

To:
PSOs

Date:
April 6, 2022

Re: 2022 Senior Pan American Championships

On behalf of Weightlifting Canada Haltérophilie (WCH), we are pleased to provide you with this introductory memorandum for the 2022 Senior Pan American Championships (the “**Competition**”) taking place in Bogota, Colombia from July 22-30, 2022. This memo is to provide you with some important information to help you and your athletes prepare for the Competition.

1. QUALIFICATION STANDARDS

The qualification standards for the Competition are as set out below. The qualification period for the event is October 7, 2021 to June 7, 2022. Virtual competitions will no longer be accepted for qualification purposes for this event.

According to Article 5.5.16 of the Anti-Doping Policy of the IWF 2021, the information of the athlete’s whereabouts must be provided with at least two months before the event is held (before 22 May 2022).

Women

	45	49	55	59	64	71	76	81	87	87+
Total	137	162	175	188	197	202	207	209	210	226

Men

	55	61	67	73	81	89	96	102	109	109+
Total	218	246	266	283	298	304	323	325	329	349

2. INTENT TO PARTICIPATE

All qualified athletes, coaches, and support personnel who would like to participate in the Competition must notify WCH of their intent to participate in the Competition by **May 15, 2022** at the latest. Please send your notification to Secretary – Treasurer Deanne Friesen at dfriesen@cwfhc.ca. Athletes who confirm their intent to participate must also pay the non-refundable \$100 WCH Administration Fee by e-transfer to dfriesen@cwfhc.ca. Coaches do not have to pay the Administration Fee.

If you are withdrawing from the Competition, whether as an athlete, coach, or support personnel, please notify Ms. Friesen as soon as possible so that we can finalize the team before the **June 21, 2022** deadline for Final Entries. Any cancellations after that date will be subject to fees incurred by WCH from the organizing committee.

3. REGISTRATION FEES

- (a) The registration fee for each athlete is \$175 (USD)
- (b) The registration fee for each delegate, coach, team leader, or other support team support person is \$125 (USD).
- (c) Please note that any costs incurred for COVID testing will be at the expense of the athlete/coach/support personnel.

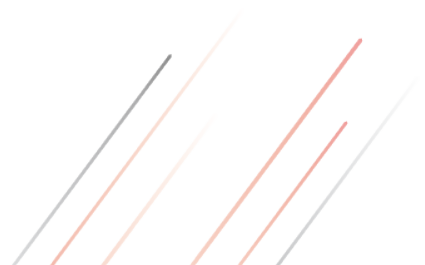
4. ACCOMMODATIONS

- (a) Official accommodations for the Competition are at the Wyndham Hotel (Avda. La Esperanza No 51-40)
- (b) All participants must stay a minimum of four (4) nights at the hotel.
- (c) The room rates are:
 - Single room: **\$140 (USD)/person/night**
 - Double room: **\$90 (USD)/person/night**
 - Triple room: **\$90 (USD)/person/night**
- (d) Meals are included with the accommodation fee.
- (e) Please notify WCH by email (dfriesen@cwfhc.ca) if you would prefer a single, double, or triple room. If you choose a double or triple room, please let us know your choice of roommate. We will do our best to accommodate your choice. Please indicate if you do not wish to stay at the hotel beyond the mandatory 4 nights.

5. PAYMENT OF FEES

Registration and accommodation fees (minimum 4 nights) for athletes and coaches must be paid to WCH by e-transfer to dfriesen@cwfhc.ca upon receipt of your invoice and prior to departure for the event. If you require an alternative method of payment please contact Deanne Friesen for assistance.

As all fees noted are in American dollars the exchange rate will be 1.35



6. FUNDING FOR COACHES AND ATHLETES

- (a) **Athletes:** The top 2 female athletes and top 2 male athletes (calculated by % of AAP Marker) will receive funding for the event that includes 80% economy airfare, 80% of four nights' accommodations, and 80% of the registration fee.
- (b) **Coaches:** Coach selection will be conducted according to the Coach Selection Policy. Coaches are required to submit their statement of interest to coach by May 15, 2022. Coaches are encouraged to read the policy and ensure they meet the minimum qualification criteria. The decision regarding funded coach(es) will be made prior to June 21, 2022. The funded coach(es) will receive 100% funding for economy-class airfare (no stopovers permitted), registration, and 4 nights' accommodation in the competition hotel. Funded coaches are expected to attend the Technical Meeting for verification of final entries and stay until the final athlete has competed.

7. TEAM LEAD

A large delegation is expected for this team. WCH requests that any individual that wishes to attend the event and perform the duties of Team Lead formally express interest by May 15, 2022. Please send the expression of interest to dfriesen@cwfhc.ca

8. TRAVEL TO COLOMBIA

- (a) **Passport:** **Your passport must be valid for at least 6 months beyond the date you intend to leave Colombia.** If your passport has less than 6 months remaining on it, we recommend you apply for a new passport immediately. Participants who arrive with less than 6 months remaining on their visa may be denied entry into Colombia.
- (b) **Flights:** Flights to Bogota will be arranged through ATPi, our official travel provider. Contact details for ATPi will be provided shortly.
- (c) **Safety and Security:** Petty crime, such as pickpocketing and purse snatching, are prevalent. Violent crime also occurs. Ensure that your belongings, including your passports and other travel documents, are secure at all times.

You are encouraged to check the government of Canada's website for travel advisories in this region. <https://travel.gc.ca/destinations/colombia>

- (d) **Insurance:** Your provincial health care plan is unlikely to cover most or any medical expenses you incur while in Colombia. As required by the IWF, WCH will therefore obtain travel health insurance for all team members and will charge a levy on a cost-recovery basis per team member. The insurance policy will include coverage for injuries suffered while participating in sporting events and medical treatment for COVID-19. You are encouraged to purchase travel insurance as well for any unforeseen events.

- (e) **Health:** The Public Health Agency of Canada recommends that all travellers consult their travel health physician about recommended vaccinations prior to departure.

COVID: There is an ongoing outbreak of COVID-19. Please monitor the Government of Canada website for daily updates of COVID-19 entry/exit requirements for Colombia, including PCR tests, mandatory quarantine periods, and any mandatory tracking apps that may be required.

9. PRELIMINARY SCHEDULE

FRIDAY, JULY 22	ARRIVAL OF DELEGATIONS		
SATURDAY, JULY 23	9:00	FPLP CONGRESS	
	15:00	VERIFICATION MEETING COMPETENCY	
	DIVISION	WEIGHING	COMPETENCY
SUNDAY, JULY 24	55 KG M	12:00	14:00
	16:00	INAUGURATION	
	45 KG F	15:00	17:00
	61 KG M	17:00	19:00
MONDAY, JULY 25	49 KG F	12:00	14:00
	67 KG M	14:00	16:00
	55 KG F	16:00	18:00
MONDAY, JULY 25	73 KG M	12:00	14:00
	59 KG F	14:00	16:00
	81 KG M	16:00	18:00
WEDNESDAY, JULY 27	64 KG F	12:00	14:00
	89 KG M	14:00	16:00
	71 KG F	16:00	18:00
THURSDAY, JULY 28	96 KG M	10:00	12:00
	76 KG F	12:00	14:00
	102 KG M	14:00	16:00
	81 KG F	16:00	18:00
FRIDAY, JULY 29	87 KG F	8:00	10:00
	109 KG M	10:00	12:00
	+87 KG F	12:00	14:00
	+109 KG M	14:00	16:00

10. ANTI-DOPING

- (a) **IWF Policy.** This competition is subject to the IWF Anti-Doping Policy, a copy of which is available for download on the IWF website: www.iwf.sport

Under Section 7.4 of the IWF Anti-Doping Policy, all athletes participating in IWF World Championship events must be registered in ADAMS and have submitted their Whereabouts for the full 60-day period prior to the start of the Competition through the end of the competition. Athletes who file their Whereabouts even one day late will be considered ineligible to compete by the IWF. Athletes who wish to compete in Colombia who are not already registered in ADAMS are encouraged to register as soon as possible by contacting Mr. Richard Mason (vpadmin@cwfhc.ca) to create an account.

- (b) **Athletes**

All athletes and team support personnel are required to complete the **WADA ADeL Online Course for Athletes** before the Competition. This course replaces the previous IWF ILiftClean platform that some team members are familiar with.

The course can be found at the following link: <https://adel.wada-ama.org/>

As was the case with the previous IWF ILiftClean platform, Athletes, and team support personnel (coaches, team leaders, doctors, etc.) shall register at the site, watch the videos, and successfully complete the quiz at the end to receive the certificate. If you have not done so already, please send your certificate to Deanne Friesen dfriesen@cwfhc.ca

If you have any problem with the registration process, please contact WADA at adel@wada-ama.org and the IWF at education@iwfnet.net.

- (c) **Coaches and Support Personnel:**

As per section 16.3 of the IWF Anti-Doping Policy, all coaches and team support personnel must complete and sign the attached Declaration Form for Athlete Support Personnel on the last page of this memo. Coaches and support personnel must provide a scanned copy of your completed Declaration by **May 22, 2022**.

Coaches and team support personnel must also complete the WADA Adel Online Course for Athletes as set out in subsection 9(b) above.

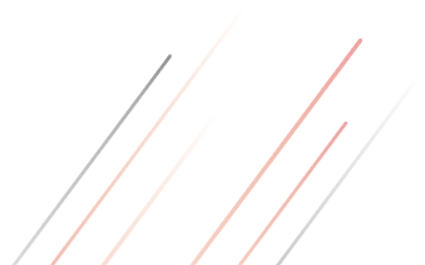
*In compliance with new Sport Canada regulations, all coaches and team support personnel are required to complete Respect in Sport or equivalent certification prior to the competition. If your province already requires this, you do not need to complete the training again. If you have not completed this training before, WCH will provide you with a license, free of charge, to complete the training in French or English. Please contact Craig Walker to obtain a license. cwalker@cwfhc.ca

11. CONDUCT & SAFETY

All athletes, coaches, team leader(s), and other support personnel are required to adhere to WCH Policies at all times.

12. Team Canada Agreement

WCH may require all Team Members to sign an WCH Team Canada Agreement as a condition of participation in the event. WCH will notify prospective team members when the agreement is ready for circulation and execution.





weightliftingcanada.ca

Declaration Form for Coaches and Athlete Support Personnel
as per Article 16.3 of the IWF Anti-Doping Policy

I, _____, born on _____, affiliated to **Weightlifting Canada Haltérophilie**, hereby expressly undertake to at all times comply with and to be bound by the provisions of the IWF Anti-Doping Policy.

I specifically acknowledge that in accordance with Article 16.3 of the IWF Anti-Doping Policy, Weightlifting Canada Haltérophilie is obliged to share personal information about me with the IWF to which I have given my consent.

I undertake to act at all times in the spirit of fair play.

Place: _____

Date: _____

Name: _____

Signature: _____

