

**CANADIAN WEIGHTLIFTING FEDERATION
HALTÉROPHILE CANADIENNE (CWFHC)**

**ATHLETE ASSISTANCE PROGRAM (AAP)
ELIGIBILITY CRITERIA
2020**

September 04, 2019

The purpose of this document is to develop a mechanism to allow Canadian weightlifters to qualify for Sport Canada Athlete Assistance Program (AAP).

CWFHC provides the technical assistance to Sport Canada for the carding approval process by providing nominations that are in accordance with the approved carding criteria. Sport Canada approves or rejects the candidature submitted.

For more information on the AAP program, please consult the Sport Canada Web site: <https://www.canada.ca/en/canadian-heritage/services/funding/athlete-assistance.html>

1 - Introduction

1.1 AAP objectives

The Athlete Assistance Program's objectives are:

- to financially support Canadian athletes identified by National Sport Organizations (NSOs) using criteria established by Sport Canada as performing at or having the greatest potential to achieve top 16 results at Olympic/Paralympic Games and World Championships;
- to assist Canada's carded athletes in preparing to engage in full- or part-time career activities; and
- to enable Canada's carded athletes to participate in year-round national training and competition regimes to further their athletic goals.

1.2 Minimum Requirements for Athlete to Qualify for the AAP

- The CWFHC must meet the minimum requirements of Sport Canada like "the NSO must formally monitor and evaluate athletes' training and competitive programs."
- AAP support is subject to athlete's availability to represent Canada in major international competitions, including World Championships, Olympic Games and Paralympics Games; participation in preparatory and annual training programs; and adherence to their Athletes/CWFHC agreement.
- The athlete must be a Canadian citizen or PERMANENT RESIDENT OF CANADA on the date of the beginning of the carding cycle, and the athlete shall have been a legal resident in Canada (student status, refugee status, work visa or permanent resident) for a minimum period of one year before being considered for AAP support. The athlete will have to participate to CWFHC program during this period.

- The athlete, under the eligibility requirements of the International Weightlifting Federation (IWF), as it pertains to citizenship, must currently be eligible to represent Canada at major international events including World Championships.
- Athletes must meet the carding criteria as a member of a Canadian Team, at international events or in a domestic event or events sanctioned by the CWFHC for such purposes.
- Should an athlete be dropped for any reason, Sport Canada will not issue a replacement card before the start of the next period, in accordance with general AAP policy.
- Athletes and their coaches must be members in good standing with a Provincial Weightlifting Association, member of CWFHC.

1.3 Doping Violations

Athletes must respect and comply with the Canadian Policy Against Doping in Sport, as well as the Canadian Anti-Doping Program of the Canadian Centre for Ethics in Sport (CCES), as a condition of funding under the AAP.

For more information on sanctions related to anti-doping, refer to Section 12 of the Sport Canada's AAP Policies and Procedures:

<https://www.canada.ca/en/canadian-heritage/services/funding/athlete-assistance/policies-procedures.html#a13>

1.4 General information

- a. The equivalent of *six (6)* Senior Cards, including National Cards (SR/C1) and the Senior International Cards (SR1/SR2), will be available for the CWFHC. Sport Canada is currently reviewing the carding quotas for all sports. This may impact the number of cards allocated to weightlifting.
- b. The attribution of the cards will be done regardless of athlete gender (combined ranking men & women).
- c. There will be a maximum of three (3) athletes nominated for senior cards (SR1, SR2, SR & C1), in each weight class.
- d. General rule: The qualification period will extend over one calendar year every year (from January 1 to December 31) and the carding will be allocated for twelve (12) months, from January 1 to December 31.
- e. A minimum of one athlete from each gender will be nominated for carding support, provided that there is a least one athlete from each gender that meets the carding criteria. To be nominated, the athlete must meet the senior

international (SR1/SR2) criteria or the senior national (SR/C1) criteria indicated at the paragraph 2.2. To guarantee a minimum level of performance for this special condition, the athlete must attain or exceed twice (2) the minimum of 85% of the applicable Senior Markers, at least one of those two performances has to be done in the period of August 2019 to December 2019.

- f. Appeals of NSO's AAP nomination/re-nomination decision or of a NSO's recommendation to withdraw carding may be pursued only through the NSO's review process, which includes an application to the Sport Dispute Resolution Centre of Canada (SDRCC). Appeals of AAP Decision made under Section 6 ([Application for and Approval of Cards](#)) or Section 11 ([Withdrawal of Carding Status](#)) may be pursued through Section 13 of the AAP Policies, Procedures and Guidelines:

<https://www.canada.ca/en/canadian-heritage/services/funding/athlete-assistance/policies-procedures.html>

2 – Conditions for carding

2.1 Senior International Card (SR1/SR2): for the athletes who attain the following Sport Canada's international criteria:

The Senior International Cards are allocated in priority to athletes placing in the top eight (8) AND top half (1/2) in their category at the Senior World Championships or at the Olympic Games. A maximum of 2 athletes per country per category will be accounted for.

The athletes who meet international criteria may be recommended by the CWFHC for two consecutive years, the first year certificate is called SR1 and the second year certificate SR2. For the second year certificate, the athletes must meet the following conditions:

- Must place in the top 12 and in the first (Top ½) half of his category at the Senior World championships in the list of valid competitions. The results of all the athletes of the same category that have made a Total will be calculated. For example: supposing that 21 athletes have made a Total in his category, the athlete concerned must finish 10th or better.
- This athlete must also:
 - Be recommended by the CWFHC;
 - Ensure that a competition and training program approved by Sport Canada and the CWFHC is followed.
 - The athlete must also sign the Athlete/CWFHC agreement and fill a AAP form for the year concerned.

2.2 Senior National Card (SR/C1): for the athletes who meet the following CWFHC requirements:

The remaining Senior cards will be allocated according to the markers ranking system established by the CWFHC and the selection criteria applicable for the National team ranking (see Appendix 2). The following procedures will be used to identify the athletes:

2.2.1) For ranking and selection purposes, the total of the best performance, expressed as a percentage of the 2018 Senior Markers - New Categories (% M), calculated to three decimal places, will be used from the list of qualifying events.

2.2.2) The best percentage (%M) of the 2018 Senior Markers - new categories will be used for each athlete.

2.2.3) The best percentage (%M) of the 2018 Senior Markers - new categories will be used to rank the athletes in decreasing order, regardless of the athlete's gender.

2.2.4) Exceptionally, one of the performances that will be recorded will be made in the period from September 1, 2019 to November 20, 2019.

2.2.5) The athletes that participated and achieved a total at the Senior World Championships (SRW-2019) / Olympic Games (OG), a 2% bonus will be added to the performance achieved at SRW-OG for the calculation of their card. In the case where an athlete achieved higher performances in other valid competitions, the performance achieved at the SRW-OG will not be used. Example: an athlete in the 55 kg category achieved 88 % at SRW-OG, add a bonus of 2 %, which gives him a total Marker of 90 % in the calculation of performance that may be recognized for the AAP.

2.2.6) The valid performances must equal or exceed 85 % of the Senior Marker – new categories (Markers in Appendix 1) of this bodyweight category (except when Clause 1.4.e applies where 2 performances are required). This performance of 85 % and more do not include the 2% bonus stated in the article 2.2.5.

2.2.7a) In case of a tie in the same category and one athlete participated at the SRW-OG during the qualification period, this participation shall be kept as the discriminating factor.

2.2.7b) In case of a tie in the same category, the ranking reached at the SRW-OG during the qualification period shall be kept as the discriminating factor (*including the 2 % bonus points*).

| Cat. | Competition | Total | | |
|---|-------------|------------------|--------|------------------------|
| | | Rk | Total | % MSR - 100 % |
| 64 kg | OG | 10 th | 202 kg | 85.285% + 2% = 87.285% |
| 64 kg | OG | 12 th | 202 kg | 85.285% + 2% = 87.285% |
| % MSR = percentage of the Senior Marker | | | | |

2.2.8a) In the case of an inter-category tie and one athlete only has participated and made a total at the Olympic Games / Senior World Championships of the qualification period (*including the 2 % bonus*), this athlete shall obtain the higher rank.

2.2.9) The bodyweight category of the latest performance which qualifies the athlete for carding will be used to establish the category of the athlete.

A probationary card, C1, will be allocated to athletes who attain the Senior National Card requirements for the first time. The monthly allocation for these cards is the same as the development cards, \$ 1,060 per month and support for the tuition fees if applicable, in regards to Sport Canada policy in this matter.

2.3 Number of years for the senior national card:

2.3.1 Normally, athletes who have reached the IWF senior age may hold a senior national card (SR/C1) for a maximum of 6 years.

2.3.2 To be eligible for a 7th year or more at this level the athlete must meet the national senior criteria and must place in the first half (Top ½) of his category at the SRW-OG in the list of valid competitions. The athlete must demonstrate an improvement toward the required performances in order to obtain a senior international card (SR1 and SR2) and be recommended by the CWFHC.

To determine if the athlete has finished in the first half, the results of all the athletes in his category will be calculated. For example: supposing that 21 athletes have made a Total in his category, to determine if the athlete has placed within the first half, he must place 10th or better.

2.3.3 In the case that an athlete does not participate or does not achieve the required rank at the SWR - OG in the list of valid competitions, the athlete must attain or exceed the minimum of 90% of the applicable Senior Markers – new categories in valid competitions.

2.3.4 The number of years carded at senior national level (SR/C1) when the athlete is of IWF junior age will not count in the 6 years maximum period referred to in 2.3.1.

2.4 Failure to meet renewal criteria for health-related reasons

A SR1 carded athlete who at the end of the carding cycle has not achieved the standard required for the renewal of carding at SR2 status because of strictly health related reasons may be considered for re-nomination for the upcoming year provided the following conditions are met:

- The athlete has fulfilled all reasonable training and rehabilitation requirements aimed at a speedy return to full high performance training and competition during the period of his or her injury, illness or pregnancy or is continuing a rehabilitation program approved by the CWFHC;
- In the view of the CWFHC, the athlete's failure to attain the applicable carding standards is strictly related to the injury, illness or pregnancy;
- CWFHC, based on its technical judgement and that of a CWFHC team physician or equivalent, indicates in writing to Sport Canada the expectation that the athlete will achieve at least the minimum standards required for carding during the upcoming carding period;
- The athlete has demonstrated and continues to demonstrate his or her long-term commitment to high performance training and competition goals, as well as his or her intention to pursue full high performance training and competition throughout the carding period for which he or she wishes to be renewed despite not having met the carding criteria.

2.5 Athletes injured at the time of the nomination to Sport Canada

The nomination of an athlete who is injured at the time of the nomination and who did not notify the CWFHC's program manager in writing may be withdrawn by CWFHC.

The nomination of an eligible athlete, who is injured at the time of the nomination to Sport Canada's AAP and has not compete in sanction event within the last three months of the carding cycle, will be put on hold.

In this situation, the athlete will have until March 1st, 2020 to participate in a sanction event (Subject to doping control- SDC) and achieve 85% or better (Senior Marker) than his/her best performance established within the qualification period.

If this condition has not been met, the athlete will no longer be eligible for nomination to the AAP. It is the responsibility of the athlete to meet the conditions even if there is no reminder by CWFHC.

2.6 Priority in the allocation of cards: The following order will determine the allocation of the cards:

1. Athlete(s) meeting the Senior International Card Criteria- SR1/SR2
2. Athlete(s) carded at SR1 the previous year that meet section 2.4;
3. Athletes meeting the Senior National Card Criteria – SR/C1

3 – Conditions to maintain carding status (Extract from the Athlete/CWFHC Agreement)

The carded athlete (Senior International Card - SR1/SR2 or Senior National Card – SR/C1) will have to participate at the Canadian Senior Championships of the carding period; and be available to participate in at least one of the competitions held in this carding period: (competition listed by chronological order)

- Pan-American Championships or Junior World Championships (JRW)
- Senior World Championships (SRW) / Olympic Games (OG).

The Athlete must be eligible and make sure that he/she qualifies to participate at these competitions.

Regarding the international competitions, the participation is subject to financial support from the CWFHC.

In the event that a mandatory competition takes place within 30 days of the Canadian Senior Championships, the athlete will have the option of competing in either the Canadian Senior Championships or the mandatory competition.

If these conditions are not met, CWFHC may recommend to Sport Canada to withdraw the athlete card status.

APPENDIX 1 - THE MARKERS

SENIOR MARKERS 2018 – new categories

| MEN / Cat. | 55 kg | 61 kg | 67 kg | 73 kg | 81 kg | 89 kg | 96 kg | 102 kg | 109 kg | 109+ kg |
|-----------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Marker - 100% | 267,76 | 294,698 | 321,137 | 341,282 | 360,677 | 375,421 | 386,855 | 395,98 | 405,859 | 433,771 |
| Marker - 85% | 227,596 | 250,493 | 272,966 | 290,090 | 306,575 | 319,108 | 328,827 | 336,583 | 344,980 | 368,705 |
| ► Marker – Arr. | 228 kg | 251 kg | 273 kg | 291 kg | 307 kg | 320 kg | 329 kg | 337 kg | 345 kg | 369 kg |

| WOMEN / Cat. | 45 kg | 49 kg | 55 kg | 59 kg | 64 kg | 71 kg | 76 kg | 81 kg | 87 kg | 87+ kg |
|-----------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Marker - 100% | 179,383 | 191,067 | 210,333 | 223,6 | 232,702 | 243,66 | 251,628 | 258,621 | 267,012 | 278,55 |
| Marker - 85% | 152,476 | 162,407 | 178,783 | 190,060 | 197,797 | 207,111 | 213,884 | 219,828 | 226,960 | 236,768 |
| ► Marker – Arr. | 153 kg | 163 kg | 179 kg | 191 kg | 198 kg | 208 kg | 214 kg | 220 kg | 227 kg | 237 kg |

APPENDIX 2 - SELECTION CRITERIA FOR NATIONAL TEAM

- 1) performance valid in competition subject to doping control;
- 2) competition of provincial level or higher calibre;
- 3) maximum of 2 athletes per category;
- 4) using the highest % of the Senior Makers of the category;
- 5) results must to be sent to CWFHC;
- 6) performances achieved between January 1st to June 30 qualify for the period of July 1 to December 31, and vice versa (those dates are different for carding - see General information).
- 7) All the members of a Canadian team are required to be members in good standing of their provincial weightlifting Association.

APPENDIX 3 - VALID COMPETITIONS FOR THE AAP – 2019

Period from 2019 September 1st to 2019 November 20

| | |
|----|---|
| 1) | Senior World Championships – September 18-27. |
| 2) | Ontario Championships Elite – November 2-3. |
| 3) | Quebec Senior Championships – November 1-2. |
| 4) | Island Invitational – November 9-10. |

All these competitions must be subject to doping control.

The Provincial Associations must comply with the requirements to confirm the validity of these events by sending the CWFHC form “REGISTRATION FOR ANTI-DOPING CONTROL” within the proper time frame and sending the results to CWFHC in a 1 week period after the competition. The organizer / provincial association who do not respect these basic requirements may have the event declare non-valid.

APPENDIX 4 –

Provide to the President CWFHC, by mail sent to the National Office, the annual training plan (annual periodization, weekly training plan for the carding period as well as any adjustments made in case of injury or adjustments required as a result of failed competition objectives), which include the competitions plan for the athlete and also the monthly update which includes the modifications done or any other information the CWFHC may require. These documents must accompany the signed CWFHC-Athlete Agreement. The Athlete’s coach must sign the monthly training report (Monthly Athlete Monitoring Form - CWFHC). These reports must be sent to CWFHC as it is indicated in the annex 4 of this document

APPENDIX 5 –

ATHLETE MONTHLY TRAINING REPORT

Extract from the 2020 Athlete/CWFHC Agreement

The CWFHC will conduct ongoing and mid-season reviews of individual athlete plan to confirm commitment to the originally approved training and competition plan.

If, at any time during the AAP carding cycle, an athlete does not provide the monthly training report by the dates indicated below or does not meet the minimum training and competition expectations as described in the athlete’s agreement, the following measures will be taken by CWFHC:

On the 15th of the month following the end of each of the following periods:

- a) January
- b) February – March
- c) April - May - June
- d) July – August - September
- e) October – November – December

1) First breach of commitment – a written warning by the CWFHC President or the VP High Performance Chairperson, with an e-mail sent to the coach. The warning will explain to the athlete: what is wrong, how to rectify the situation and the timelines to do so (next 2 weeks).

2) Second breach of commitment or none complying to the 1st warning –
A written warning: The written warning will include what is wrong, how to rectify

the situation, the timelines to do so (next 2 weeks) and will indicate the implication for not complying with the first warning. A copy of the written warning must be sent to the coach. Last written warning: This last written warning will indicate that if within the next 2 weeks the athlete does not comply with this warning, the CWFHC will recommended to Sport Canada the withdrawal of the athlete's carding status. A copy of this warning must be sent to the coach.

All warnings, including verbal, will be documented in the athlete's file at the CWFHC.

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