di Pierro	Connie	1981	BS	169	22-Apr-2023	OMC
W40 87 kg	Snatch	STEWART	Judy	1973	MW	65	28-Oct-2017	HO
W40 87 kg	Clean&Jerk	STEWART	Judy	1973	MW	83	19-Aug-2017	S
W40 87 kg	Total	STEWART	Judy	1973	MW	145	28-Oct-2017	HO
W40 87+ kg	Snatch	Hammar	Grace	1983	VSW	57	14-Oct-2023	OM
W40 87+ kg	Clean&Jerk	Hammar	Grace	1983	VSW	79	20-Apr-2024	OMC
W40 87+ kg	Total	Hammar	Grace	1983	VSW	136	20-Apr-2024	OMC
W45 49 kg	Snatch	AMUNDRUD	Heather	1974	JL	52	30-Mar-2019	OC
W45 49 kg	Clean&Jerk	AMUNDRUD	Heather	1974	JL	72	30-Mar-2019	OC
W45 49 kg	Total	AMUNDRUD	Heather	1974	JL	124	30-Mar-2019	OC
W45 55 kg	Snatch	Cox	Belinda	1979	M	55	25-Feb-2024	OM
W45 55 kg	Clean&Jerk	Cox	Belinda	1979	M	74	25-Feb-2024	OM
W45 55 kg	Total	Cox	Belinda	1979	M	129	25-Feb-2024	OM
W45 59 kg	Snatch	Bartz	Charity	1978	D	64	20-Apr-2024	OMC
W45 59 kg	Clean&Jerk	Bartz	Charity	1978	D	85	20-Apr-2024	OMC
W45 59 kg	Total	Bartz	Charity	1978	D	149	20-Apr-2024	OMC
W45 64 kg	Snatch	Bartz	Charity	1978	D	67	31-Mar-2024	WL
W45 64 kg	Clean&Jerk	HALLIGAN	Jillian	1975	SM	88	22-Feb-2020	OM
W45 64 kg	Total	HALLIGAN	Jillian	1975	SM	154	22-Feb-2020	OM
W45 71 kg	Snatch	DATEMA	Melanie	1974	BS	62	22-Feb-2020	OM
W45 71 kg	Clean&Jerk	DATEMA	Melanie	1974	BS	77	22-Feb-2020	OM
W45 71 kg	Total	DATEMA	Melanie	1974	BS	139	22-Feb-2020	OM
W45 76 kg	Snatch	Holdsworth	Danielle	1979	PA	61	20-Apr-2024	OMC
W45 76 kg	Clean&Jerk	Holdsworth	Danielle	1979	PA	76	20-Apr-2024	OMC
W45 76 kg	Total	Holdsworth	Danielle	1979	PA	137	20-Apr-2024	OMC



Ontario Weightlifting Association

Provincial Records

W45 81 kg	Snatch	PIRRIE	Danielle	1974	CP	59	18-Dec-2021	MC
W45 81 kg	Clean&Jerk	PIRRIE	Danielle	1974	CP	77	22-Feb-2020	OM
W45 81 kg	Total	PIRRIE	Danielle	1974	CP	135	23-Apr-2022	OM
W45 87 kg	Snatch	MARTENS	EVA	1979	BS	86	26-Oct-2024	G410
W45 87 kg	Clean&Jerk	NOBLE	Tanya	1969	STSA	70	25-Feb-2017	OM
W45 87 kg	Total	MARTENS	EVA	1979	BS	126	26-Oct-2024	G410
W45 87+ kg	Snatch	Hahn	Frances	1976	GP	57	23-Oct-2021	RBM
W45 87+ kg	Clean&Jerk	Humble	Charlene	1977	TLD	78	20-Jul-2024	STLO
W45 87+ kg	Total	Hahn	Frances	1976	GP	134	23-Oct-2021	RBM
W50 49 kg	Snatch	Amundrud	Heather	1974	JL	40	27-Sep-2024	OFC
W50 49 kg	Clean&Jerk	Amundrud	Heather	1974	JL	59	27-Sep-2024	OFC
W50 49 kg	Total	Amundrud	Heather	1974	JL	99	27-Sep-2024	OFC
W50 55 kg	Snatch	ZIRKLE	Molly	1967	TW	51	28-Aug-2021	S
W50 55 kg	Clean&Jerk	Amundrud	Heather	1974	JL	62	17-Feb-2023	LJWO
W50 55 kg	Total	ZIRKLE	Molly	1967	TW	112	28-Aug-2021	S
W50 59 kg	Snatch	ZIRKLE	Molly	1967	TW	49	01-Jun-2019	TWC
W50 59 kg	Clean&Jerk	ZIRKLE	Molly	1967	TW	59	10-Aug-2019	S
W50 59 kg	Total	ZIRKLE	Molly	1967	TW	106	01-Jun-2019	TWC
W50 64 kg	Snatch	GUENETTE	Sylvie	1966	SWC	50	23-Feb-2019	OM
W50 64 kg	Clean&Jerk	GUENETTE	Sylvie	1966	705	67	16-Jun-2018	CM
W50 64 kg	Total	GUENETTE	Sylvie	1966	705	113	16-Jun-2018	CM
W50 71 kg	Snatch	Villagonzalo	Marife	1972	TW	58	15-Jul-2023	CM
W50 71 kg	Clean&Jerk	Villagonzalo	Marife	1972	TW	77	15-Jul-2023	CM
W50 71 kg	Total	Villagonzalo	Marife	1972	TW	135	15-Jul-2023	CM
W50 76 kg	Snatch	Jones	Sue	1972	JL	62	16-Sep-2023	OFC
W50 76 kg	Clean&Jerk	Jones	Sue	1972	JL	81	15-Jul-2023	CM
W50 76 kg	Total	Jones	Sue	1972	JL	140	15-Jul-2023	CM
W50 81 kg	Snatch	Pirrie	Danielle	1974	DW	57	2/24/2024	OM
W50 81 kg	Clean&Jerk	Pirrie	Danielle	1974	DW	71	2/24/2024	OM
W50 81 kg	Total	Pirrie	Danielle	1974	DW	128	2/24/2024	OM
W50 87 kg	Snatch	Bastialan	Helga	1973	ABC	46	20-Apr-2024	OMC
W50 87 kg	Clean&Jerk	MORING	Joanne	1964	ABC	64	12-Dec-2015	QHO
W50 87 kg	Total	MORING	Joanne	1964	ABC	108	12-Dec-2015	QHO
W50 87+ kg	Snatch	Pearson	Michelle	1973	D	41	20-Apr-2024	OMC
W50 87+ kg	Clean&Jerk	MIKKOLA	Carla	1967	SWC	63	14-Oct-2017	RHC
W50 87+ kg	Total	MIKKOLA	Carla	1967	SWC	103	14-Oct-2017	RHC



Ontario Weightlifting Association

Provincial Records

W55 49 kg	Snatch	SCHRAFT	Heidi	1961	TB	28	23-Apr-2016	CM
W55 49 kg	Clean&Jerk	SCHRAFT	Heidi	1961	TB	35	08-Oct-2016	WM
W55 49 kg	Total	SCHRAFT	Heidi	1961	TB	63	08-Oct-2016	WM
W55 55 kg	Snatch	KIELTY	Paula	1964	BS	41	15-Jul-2023	CM
W55 55 kg	Clean&Jerk	KIELTY	Paula	1964	BS	52	15-Jul-2023	CM
W55 55 kg	Total	KIELTY	Paula	1964	BS	93	15-Jul-2023	CM
W55 59 kg	Snatch	Zirkle	Molly	1967	TW	49	12-Mar-2022	CM
W55 59 kg	Clean&Jerk	Zirkle	Molly	1967	TW	62	12-Mar-2022	CM
W55 59 kg	Total	Zirkle	Molly	1967	TW	111	12-Mar-2022	CM
W55 64 kg	Snatch	Guenette	Sylvie	1966	SWC	50	25-Feb-2023	OM
W55 64 kg	Clean&Jerk	Guenette	Sylvie	1966	SWC	66	15-Jul-2023	CM
W55 64 kg	Total	Guenette	Sylvie	1966	SWC	115	25-Feb-2023	OM
W55 71 kg	Snatch	WATERFIELD	Madeleine	1964	EE	51	22-Feb-2020	OM
W55 71 kg	Clean&Jerk	WATERFIELD	Madeleine	1964	EE	65	22-Feb-2020	OM
W55 71 kg	Total	WATERFIELD	Madeleine	1964	EE	116	22-Feb-2020	OM
W55 76 kg	Snatch	MORING	Joanne	1964	ABC	41	23-Feb-2019	OM
W55 76 kg	Clean&Jerk	Vuorensyrja	Liisa	1967	SWC	59	15-Jul-2023	CM
W55 76 kg	Total	Vuorensyrja	Liisa	1967	SWC	97	15-Jul-2023	CM
W55 81 kg	Snatch	Barber	Patricia	1965	D	48	20-Apr-2024	OMC
W55 81 kg	Clean&Jerk	Barber	Patricia	1965	D	65	20-Apr-2024	OMC
W55 81 kg	Total	Barber	Patricia	1965	D	113	20-Apr-2024	OMC
W55 87 kg	Snatch	Donaldson	Kelly	1968	D	46	20-Apr-2024	OMC
W55 87 kg	Clean&Jerk	Barber	Patricia	1965	D	65	15-Jul-2023	CM
W55 87 kg	Total	Barber	Patricia	1965	D	110	15-Jul-2023	CM
W55 87+ kg	Snatch	Coughlin	Crista	1969	306	50	13-Apr-2024	KO
W55 87+ kg	Clean&Jerk	Coughlin	Crista	1969	306	66	13-Apr-2024	KO
W55 87+ kg	Total	Coughlin	Crista	1969	306	116	13-Apr-2024	KO
W60 49 kg	Snatch	HILL	Suzie	1954	GC	25	17-Sep-2016	TBQWO
W60 49 kg	Clean&Jerk	HILL	Suzie	1954	GC	36	17-Sep-2016	TBQWO
W60 49 kg	Total	HILL	Suzie	1954	GC	61	17-Sep-2016	TBQWO
W60 55 kg	Snatch	Tonus	Fern	1958	D	30	08-Oct-2022	RHC
W60 55 kg	Clean&Jerk	Tonus	Fern	1958	D	37	08-Oct-2022	RHC
W60 55 kg	Total	Tonus	Fern	1958	D	67	08-Oct-2022	RHC
W60 59 kg	Snatch	Anderson	Jennifer	1962	TW	28	20-Apr-2024	OMC
W60 59 kg	Clean&Jerk	Anderson	Jennifer	1962	TW	38	20-Apr-2024	OMC
W60 59 kg	Total	Anderson	Jennifer	1962	TW	66	20-Apr-2024	OMC
W60 64 kg	Snatch	Daviau	Karla	1961	LB	40	20-Jul-2024	SMLO
W60 64 kg	Clean&Jerk	Daviau	Karla	1961	LB	51	20-Jul-2024	SMLO
W60 64 kg	Total	Daviau	Karla	1961	LB	91	20-Jul-2024	SMLO



Ontario Weightlifting Association

Provincial Records

W60 71 kg	Snatch	REGAN	Debbie	1955	RB	31	23-Apr-2016	CM
W60 71 kg	Clean&Jerk	REGAN	Debbie	1955	RB	44	16-Jun-2018	CM
W60 71 kg	Total	REGAN	Debbie	1955	RB	75	16-Jun-2018	CM
W60 76 kg	Snatch	REGAN	Debbie	1955	SWC	27	14-Oct-2017	RHC
W60 76 kg	Clean&Jerk	REGAN	Debbie	1955	SWC	39	14-Oct-2017	RHC
W60 76 kg	Total	REGAN	Debbie	1955	SWC	66	14-Oct-2017	RHC
W60 81kg	Snatch	Clarke	Donna	1964	LPS	47	20-Apr-2024	OMC
W60 81kg	Clean&Jerk	Clarke	Donna	1964	LPS	60	20-Apr-2024	OMC
W60 81kg	Total	Clarke	Donna	1964	LPS	107	20-Apr-2024	OMC
W60 87kg	Snatch	Waterfield	Madeleine	1964	EE	44	24-Feb-2024	OM
W60 87kg	Clean&Jerk	Waterfield	Madeleine	1964	EE	56	24-Feb-2024	OM
W60 87kg	Total	Waterfield	Madeleine	1964	EE	100	24-Feb-2024	OM
W65 49 kg	Snatch	HILL	Suzie	1954	GC	24	23-Feb-2019	OM
W65 49 kg	Clean&Jerk	HILL	Suzie	1954	GC	35	27-Apr-2019	CM
W65 49 kg	Total	HILL	Suzie	1954	GC	59	27-Apr-2019	CM
W65 55 kg	Snatch	Tonus	Fern	1958	D	32	15-Jul-2023	CM
W65 55 kg	Clean&Jerk	Tonus	Fern	1958	D	40	24-Feb-2024	OM
W65 55 kg	Total	Tonus	Fern	1958	D	70	15-Jul-2023	CM
W65 59 kg	Snatch	MILLER	Jill	1951	BMW	29	23-Feb-2019	OM
W65 59 kg	Clean&Jerk	MILLER	Jill	1951	BMW	39	08-Oct-2016	WM
W65 59 kg	Total	MILLER	Jill	1951	BMW	67	23-Feb-2019	OM
W65 64 kg	Snatch	MILLER	Jill	1951	BMW	30	15-Dec-2018	QHO
W65 64 kg	Clean&Jerk	MILLER	Jill	1951	BMW	43	17-Jun-2016	PAM
W65 64 kg	Total	MILLER	Jill	1951	BMW	72	17-Jun-2016	PAM
W65 71 kg	Snatch	Lander	Karen	1954	PTBO	26	22-Apr-2023	OMC
W65 71 kg	Clean&Jerk	Lander	Karen	1954	PTBO	38	22-Apr-2023	OMC
W65 71 kg	Total	Lander	Karen	1954	PTBO	64	22-Apr-2023	OMC
W65 87 kg	Snatch	QUINN	Judy	1948	GC	35	07-Jun-2015	PAM
W65 87 kg	Clean&Jerk	WALT	Christine	1948	ABC	47	25-Apr-2015	CM
W65 87 kg	Total	QUINN	Judy	1948	GC	80	07-Jun-2015	PAM
W70 55 kg	Snatch	HELLENBART	Doris	1947	BX	26	27-Apr-2019	CM
W70 55 kg	Clean&Jerk	HELLENBART	Doris	1947	BX	33	27-Apr-2019	CM
W70 55 kg	Total	HELLENBART	Doris	1947	BX	59	27-Apr-2019	CM
W70 59 kg	Snatch	HELLENBART	Doris	1947	BX	28	24-Aug-2019	WM
W70 59 kg	Clean&Jerk	HELLENBART	Doris	1947	BX	36	24-Feb-2018	OM
W70 59 kg	Total	HELLENBART	Doris	1947	BX	63	24-Feb-2018	OM



Ontario Weightlifting Association

Provincial Records

W70 64 kg	Snatch	LARSON	Dawn	1949	GB	22	24-Aug-2019	WM
W70 64 kg	Snatch	LARSON	Dawn	1949	GB	32	24-Aug-2019	WM
W70 64 kg	Snatch	LARSON	Dawn	1949	GB	54	24-Aug-2019	WM
W70 71 kg	Snatch	PELLETIER	Lorraine	1943	SWC	31	23-Apr-2016	CM
W70 71 kg	Clean&Jerk	PELLETIER	Lorraine	1943	SWC	42	23-Apr-2016	CM
W70 71 kg	Total	PELLETIER	Lorraine	1943	SWC	73	23-Apr-2016	CM
W70 76 kg	Snatch	QUINN	Judy	1948	GC	31	07-Jul-2018	BMO
W70 76 kg	Clean&Jerk	QUINN	Judy	1948	GC	42	24-Aug-2019	WM
W70 76 kg	Total	QUINN	Judy	1948	GC	73	24-Aug-2019	WM
W70 81 kg	Snatch	WALT	Christine	1949	ABC	31	27-Apr-2019	CM
W70 81 kg	Clean&Jerk	WALT	Christine	1949	ABC	44	27-Apr-2019	CM
W70 81 kg	Total	WALT	Christine	1949	ABC	75	27-Apr-2019	CM
W75 87 kg	Snatch	WALT	Christine	1949	ABC	24	20-Apr-2024	OMC
W75 87 kg	Clean&Jerk	WALT	Christine	1949	ABC	32	20-Apr-2024	OMC
W75 87 kg	Total	WALT	Christine	1949	ABC	56	20-Apr-2024	OMC



Ontario Weightlifting Association

Provincial Records

MASTERS (35+) -- MEN

Records since January 1, 2015

Age	Cat.	Event	Name	YOB	Club	Weight	Date	Competition
M35	55 kg	Snatch	FLORENTO John	1979	CB	80	24-Feb-2018	OM
M35	55 kg	Clean&Jerk	FLORENTO John	1979	CB	102	24-Mar-2018	OC
M35	55 kg	Total	FLORENTO John	1979	CB	182	24-Mar-2018	OC
M35	61 kg	Snatch	FLORENTO John	1979	CB	87	25-Mar-2017	OC
M35	61 kg	Clean&Jerk	FLORENTO John	1979	CB	110	25-Mar-2017	OC
M35	61 kg	Total	FLORENTO John	1979	CB	197	25-Mar-2017	OC
M35	67 kg	Snatch	Li Gerald	1987	HWSC	101	09-Nov-2024	OC
M35	67 kg	Clean&Jerk	Earle Dave	1987	PA	120	20-Apr-2024	OMC
M35	67 kg	Total	Earle Dave	1987	PA	217	20-Apr-2024	OMC
M35	73 kg	Snatch	PILON Albert	1981	BH	111	22-Feb-2020	OM
M35	73 kg	Clean&Jerk	PILON Albert	1981	BH	131	22-Feb-2020	OM
M35	73 kg	Total	PILON Albert	1981	BH	242	22-Feb-2020	OM
M35	81 kg	Snatch	LONGO Frank	1984	BS	131	06-Nov-2021	OC
M35	81 kg	Clean&Jerk	LONGO Frank	1984	BS	162	26-Mar-2022	WL
M35	81 kg	Total	LONGO Frank	1984	BS	292	06-Nov-2021	OC
M35	89 kg	Snatch	LONGO FRANK	1984	BS	127	15-Jul-2023	CM
M35	89 kg	Clean&Jerk	LONGO FRANK	1984	BS	162	15-Jul-2023	CM
M35	89 kg	Total	LONGO FRANK	1984	BS	289	15-Jul-2023	CM
M35	96 kg	Snatch	JOHNSON James	1981	646	115	21-Dec-2019	QHO
M35	96 kg	Clean&Jerk	ALLAN Ryan	1980	OT	146	20-Feb-2016	OM
M35	96 kg	Total	ALLAN Ryan	1980	OT	258	20-Feb-2016	OM
M35	102 kg	Snatch	Badreldin Mohamedelamin	1989	CAN	125	20-Jul-2024	STLO
M35	102 kg	Clean&Jerk	SPENCER Justin	1981	TW	155	27-Apr-2019	CM
M35	102 kg	Total	SPENCER Justin	1981	TW	275	27-Apr-2019	CM
M35	109 kg	Snatch	SPENCER Justin	1981	TW	138	20-May-2017	CSC
M35	109 kg	Clean&Jerk	SPENCER Justin	1981	TW	165	03-Apr-2016	OC
M35	109 kg	Total	SPENCER Justin	1981	TW	306	20-May-2017	CSC
M35	109+ kg	Snatch	SANDOR Akos	1977	SSW	140	06-Feb-2016	WL
M35	109+ kg	Clean&Jerk	SANDOR Akos	1977	SSW	180	03-Apr-2016	OC
M35	109+ kg	Total	SANDOR Akos	1977	SSW	320	06-Feb-2016	OC
M40	61 kg	Snatch	FLORENTO John	1979	BS	86	01-Jan-2020	VVO
M40	61 kg	Clean&Jerk	FLORENTO John	1979	BS	106	02-Nov-2019	OC
M40	61 kg	Total	FLORENTO John	1979	BS	190	30-Mar-2019	OC



Ontario Weightlifting Association

Provincial Records

M40 67 kg	Snatch	Smith	Ken	1982	BH	95	11-Nov-2023	OC
M40 67 kg	Clean&Jerk	Smith	Ken	1982	BH	120	11-Nov-2023	OC
M40 67 kg	Total	Smith	Ken	1982	BH	215	11-Nov-2023	OC
M40 73 kg	Snatch	Pilon	Albert	1981	BH	100	22-Apr-2023	OMC
M40 73 kg	Clean&Jerk	Latimer	Brent	1983	AW	119	20-Apr-2024	OMC
M40 73 kg	Total	Pilon	Albert	1981	BH	210	22-Apr-2023	OMC
M40 81 kg	Snatch	LONGO	Frank	1984	BBC	124	30-Mar-2024	WL
M40 81 kg	Clean&Jerk	LONGO	Frank	1984	BBC	156	30-Mar-2024	WL
M40 81 kg	Total	LONGO	Frank	1984	BBC	280	30-Mar-2024	WL
M40 89 kg	Snatch	Campbell	Graeme	1982	AW	104	15-Jul-2023	CM
M40 89 kg	Clean&Jerk	Campbell	Graeme	1982	AW	132	15-Jul-2023	CM
M40 89 kg	Total	Campbell	Graeme	1982	AW	236	15-Jul-2023	CM
M40 96 kg	Snatch	Johnson	James	1981	646	117	22-Apr-2023	OMC
M40 96 kg	Clean&Jerk	Johnson	James	1981	646	147	15-Jul-2023	CM
M40 96 kg	Total	Johnson	James	1981	646	263	15-Jul-2023	CM
M40 102 kg	Snatch	VANDEWEGHE	Craig	1976	BS	120	17-Nov-2018	HO
M40 102 kg	Clean&Jerk	VANDEWEGHE	Craig	1976	BS	155	17-Nov-2018	HO
M40 102 kg	Total	VANDEWEGHE	Craig	1976	BS	275	17-Nov-2018	HO
M40 109 kg	Snatch	VANDEWEGHE	Craig	1976	CB	120	25-Feb-2017	OM
M40 109 kg	Clean&Jerk	MILLER	Michael	1978	AW	155	14-Dec-2019	MC
M40 109 kg	Total	SANDOR	Akos	1977	SSW	270	06-Jul-2019	BMO
M40 109+ kg	Snatch	SANDOR	Akos	1977	SSW	132	24-Aug-2019	WM
M40 109+ kg	Clean&Jerk	SANDOR	Akos	1977	SSW	163	24-Aug-2019	WM
M40 109+ kg	Total	SANDOR	Akos	1977	SSW	295	24-Aug-2019	WM
M45 61kg	Snatch	FLORTENTO	John	1979	BBC	83	31-Mar-2024	WL
M45 61kg	Clean&Jerk	FLORTENTO	John	1979	BBC	100	31-Mar-2024	WL
M45 61kg	Total	FLORTENTO	John	1979	BBC	183	31-Mar-2024	WL
M45 67kg	Snatch	Florento	John	1979	BBC	95	20-Apr-2024	OMC
M45 67kg	Clean&Jerk	Florento	John	1979	BBC	105	20-Apr-2024	OMC
M45 67kg	Total	Florento	John	1979	BBC	190	20-Apr-2024	OMC
M45 73 kg	Snatch	Gauthier	Jason	1974	BBC	86	24-Sep-2022	BAC
M45 73 kg	Clean&Jerk	ROBINSON	Larry	1970	GG	108	27-Apr-2019	CM
M45 73 kg	Total	Gauthier	Jason	1974	BBC	189	24-Sep-2022	BAC
M45 81 kg	Snatch	STOIANOV	Rumen	1971	TW	113	24-Aug-2019	WM
M45 81 kg	Clean&Jerk	STOIANOV	Rumen	1971	TW	135	24-Aug-2019	WM
M45 81 kg	Total	STOIANOV	Rumen	1971	TW	248	24-Aug-2019	WM



Ontario Weightlifting Association

Provincial Records

M45 89 kg	Snatch	SENIUK	Thomas	1973	SL	118	02-Nov-2019	OC
M45 89 kg	Clean&Jerk	SENIUK	Thomas	1973	SL	134	24-Aug-2019	WM
M45 89 kg	Total	SENIUK	Thomas	1973	SL	249	24-Aug-2019	WM
M45 96 kg	Snatch	GAULT	Thorin	1973	CWC	110	09-Jul-2022	CM
M45 96 kg	Clean&Jerk	GAULT	Thorin	1973	CWC	135	22-Feb-2020	OM
M45 96 kg	Total	GAULT	Thorin	1973	CWC	242	22-Feb-2020	OM
M45 102 kg	Snatch	GAULT	Thorin	1973	CWC	109	15-Dec-2018	QHO
M45 102 kg	Clean&Jerk	GAULT	Thorin	1973	CWC	136	15-Dec-2018	QHO
M45 102 kg	Total	GAULT	Thorin	1973	CWC	245	15-Dec-2018	QHO
M45 109 kg	Snatch	SANTAVY	Dalas	1972	SW	120	25-Feb-2017	OM
M45 109 kg	Clean&Jerk	SANTAVY	Dalas	1972	SW	155	25-Feb-2017	OM
M45 109 kg	Total	SANTAVY	Dalas	1972	SW	275	25-Feb-2017	OM
M45 109+ kg	Snatch	WALT	Tony	1968	ABC	113	23-Apr-2016	CM
M45 109+ kg	Clean&Jerk	MILLER	Michael	1978	GWL	151	26-Oct-2024	G410
M45 109+ kg	Total	MILLER	Michael	1978	GWL	259	26-Oct-2024	G410
M50 55 kg	Snatch	TEMPELAAR	Martin	1961	NB	45	21-Feb-2015	OM
M50 55 kg	Clean&Jerk	TEMPELAAR	Martin	1961	NB	65	21-Feb-2015	OM
M50 55 kg	Total	TEMPELAAR	Martin	1961	NB	110	21-Feb-2015	OM
M50 67 kg	Snatch	WALT	Cory	1972	ABC	67	09-Jul-2022	CM
M50 67 kg	Clean&Jerk	WALT	Cory	1972	ABC	80	22-Apr-2023	OMC
M50 67 kg	Total	WALT	Cory	1972	ABC	147	22-Apr-2023	OMC
M50 73 kg	Snatch	WALT	Cory	1972	ABC	70	20-Apr-2024	OMC
M50 73 kg	Clean&Jerk	WALT	Cory	1972	ABC	90	20-Apr-2024	OMC
M50 73 kg	Total	WALT	Cory	1972	ABC	160	20-Apr-2024	OMC
M50 81 kg	Snatch	Gauthier	Jason	1974	BBC	92	20-Apr-2024	OMC
M50 81 kg	Clean&Jerk	Gauthier	Jason	1974	BBC	105	20-Jul-2024	STLO
M50 81 kg	Total	Gauthier	Jason	1974	BBC	196	20-Apr-2024	OMC
M50 89 kg	Snatch	Harding	Dave	1974	NOR	86	04-May-2024	NO
M50 89 kg	Clean&Jerk	Harding	Dave	1974	NOR	116	20-Apr-2024	NO
M50 89 kg	Total	Harding	Dave	1974	NOR	206	20-Apr-2024	NO
M50 96 kg	Snatch	Gault	Thorin	1973	CWC	107	15-Jul-2023	CM
M50 96 kg	Clean&Jerk	Gault	Thorin	1973	CWC	132	22-Apr-2023	OMC
M50 96 kg	Total	Gault	Thorin	1973	CWC	238	22-Apr-2023	OMC
M50 102 kg	Snatch	Vanwynsberghe	Brad	1970	PA	104	14-Oct-2023	RBM
M50 102 kg	Clean&Jerk	Vanwynsberghe	Brad	1970	PA	132	20-Apr-2024	OMC
M50 102 kg	Total	Vanwynsberghe	Brad	1970	PA	235	20-Apr-2024	OMC



Ontario Weightlifting Association

Provincial Records

M50 109 kg	Snatch	Gorman	Ken	1973	ABC	88	22-Apr-2023	OMC
M50 109 kg	Clean&Jerk	Gorman	Ken	1973	ABC	112	20-Apr-2024	OMC
M50 109 kg	Total	Gorman	Ken	1973	ABC	199	22-Apr-2023	OMC
M50 109+ kg	Snatch	Napao	Ryan	1974	DW	83	24-Feb-2024	OM
M50 109+ kg	Clean&Jerk	Napao	Ryan	1974	DW	104	24-Feb-2024	OM
M50 109+ kg	Total	Napao	Ryan	1974	DW	187	24-Feb-2024	OM
M55 55 kg	Snatch	TEMPELAAR	Martin	1961	NB	51	25-Feb-2017	OM
M55 55 kg	Clean&Jerk	TEMPELAAR	Martin	1961	NB	68	25-Feb-2017	OM
M55 55 kg	Total	TEMPELAAR	Martin	1961	NB	119	25-Feb-2017	OM
M55 61 kg	Snatch	TEMPELAAR	Martin	1961	NB	52	23-Apr-2016	CM
M55 61 kg	Clean&Jerk	TEMPELAAR	Martin	1961	NB	70	20-Feb-2016	OM
M55 61 kg	Total	TEMPELAAR	Martin	1961	NB	120	23-Apr-2016	CM
M55 67 kg	Snatch	MACDOWELL	Peter	1960	OW	50	27-Apr-2019	CM
M55 67 kg	Clean&Jerk	MACDOWELL	Peter	1960	OW	75	27-Apr-2019	CM
M55 67 kg	Total	MACDOWELL	Peter	1960	OW	125	27-Apr-2019	CM
M55 73 kg	Snatch	HROUPA	Stepan	1956	UTM	62	10-Aug-2015	MWC
M55 73 kg	Clean&Jerk	HROUPA	Stepan	1956	UTM	81	21-Feb-2015	OM
M55 73 kg	Total	HROUPA	Stepan	1956	UTM	142	21-Feb-2015	OM
M55 81 kg	Snatch	WEBB	Ian	1959	OT	90	25-Apr-2015	CM
M55 81 kg	Clean&Jerk	WEBB	Ian	1959	OT	111	07-Jun-2015	PAM
M55 81 kg	Total	WEBB	Ian	1959	OT	201	25-Feb-2017	OM
M55 89 kg	Snatch	CRANE	Jamie	1967	LB	90	09-Jul-2022	CM
M55 89 kg	Clean&Jerk	CRANE	Jamie	1967	LB	115	20-Apr-2024	OMC
M55 89 kg	Total	CRANE	Jamie	1967	LB	205	20-Apr-2024	OMC
M55 96 kg	Snatch	LAWSON	Ian	1960	LA	84	08-Oct-2016	WM
M55 96 kg	Clean&Jerk	LAWSON	Ian	1960	LA	107	08-Oct-2016	WM
M55 96 kg	Total	LAWSON	Ian	1960	LA	191	08-Oct-2016	WM
M55 102 kg	Snatch	Walt	Martin	1968	SWC	75	25-Feb-2023	OM
M55 102 kg	Clean&Jerk	Walt	Martin	1968	SWC	95	25-Feb-2023	OM
M55 102 kg	Total	Walt	Martin	1968	SWC	170	25-Feb-2023	OM
M55 109 kg	Snatch	SANDERSON	Tim	1964	646	82	24-Aug-2019	WM
M55 109 kg	Clean&Jerk	SANDERSON	Tim	1964	646	107	27-Apr-2019	CM
M55 109 kg	Total	SANDERSON	Tim	1964	646	185	22-Feb-2020	OM
M55 109+ kg	Snatch	MAZHAR	Ayman	1959	VV	80	25-Apr-2015	CM
M55 109+ kg	Clean&Jerk	MAZHAR	Ayman	1959	VV	107	23-Apr-2016	CM
M55 109+ kg	Total	MAZHAR	Ayman	1959	VV	186	25-Apr-2015	CM



Ontario Weightlifting Association

Provincial Records

M60 55 kg	Snatch	Mahabirsingh	Robert	1961	OP	38	25-Feb-2023	OM
M60 55 kg	Clean&Jerk	Mahabirsingh	Robert	1961	OP	51	25-Feb-2023	OM
M60 55 kg	Total	Mahabirsingh	Robert	1961	OP	89	25-Feb-2023	OM
M60 61 kg	Snatch	HROUPA	Stepan	1956	UTM	55	02-Jun-2019	PAM
M60 61 kg	Clean&Jerk	HROUPA	Stepan	1956	UTM	72	23-Feb-2019	OM
M60 61 kg	Total	HROUPA	Stepan	1956	UTM	127	02-Jun-2019	PAM
M60 67 kg	Snatch	HROUPA	Stepan	1956	UTM	55	02-Jun-2019	PAM
M60 67 kg	Clean&Jerk	HROUPA	Stepan	1956	UTM	72	23-Feb-2019	OM
M60 67 kg	Total	HROUPA	Stepan	1956	UTM	127	02-Jun-2019	PAM
M60 73 kg	Snatch	GOMES	Mark	1951	DW	70	25-Apr-2015	CM
M60 73 kg	Clean&Jerk	GOMES	Mark	1951	DW	90	07-Jun-2015	PAM
M60 73 kg	Total	GOMES	Mark	1951	DW	159	25-Apr-2015	CM
M60 81 kg	Snatch	Smith	Christopher	1958	TW	64	22-Apr-2023	OMC
M60 81 kg	Clean&Jerk	Smith	Christopher	1958	TW	86	22-Apr-2023	OMC
M60 81 kg	Total	Smith	Christopher	1958	TW	150	22-Apr-2023	OMC
M60 89 kg	Snatch	CASE	John	1955	LA	81	02-Jun-2019	PAM
M60 89 kg	Clean&Jerk	CASE	John	1955	LA	98	27-Apr-2019	CM
M60 89 kg	Total	CASE	John	1955	LA	178	27-Apr-2019	CM
M60 96 kg	Snatch	CASE	John	1955	LA	91	20-Feb-2016	OM
M60 96 kg	Clean&Jerk	CASE	John	1955	LA	114	17-Jun-2016	PAM
M60 96 kg	Total	CASE	John	1955	LA	205	17-Jun-2016	PAM
M60 102 kg	Snatch	MAZHAR	Ayman	1959	VV	76	27-Apr-2019	CM
M60 102 kg	Clean&Jerk	MAZHAR	Ayman	1959	VV	100	23-Feb-2019	OM
M60 102 kg	Total	MAZHAR	Ayman	1959	VV	176	27-Apr-2019	CM
M60 109 kg	Snatch	Sanderson	Tim	1964	646	79	20-Apr-2024	OMC
M60 109 kg	Clean&Jerk	Sanderson	Tim	1964	646	107	20-Apr-2024	OMC
M60 109 kg	Total	Sanderson	Tim	1964	646	186	20-Apr-2024	OMC
M60 109+ kg	Snatch	DESROCHES	David	1954	VESF	81	25-Apr-2015	CM
M60 109+ kg	Clean&Jerk	DESROCHES	David	1954	VESF	91	25-Apr-2015	CM
M60 109+ kg	Total	DESROCHES	David	1954	VESF	172	25-Apr-2015	CM
M65 55 kg	Snatch	SLENO	Nelson	1953	SWC	35	24-Feb-2018	OM
M65 55 kg	Clean&Jerk	SLENO	Nelson	1953	SWC	45	24-Feb-2018	OM
M65 55 kg	Total	SLENO	Nelson	1953	SWC	80	24-Feb-2018	OM
M65 61 kg	Snatch	SLENO	Nelson	1953	M	34	07-Jul-2018	BMO
M65 61 kg	Clean&Jerk	SLENO	Nelson	1953	M	43	07-Jul-2018	BMO
M65 61 kg	Total	SLENO	Nelson	1953	M	77	07-Jul-2018	BMO



Ontario Weightlifting Association

Provincial Records

M65 67 kg	Snatch	HROUPA	Stepan	1956	UTM	45	09-Jul-2022	CM
M65 67 kg	Clean&Jerk	HROUPA	Stepan	1956	UTM	47	09-Jul-2022	CM
M65 67 kg	Total	HROUPA	Stepan	1956	UTM	92	09-Jul-2022	CM
M65 73 kg	Snatch	GOMES	Mark	1951	AT	69	18-Nov-2017	CMO
M65 73 kg	Clean&Jerk	GOMES	Mark	1951	AT	86	23-Apr-2016	CM
M65 73 kg	Total	GOMES	Mark	1951	AT	154	23-Apr-2016	CM
M65 81 kg	Snatch	GOMES	Mark	1951	AT	61	24-Feb-2018	OM
M65 81 kg	Clean&Jerk	GOMES	Mark	1951	AT	80	20-Feb-2016	OM
M65 81 kg	Total	GOMES	Mark	1951	AT	140	20-Feb-2016	OM
M65 89 kg	Snatch	WALT	Bob	1949	ABC	65	25-Apr-2015	CM
M65 89 kg	Clean&Jerk	WALT	Bob	1949	ABC	85	25-Apr-2015	CM
M65 89 kg	Total	WALT	Bob	1949	ABC	150	25-Apr-2015	CM
M65 96 kg	Snatch	CASE	John	1955	LA	83	22-Feb-2020	OM
M65 96 kg	Clean&Jerk	CASE	John	1955	LA	96	22-Feb-2020	OM
M65 96 kg	Total	CASE	John	1955	LA	179	22-Feb-2020	OM
M65 102 kg	Snatch	DOUGLAS	Iain	1949	GC	62	29-Sep-2018	TBQWO
M65 102 kg	Clean&Jerk	DOUGLAS	Iain	1949	GC	70	29-Sep-2018	TBQWO
M65 102 kg	Total	DOUGLAS	Iain	1949	GC	132	29-Sep-2018	TBQWO
M65 109 kg	Snatch	DOUGLAS	Iain	1949	GC	69	20-Feb-2016	OM
M65 109 kg	Clean&Jerk	DOUGLAS	Iain	1949	GC	85	07-Jun-2015	PAM
M65 109 kg	Total	DOUGLAS	Iain	1949	GC	152	07-Jun-2015	PAM
M70 55 kg	Snatch	Fenwick	Alex	1952	D	36	15-Jul-2023	CM
M70 55 kg	Clean&Jerk	Fenwick	Alex	1952	D	46	20-Apr-2024	OMC
M70 55 kg	Total	Fenwick	Alex	1952	D	82	20-Apr-2024	OMC
M70 61 kg	Snatch	MILLER	Ken	1947	BMW	52	09-Jun-2017	PAM
M70 61 kg	Clean&Jerk	MILLER	Ken	1947	BMW	72	09-Jun-2017	PAM
M70 61 kg	Total	MILLER	Ken	1947	BMW	124	09-Jun-2017	PAM
M70 67 kg	Snatch	MILLER	Ken	1947	BMW	48	27-Apr-2019	CM
M70 67 kg	Clean&Jerk	MILLER	Ken	1947	BMW	65	02-Jun-2019	PAM
M70 67 kg	Total	MILLER	Ken	1947	BMW	113	02-Jun-2019	PAM
M70 73 kg	Snatch	Douglas	Iain	1949	MAC	48	24-Sep-2022	BAC
M70 73 kg	Clean&Jerk	Douglas	Iain	1949	MAC	72	24-Sep-2022	BAC
M70 73 kg	Total	Douglas	Iain	1949	MAC	120	24-Sep-2022	BAC
M70 81 kg	Snatch	YESSIE	Larry	1948	GG	45	22-Feb-2020	OM
M70 81 kg	Clean&Jerk	YESSIE	Larry	1948	GG	71	22-Feb-2020	OM
M70 81 kg	Total	YESSIE	Larry	1948	GG	116	22-Feb-2020	OM



Ontario Weightlifting Association

Provincial Records

M70 89 kg	Snatch	Walt	Bob	1949	ABC	56	15-Jul-2023	CM
M70 89 kg	Clean&Jerk	YESSIE	Larry	1948	GG	70	23-Feb-2019	OM
M70 89 kg	Total	Walt	Bob	1949	ABC	126	15-Jul-2023	CM
M70 96 kg	Snatch	WALT	Bob	1949	ABC	61	22-Feb-2020	OM
M70 96 kg	Clean&Jerk	WALT	Bob	1949	ABC	83	06-Jul-2019	BMO
M70 96 kg	Total	WALT	Bob	1949	ABC	138	06-Jul-2019	BMO
M70 102 kg	Snatch	DOUGLAS	Iain	1949	GC	62	22-Feb-2020	OM
M70 102 kg	Clean&Jerk	DOUGLAS	Iain	1949	GC	72	22-Feb-2020	OM
M70 102 kg	Total	DOUGLAS	Iain	1949	GC	138	22-Feb-2020	OM
M70 109 kg	Snatch	DOUGLAS	Iain	1949	MAC	48	24-Sep-2022	BAC
M70 109 kg	Clean&Jerk	DOUGLAS	Iain	1949	MAC	72	24-Sep-2022	BAC
M70 109 kg	Total	DOUGLAS	Iain	1949	MAC	120	24-Sep-2022	BAC
M75 81 kg	Snatch	Yessie	Larry	1948	GGW	41	24-Feb-2024	OMO
M75 81 kg	Clean&Jerk	Yessie	Larry	1948	GGW	59	24-Feb-2024	OMO
M75 81 kg	Total	Yessie	Larry	1948	GGW	100	24-Feb-2024	OMO
M75 96 kg	Snatch	THOMAS	Patrick	1943	SWC	40	29-Sep-2018	TBQWO
M75 96 kg	Clean&Jerk	THOMAS	Patrick	1943	SWC	53	27-Apr-2019	CM
M75 96 kg	Total	THOMAS	Patrick	1943	SWC	92	29-Sep-2018	TBQWO
M75 102 kg	Snatch	DOUGLAS	Iain	1949	MAC	45	25-Feb-2024	OM
M75 102 kg	Clean&Jerk	DOUGLAS	Iain	1949	MAC	62	20-Apr-2024	OMC
M75 102 kg	Total	DOUGLAS	Iain	1949	MAC	107	20-Apr-2024	OMC



Ontario Weightlifting Association

Provincial Records

Additional Information

Clubs

646	646 Weightlifting
705	CrossFit 705
1855	CrossFit 1855
306	Crossfit 306
ABC	Apollo Barbell Club
AB	Alchemy Barbell
ALP	ALP Weightlifting
AT	Attollo
AW	Adamantium Weightlifting
BBC	Burlington Barbell Club
BMW	Blue Mountain Weightlifting
BH	Beach House
BS	Battlefield Strength
BUR	Burlington Barbell
BX	BodyX Weightlifting
CAN	CanAm Barbell Club
CAC	Cobourg Athletic Club
C	County Barbell
CB	Creek Barbell Club
CP	CrossFit Pickering
CQ	CrossFit Queen Street
CT	CrossFit Toronto
CWC	Cornwall Weightlifting Club
D	Driven
DW	Durham Weightlifting
EE	East End Barbell
EBB	Eastern Bloc Barbell Club
Elite	Elite
Fury	Fury
GB	Guelph Barbell Club
GC	Garden City
GG	Garage Gym
GP	Gawleys Performance Centre
GWL	Giant Weightlifting
HB	Hamilton Barbell
HC	Hawkestone CrossFit
HW	Hybrid Weightlifting
JL	JustLift

Clubs

SYN	Synergy Weightlifting
T	Tadhana Weightlifting
Taktita	Taktita
TB	Thunder Bay
TV	The Vault Barbell
TW	Toronto Weightlifting Club
UC	United Counties Weightlifting Club
UTM	University of Toronto Mississauga
VBC	Victory Barbell Club
VESF	Valley East Snap Fitness
VSW	Varbanov School of Weightlifting
VV	Variety Village
WAF	We Are Fitness
WB	Windsor Barbell

Competition Abbreviations

646	646 Grand Prix
AO	American Open
ASF	Fall Classic
BAC	Burlington Autumn Classic
BCC	BC Provincial Championships
BJO	Bayside Junior Open
BMO	Blue Mountain Open
BSS	Barrie Summer Slam
BAC	Burlington Autumn Classic
CC	Club Challenge *JUVI ONLY
CG	Commonwealth Games
CC	Commonwealth Championships
CJC	Canadian Junior Championships
CM	Canadian Masters
CMO	Canadian Masters Open
CO	Collingwood Open
CSC	Canadian Senior Championships
CUWE	College/University Weightlifting Extramural
CWO	Craig Williamson Open
ECC	Eastern Canadian Championships
FC	Fall Classic



Ontario Weightlifting Association

Provincial Records

KHPN	Kanama High Performance North	G41O	Gym 41 Open
KWC	Kapuskasing Weightlifting Club	HCC	Hybrid Club Competition/OWA Club Challenge
KW	KW Weightlifting	HO	Hybrid Open
HWSC	Headwaters Strength and Conditioning	JLO	JustLift Open
LA	London Atlas Weightlifting	JFQ	JustLift Fall Qualifier
LB	Lift Barbell	JOC	Junior Ontario Championships
LPS	LPS Weightlifting Club	JWC	Junior World Championships
LW	London Weightlifting	K	Kanamalypics
LYF	LYFTINGAR 1896	KO	Kitchener Open
M	Maximus	LCQ	Last Chance Qualifier
MAC	Team MAC Lifting	MC	Mistletoe Challenge
TLD	TEAMLDN Weightlifting	MM	Midland Masters Open
MB	Milton Barbell	MWC	Masters World Cup
MC	Maple City	ML	Megalift
MVMT	MVMT Barbell	NO	Norther Open
MW	Markham Weightlifting	OC	Ontario Championships
NB	North Burlington Weightlifting	OM	Ontario Masters Open
NOR	Norsemen & Valkyries Weightlifting	OMC	Ontario Masters Championships
OBC	Outlaw Barbell Canada	OO	Ontario Open
ON	Outlaw North	OSG	Ontario Summer Games
OT	Orillia Trojans	PA	Pan Am Games
OP	Optimal Performance	PAC	Pan Am Championships
OW	Oakville Weightlifting	PAM	Pan Am Masters
PA	Power Academy	OFC	Ontario Fall Classic
PE	Physics Elite	QHO	Quinte Holiday Open
PTBO	Crossfit PTBO		
Rad	Radix Barbell	RHC	Ray Hamilton Classic/Open
RB	Reaper Barbell	SCH	Scholastics
RC	Royal City Weightlifting	SF	Summerfest
RE	Reva Barbell	SSO	Sabaria Summer Open
RX	RX Weightlifting	TBQWO	The Bay of Quinte Weightlifting Open
Rouge	Rouge	TQ	Turkey Qualifier
SL	Six Lifts	TWC	Toronto Weightlifting Championships/Toronto Cup
SM	Steel Machine	UN	Universiade
SOW		VVO	Variety Village Open
SSW	Sabaria Weightlifting	VVS	Variety Village Spring Open
STSA	St. Thomas Strength Athletics	WC	World Championships
SBB	Storm Breaker Barbell	WL	WinterLift
SV	Strengthville	WM	World Masters
SW	Santavy Weightlifting	YH	Young Hercules
SWC	Sudbury Weightlifting Club	RBM	Richard Borden Memorial
MM	March Madness	LJWO	Landmark x JustLift Winter Open



Ontario Weightlifting Association

Provincial Records

STLO

Summertime Liffoff