



## Canadian Weightlifting Fédération Haltérophile Canadienne

September 6, 2019

Dear Sir / Madam:

**Re: Update - 2020 IWF Junior World Championships**

---

On behalf of the CWFHC, we are pleased to provide you with this introductory memorandum for the 2020 IWF Junior World Championships (the “**Competition**”) taking place in Cairo, Egypt from March 5 – 15, 2020. This memo provides you with some important information to help you and your athletes prepare for the Competition.

### 1. QUALIFICATION STANDARDS

The qualification standards for the Competition represent a 1% increase over the standards for the 2019 Junior World Championships.

#### Women

	45	49	55	59	64	71	76	81	87	87+
<b>Sinclair</b>	222.719	226.835	229.984	228.991	229.464	228.861	227.149	226.431	224.381	222.200
<b>Total</b>	134	146	161	168	177	187	192	197	201	223

#### Men

	55	61	67	73	81	89	96	102	109	109+
<b>Sinclair</b>	344.906	347.630	350.012	351.908	351.143	351.066	351.485	349.149	345.883	343.400
<b>Total</b>	223	242	259	274	289	302	313	318	322	344

**As in previous years, the CWFHC has a Minimum Funding Threshold (MFT) that athletes much attain to be eligible for financial support from the CWFHC for the Competition. The MFT is as follows:**

#### Women

	45	49	55	59	64	71	76	81	87	87+
<b>Sinclair</b>	248.028	247.313	247.341	246.925	247.822	247.418	247.473	247.332	246.932	247.450
<b>Total</b>	149	159	173	181	191	202	210	216	222	248

#### Men

	55	61	67	73	81	89	96	102	109	109+
<b>Sinclair</b>	360.583	360.720	360.951	360.997	361.634	361.722	361.391	360.570	361.109	360.570
<b>Total</b>	233	251	267	281	298	312	321	328	336	361

## 2. QUALIFICATION EVENTS

Because the IWF scheduled the Competition several months earlier than it has in the past, the 2020 Canadian Junior Weightlifting Championships will NOT serve as a qualification event for the Competition. Instead, the following regional competitions will serve as the qualification events:

- a. Island Invitational, Nanaimo, BC – November 9-10, 2019
- b. Alberta Junior Weightlifting Championships, Calgary, AB – November 9, 2019
- c. Mettle Open, Regina, SK – October 19, 2019
- d. Ontario Championships, Mississauga, ON – November 2-3, 2019
- e. Championnat Senior du Québec, La Prairie, QC – November 2, 2019
- f. Nova Scotia Championships, Halifax, NS – November 23, 2019

## 3. CONFIRMATION OF PARTICIPATION

All qualified athletes, coaches, and support personnel who would like to participate in the Competition must submit their Declaration of Intent to Participate in the Competition and deliver the \$100 CWFHC Administration Fee by **Friday, November 29, 2019** at the latest. Declarations may be sent to Mr. Don MacNeill by email at [macneilldentistrycorp1@gmail.com](mailto:macneilldentistrycorp1@gmail.com). Please send the Administration Fee to:

CWFHC c/o Don MacNeill  
2299 Passingham Drive  
Sarnia, ON N7T 7H4

## 4. FUNDING FOR COACHES AND ATHLETES

**(a) Athletes:** The top 2 female and top 2 male athletes will receive 80% support for registration fees, accommodations for 4 nights based on double room, and flight to Cairo, Egypt (Air Canada Basic Economy fare or equivalent).

**(b) Coaches:** The coach of the top female athlete and of the top male athlete will receive 100% support for registration fees, accommodations, and flight to Cairo, Egypt (Air Canada Basic Economy fare or equivalent). The CWFHC will determine the date by which funded coaches must arrive in Cairo after the IWF releases the Competition Regulation.

**The CWFHC will register a maximum of 2 coaches for the men's team and 2 coaches for the women's team.**

**(c) Team Leader:** If the CWFHC determines that a Team Leader is required for this event given the potential security and logistical concerns in Cairo, the Team Leader will receive 100% support for registration fees, accommodations, and flight to Egypt (Air Canada Basic Economy fare or equivalent). The Team Leader is expected to arrive with or before the first group of athletes and coaches.

## 5. REGISTRATION FEES, ACCOMMODATIONS, TRAVEL

The CWFHC will circulate further details on registration fees, accommodation, travel, and deadlines following the IWF's release of the Competition Regulation.

At this time, we estimate the cost of participation in this event to be around \$2,900 to \$3,300 per participant.

**If you have any questions about this information, please contact the CWFHC at the email addresses below:**

<b>Craig Walker, CWFHC President</b>	<b>Don MacNeill, V-P Technical</b>
<a href="mailto:cwalker@cwfhc.ca">cwalker@cwfhc.ca</a>	<a href="mailto:Macneilldentistrycorp1@gmail.com">Macneilldentistrycorp1@gmail.com</a>

**Please note that all CWFHC personnel are volunteers performing this work in addition to their day jobs. While we strive to reply in a timely manner, it may take us some time to get back to you.**

### DISTRIBUTION LIST (Sept. 06, 2019)

CWFHC Provincial Directors		
1)	AB	Michael Korte, President : <a href="mailto:president@albertaweightlifting.com">president@albertaweightlifting.com</a> Josh Martin, VP Admin : <a href="mailto:vpadmin@albertaweightlifting.com">vpadmin@albertaweightlifting.com</a>
2)	BC	Rafal Korkowski, President: <a href="mailto:rafkor@shaw.ca">rafkor@shaw.ca</a>
3)	MB	Peter Rhone, President: <a href="mailto:Peterrohne@gmail.com">Peterrohne@gmail.com</a> Troy Walker, VP Tech: <a href="mailto:wfps1708@hotmail.com">wfps1708@hotmail.com</a>
4)	NF	Tom Abbott , President: <a href="mailto:newfoundland.weightlifting@gmail.com">newfoundland.weightlifting@gmail.com</a>
5)	NB	Greg Doucette, President: <a href="mailto:gadoucette@bellaliant.net">gadoucette@bellaliant.net</a>
6)	NS	Jake Glover, President: <a href="mailto:admin@nsweightlifting.ca">admin@nsweightlifting.ca</a> Amanda Thompson, VP Admin: <a href="mailto:hubtown.amanda@gmail.com">hubtown.amanda@gmail.com</a>
7)	ON	Mike Miller, President: <a href="mailto:mike@onweightlifting.ca">mike@onweightlifting.ca</a>
8)	SK	Ken Trofimuk, President: <a href="mailto:kentrofimuk@sasktel.net">kentrofimuk@sasktel.net</a>
9)	QC	Paul H. Aubé, President: <a href="mailto:admin@fedhaltero.qc.ca">admin@fedhaltero.qc.ca</a>