



Ontario Weightlifting Association

October 14, 2020

Attention: OWA Members

On October 9th, the Government of Ontario released a new set of legislative restrictions to curb the spread of COVID-19 in high case areas.

The current legislation states:

**AMENDING O. REG. 263/20 (RULES FOR AREAS IN STAGE 2)
(10) Sections 13 and 14 of Schedule 2 to the Regulation are revoked and the following substituted:**

Facilities for indoor sports and recreational fitness activities

13. (1) Subject to subsections (2) to (5), facilities for indoor sports and recreational fitness activities, including gymnasiums, health clubs, community centres, multi-purpose facilities, arenas, exercise studios, yoga and dance studios and other fitness facilities, may open if they comply with the following conditions:

1. Indoor fitness, exercise or dance classes must not be provided.
2. Any areas containing weights or exercise machines must be closed.

Please note that the new regulations currently do not mention any exemption for high performance or amateur athlete sport training in the three affected regions (Toronto, Peel and Ottawa). **REG. 263/20 13.5 which indicated "Facilities for indoor sports and recreational fitness activities that comply with the conditions set out in subsection (6) may open for the purpose of being used by a business or organization to train amateur or professional athletes or to run amateur or professional athletic competitions" has been revoked.**

For full details, please refer to [O. Reg. 572/20: RULES FOR AREAS IN STAGE 2](#).

In response to these new measures, the following upcoming events are POSTPONED or CANCELLED:

Our Competition Administrator will be in touch with those who registered.

Variety Village October Open (Variety Village, Toronto)

October 31, 2020 - **CANCELLED**

NCCP Competition Introduction Course (Valeo Athletics, Ottawa)

October 31-November 1, 2020 - **POSTPONED**

The Richard Borden Memorial Open and Qualifier (Guelph) and Ontario Junior/Youth and Senior Championships (Toronto) competitions are still confirmed. We are monitoring the situation closely and we will continue to keep you up to date as more information becomes available.

The OWA appreciates your continued support, patience and understanding throughout this challenging time. Please continue to follow the guidelines set by the Provincial and Municipal governments to ensure a faster and stronger return to our sport.

Thank you,

OWA Executive Board