	Completed		In progress		not started		1	
KPI#	Subject Athletes	2011-12 situation		HP Program Budget Cost	Actual Cost	КРІ	Status	2012-2013 Situation/Actions
	Athletes Increase number of athletes involved in Olympic Weightlifting in high schools, universities, cross fit gym, YMCA's and private gyms by providing coaches and equipment.	We presently have 375 athletes registered with the OWA. Even though there has been an increase in athletes in the past 2 years, the number of clubs is not increasing in a rapid enough manner to produce a significant number of high performing athlete.	1st year Create new clubs by supporting new coaches that have been certified during the last 2 years. This will require equipment and possibly a coach mentorship program	\$1,000		\$0 Create 3 new clubs by end of fiscal year 2013 and provide the necessary equipment.		The number of clubs this year has grown from 1 to 37, an amasing growth. I believe that this is due in part to the many coaching clinics organised by Dan Robitaille. Two \$500 grant has been received or committed for these clinics. A 1500S grant from \$PORTATORONTO is also beir submitted to purchase equipment for the Ministry.
1	Create a high performance Junior and Senior team.	There is no Junior or Senior high performance team to represent Ontario at national and international competitions.	review competition records and create a high performance Junior and Senior weightlifting team. Selection would be based on reaching a predetermined standard based	0\$		\$0 Team to be formed by the end of the 2012 fiscal year	Completed	submitted to purchase equipment for the wini- Hercules competition in Tronoto The high performance team has been selected and announced on the website and on facebook
2		Only 2 cards are allocated to OWA by the quest for gold program.	on world markers. Increase Quest for Gold cards to 8 athletes who best qualify as seniors or juniors high performance athlete.	\$16,000 from the Ministry of sport		Number of weightlifters that meet set percentage of world markers in their category (jr or Sr) to increase each competition calendar year	Completed	The candidates for Quest For Gold have bee selected based on world marker. The number of cards this year has remained at the same level as last year. The number of athletes reaching world marker this year has
3	Increase identity/recognition of Ontario high performance team	Ontario lifters have no common identification and compete as individuals.	Create a Senior and a Junior team and outfit them with track suit and lifting uniform that bears the fact that they are part of the Ontario HP program (crest or writing.)	\$4,200		\$0 Have some identity uniform by the Canadian championship in June 2012	Completed	increased form last year. The high performamce team has been selected and announced on the website and on facebook. This will be the only form of recognition for this year
5	Organise a training camp for the High Performance team.	There are no organised training camp	Gather all selected provincial HP team members and their coaches once a year. Pay all expenses related to attending this 2 day training camp	\$2,000		\$0 Hold one training camp each calendar year starting in 2013	In process	A training camp is in the plannig stages for this summer at the Toronto university. The format is still to be finalised. Option range from weekend to a 5 day training camp.
,	Coaches						iii process	
6	Increase number of level 1 and 2 coaches to ensure continous growth	The OWA has been conducting level 1 coaching clinics but more coaches are required to ensure Growth	Continue to conduct level 1 and 2 coaches clinics	\$0	generating project	nue Hold at least 4 level 1 and for one level 2 coaches clinic WA each year.	Completed	there has been 7 Level 1 clinics given this year and a level 2 clinic has been announced for june 2013, two \$500 grant have been received or committed
Ü	Increase expertise of existing coaches through coaching seminars	Coaching seminars are not attended by any OWA coaches	Have senior coaches attend coaching seminars to increase their knowledge.	\$1,000		ave Selected coaches to attend for 2 seminars each year. iem		coaches have attended 3 symposium related to coaching and high performance this year. \$200 has been budjeted to allow 4 people to attend
7		There is no recognition or financial support for coaches who produce High Performance athlete	financially support coaches that coach High performance athlete at the senior and junior level	\$500		\$0 Number of HP athletes that reach world markers in their category to increase each year	Completed	the march 22nd seminar. the number of athletes reaching minimum work marker has increase since last year the high performance team announced also included the high performance coaches.
	Officials							
		The OWA has been conducting level 3 and 4 official clinics but more officials are required to ensure Growth.	Continue to conduct level 3 and 4 official clinics	\$0		\$0 Hold at least 2 level 4 and one level 3 official clinic each year.	Completed	? Level 4 and ? Level 3 official clinics were held this year
9	Expand official clinic curriculum to include other officiating positions.	Clinics are mainly geared to judging Olympic lifts	Clinics should include training for announcers, timers and jury official.	\$1,000		\$0 Development of the course to be completed during 2013	Completed	Webinar / Professional Development is planned for next year - New IWF Technical & Competitio Rules focus - complimentary for all OWA Tos. \$500 set aside for crest and official booklets
10	Facilities						In progress	
	Conduct survey of existing facilities/clubs and publish information.	The record of all the facilities/clubs is incomplete	Officials of the OWA to complete the documentation of all clubs/facilities and publish it on it's website	\$5,000		\$0 Complete the documentation of all existing facilities in 2012. update and publish each		This item was discussed at the BOD but no actio taken to date . This should become a priority for next year
11	Administration					year	this item falls ur	
	Hire a full-time Technical Director whose mandate would be to develop High Performance Olympic Weightlifting in Ontario similar to Quebec's Technical	There are no paid staff in the OWA	Hire a Technical Director whose duty will be to promote excellence in Olympic Weightlifting and administer the HP Program	\$25,000		\$0 Hire a Technical Director by July 2012. Job description to be written up and hiring process to be sorted out ASAP.		The OWA is applying for a grant with the Ontario Trillium Foundation that would provide money for an administrator. If this grant application is successfull, this position will be filled by at the biginning of next year If not a plan B will have to be developped
12	Director. Expand competition schedule to include Youth competition	These are no official competition dedicated for the youth. They compete on open competition with Senior athletes.	Inset into the competition schedule regional and provincial competition for the youth.	\$0		\$0 Incorporate the 2 competitions in 2013 schedule	In progress	2 youth competition s were held , one in North Bay and the other one on Toronto
	Establish relationships with other PSO's to promote Olympic Weightlifting as a	Due to the lack of an administration office the OWA does not have the capability to respond to other PSO's		\$1,000		\$0 Start handling other PSO request by 2013.Record all PSO's request for	Completed	the OWA is applying for a grant with the Ontario Trillium Foundation that is specifically designed to help other PSO with their olympic weightliftin
14	support exercise. Communicate High Performance Program within the OWA.	There is no HP Program	Communicate to all OWA members the OWA HP Program especially those who	\$0		assistance. \$0 Communication material to be completed and published in 2012		training This has already been done on the OWA site and on it's facebook
15	Consult with the Quebec Weightlifting Federation on how they run their High Performance Program.	There is much to gain during the review program by emulating what works in the Province of Quebec	participate in the program. Meet with the current Technical Director and get as much information as possible on how their HP Program	\$500		\$0 This meeting is to be held before the next re- evaluation of the HP Program	Completed	Pierre St-Jean has gathered information from th QWF and har written a report on his findings.
16	Revisit Vision & Mission	The mission and vision has not been reviewed for many years and needs to focus on High performance	works. Form a committee to review the current Vision and Mission and create a value statement. The work to be completed before the 2013 AG meeting	\$2,500		\$0	Completed	The vision and mission statement has been redone at the 29th of September workshop and has been provisionally approved by the BOD at it's meeting on the 30th of September.this item considered complete
		total:	\$43.700	SO.				
		******	3+3,700	30				

total: \$43,700 \$0

During the annual review other ideas submitted during the survey of ideas for the HP program will be examined for inclusion into the HP Program.