

Canadian Weightlifting Federation
Haltérophilie Canadienne - CWFHC

COMPETITION : **Canadian Senior Championships**

SITE : High School La Magdeleine

CITY : La Prairie

DATE : May 18-19, 2019

ORGANIZER : Club La Prairie

Draw	First Name	Last Name	CAT.	B.W.	PROV.	Birth Date	SNATCH			Best Snatch	CLEAN & JERK			Best C & J	Total	RANK	BWT Sinclair
							1	2	3		1	2	3				
	WOMEN																
32	Amanda	Braddock	49	48,65	ON	1989	72	75	78	78	92	96	-100	96	174	1	272,900
13	Daphne Anne	Hodgson	49	48,53	SK	1990	56	59	62	62	75	78	81	81	143	2	224,714
60	Marie-Pier	Gendron	49	48,94	QC	2000	59	61	-63	61	78	-80	-81	78	139	3	216,997
15	Marie-Helen	Chouinard	49	48,01	QC	1995	59	-61	-61	59	-78	-78	78	78	137	4	217,121
22	Rachel	Leblanc-Bazinet	55	54,96	QC	1988	84	87	-89	87	105	108	-110	108	195	1	279,405
63	Haylee	Johnson	55	54,95	AB	1998	73	77	-80	77	93	98	-101	98	175	2	250,780
30	Cynthia	Barrette	55	54,84	QC	1997	75	78	80	80	89	92	94	94	174	3	249,697
20	Marilou	Dozois-Prévost	55	54,97	QC	1986	60	70	75	75	80	-93	93	93	168	4	240,688
38	Catrina	Earnshaw	55	54,50	ON	1998	63	66	68	68	82	85	89	89	157	5	226,289
17	Emmy	Béland	55	52,15	QC	1993	61	63	65	65	85	88	90	90	155	6	230,614
43	Amanda	Ruller	55	53,94	SK	1988	66	-69	-69	66	81	85	88	88	154	7	223,596
1	Taylor	McGregor	55	54,78	NB	1994	64	-68	70	70	83	-87	-87	83	153	8	219,730
18	Melissa	Conteduca	55	54,68	QC	1986	-67	67	-71	67	85	-89	-90	85	152	9	218,574
23	Richele	Deang	55	54,27	AB	1986	60	63	66	66	80	85	-88	85	151	10	218,293
2	Hannah	Gula	55	54,35	ON	1998	65	68	-71	68	78	82	-84	82	150	11	216,621
16	Ann-Maxime	Bouffard	55	52,06	QC	1998	62	65	68	68	78	82	-85	82	150	12	223,459
35	Georgia	Cameron	55	54,92	BC	2001	62	64	66	66	79	-82	82	82	148	13	212,169
51	Kayla	Ireland	55	54,23	BC	1995	64	66	-68	66	80	-81	0	80	146	14	211,175
49	Jada	Atoklo	55	53,85	QC	2000	65	-68	68	68	78	-83	0	78	146	15	212,233

Draw	First Name	Last Name	CAT.	B.W.	PROV.	Birth Date	SNATCH			Best Snatch	CLEAN & JERK			Best C & J	Total	RANK	BWT
							1	2	3		1	2	3				Sinclair
25	Kayla	Shepard	55	54,58	BC	1998	56	59	62	62	75	79	82	82	144	16	207,337
48	Hannah	Kaminski	55	54,23	AB	1994	-73	-74	-74	0	---	---	---	---	---		---
59	Tali	Darsigny	59	59,00	QC	1998	86	89	92	92	105	109	112	112	204	1	278,625
4	Thea	Lund	59	57,89	BC	1995	-79	79	-81	79	101	104	-108	104	183	2	253,086
28	Caroline	Lamarche-McClure	59	58,65	QC	1995	76	-79	79	79	93	96	-98	96	175	3	239,948
37	Ophélie	Tremblay-Grenier	59	58,47	QC	1997	70	73	76	76	87	90	93	93	169	4	232,189
53	Marie-Pier	Bonneau	59	58,64	QC	1999	71	74	-76	74	93	-95	95	95	169	5	231,747
34	Patricia	Vaillant	59	58,62	QC	1990	-70	73	-76	73	90	94	-96	94	167	6	229,055
8	Quinlan	Nguyen	59	58,96	ON	1992	65	68	-71	68	87	90	-94	90	158	7	215,893
64	Alexa	Hagimanolis	59	58,43	AB	1991	-66	-66	66	66	85	88	91	91	157	8	215,799
50	Jaclyn	Santamaria	59	58,84	ON	1991	-65	65	67	67	86	89	-91	89	156	9	213,444
24	Emma	Dean	59	57,35	NS	1998	68	-71	-71	68	83	-87	87	87	155	10	215,707
56	Polina	Bespalova	59	58,12	SK	2000	-68	68	-73	68	-85	85	-88	85	153	11	211,041
7	Kara	Laudi	59	58,07	BC	1992	-68	-68	-68	0	---	---	---	---	---		---
55	Zoe	Athans	59	58,34	BC	1994	69	71	-73	71	-88	-88	-88	0	-		-
31	Maude	Charron	64	63,58	QC	1993	91	95	99	99	117	121	125	125	224	1	291,954
58	Rachel	Siemens	64	63,55	BC	1989	85	87	89	89	109	112	114	114	203	2	264,658
11	Nadia	Yangui	64	63,40	AB	1992	82	85	-87	85	110	-115	-115	110	195	3	254,590
57	Megan	Trupp	64	63,94	ON	2000	83	87	-90	87	98	-102	-103	98	185	4	240,309
5	Catherine	St-Gelais	64	61,47	QC	1994	-75	75	78	78	97	101	104	104	182	5	242,163
41	Catherine	Darsigny	64	63,97	QC	1994	77	80	-82	80	98	101	-103	101	181	6	235,047
47	Maxime	Charron	64	63,87	QC	1987	76	79	82	82	95	-98	98	98	180	7	233,967
29	Élise	Caron	64	63,08	QC	1987	78	-80	-80	78	95	97	100	100	178	8	233,107
26	Ann-Frédéric	Pouliot	64	63,89	QC	1997	74	77	-80	77	93	-96	96	96	173	9	224,826

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							1	2	3		1	2	3				Sinclair
39	Abra	Thompson	64	61,75	SK	1989	72	-75	75	75	92	96	-98	96	171	10	226,885
19	Francise	Yip	64	63,83	ON	1994	73	75	-78	75	87	90	-93	90	165	11	214,550
12	Kira	Putnam	64	62,67	MB	1995	61	64	-67	64	78	-83	84	84	148	12	194,589
62	Maya	Laylor	71	70,58	ON	1995	93	97	99	99	120	124	-126	124	223	1	273,995
10	Andréanne	Messier	71	70,98	QC	1999	90	94	-96	94	-111	111	-115	111	205	2	251,129
36	Magalie	Roux	71	67,23	QC	1999	-84	-84	84	84	107	110	-112	110	194	3	244,777
54	Maggie	Cumetti	71	68,67	QC	1995	84	-86	-86	84	102	106	109	109	193	4	240,666
40	Thea	Wall	71	70,20	NS	1995	80	84	-88	84	98	-102	-103	98	182	5	224,262
33	Alanna	Bens	71	70,16	SK	1989	77	83	-86	83	97	-102	-103	97	180	6	221,865
66	Katie	Hartford	71	69,03	ON	1990	-80	80	-85	80	100	-103	-103	100	180	7	223,815
61	Kayla	Bauche	71	70,16	BC	1989	-80	-80	80	80	98	-102	-102	98	178	8	219,400
46	Nancy	Kozorezova	71	70,34	ON	1994	74	77	-80	77	91	-95	95	95	172	9	211,715
44	Darcy	Dickinson	71	69,63	AB	1995	72	-76	-80	72	100	-105	-105	100	172	10	212,868
21	Kristel	Ngarlem	76	74,88	QC	1995	91	95	-100	95	118	123	-127	123	218	1	259,904
45	Quinnie	Rwahwire	76	72,60	QC	1990	-85	85	88	88	110	-114	115	115	203	2	245,790
9	Prabdeep	Sanghera	76	73,13	BC	1993	82	85	87	87	102	106	-110	106	193	3	232,821
14	Nada	Hassan	76	75,24	ON	1997	80	-85	85	85	100	-105	105	105	190	4	225,993
27	Sophie	Lovsin	76	75,97	AB	1998	83	-86	-86	83	103	-106	-106	103	186	5	220,207
6	Lianne	Ireland	76	75,42	ON	1995	85	-89	-89	85	-105	-105	-105	0	-		-
65	Julia	Ryan	81	80,78	ON	1990	87	90	-92	90	106	-110	-113	106	196	1	225,606
	MEN																
2	Youri	Simard	55	54,94	QC	2001	90	94	98	*98	120	124	126	*126	*224	1	347,988
19	Brent	MacLachlan	61	60,74	ON	1988	-90	90	-95	90	115	120	126	126	216	1	311,986
59	Matthew	Lee	67	66,77	AB	1989	117	121	123	123	148	152	-155	152	275	1	373,075

Draw	First Name	Last Name	CAT.	B.W.	PROV.	Birth Date	SNATCH			Best Snatch	CLEAN & JERK			Best C & J	Total	RANK	BWT
							1	2	3		1	2	3				Sinclair
18	Matt	Darsigny	67	66,97	QC	2001	115	120	123	123	145	150	-153	150	273	2	369,664
4	Maxime	Caouette	67	66,32	QC	1998	110	115	-120	115	-132	132	-136	132	247	3	336,528
35	Jean-Frédéric	Rose	67	66,50	QC	1999	103	-107	107	107	130	-135	-135	130	237	4	322,348
66	Thierry	Chicoine	67	64,10	QC	1995	102	106	109	109	122	126	-130	126	235	5	327,307
42	Cheng	Xu	67	66,48	ON	1990	99	103	106	106	129	-133	-133	129	235	6	319,689
62	David	Earle	67	66,70	ON	1987	102	-105	105	105	128	-133	-133	128	233	7	316,306
57	James	Cabusao	67	66,37	BC	1989	97	101	104	104	123	126	-130	126	230	8	313,216
3	Jeffery	Woo	67	66,37	SK	1991	95	-99	-99	95	130	-134	-135	130	225	9	306,407
37	Patrick	Boulangier	67	66,91	QC	1998	95	100	-104	100	120	-125	-125	120	220	10	298,066
43	Riley	Boyd	67	65,63	MB	1998	80	-85	-85	80	106	111	117	117	197	11	270,204
70	Nikolay	Varbanov	73	72,03	ON	1999	125	-130	130	130	160	165	-170	165	295	1	382,221
31	Édouard	Frève-Guérin	73	72,18	QC	1996	115	120	123	123	145	150	-155	150	273	2	353,289
45	Shad	Darsigny	73	69,99	QC	2003	112	116	-120	116	141	148	0	148	264	3	347,913
26	Kody	Taylor	73	72,83	ON	1991	115	120	123	123	135	-140	140	140	263	4	338,591
72	Michael	Chiang	73	71,18	BC	1983	-110	110	115	115	140	-149	-149	140	255	5	332,699
55	Anthony	Moore	73	71,92	ON	1992	105	-110	110	110	135	140	-145	140	250	6	324,204
24	Brian	Periku	73	71,84	ON	2001	101	-105	106	106	-120	120	125	125	231	7	299,759
51	Alex	Bellemarre	81	80,30	QC	1998	140	144	148	148	165	170	175	175	323	1	394,379
39	Nicolas	Vachon	81	79,39	QC	1996	133	-137	-137	133	168	174	-178	174	307	2	377,047
48	Jérôme	Boisclair	81	80,45	QC	1991	128	-132	-132	128	-158	-158	158	158	286	3	348,870
1	Francis	Luna-Grenier	81	75,93	QC	1987	-122	122	126	126	151	155	-161	155	281	4	353,405
8	Frank	Longo	81	80,01	ON	1984	120	124	128	128	145	150	-153	150	278	5	340,063
6	Enzo-Gabriel	Dias	81	79,52	QC	1998	115	120	125	125	150	-157	-157	150	275	6	337,460
63	Charles	Gravel	81	80,77	QC	1999	114	118	122	122	147	152	-156	152	274	7	333,558

Draw	First Name	Last Name	CAT.	B.W.	PROV.	Birth Date	SNATCH			Best Snatch	CLEAN & JERK			Best C & J	Total	RANK	BWT
							1	2	3		1	2	3				Sinclair
5	Richard	Kam	81	80,16	BC	1986	115	119	-123	119	155	-160	-162	155	274	8	334,849
44	Jordan	Browne	81	80,69	AB	1997	114	118	-122	118	153	-158	-158	153	271	9	330,072
25	Iggy	Mazza	81	80,88	ON	1999	110	115	-120	115	145	-151	-151	145	260	10	316,297
12	Maxime	Huot	81	80,23	QC	1986	113	-117	118	118	135	-140	140	140	258	11	315,155
28	Khalil	Sabayle	81	79,47	ON	1993	112	-116	-116	112	143	-147	-149	143	255	12	313,019
41	Isaac	Smith	81	80,40	NS	1989	-107	107	-111	107	-140	140	-146	140	247	13	301,392
71	Ivan	Cambar	89	86,37	QC	1983	-146	146	150	150	171	176	183	183	333	1	392,416
40	Gabriel	Dagenais	89	88,56	QC	1997	134	138	141	141	173	-179	179	179	320	2	372,825
21	Braydon	Kennedy	89	88,77	AB	1996	140	145	-150	145	165	-170	-170	165	310	3	360,793
16	Noah	Santavy	89	86,69	ON	1998	135	140	-145	140	165	170	-175	170	310	4	364,688
54	Mathieu	Marineau	89	86,27	QC	1990	127	-131	131	131	-163	163	169	169	300	5	353,717
69	Andrew	Pretty	89	88,75	AB	1992	125	130	135	135	-160	-160	160	160	295	6	343,369
46	Étienne	Gravel	89	88,71	QC	1999	122	-126	-126	122	158	162	165	165	287	7	334,125
30	Kalin	Melnyk	89	88,53	AB	2000	122	-127	127	127	150	157	-160	157	284	8	330,932
7	Lenny	Dion	89	88,17	QC	1990	-123	125	-130	125	152	-157	158	158	283	9	330,370
27	Jédrick	Imbeault	89	88,93	QC	1996	120	-124	-124	120	155	160	-165	160	280	10	325,616
38	Maxime	Bardier	89	88,06	QC	1997	123	-127	-127	123	148	153	-160	153	276	11	322,379
52	Félix-Antoine	Bouffard	89	87,12	QC	1996	110	0	0	110	140	0	0	140	250	12	293,436
49	David	Samayoa	89	88,95	SK	1992	-146	-146	-146	0	175	183	186	186	-		-
23	Maxim	Lebrun	96	95,21	QC	1992	130	135	-138	135	175	182	0	182	317	1	358,187
34	Pierre-Alexandre	Bessette	96	91,12	QC	1999	143	148	0	148	168	0	0	168	316	2	363,604
33	Derek	Lo	96	94,28	AB	1995	123	127	131	131	163	169	-173	169	300	3	340,321
9	Rashed	Quran	96	95,00	BC	1998	130	-135	135	135	-160	161	164	164	299	4	338,147
58	Jean-Marc	Béland	96	96,00	QC	1984	125	130	135	135	155	160	-162	160	295	5	332,238

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							1	2	3		1	2	3				
22	Samuel	Espinoza	96	94,40	QC	1994	125	130	135	135	-150	155	-162	155	290	6	328,807
13	Jocelyn	Dubuc	96	94,29	QC	1996	125	130	-135	130	150	155	160	160	290	7	328,962
68	Peter	Yee	96	90,92	AB	1992	127	-132	132	132	155	-160	-160	155	287	8	330,546
20	Landon	Black	96	95,52	ON	1992	123	127	-129	127	153	157	-162	157	284	9	320,484
53	Thomas	Grieve	96	95,60	BC	1995	123	-127	127	127	154	-159	-160	154	281	10	316,993
32	Dave	Savage	96	94,72	ON	1991	113	117	-120	117	140	145	-150	145	262	11	296,654
10	Gilles	Caza	102	97,81	QC	1997	140	145	-150	145	172	177	-182	177	322	1	360,027
61	Nicolas	Viens	102	101,61	QC	1994	137	141	-144	141	170	-176	-176	170	311	2	342,866
36	Erik	Ostenfeldt	102	100,45	ON	1994	137	140	-144	140	170	-176	-176	170	310	3	343,182
64	Tyler	Siwak	102	100,15	SK	1980	125	130	133	133	160	165	-168	165	298	4	330,259
15	Justin	Elliot	102	99,69	BC	1992	-133	-133	133	133	152	157	160	160	293	5	325,268
14	Hugo	Martin	102	101,29	QC	1998	128	133	-136	133	-155	155	-158	155	288	6	317,868
47	Richard	Davidson	109	107,90	ON	1994	140	-145	145	145	185	-191	195	195	340	1	367,319
67	Ryan	Meidl	109	108,32	AB	1987	145	150	-155	150	180	185	188	188	338	2	364,710
17	Graham	Unruh	109	105,79	SK	1991	140	145	-150	145	175	180	-185	180	325	3	353,369
65	Quinn	Everett	+109	145,36	NS	1992	150	155	-160	155	198	-206	-207	198	353	1	357,119
50	Miklos	Bencsik	+109	138,10	BC	1989	143	147	-150	147	-200	200	-207	200	347	2	353,573
60	Gabriel	Auclair	+109	134,82	QC	1984	125	130	-135	130	165	170	175	175	305	3	312,008

*= Canadian Junior Record

Referees : Manon Poulin, Lara Ferreto, Irina Ivanova, Claire Hopkin, Joanne Gasper, Andréane Lamy, Armelle Chevrier, Gaétan Hinse, Benoît Pelletier, Dan Gad, Nicolas Chagnon

Jury : France Brouillard (#1), Desdin Archibald (#1), Émery Chevrier (#1), Richard Mason (#1), Philippe Saint-Cyr (#1), Yvon Chouinard (#1)

Speakers : France Boucher, Robert Marineau, Donald St-Pierre

Secretary : Odette Simard, Nathalie Huard, Sandra Montcalm

Practical evaluator of coaches : François Gravelle

	Provinces	Men		Women		TOTAL	%
AB	Alberta	8	1	7	1	15	11,4%
BC	British Columbia	7	2	9	2	16	12,1%
MB	Manitoba	1	3	1	3	2	1,5%
NB	New-Brunswick	0		1	4	1	0,8%
NS	Nova-Scotia	2	4	2	5	4	3,0%
ON	Ontario	15	5	13	6	28	21,2%
QC	Québec	32	6	25	7	57	43,2%
SK	Saskatchewan	4	7	5	8	9	6,8%
	TOTAL :	69	7	63	8	132	

Canadian Weightlifting Federation
Haltérophilie Canadienne - CWFHC

CANADIAN SENIOR WEIGHTLIFTING CHAMPIONSHIPS

École secondaire La Magdeleine, La Prairie, QC

2019, May 18-19

SINCLAIR RANKING - WOMEN

First Name	Last Name	CAT.	PROV.	Birth Date	Snatch	C & J	Total	RK	BWT Sinclair
Maude	Charron	64	QC	1993	99	125	224	1	291,954
Rachel	Leblanc-Bazinet	55	QC	1988	87	108	195	2	279,405
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Magalie	Roux	71	QC	1999	84	110	194	14	244,777
Catherine	St-Gelais	64	QC	1994	78	104	182	15	242,163
Marilou	Dozois-Prévost	55	QC	1986	75	93	168	16	240,688
Maggie	Cumetti	71	QC	1995	84	109	193	17	240,666
Megan	Trupp	64	ON	2000	87	98	185	18	240,309
Caroline	Lamarche-McClure	59	QC	1995	79	96	175	19	239,948
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Maxime	Charron	64	QC	1987	82	98	180	21	233,967
Élise	Caron	64	QC	1987	78	100	178	22	233,107
Prabdeep	Sanghera	76	BC	1993	87	106	193	23	232,821
Ophélie	Tremblay-Grenier	59	QC	1997	76	93	169	24	232,189
Marie-Pier	Bonneau	59	QC	1999	74	95	169	25	231,747
Emmy	Béland	55	QC	1993	65	90	155	26	230,614
Patricia	Vaillant	59	QC	1990	73	94	167	27	229,055

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Nada	Hassan	76	ON	1997	85	105	190	30	225,993
Julia	Ryan	81	ON	1990	90	106	196	31	225,606
Ann-Frédéric	Pouliot	64	QC	1997	77	96	173	32	224,826
Daphne Anne	Hodgson	49	SK	1990	62	81	143	33	224,714
Thea	Wall	71	NS	1995	84	98	182	34	224,262
Katie	Hartford	71	ON	1990	80	100	180	35	223,815
Amanda	Ruller	55	SK	1988	66	88	154	36	223,596
Ann-Maxime	Bouffard	55	QC	1998	68	82	150	37	223,459
Alanna	Bens	71	SK	1989	83	97	180	38	221,865
Sophie	Lovsin	76	AB	1998	83	103	186	39	220,207
Taylor	McGregor	55	NB	1994	70	83	153	40	219,730
Kayla	Bauche	71	BC	1989	80	98	178	41	219,400
Melissa	Conteduca	55	QC	1986	67	85	152	42	218,574
Richele	Deang	55	AB	1986	66	85	151	43	218,293
Marie-Helen	Chouinard	49	QC	1995	59	78	137	44	217,121
Marie-Pier	Gendron	49	QC	2000	61	78	139	45	216,997
Hannah	Gula	55	ON	1998	68	82	150	46	216,621
Quinlan	Nguyen	59	ON	1992	68	90	158	47	215,893
Alexa	Hagimanolis	59	AB	1991	66	91	157	48	215,799
Emma	Dean	59	NS	1998	68	87	155	49	215,707
Francise	Yip	64	ON	1994	75	90	165	50	214,550
Jaclyn	Santamaria	59	ON	1991	67	89	156	51	213,444
Darcy	Dickinson	71	AB	1995	72	100	172	52	212,868
Jada	Atoklo	55	QC	2000	68	78	146	53	212,233
Georgia	Cameron	55	BC	2001	66	82	148	54	212,169
Nancy	Kozorezova	71	ON	1994	77	95	172	55	211,715
Kayla	Ireland	55	BC	1995	66	80	146	56	211,175
Polina	Bespalova	59	SK	2000	68	85	153	57	211,041
Kayla	Shepard	55	BC	1998	62	82	144	58	207,337
Kira	Putnam	64	MB	1995	64	84	148	59	194,589
Zoe	Athans	59	BC	1994	71	0	-		-
Lianne	Ireland	76	ON	1995	85	0	-		-
Hannah	Kaminski	55	AB	1994	0	---	---		---

First Name	Last Name	CAT.	PROV.	Birth Date	Snatch	C & J	Total	RK	BWT Sinclair
Kara	Laudi	59	BC	1992	0	---	---		---

SINCLAIR RANKING - MEN

First Name	Last Name	CAT.	PROV.	Birth Date	Best Snatch	Best C & J	Total	RK	BWT Sinclair
MEN									
Alex	Bellemarre	81	QC	1998	148	175	323	1	394,379
Ivan	Cambar	89	QC	1983	150	183	333	2	392,416
Nikolay	Varbanov	73	ON	1999	130	165	295	3	382,221
Nicolas	Vachon	81	QC	1996	133	174	307	4	377,047
Matthew	Lee	67	AB	1989	123	152	275	5	373,075
Gabriel	Dagenais	89	QC	1997	141	179	320	6	372,825
Matt	Darsigny	67	QC	2001	123	150	273	7	369,664
Richard	Davidson	109	ON	1994	145	195	340	8	367,319
Ryan	Meidl	109	AB	1987	150	188	338	9	364,710
Noah	Santavy	89	ON	1998	140	170	310	10	364,688
Pierre-Alexandre	Bessette	96	QC	1999	148	168	316	11	363,604
Braydon	Kennedy	89	AB	1996	145	165	310	12	360,793
Gilles	Caza	102	QC	1997	145	177	322	13	360,027
Maxim	Lebrun	96	QC	1992	135	182	317	14	358,187
Quinn	Everett	+109	NS	1992	155	198	353	15	357,119
Mathieu	Marineau	89	QC	1990	131	169	300	16	353,717
Miklos	Bencsik	+109	BC	1989	147	200	347	17	353,573
Francis	Luna-Grenier	81	QC	1987	126	155	281	18	353,405
Graham	Unruh	109	SK	1991	145	180	325	19	353,369
Édouard	Frève-Guérin	73	QC	1996	123	150	273	20	353,289
Jérôme	Boisclair	81	QC	1991	128	158	286	21	348,870
Youri	Simard	55	QC	2001	*98	*126	*224	22	347,988
Shad	Darsigny	73	QC	2003	116	148	264	23	347,913
Andrew	Pretty	89	AB	1992	135	160	295	24	343,369
Erik	Ostenfeldt	102	ON	1994	140	170	310	25	343,182
Nicolas	Viens	102	QC	1994	141	170	311	26	342,866
Derek	Lo	96	AB	1995	131	169	300	27	340,321
Frank	Longo	81	ON	1984	128	150	278	28	340,063
Kody	Taylor	73	ON	1991	123	140	263	29	338,591

First Name	Last Name	CAT.	PROV.	Birth Date	Snatch	C & J	Total	RK	BWT Sinclair
Rashed	Quran	96	BC	1998	135	164	299	30	338,147
Enzo-Gabriel	Dias	81	QC	1998	125	150	275	31	337,460
Maxime	Caouette	67	QC	1998	115	132	247	32	336,528
Richard	Kam	81	BC	1986	119	155	274	33	334,849
Étienne	Gravel	89	QC	1999	122	165	287	34	334,125
Charles	Gravel	81	QC	1999	122	152	274	35	333,558
Michael	Chiang	73	BC	1983	115	140	255	36	332,699
Jean-Marc	Béland	96	QC	1984	135	160	295	37	332,238
Kalin	Melnyk	89	AB	2000	127	157	284	38	330,932
Peter	Yee	96	AB	1992	132	155	287	39	330,546
Lenny	Dion	89	QC	1990	125	158	283	40	330,370
Tyler	Siwak	102	SK	1980	133	165	298	41	330,259
Jordan	Browne	81	AB	1997	118	153	271	42	330,072
Jocelyn	Dubuc	96	QC	1996	130	160	290	43	328,962
Samuel	Espinoza	96	QC	1994	135	155	290	44	328,807
Thierry	Chicoine	67	QC	1995	109	126	235	45	327,307
Jédrick	Imbeault	89	QC	1996	120	160	280	46	325,616
Justin	Elliot	102	BC	1992	133	160	293	47	325,268
Anthony	Moore	73	ON	1992	110	140	250	48	324,204
Maxime	Bardier	89	QC	1997	123	153	276	49	322,379
Jean-Frédéric	Rose	67	QC	1999	107	130	237	50	322,348
Landon	Black	96	ON	1992	127	157	284	51	320,484
Cheng	Xu	67	ON	1990	106	129	235	52	319,689
Hugo	Martin	102	QC	1998	133	155	288	53	317,868
Thomas	Grieve	96	BC	1995	127	154	281	54	316,993
David	Earle	67	ON	1987	105	128	233	55	316,306
Iggy	Mazza	81	ON	1999	115	145	260	56	316,297
Maxime	Huot	81	QC	1986	118	140	258	57	315,155
James	Cabusao	67	BC	1989	104	126	230	58	313,216
Khalil	Sabayle	81	ON	1993	112	143	255	59	313,019
Gabriel	Auclair	+109	QC	1984	130	175	305	60	312,008
Brent	MacLachlan	61	ON	1988	90	126	216	61	311,986
Jeffery	Woo	67	SK	1991	95	130	225	62	306,407
Isaac	Smith	81	NS	1989	107	140	247	63	301,392
Brian	Periku	73	ON	2001	106	125	231	64	299,759

First Name	Last Name	CAT.	PROV.	Birth Date	Snatch	C & J	Total	RK	BWT Sinclair
Patrick	Boullanger	67	QC	1998	100	120	220	65	298,066
Dave	Savage	96	ON	1991	117	145	262	66	296,654
Félix-Antoine	Bouffard	89	QC	1996	110	140	250	67	293,436
Riley	Boyd	67	MB	1998	80	117	197	68	270,204
David	Samayoa	89	SK	1992	0	186	-		-

CHAMPIONNATS CANADIENS SENIOR

La Prairie, Québec

18-19 mai 2019

Source : FHQ

NOM	PROV.	NAIS.	ARR.	É.-JETÉ	TOTAL
FEMMES					
49 kg					
Amanda Braddock	ON	1989	78	96	174
Daphne Anne Hodgson	SK	1990	62	81	143
Marie-Pier Gendron	QC	2000	61	78	139
Marie-Helen Chouinard	QC	1995	59	78	137
55 kg					
Rachel Leblanc-Bazinet	QC	1988	87	108	195
Haylee Johnson	AB	1998	77	98	175
Cynthia Barrette	QC	1997	80	94	174
Marilou Dozois-Prévost	QC	1986	75	93	168
Catrina Earnshaw	ON	1998	68	89	157
Emmy Béland	QC	1993	65	90	155
Amanda Ruller	SK	1988	66	88	154
Taylor McGregor	NB	1994	70	83	153
Melissa Conteduca	QC	1986	67	85	152
Richele Deang	AB	1986	66	85	151
Hannah Gula	ON	1998	68	82	150
Ann-Maxime Bouffard	QC	1998	68	82	150
Georgia Cameron	BC	2001	66	82	148
Kayla Ireland	BC	1995	66	80	146
Jada Atoklo	QC	2000	68	78	146
Kayla Shepard	BC	1998	62	82	144
Hannah Kaminski	AB	1994	-0-	---	---
59 kg					
Tali Darsigny	QC	1998	92	112	204
Thea Lund	BC	1995	79	104	183
Caroline Lamarche-McClure	QC	1995	79	96	175
Ophélie Tremblay-Grenier	QC	1997	76	93	169
Marie-Pier Bonneau	QC	1999	74	95	169
Patricia Vaillant	QC	1990	73	94	167
Quinlan Nguyen	ON	1992	68	90	158
Alexa Hagimanolis	AB	1991	66	91	157
Jaclyn Santamaria	ON	1991	67	89	156
Emma Dean	NS	1998	68	87	155
Polina Bepalova	SK	2000	68	85	153
Kara Laudi	BC	1992	-0-	---	---
Zoe Athans	BC	1994	71	-0-	-0-

64 kg					
Maude Charron	QC	1993	99	125	224
Rachel Siemens	BC	1989	89	114	203
Nadia Yangui	AB	1992	85	110	195
Megan Trupp	ON	2000	87	98	185
Catherine St-Gelais	QC	1994	78	104	182
Catherine Darsigny	QC	1994	80	101	181
Maxime Charron	QC	1987	82	98	180
Élise Caron	QC	1987	78	100	178
Ann-Frédéric Pouliot	QC	1997	77	96	173
Abra Thompson	SK	1989	75	96	171
Francise Yip	ON	1994	75	90	165
Kira Putnam	MB	1995	64	84	148
71 kg					
Maya Laylor	ON	1995	99	124	223
Andréanne Messier	QC	1999	94	111	205
Magalie Roux	QC	1999	84	110	194
Maggie Cumetti	QC	1995	84	109	193
Thea Wall	NS	1995	84	98	182
Alanna Bens	SK	1989	83	97	180
Katie Hartford	ON	1990	80	100	180
Kayla Bauche	BC	1989	80	98	178
Nancy Kozorezova	ON	1994	77	95	172
Darcy Dickinson	AB	1995	72	100	172
76 kg					
Kristel Ngarlem	QC	1995	95	123	218
Quinnie Rwahwire	QC	1990	88	115	203
Prabdeep Sanghera	BC	1993	87	106	193
Nada Hassan	ON	1997	85	105	190
Sophie Lovsin	AB	1998	83	103	186
Lianne Ireland	ON	1995	85	-0-	-0-
81 kg					
Julia Ryan	ON	1990	90	106	196

MEILLEURES ATHLÈTES AU TOTAL SINCLAIR (*poids corporel)

NOMS	CAT.	PROV.	NAISS.	TOTAL	RG	SINCLAIR
Maude Charron	64 kg	QC	1993	224	1	291.954
Rachel Leblanc-Bazinet	55 kg	QC	1988	195	2	279.405
Tali Darsigny	59 kg	QC	1998	204	3	278.625

NOM	PROV.	NAIS.	ARR.	É.-JETÉ	TOTAL
HOMMES					
55 kg					
Youri Simard	QC	2001	*98	*126	*224
61 kg					
Brent MacLachlan	ON	1988	90	126	216
67 kg					
Matthew Lee	AB	1989	123	152	275
Matt Darsigny	QC	2001	123	150	273
Maxime Caouette	QC	1998	115	132	247
Jean-Frédéric Rose	QC	1999	107	130	237
Thierry Chicoine	QC	1995	109	126	235
Cheng Xu	ON	1990	106	129	235
David Earle	ON	1987	105	128	233
James Cabusao	BC	1989	104	126	230
Jeffery Woo	SK	1991	95	130	225
Patrick Boulanger	QC	1998	100	120	220
Riley Boyd	MB	1998	80	117	197
73 kg					
Nikolay Varbanov	ON	1999	130	165	295
Édouard Frève-Guérin	QC	1996	123	150	273
Shad Darsigny	QC	2003	116	148	264
Kody Taylor	ON	1991	123	140	263
Michael Chiang	BC	1983	115	140	255
Anthony Moore	ON	1992	110	140	250
Brian Periku	ON	2001	106	125	231
81 kg					
Alex Bellemarre	QC	1998	148	175	323
Nicolas Vachon	QC	1996	133	174	307
Jérôme Boisclair	QC	1991	128	158	286
Francis Luna-Grenier	QC	1987	126	155	281
Frank Longo	ON	1984	128	150	278
Enzo-Gabriel Dias	QC	1998	125	150	275
Charles Gravel	QC	1999	122	152	274
Richard Kam	BC	1986	119	155	274
Jordan Browne	AB	1997	118	153	271
Iggy Mazza	ON	1999	115	145	260
Maxime Huot	QC	1986	118	140	258
Khalil Sabayle	ON	1993	112	143	255
Isaac Smith	NS	1989	107	140	247
89 kg					
Ivan Cambar	QC	1983	150	183	333

Gabriel Dagenais	QC	1997	141	179	320
Braydon Kennedy	AB	1996	145	165	310
Noah Santavy	ON	1998	140	170	310
Mathieu Marineau	QC	1990	131	169	300
Andrew Pretty	AB	1992	135	160	295
Étienne Gravel	QC	1999	122	165	287
Kalin Melnyk	AB	2000	127	157	284
Lenny Dion	QC	1990	125	158	283
Jédrick Imbeault	QC	1996	120	160	280
Maxime Bardier	QC	1997	123	153	276
Félix-Antoine Bouffard	QC	1996	110	140	250
David Samayoa	SK	1992	-0-	186	-0-
96 kg					
Maxim Lebrun	QC	1992	135	182	317
Pierre-Alexandre Bessette	QC	1999	148	168	316
Derek Lo	AB	1995	131	169	300
Rashed Quran	BC	1998	135	164	299
Jean-Marc Béland	QC	1984	135	160	295
Samuel Espinoza	QC	1994	135	155	290
Jocelyn Dubuc	QC	1996	130	160	290
Peter Yee	AB	1992	132	155	287
Landon Black	ON	1992	127	157	284
Thomas Grieve	BC	1995	127	154	281
Dave Savage	ON	1991	117	145	262
102 kg					
Gilles Caza	QC	1997	145	177	322
Nicolas Viens	QC	1994	141	170	311
Erik Ostfeldt	ON	1994	140	170	310
Tyler Siwak	SK	1980	133	165	298
Justin Elliot	BC	1992	133	160	293
Hugo Martin	QC	1998	133	155	288
109 kg					
Richard Davidson	ON	1994	145	195	340
Ryan Meidl	AB	1987	150	188	338
Graham Unruh	SK	1991	145	180	325
+109 kg					
Quinn Everett	NS	1992	155	198	353
Miklos Bencsik	BC	1989	147	200	347
Gabriel Auclair	QC	1984	130	175	305

* = Record canadien junior

MEILLEURS ATHLÈTES AU TOTAL SINCLAIR (*poids corporel)

NOMS	CAT.	PROV.	NAISS.	TOTAL	RG	SINCLAIR
Alex Bellemarre	81 kg	QC	1998	323 kg	1	394.379
Ivan Cambar	89 kg	QC	1983	333 kg	2	382.221
Nikolay Varbanov	73 kg	ON	1999	295 kg	3	382.221

Officiels : Manon Poulin, Lara Ferreto, Irina Ivanova, Claire Hopkin, Joanne Gasper, Andréane Lamy, Armelle Chevrier, Gaétan Hinse, Benoît Pelletier, Dan Gad, Nicolas Chagnon

Jury : France Brouillard (#1), Desdin Archibald (#1), Émery Chevrier (#1), Richard Mason (#1), Philippe Saint-Cyr (#1), Yvon Chouinard (#1)

Annonceurs : France Boucher, Robert Marineau, Donald St-Pierre

Secrétaires : Odette Simard, Nathalie Huard, Sandra Montcalm

Évaluateur pratique d'entraîneur : François Gravelle

	Provinces	Men		Women		TOTAL	%
AB	Alberta	8	1	7	1	15	11,4%
BC	British Columbia	7	2	9	2	16	12,1%
MB	Manitoba	1	3	1	3	2	1,5%
NB	New-Brunswick	0		1	4	1	0,8%
NS	Nova-Scotia	2	4	2	5	4	3,0%
ON	Ontario	15	5	13	6	28	21,2%
QC	Québec	32	6	25	7	57	43,2%
SK	Saskatchewan	4	7	5	8	9	6,8%
	TOTAL :	69	7	63	8	132	

Provincial Records set

Women						Men					
Category	Event	Name	YOB	Club	Weight (kg)	Category	Event	Name	YOB	Club	Weight (kg)
<u>Junior</u>						<u>Masters</u>					
64 kg	Snatch	TRUPP Megan	2000	TW	87	M35 81kg	Snatch	LONGO Frank	1984	BS	128
							CJ	LONGO Frank	1984	BS	150
							Total	LONGO Frank	1984	BS	278
								LONGO Frank	1984	BS	273
<u>Senior</u>											
49 kg	Snatch	BRADDOCK Amanda	1989	SSW	78						
71 kg	Snatch	LAYLOR Maya	1995	LPS	99						
	CJ	LAYLOR Maya	1995	LPS	124						
	Total	LAYLOR Maya	1995	LPS	223						