



2014 High Performance Team

The Ontario Weightlifting Association (OWA) is proud to advance its High Performance Program (HPP) by contributing to Goal 3: Continue to increase its athlete membership and adequately recognize and support its High Performance athletes.

The OWA HPP has fulfilled one of its key performance indicators by way of creating High Performance Junior and Senior teams.

The OWA and its High Performance Program (HPP) has adopted the International Weightlifting Federation (IWF)/Canadian Weightlifting Federation (CWF) World Marker system and its benchmarking system to select the High Performance Team (HPT). The HPT is selected based on performances achieved within the previous competition year. Athlete performances must reach a minimum of 75% of the World Marker to be considered.

All athletes listed have achieved a minimum of 75% of the 2013-2016 World Marker during the 2013 competition year within their respective section/bodyweight category.

Senior Men	Category	Marker	Coach	Club
Sandor, Akos	105	79.74	Sandor, Steve	SAB
Santavy, Dalas	94	77.51	Santavy, Bob	WAW
Gonsalves, Richard	94	76.55	Sandor, Steve	SAB
Spencer, Justin	105	75.49	Kanama, Hani	TOR
Senior Women	Category	Marker	Coach	Club
Despres, Isabelle	58	84.93	St. Jean, Pierre	OTE
Findlay, Taylor	58	77.62	Alsebaai, Abdallah	VVI
Braddock, Amanda	48	76.19	Sandor, Steve	UTM
Junior Men	Category	Marker	Coach	Club
Rose, Aaron	85	84.05	Alsebaai, Abdallah	VVI
Santavy, Boady	77	82.2	Santavy, Dalas	WAW
Sabayle, Khalil	77	77.96	Alsebaai, Abdallah	VVI
Alexandrov, Nikolay	56	77.54	Varbanov, Alexander	VSW
Junior Women	Category	Marker	Coach	Club
Laylor, Maya	69	81.97	Kanama, Hani	TOR
Jean, Jessica	58	81.54	Kanama, Hani	TOR

Congratulations to all athletes and their coaches and clubs.

The OWA continues to envisage a robust support system for the HPT to encourage high performance training and results; as well as continuing for fulfill its HPP goals.